



Child and Adult Care Food Program

September 2021

Guess what?

September is National Fruit and Veggies Month (NFVM)!

NFVM is a month long celebration of everyone's favorite foods! Are you needing some fruit and vegetable inspiration? Then visit <https://fruitsandveggies.org/> up to date information on all things fruit and veggie! You will find nutrition, storage and handling information on a great variety of fruits and vegetables, along with recipes to liven up your menus. To help you celebrate the International Year of Fruits and Veggies during September, Fruits and Veggies for Better Health has put together a [National Fruit and Veggies Toolkit](#) to help promote ideas for increasing fruit and veggie consumption.

September is back to school for many of the children in our care! September is also a great time to do annual staff training and check off some of your annual recordkeeping tasks such as ensuring all your household income eligibility forms are complete and up to date.

Click here for the [Annual Staff Training Checklist](#) for your use. It is also a great reminder of important recordkeeping requirements for menus, meal attendance, center attendance, and Sponsor site monitoring are. Check out the [CACFP webpage](#) Instructions and Forms page to download MDE CACFP forms. Contact your [program analyst](#) with any questions or reach us at MDE-CNAP-CACFP@michigan.gov or 517-241-5353.

Brighton CACFP Meal Pattern Trainings

Free on-line trainings
are now available.

Brighton Training
Website link:

[www.
misponsorstraining.com](http://www.misponsorstraining.com)

New Sponsor Training 2021
(Course name: Michigan 120)
is now live. This training
is for new Sponsors and/
or Sponsors with new staff.
It includes Civil Rights.

Annual Sponsor Training
(Course Name: Michigan 110) is
for returning CACFP sponsors
and also included Civil Rights.

Both provide key training
for new and returning staff.

A link to the training site
is also located on the
CACFP web page under
the training button.



Baked Egg Rolls

Try out this spin on egg rolls - not only does it use baking instead of frying, but lean turkey meat and crunchy, nutrient-packed vegetables make it even more heart-healthy while still being a delicious meal.

Download the Recipe for 6, 25 and 50 Servings in English and Spanish

Offering Water in the CACFP



Get tips on how to properly offer water to participants in the CACFP with the USDA's new worksheet.

Download Worksheet in English and Spanish

Child and Adult Care Food Program (CACFP) Meal Pattern Flexibility Waiver: Effective for July 1, 2021 to June 30, 2022, is now available.

The USDA approved a nationwide waiver for meal pattern flexibility for School Year (SY) 2021-2022 for the CACFP (**Waiver # 91**). This waiver is offered to encourage the safe re-opening of child and adult care facilities throughout the summer and school year of 2021-2022. The USDA expects and strongly encourages Program operators to maintain and meet the nutrition standards for the CACFP to the greatest extent possible to ensure access to safe, nutritious meals.

The CACFP Meal Pattern Flexibility **waiver request form** must be completed to request a waiver. It can be completed at any time during the waiver period.

Complete the waiver form to request any or all of the following items:

- Waive the requirement to serve one whole grain rich (WGR) item per day
- Waive the requirement to begin using ounce equivalents to measure grain servings by October 1, 2021
- Waive the requirement to serve only fat free flavored milk (allows 1% flavored milk for participants ages 6 and up ONLY)

CACFP operators will need to provide targeted, justified reasons for each request(s) to waive the above meal pattern requirements. Reasons given are to demonstrate specific need based on the Sponsor's plans to support access to nutritious meals while minimizing potential exposure to COVID-19. Requests will be approved on a case by case basis for each sponsor. You will be notified via email regarding MDE's decision.

Please keep your participants' health and well-being in mind and seek to meet the meal pattern requirements to the greatest extent possible. All CACFP meal pattern requirements remain in effect.

The Child and Adult Care Food Program form is found on the MDE CACFP webpage under resources and here: **MDE CACFP Meal Pattern Waiver Request Form**

If you have any questions, please contact your program analyst (email is best), Melissa Lonsberry, Program Consultant, at lonsberrym@michigan.gov or the CACFP office at MDE-CNAP-CACFP@michigan.gov.

Food Service
Administrative Memo No. 9 (School Year 2017-2018)

Claiming Preschool Children under the National School Lunch and School Breakfast Programs versus the Child and Adult Care Food Program for School Food Authorities (SFAs)

The purpose of the memorandum is to clarify when it is appropriate for a School Food Authority (SFA) to claim meals served to preschool children under the National School Lunch Program (NSLP)/School Breakfast Program (SBP) versus the Child and Adult Care Food Program (CACFP).

Please refer to [Administrative Memo No.9 \(School Year 2017-2018\)](#) for full details.

New CACFP Resources from Team Nutrition

USDA's Team Nutrition initiative is pleased to announce the release of new resources for Child and Adult Care Food Program (CACFP) operators. All materials are available in English and in Spanish, for download and printing. Printed versions of these materials will be made available at a later date.

- **Serving Adult Participants in the USDA CACFP, available at: <https://www.fns.usda.gov/tn/serving-adult-participants-cacfp>**
- **Serving Meats and Meat Alternates at Lunch and Supper in the USDA CACFP, available at: <https://www.fns.usda.gov/tn/serving-meats-meat-alternates-lunch-supper-cacfp>**
- **Offering Water in the USDA CACFP, available at: <https://www.fns.usda.gov/tn/offering-water-cacfp>**

To see Team Nutrition's collection of CACFP training tools, please visit: <https://www.fns.usda.gov/tn/training-tools-cacfp>.

Questions about this announcement may be sent to TeamNutrition@USDA.gov.



Nominate Someone Today!

Another year, another Home Fridge Advantage! Michigan's dairy farmers want to give another eight deserving people an "advantage" again this year by surprising them with a NEW refrigerator stocked with Undeniably Dairy and other nutrient-rich foods. One winner will be chosen for each of the scheduled Detroit Lions home games. Each chosen winner will also select a local food pantry or school to receive a Forward Pass for equipment to help provide fresh, nutritious foods to their clients, including dairy!

[Learn More](#)



NexSys - Getting Started

The Michigan Department of Education (MDE) is transitioning from MEGS+ to NexSys for applications and grants. MDE will be providing Microsoft Teams trainings for NexSys on the dates and times listed below. These sessions will give the user a brief overview of the basics of MILogin for Third Party account setup, an understanding of the new platform, navigation tips, and general guidance on completing applications in NexSys.

Please Note: These sessions will not include the accounting and cash components of NexSys. A complete list of accounting and cash trainings can be found on the NexSys website: Michigan.gov/MDE-NexSys.

Thursday, September 2, 1 p.m.-2 p.m.

[Click here to join the meeting](#)

Friday, September 10th, 10 a.m. – 11 a.m.

[Click here to join the meeting](#)

Thursday, September 16th, 1 p.m. – 2 p.m.

[Click here to join the meeting](#)

Monday, September 20th, 3 p.m. – 4 p.m.

[Click here to join the meeting](#)

Monday, September 27th, 11 a.m. – 12 p.m.

[Click here to join the meeting](#)



Family Day Care Home Sponsor Expansion Opportunities in CACFP!

The MDE CACFP is looking for eligible organizations to provide oversight and guidance to family day care home providers by becoming a Family Day Care Home (FDCH) Sponsor. All family or group day care homes must come into the program under a sponsoring organization.

Financial assistance is available to a sponsoring organization for its administrative expenses associated with developing or expanding a food service program in family day care homes and initiating successful program operations.

Contact the CACFP Office at 517-241-5353 or MDE-CNAP-CACFP@michigan.gov with any questions.



Virtual Training Opportunities FALL SESSIONS!



Virtual Instructor-Led Trainings (VILTs)

Register now to attend free, live, interactive training sessions for child nutrition professionals. These sessions feature individual lessons led by ICN's expert trainers on great back-to-school topics.

Dates and times for all available topics can be found at the registration link provided.

Don't wait, these sessions will fill quickly!

Registration is limited to 25 participants per session, so act fast!

[VILT Registration](#)

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