

# Insulin Dose Calculations Worksheet

Meal \_\_\_\_\_

$$\text{Carbs eating } \underline{\hspace{2cm}} \div \underline{\hspace{2cm}} \text{ (carb ratio)} = \underline{\hspace{2cm}} \text{ Dose for food}$$

$$\text{BG now } \underline{\hspace{2cm}} - \underline{\hspace{2cm}} \text{ (target)} = \underline{\hspace{2cm}} \div \underline{\hspace{2cm}} \text{ (correction factor)} = \underline{\hspace{2cm}} \text{ Dose for BG}$$

**Total insulin dose \_\_\_\_\_ units**

If it has been less than 3 hours since last Humalog/NovoLog injection do not give insulin for high blood sugar. Cover carbs only.

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