



## Parent Request to Provide Food

Michigan law requires all GSRP programs to provide meals and snacks meeting LARA Child Care Licensing and Child and Adult Care Food Program (CACFP) or National School Nutrition Programs (NSNP) to all children. These provide minimum standards for nutritious and safe meal service. The meals and snacks are provided at no cost to the family.

The foods provided must reflect the home and community cultures and be high in nutrients and low in fat, sugar, and salt. Parents who have concerns about the food provided should work first with teaching staff/Early Childhood Specialist and then with program administration to improve food choices. Additionally, some families have chosen to adopt specialized diets; in this case, parents may elect to provide food from home for their child although this is not expected or encouraged. The food provided from home must also meet CACFP or NSNP requirements except when documented food allergies or intolerance or family beliefs prohibit.

If you wish to send food from home for your child, please complete this form and return to **(insert)**.

- I understand the decision to provide food for my child is optional.
- I understand the foods I provide must meet the requirements provided to me by the program.
- I understand that if the foods I provide do not meet the requirements, program staff will support me to meet them and if I continue to provide foods that do not meet the requirements, my option to provide food from home for my child may be withdrawn.
  
- I will provide food for all meals for my child.
- I will provide food for all snacks for my child.

Child's name (print) \_\_\_\_\_

Parent name (print): \_\_\_\_\_ Date: \_\_\_\_\_

Parent signature: \_\_\_\_\_

Program representative:

- I have explained that the choice to provide food for the child is optional.

Representative name (print): \_\_\_\_\_ Date: \_\_\_\_\_

Representative signature: \_\_\_\_\_