

**Sex Education and HIV/STI Prevention**  
**Sample Parent Notification Form and Request to Excuse Child from Instruction**

**[Insert name of School or District] Notification to Parents/Guardians**  
**for [insert name of curriculum or unit-of-study here]**

Dear Parent or Guardian:

We are about to begin teaching [insert name of curriculum or unit-of-study here] in our [insert grade] class taught by [insert teacher name]. See attached curriculum outline. This program of instruction was approved by the [insert name of school or district] Board of Education. As a parent, you have several rights:

- You must be notified prior to instruction on sex education and/or HIV/STI prevention.
- You may preview the curriculum and materials. To do so, please contact:  
[Insert name and contact information for the person who will schedule previews.]
- You may view the lessons being taught if you wish. To do so, you must schedule your visit at least 48 hours prior to the class you want to observe. To schedule your lesson observation, please contact:  
[Insert name and contact information for the person who will schedule lesson observations.]
- You may excuse your child from this instruction without penalty. If you decide that your child should not participate in some or all the lessons, please complete the Exemption Request below and return it to the classroom teacher.

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**Request to Excuse Child from Instruction**

1. If you want your child to participate in the sex education and/or HIV/STI prevention lessons described on the attached list, you do not need to return this form.
2. If you want your child to be excused from some or all the sex education and/or HIV/STI prevention lessons **this year**:

	<ul style="list-style-type: none"><li>• Initial this box.</li><li>• Circle the lessons on the attached curriculum outline from which your child will be exempted.</li><li>• Complete this form.</li><li>• Return the curriculum outline and this completed form to the classroom teacher.</li></ul>
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3. If you want your child to be excused from all the sex education lessons **this school year and each year hereafter**:

	<ul style="list-style-type: none"><li>• Initial this box.</li><li>• Complete this form.</li><li>• Return this completed form to the classroom teacher, with a copy to the building principal</li></ul>
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Student Name: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Email Address: \_\_\_\_\_ Parent/Guardian Phone: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_