

## Fresh Fruit and Vegetable Program Sample Monthly Snack Menu

Month of: \_\_\_\_\_

Monday	Tuesday	Wednesday	Thursday	Friday
Jicama		Cauliflower/Broccoli		Blueberries
Apple slices		Celery sticks		Orange wedges
Bananas		Cherry tomatoes		Pears
Strawberries		Zucchini		Melon cubes
Pineapple spears		Carrot coins		Plums

This institution is an equal opportunity provider.