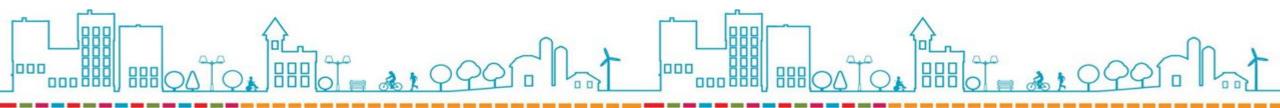




# Improve the Health, Safety and Wellness of All Learners

State Board of Education Meeting February 14, 2023





### Goals



- 1. Expand early childhood learning opportunities
- 2. Improve early literacy achievement
- 3. Improve the health, safety, and wellness of all learners
- 4. Expand secondary learning opportunities for all students
- 5. Increase the percentage of all students who graduate from high school
- 6. Increase the percentage of adults with a post-secondary credential
- 7. Increase the numbers of certified teachers in areas of shortage
- 8. Provide adequate and equitable school funding





### **Metrics**



Goal	Metrics
Improve the health, safety, and wellness of all learners	<ul> <li>Average daily student participation in school breakfast programs</li> <li>Percent of students who have on-track attendance</li> <li>Percent of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days</li> <li>Percent of students who used tobacco products and/or electronic vapor products during the past 30 days</li> <li>Number of students who received school mental health and support services</li> </ul>





### **Metrics**



Goal	Metrics
Improve the health, safety, and wellness of all learners	<ul> <li>Percent of students who have been bullied on school property in the past 12 months</li> <li>Percent of students who felt sad or hopeless almost every day for two weeks or more in a row during the past 12 months</li> <li>Percent of students who seriously considered attempting suicide during the past 12 months</li> <li>Percent of children ages 0-17 years who were ever told by a doctor that they had asthma and the percent who currently have asthma</li> <li>Percent of children tested for lead and percent of children who had high lead levels</li> <li>Michigan's national rank for overall child well-being</li> </ul>







### Michigan's National Rank for Overall Child Well-Being

	2016	2017	2018	2019	2020	2021
Overall Child Well-Being National Rank	31	32	33	32	28	32

Source: Annie E. Casey Foundation: https://datacenter.kidscount.org/publications







#### Average daily student participation in school breakfast programs

2015-	2016-	2017-	2018-	2019-	2020-	2021-
2016	2017	2018	2019	2020	2021	2022*
384,535	383,949	380,551	383,884	398,464	363,181	443,043

Source: Michigan Department of Education (MDE) school breakfast claims for reimbursement \*Large increase due to all Michigan's students receiving free breakfast and lunch.





### Percent of students considered "Chronically Absent"



	15-16	16-17	17-18	18-19	19-20	20-21	21-22	1-year percentage point (p.p.) change
Proportion of Students Chronically	14.7%	15.6%	19.9%	19.7%	20.4%	19.9%	38.5%	18.6 p.p.
Absent*								

<sup>\*</sup>Students who were enrolled in a district/school for at least 10 consecutive days are considered "chronically absent" if they missed 10 percent or more of the possible scheduled days.

A single absence can be the difference between a so-called chronically absent student and peers who are not considered chronically absent. Student A, enrolled for 180 days, attends 163 (90.5%) days and IS NOT considered chronically absent. Student B, enrolled for 180 days, attends 162 (90%) and IS considered chronically absent.







# Percent of students who were physically active for a total of at least 60 minutes per day on five or more of the past 7 days

2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	5-year percentage point (p.p.) change
46.0%	*	45.6%	*	44.7%	*	44.2%	-1.8 p.p.

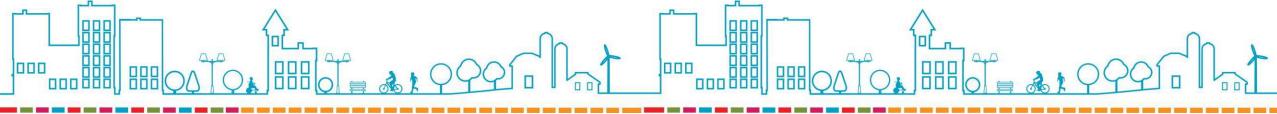
# Percent of students who used tobacco products and/or electronic vapor products during the past 30 days

2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	3-year percentage point (p.p.) change
N/A	*	22.8%	*	23.0%	*	14.1%	-8.8 p.p.

Source: Youth Risk Behavior Survey (YRBS) administered odd-numbered years; grades 9-12 only

\*Survey administered every other year

**New data** 





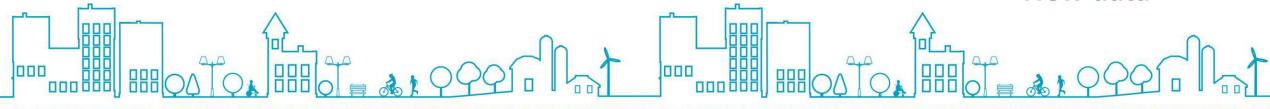


# Percent of students who have been bullied on school property in the past 12 months

2014-15	2015-16	2016-17	2017-18	2017-18 2018-19		2020-21
25.6%	*	22.8%	*	21.4%	*	16.2%

Source: Youth Risk Behavior Survey (YRBS) administered odd-numbered years; grades 9-12 only \*Survey administered every other year

New data







## Percent of students who felt sad or hopeless almost every day for two weeks or more in a row during the past 12 months

2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	5-year percentage point (p.p.) change
31.7%	*	37.3%	*	36.4%	*	40.3%	8.6 p.p.

## Percent of students who seriously considered attempting suicide during the past 12 months

2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	5-year percentage point (p.p.) change
17.3%	*	21.3%	*	18.7%	*	19.0%	1.7 p.p.

Source: YRBS administered odd-numbered years; grades 9-12 only

**New data** 



<sup>\*</sup>Survey administered every other year





## Percent of children ages 0-17 years who were ever told by a doctor that they had asthma

2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	6-year percentage point (p.p.) change
11.6%	12.5%	11.9%	12.5%	11.0%	12.4%	10.3%	-1.3 p.p.

#### Percent of children ages 0-17 years who currently have asthma

2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	5-year percentage point (p.p.) change
7.7%	8.9%	8.8%	8.6%	7.8%	8.4%	7.0%	-0.7 p.p.

Source: Behavioral Risk Factor Survey (BRFS) administered by Michigan Department of Health and Human Services (MDHHS)







#### Percent of children tested for lead

2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	5-year percentage point (p.p.) change
22.8%	21.8%	20.7%	20.9%	14.2%	14.1%	-8.7 p.p.

#### Percent of children who had high lead levels

2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	5-year percentage point (p.p.) change
7.2%	6.2%	5.9%	5.7%	5.1%	3.5%	-3.7 p.p.

**Source: Michigan Department of Health and Human Services (MDHHS)** 







# Number of students who received school mental health and support services

	2019-2020	2020-2021	2021-2022
Unduplicated # of			
students that received			
direct services from a	8,885	10,017	22,265
31n(6) funded			
provider			







#### Collaborative Efforts to Improve Health, Safety, and Wellness

- Developing a comprehensive children's mental health system
- Promoting 24/7 crisis support resources
- Funding increases in State School Aid Budget sections focusing on student behavioral health needs
  - Focus on sections 31n and 31o
- Federal grants to promote and support this work
  - Project Advancing Wellness and Resiliency in Education (AWARE)
  - Michigan Earn, Learn, and Serve in Schools (Mi-ELSiS)
- Efforts related to chronic absenteeism and social and emotional learning (SEL)





#### Core Features of a Comprehensive School Mental Health System

Resource:
National Center for
School Mental
Health (NCSMH)

Infographic from Advancing
CSMHS:Guidance from the Field,
Sept 2019



Well-Trained
Educators and
Specialized
Instructional
Support Personnel



Mental Health Screening

Family-School-Community Collaboration and Teaming



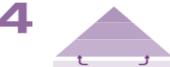
Evidence-Based and Emerging Best Practices



Needs Assessment and Resource Mapping



Data



Multi-Tiered System of Support \$\$

unding





#### Partners in Our Work to Create a Comprehensive System

- Michigan Department of Health and Human Services
- Community Mental Health Association of Michigan
- School-Community Health Alliance of Michigan
- Medical Decision Logic, Inc (mdlogix)
- Michigan Health Information Network
- Michigan School Counselor Association
- Michigan Association of School Social Workers

- Michigan Health Endowment Fund
- Michigan Multi-Tiered System of Supports Technical Assistance Center
- Michigan School Health Coordinators Association
- The Society of Health and Physical Educators (SHAPE)
- Substance Abuse and Mental Health
   Services Administration
- Michigan State Police
- Michigan Health Council







#### **Promoting 24/7 Crisis Support Resources**

- The State of Michigan's OK2SAY tip program Text 652729 (OK2SAY) Call 8-555-OK2SAY (855-565-2729) Email OK2SAY@mi.gov
- The Crisis Text Line's 741741 Text "hello" to **741741** for immediate connection to a crisis counselor
- The national 988 Suicide and Crisis Lifeline Call, chat, or text 988 for free and confidential support to people in suicidal crisis or emotional distress







#### **School Mental Health Funding History**

- The state began with \$0 in the State School Aid budget for mental health services until Fiscal Year 2019
- \$31.3 million, or roughly \$20 per student with section 31n
- In the years since, there have been continued and expanded investments from the legislature

Fiscal Year	Recurring	Non-Recurring
FY18	\$0	\$0
FY19	\$31.3m	\$0
FY20	\$31.3m	\$0
FY21	\$45.8m	\$0
FY22	\$53.9m	\$125.4m
FY23	\$78.9m	\$282.5m







#### **Hiring Impact of Section 31n**

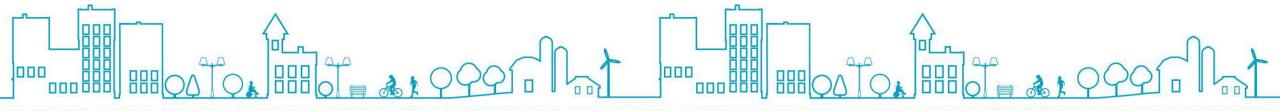
	2019-2020 Impact of 31n(6) Funds	2020-2021 Impact of 31n(6) Funds	2021-2022 Impact of 31n(6) Funds
Local school districts served	291	365	436
School buildings served	762	887	1,109
Students attended a school with at least one 31n(6) funded provider	330,320	386,150	535,325
Full-Time Equivalent (FTE) licensed behavioral health providers hired directly by an Intermediate School District (ISD) or local district with 31n(6) funds	89.78	154.4	257.74
FTE licensed behavioral health providers hired through contract- based collaborative partnerships with community mental health programs to provide direct services to students	50.2	59.14	87.55
FTE licensed behavioral health providers hired through contract- based collaborative partnerships with private practice providers to provide direct services to students	28.98	33.64	29.44



#### **Services Impact of Section 31n**



	2019-2020 Services Provided by 31n(6) Funded Providers	2020-2021 Services Provided by 31n(6) Funded Providers	2021-2022 Services Provided by 31n(6) Funded Providers
Students received screenings or assessments	12,030	46,203	62,454
Unduplicated students received direct services from a 31n(6) funded provider	8,885	10,017	22,265
Students that had a Plan of Care developed by a 31n(6) funded provider	2,954	3,421	8,504
Referrals to external community partners	1,273	1,797	3,255







#### **Technology Impact of Section 31n**

- Since 2021-2022, MDE has been able to use \$1 million from 31n(9)(a) to contract with mdlogix and secure their bhworks behavioral health care platform
  - Available to all intermediate school districts and their 31n(6) funded providers







# Connection to Building the Comprehensive Behavioral Health System

- Simplifying the process for providers delivering comprehensive behavioral health services
- Providing standardization for bhworks users
- Improving student mental health outcomes
- Improving confidential communication with families, school staff, and providers









#### **Section 310**

- Starting in 2021, \$240 million over 3 years to intermediate school districts, traditional public school districts, and public school academies
  - To increase the number of school psychologists, school social workers, school counselors, and school nurses
  - Based on greatest need
  - Funds to be disbursed on a decreasing percentage each year
    - Year 1 100% (\$120 million)
    - Year 2 66% (\$80 million)
    - Year 3 33% (\$40 million)





### **Hiring Impact of Section 310**

- Full-Time Equivalents (FTEs) hired in 2021-2022
  - 59.3 Psychologists
  - 247.3 Social Workers
  - 156.7 Counselors
  - 139.2 Nurses
  - 602.5 Total







#### **Advancing Wellness and Resiliency in Education (AWARE)**

- Substance Abuse and Mental Health Services Administration (SAMSHA) awarded MDE \$1.8 million in October 2020
  - Renewable grant up to 5 years for a total of \$9 million
  - Working with 3 rural intermediate school districts (ISDs)
    - Copper Country Intermediate School District
    - Delta-Schoolcraft Intermediate School District
    - Van Buren Intermediate School District







#### **Project AWARE Goals**

- Improve service coordination and increase awareness of mental health concerns
- Provide mental health awareness training to adults who interact with youth
- Increase youth access to mental health services







#### **Project AWARE Accomplishments To Date**

- Strengthening identification and awareness of mental health concerns
  - 163 mental health workforce individuals trained
  - 1488 non-mental health workforce individuals trained
- 610 student referrals for services
- Established multi-disciplinary teams to collaborate around connecting students to services in schools and communities







# Michigan Earn, Learn, and Serve in Schools (Mi-ELSiS) Overview

- MDE was awarded a \$4,567,375 Mental Health Service Professional (MHSP) Demonstration Grant on January 1, 2023
- 5-year program funded by the U.S. Department of Education, Office of Elementary and Secondary Education







#### **Mi-ELSiS Approach & Opportunity**

Statewide approach is relatively unique

- Only 3 of 67 awards are state agencies
- Application was "among the highest-scoring"

Opportunity to continue statewide coordination

 Convene LEAs to project job demand, analyze supply, and build talent pipelines with training partners







#### **Mi-ELSiS Grant Focus**

- Placing 165 counselor, social worker, and psychologist interns over 5 years in high-need local educational agencies (LEAs) in partnership with institutions of higher education (IHEs)
- One school year obligation after internship to work in high-need LEAs
  - At least 95 interns will be from diverse backgrounds







#### **Mi-ELSiS Partners**

- School Psychology
  - Grand Valley State University-Cedar Springs Public Schools
  - Michigan State University-Jackson County Intermediate School District
- School Counseling
  - Central Michigan University-Gratiot-Isabella Regional Education Service District
- School Social Work
  - University of Michigan-Wayne Regional Education Service Agency
  - Wayne State University-Wayne Regional Educational Service Agency





#### **Mi-ELSiS** Key Activities

- Develop and implement intern outreach and stipend application process
  - \$20,000 intern stipend
- Support interns completing field-work and fulfilling service obligation
- Support supervisors of interns at placement LEAs
  - \$2,000 payment and implicit bias training for supervising an intern







#### **Reducing Chronic Absenteeism**

- A small Chronic Absenteeism Team formed
  - Attended trainings by the Student Engagement and Attendance Council
- Developed a proposal on ways to increase resources, supports, partners, and capacity to scale Attendance Best Practices
- Collaborations with MDE partnership district liaisons, Family Engagement Leadership Team, and Early Warning Signs Team







#### Reducing Chronic Absenteeism, continued

- The Michigan Multi-Tiered System of Supports Technical Assistance Center providing trainings with Jessica Sprick from Safe and Civil Schools on reducing Chronic Absenteeism
- Attendance Works provided Michigan with resources and supports
- Learning from, and with, Kent ISD and Kent Student Services Network and Jackson Whole Child Collaborative to increase school engagement and help families overcome barriers to promote equity.







#### InPACT at School

- The University of Michigan's Exercise and Sport Science Initiative led by Dr. Rebecca Hasson
- InPACT stands for <u>Interrupting Prolonged sitting with ACTivity</u>
- InPACT is an evidence-informed, classroom-based physical activity program that enables teachers to deliver 20 minutes of health-enhancing physical activity in the classroom every day







#### **InPACT Connections**

- Supports classroom management, curricular integration, and student motivation
- Also supports social emotional learning through helping children regulate their emotions and feelings
- For more information please visit: <a href="https://www.inpact.kines.umich.edu/">https://www.inpact.kines.umich.edu/</a>







#### Social Emotional Learning and Children's Mental Health Network

- The SEL and Children's Mental Health Network members consist of state, regional, and local associations and districts representing the 10 Michigan Association of School Administrator (MASA) regions.
- Together, members work to strengthen SEL and children's mental health efforts across the state through initiatives and resources such as:
  - Children Matter. You Matter. Learn SEL! Campaign where over 9,400 educators took the Introduction to Social Emotional Learning course.
- SEL and Children's Mental Health Network members showcase work being done around the state that supports students' social emotional learning and mental health to promote the health, safety, and wellness for all learners.







#### **Thank You!**

Dr. Diane Golzynski, Interim Deputy Superintendent,
Division of Finance and Operations
Aimee Alaniz, Interim Director, Office of Health and
Nutrition Services

