

Goal 3: To Improve the Health, Safety, and Wellness of All Learners

State Board of Education August 13, 2024







- 1. Expand early childhood learning opportunities
- 2. Improve early literacy achievement
- 3. Improve the health, safety, and wellness of all learners
- 4. Expand secondary learning opportunities for all students
- 5. Increase the percentage of all students who graduate from high school
- 6. Increase the percentage of adults with a post-secondary credential
- 7. Increase the numbers of certified teachers in areas of shortage
- 8. Provide adequate and equitable school funding







"The research is clear ... children who experience unaddressed mental health issues are more likely to face challenges in school, such as being more likely to repeat a grade, experience chronic absenteeism, and drop out of school. Amid the pandemic, data from the Centers for Disease Control and Prevention show that:

- 1 in 3 high school students experienced poor mental health
- 1 in 6 adolescents experienced a major depressive episode
- 20 percent of teens seriously considered suicide."

Source: US DoE Raise the Bar: Boldly Improve Learning Conditions-Invest in Every Student's Mental Health and Well-Being



School-Based Mental Health Services



- Schools eliminate barriers and provide access to needed services for many young people.
- Schools can establish referral systems to connect students to community-based sources of care.

According to the United States Department of Education's "Raise the Bar: Boldly Improve Learning Conditions – Invest in Every Student's Mental Health and Well-Being," when a student has access to mental health supports in school, they are six times more likely to receive the interventions they need to thrive.

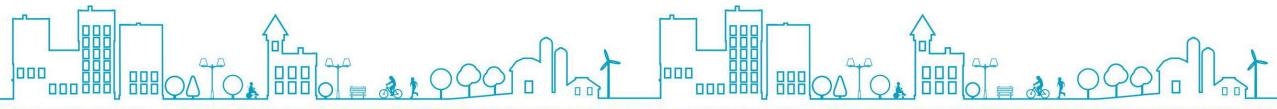




US Department of Education Raise the Bar: Mental Health and Wellbeing Initiative









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Well-Trained Educators and Specialized Instructional Support Personnel



Family-School-Community Collaboration and Teaming



Collaboration and Teaming

Needs Assessment

and Resource

Multi-Tiered System

of Support

Mapping



Evidence-Based and Emerging Best Practices

Mental Health

Screening

Michigan's

Strategic Education Plan

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Infographic from Advancing CSMHS: Guidance from the Field, Sept 2019

Core Features of a Comprehensive School Mental

Health System

*National Center

for School Mental

Health (NCSMH)







- MDE leads a bi-monthly community of practice (CoP) for school-based behavioral health service providers
- MDE leads a bi-monthly CoP for school-based behavioral health coordinators
- SEL/Children's Mental Health Network
- Technical assistance and support from MDE/MDHHS consultants





Equipping School Staff to Support Needs of Students (continued)





- Statewide Behavioral Threat Assessment and Management (BTAM) training sponsored by Michigan State Police Office of School Safety
- Youth Mental Health First Aid
- Handle With Care
- <u>MichiganCares</u> **free** online mental health and wellness courses
- <u>LivingWorks Start</u> free online suicide prevention course
- TRAILS evidence-based mental health programming in schools across tiers 1, 2, and 3 (31p funds)





Coordinating Resources and Strategies





- Coordinating resources and strategies leads to improvement of other academic indicators. For example, Michigan led the nation in recovering from pandemicrelated increases in chronic school absenteeism with a drop of 7.7 percentage points during the 2022-23 school year. *
- Michigan Health Information Network (MiHIN) Project

*<u>FutureEd, Georgetown University</u>





Needs Assessment and Resource Mapping

A Comprehensive View of Resources and Services





- Region 8 Comprehensive Center Comprehensive School Mental Health Feasibility Study
- Region 8 Comprehensive Center National Scan on Comprehensive School Mental Health Systems





of Support (MTSS)

Efficient, Effective, and Equitable Allocation of Resources



- The MTSS approach ensures that all students, including those in both general and special education, can access the full array of services, and have exposure to universal mental health supports.
- Michigan's MTSS Technical Assistance Center (MiMTSS)
- Tier 1 Universal activities
- Tier 2 Early intervention services and supports
- Tier 3 Targeted/individualized treatment services and supports





Building Capacity



MDE is providing training and technical assistance on:

- Addressing the interconnected academic, social, emotional, and behavioral needs of all students.
- An array of supports and services that promote positive school climates and create healthier workforces.
- Expanding school-based services to connect students and families to the right care by increasing accessibility and reducing barriers.

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• Multi-tiered system of support (MTSS) and service delivery.



Mental Health Screening

Early Identification of Students' Strengths and Challenges



- A starting point to identify students that may need extra support
- From daily check-ins to universal screenings that can help schools identify what type of services the school needs to provide. (Also mentioned by the Oxford parents on May 21, 2024).
- <u>Choosing and Using Screeners and Assessments Guidance Document</u> produced by MDE and Region 8 Comprehensive Center





Rigorously Researched Interventions and Programs Proven to be Effective





- bhworks platform connects students to services more efficiently and streamlines standard operating procedures and best practices for providers delivering comprehensive behavioral health services.
- Linking school safety and student well-being under the umbrella of comprehensive school mental health.





What is bhworks?



- Software Platform that Provides Standardization of Processes/Best Practices
 - Referral
 - Screening and Assessments
 - Safety Planning
 - Care Planning
 - Care Management/Coordination
 - Billing bhworks provides integrated solution with partners
 - Reporting at all tiers with bhworks dashboards

"Having everything in one place is extremely helpful and time saving. Having assessments electronically available is what I have heard people are very happy about so far. We have had many school social workers say they wish they had access to this." ISD Behavioral Health Coordinator



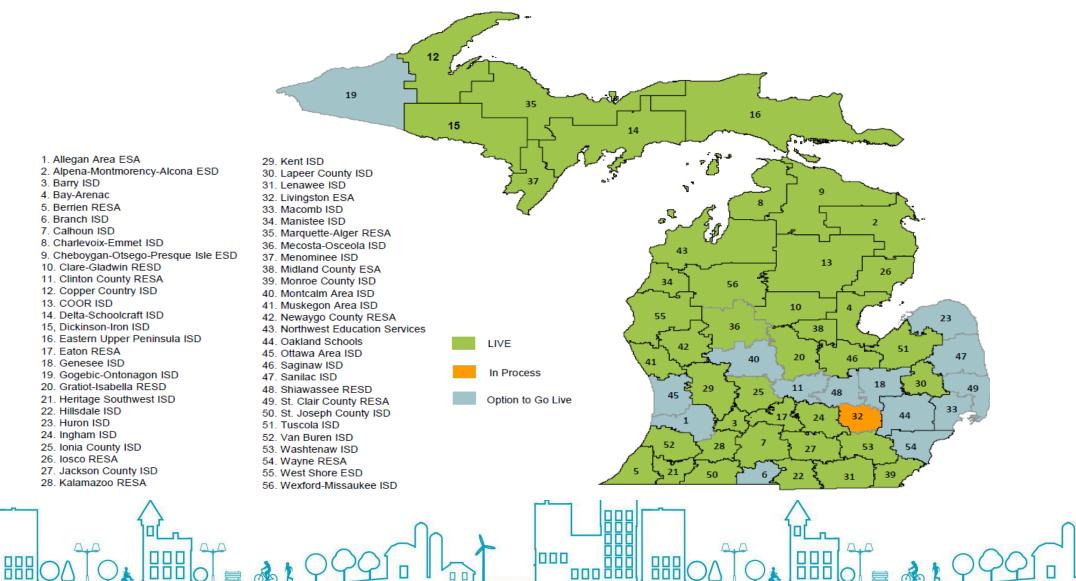


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ISDs Using bhworks (as of July 2024)

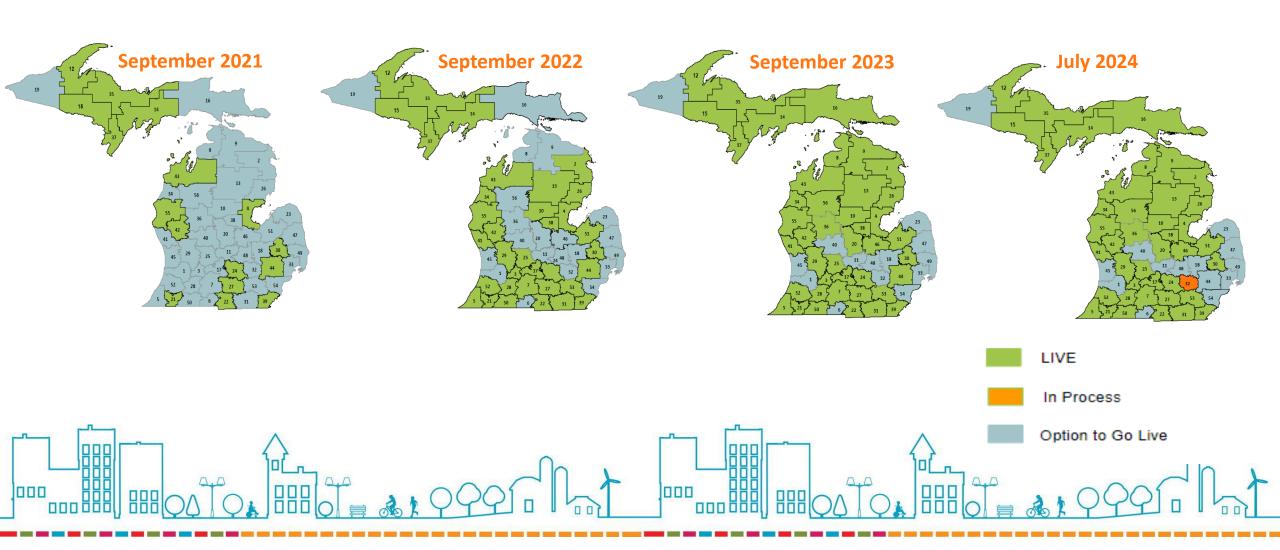






Implementation Progress







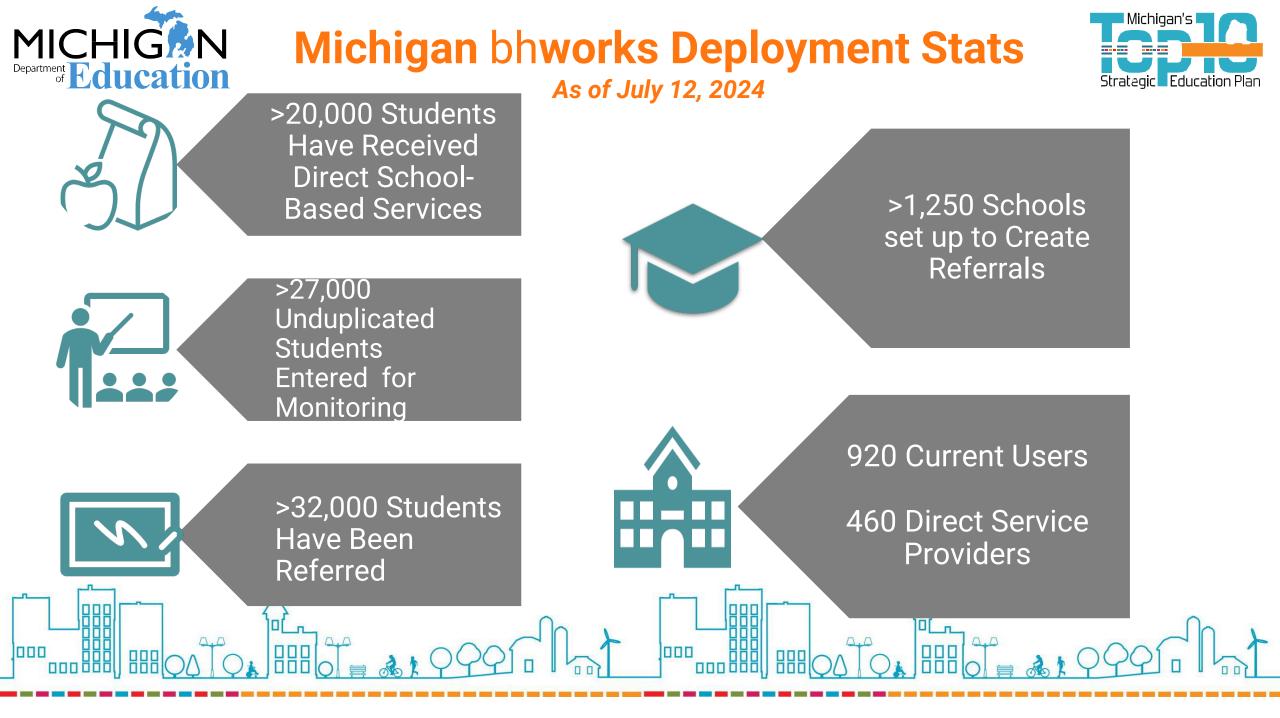
bhworks Impact Examples



- Community of Practice where providers are able to follow consistent best practices and processes across Michigan.
- Providers are able to spend more time providing student services.
- The use of a common platform for all parties, resulting in increased efficiency.

- Electronic consent forms mean students are not left waiting for services when documentation is needed from parents/guardians.
- Students can be provided services anytime, anywhere with Telehealth.
- All data are real-time.

"We like that everything is right there. Streamlined...Cohesive electronic record system - huge improvement from what we were using before. Love the electronic consent features, design, layout, intuitiveness. Task buttons/layout- visually user friendly." ISD Behavioral Health Coordinator





Growing the Profession



While other states are primarily relying on outgoing pandemic relief funds, Michigan is adding school-based behavioral health professionals with:

- Recurring state funding and
- Caring4Students (C4S) Medicaid reimbursement

We are developing innovative and sustainable workforce development and talent pipeline solutions in collaboration with:

- MDHHS,
- Michigan Department of Labor and Economic Opportunity (LEO),
- universities,
- professional associations, and
- other partners such as Michigan Health Council and Community Mental Health Association of Michigan







- FY25 grant for an ISD or LEA to develop a community health worker (CHW) certification program (MDE budget)
- Michigan Career Opportunity Academies for Community Health (MiCOACH) Federal Health Resources and Services Administration (HRSA) grant
- Michigan Earn, Learn and Serve in Schools (MiELSiS) U.S. Department of Education Mental Health Service Professional Demonstration grant
- MDHHS MiKidsNow Loan Repayment Program
- MDHHS MiKidsNow Paid Internship Program
- <u>PA 180 of 2022/Section 31ff</u> Establishes a Student Mental health Apprenticeship Retention and Training (SMART) internship program by creating paid internships in school settings



Focus on Sustainability



- Comprehensive School Mental Health System (CSMHS) Guidance Document
 - The Region 8 Comprehensive Center is assisting in the creation of a guidance document for districts around a statewide comprehensive school-based mental health system that aligns with state and federal policies in a fiscally responsible manner.
 - Expected November/December 2024.
- MDE and MDHHS provide training and technical assistance on Medicaid School Services Program billing and reimbursement and best practices for delivering school-based services.
- Additional resources are needed to create a robust data collection system that allows for data sharing across systems to understand the impact on students and monitor progress for continuous improvement.



Assessing the Impact of Service and Supports

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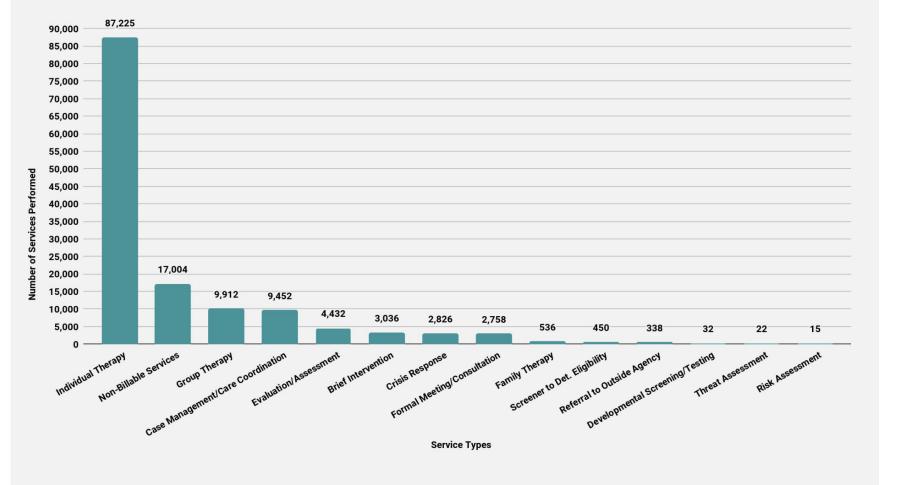
- Michigan Profile for Healthy Youth (MiPHY)
- Youth Risk Behavior Survey (YRBS)
- 31n Monitoring
 - 31n Legislative Reports (<u>FY19</u>, <u>FY20</u>, <u>FY21</u>, <u>FY22</u>, <u>FY23</u>)



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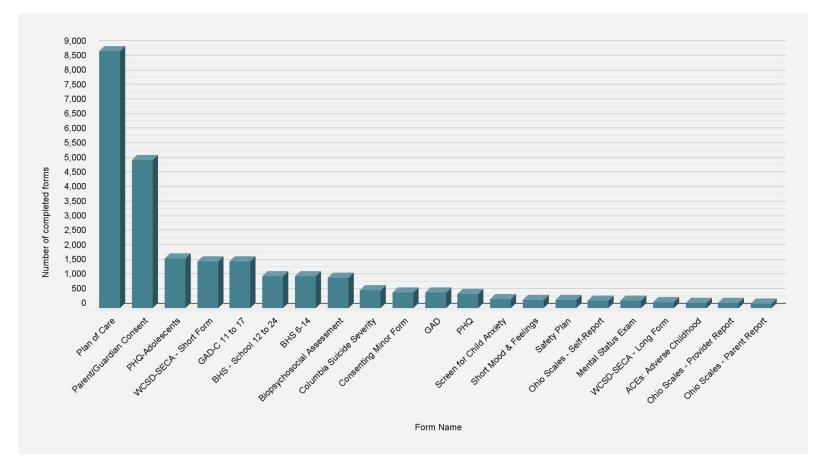
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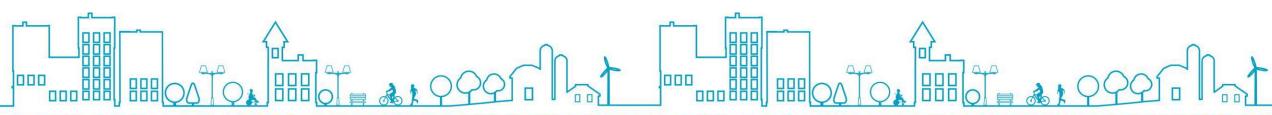
Summary of Services Delivered by 31n Funded Behavioral Health Professionals Using bhworks During 23-24 School Year



Form Activity by bhworks Users









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2022-2023 Academic Year

August - 245 September - 1,688 October - 1,376 November - 1,269 December - 863 January - 1,092 February - 955 March- 1,049 April- 706 May- 448



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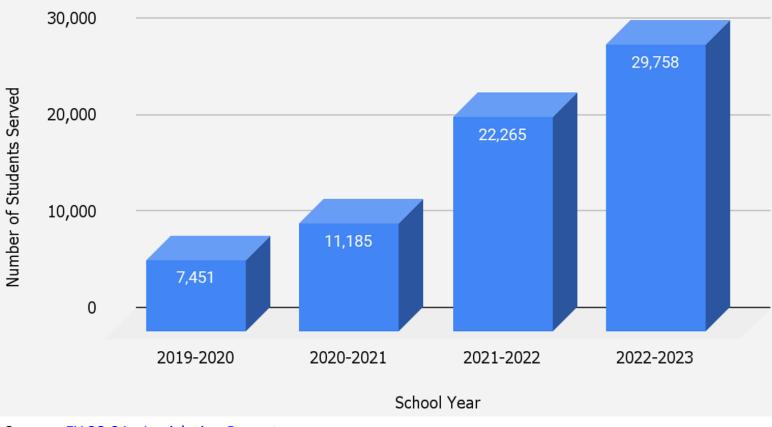
2023-2024 Academic Year

August - 999 September - 3,471 October - 2,665 November - 1,786 December - 1,278 January - 1,343 February - 1,609 March- 1,086 April- 982 May- 523



Number of Students Served by a 31n-Funded Provider





Source: FY 23 31n Legislative Report

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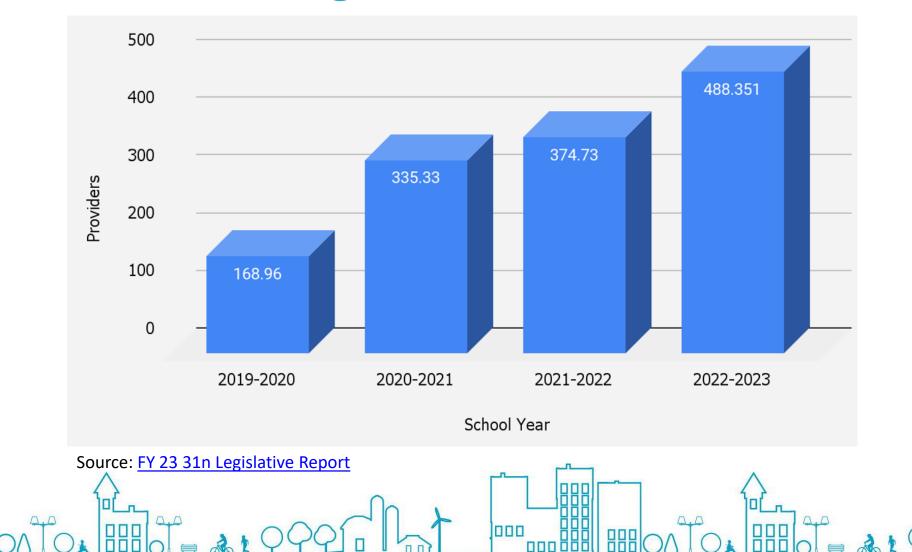
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Number of 31n-Funded Providers Delivering Services to MI Students







Adding Providers is a Priority



In the last 4 years, funding for children's mental health in the State School Aid Act has resulted in over 1,000 helping professionals being hired or contracted to work directly with students.





Funding



Sustainable Funding Plan to Improve Student Mental Health

- State School Aid Section 31n recurring funds
 - 20% match requirement
- Caring 4 Students (C4S) Medicaid Reimbursement
- State School Aid Section 31aa recurring funds

Note: With flattening revenue growth and profoundly reduced Section 31aa funding, our ability to maintain the gains in this area is threatened, let alone our ability to continue to increase the number of helping professionals and improve services to children.





FY25 Mental Health Funding in the State School Aid Act

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Section	Recurring	Non- Recurring	Purpose of Funding	Recipient of Funds
31n	\$107.8 million		To add licensed behavioral health providers	ISDs
31aa	\$25 million	\$1.5m	To improve student mental health and student safety	ISDs, LEAs, MI School for the Deaf, non-publics
99(17)		\$500,000	Implementation of MI Student Voice Perception Survey	LEAs, ISDs

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Mental Health Funding in State School Aid

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Fiscal Year	Recurring	Non-Recurring			
FY18	\$0	\$0			
FY19	\$31.3m	\$0			
FY20	\$31.3m	\$0			
FY21	\$56.9m*	\$0			
FY22	\$53.9m	\$125.4m			
FY23	\$78.9m	\$297.5m			
FY24	\$107.8m	\$384.0m			
FY25	\$132.8m	\$3.9m			

*FY21 was \$36.9m + \$20m supplemental in March of 2021

- FY25 Recurring = 31n, 31aa (public)
- FY25 Non-Recurring = 31aa (nonpublic), 31g, 99(10), and 99(17)



FY25 Mental Health Funding in MDE Budget



- Section 604: \$159,500 for 1 FTE to provide technical assistance to LEAs and ISDs on school-based mental health services and Medicaid billing
- Section 1101: \$110,000 for MDE and MDHHS to deliver Medicaid School Services Program training to providers, administrators, and superintendents across Michigan
- Section 1102: \$50,000 to create an application and cover administrative requirements to award a grant for developing a Community Health Worker (CHW) certification program





"Comprehensive school mental health systems provide an array of supports and services that promote positive school climate, social and emotional learning, and mental health and well-being, while reducing the prevalence and severity of mental illness." –Sharon Hoover et al., 2019







Thank You!

Dr. Diane Golzynski, deputy superintendent, Division of Business, Health, and Library Services Mr. Scott Hutchins, supervisor, School Behavioral Health Unit



West Shore ESD's Journey Toward A Comprehensive School Mental Health System

Every Learner. Every Path. Every Future.

About Us



Monique Selimos

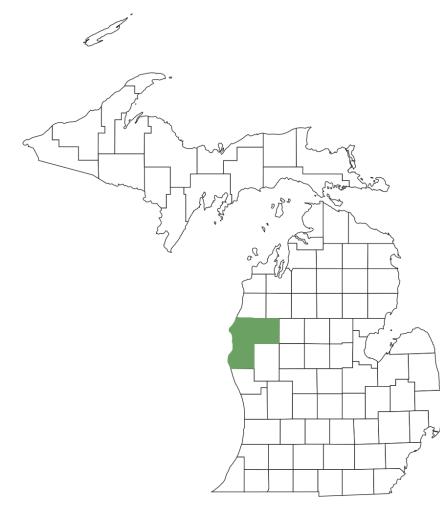
- 5 years as 31n-funded General Education Social Worker at West Shore ESD
- 7 years experience in Adolescent Health



Amy Taranko

- 5 years as Assistant
 Superintendent of Instructional
 Services at West Shore ESD
- 10 years as an Elementary Principal
- 16 years as an Elementary and Middle School Teacher





About West Shore ESD

7,024 K-12th Grade Students

9 Local Districts

- Largest: Ludington Area School District 2,063 students
- Smallest: Gateway to Success Academy 124 students

Sub-Group Data

- Economically Disadvantaged = 67%
- Ethnicity
 - **Caucasian = 73.5%**
 - **Hispanic = 19.5%**
 - **Other = 7%**
- Special Education = 18.8%





Well-Trained Educators and Specialized Instructional Support Personnel



Family-School-Community Collaboration and Teaming



Needs Assessment and Resource Mapping

Multi-Tiered System of Support



Mental Health Screening



Evidence-Based and Emerging Best Practices





Core Features of a Comprehensive School Mental Health System *National Center for School Mental Health (NCSMH)

Infographic from Advancing CSMHS: Guidance from the Field, Sept 2019

Then & Now: The Story of Three Students







• Trauma-Informed Teacher

- Evidence-Based Tier 1 Social-Emotional Learning Curriculum
- Social-Emotional Learning Assessment and Data Collection
- Evidence-Based Tier 2 Behavioral Intervention
- School-Based Mental Health Services







Family-School-Community Collaboration and Teaming



Multi-Tiered System of Support

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Evidence-Based and Emerging Best Practices







- School-Based Suicide **Prevention Process**
- Evidence-Based Mental Health Screening
- Family, School, and **Community Service Provider Coordination**
 - School-Based Mental Health Services
 - Multi-Tiered Attendance Interventions







Family-School-Community Collaboration and Teaming



Evidence-Based and Emerging **Best Practices**





- Evidence-Based Behavioral Threat Assessment and Management (BTAM) Process
- Multi-Tiered Behavioral Interventions
- Prevent 2 Protect Referral, Assessment, and Services
- Family, School, and Community Service Provider Coordination



Data

Our Learning Along the Way

Successes

- Increased Funding
- Increased School-Based Services
- Coordinated Regional Initiatives and Training
- Increased Cooperation Between School, Family, and Community

Challenges

- Need vs. Capacity
- Balancing Instructional
 Time and Service Delivery
- Complex & Dynamic Nature of This Important Work

31n General Education Social Work/Mental Health Support Program Growth Data

Year	Number of 31n- Funded Providers	Number of Students Receiving Services	Number of Therapy Sessions
2019-2020	2	31	178
2020-2021	3	93	869
2021-2022	4	217	2,576
2022-2023	6	276	3,294
2023-2024	7	264	3,681

"I like the fact that her therapist took time to listen to my daughter about her feelings, emotions and how he went about having her write in a journal to help channel her anger. She has been a totally different child this year. I'm so proud of the young lady she has become!"

"[The General Education Social Worker] is able to provide reliable, weekly counseling support to some of our most vulnerable students. She forms relationships exceptionally well with students. Her knowledge of trauma and EMDR has made a real, positive impact with students and families and the result is seen in students able to return to class and engage more fully in their academic pursuits."

"I got to let some things off of my chest without feeling judged. I wasn't expecting to feel this way. I've also learned to not keep everything in and bottled up before I explode."







What Questions Do You Have?

