



Improve the Health, Safety, and Wellness of All Learners

State Board of Education

April 13, 2021



Goals

- Expand early childhood learning opportunities
- Improve early literacy achievement
- Improve the health, safety, and wellness of all learners**
- Expand secondary learning opportunities for all students
- Increase the percentage of all students who graduate from high school
- Increase the percentage of adults with a post-secondary credential
- Increase the numbers of certified teachers in areas of shortage
- Provide adequate and equitable school funding



Goal

Improve the health, safety, and wellness of all learners

Metrics

- Average daily student participation in school breakfast programs
- Percent of students who have on-track attendance
- Percent of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days
- Percent of students who used tobacco products and/or electronic vapor products during the past 30 days
- Number of students who received school mental health and support services (**DATA PENDING** – Available fall 2021)

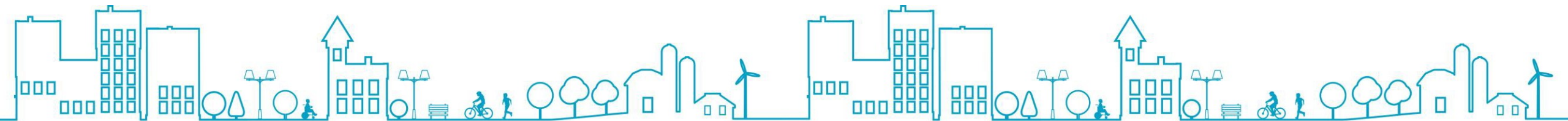


Goal	Metrics
<p>Improve the health, safety, and wellness of all learners</p>	<ul style="list-style-type: none"> • Percent of students who have been bullied on school property in the past 12 months • Percent of students who felt sad or hopeless almost every day for two weeks or more in a row during the past 12 months • Percent of students who seriously considered attempting suicide during the past 12 months • Percent of children ages 0-17 years who were ever told by a doctor that they had asthma and the percent who currently have asthma • Percent of children tested for lead and percent of children who had high lead levels (DATA PENDING – Available fall 2022) • Michigan’s national rank for overall child well-being



Michigan's National Rank for Overall Child Well-Being*






	2016	2017	2018	2019	2020
Overall Child Well-Being Rank	31	32	33	32	32



*Source: Annie E. Casey Foundation: <https://datacenter.kidscount.org/publications>

Average daily student participation in school breakfast programs*

2016	2017	2018	2019	2020	5-year difference
384,535	383,949	380,551	383,844	398,464	13,929

-  There are over 1.5 million students in public schools in Michigan
-  Of that, 400,057 (26.7%) students eat breakfast daily across the state
-  8 out of 10 students eating breakfast daily qualify for free or reduced-price meals
-  **Over 70,000** students in public schools (including ISDs) do not have access to breakfast because their district chooses not to offer breakfast
-  48% of those students are eligible for free or reduced-price meals



*Source: MDE school breakfast claims for reimbursement

Percent of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days*

2015	2016	2017	2018	2019	4-year percentage point (p.p.) change
46.0%	N/A	45.6%	N/A	44.7%	-1.3 p.p.

Percent of students who used tobacco products and/or electronic vapor products during the past 30 days*

2015	2016	2017	2018	2019	2-year percentage point (p.p.) change
N/A ⁺	N/A	22.8%	N/A	23.0%	0.2 p.p.



*Source: Youth Risk Behavior Survey (YRBS) administered odd-numbered years; grades 9-12 only

Percent of children ages 0-17 years who were ever told by a doctor that they had asthma*

2015	2016	2017	2018	2019	4-year percentage point (p.p.) change
11.6%	12.5%	11.9%	12.5%	11.0%	-0.6 p.p.

Percent of children ages 0-17 years who currently have asthma*

2015	2016	2017	2018	2019	4-year percentage point (p.p.) change
7.7%	8.9%	8.8%	8.6%	7.8%	0.1 p.p.



*Source: Behavioral Risk Factor Survey (BRFS) administered by Michigan Department of Health and Human Services (MDHHS)

Percent of children tested for lead and Percent of children who had high lead levels (Data available fall 2022)



Percent of students who have on-track attendance*

2016	2017	2018	2019	2020	4-year percentage point (p.p.) change
85.3%	84.4%	80.1%	80.3%	79.6%	-5.7 p.p.

*Source: Center for Educational Performance and Information (CEPI)

Percent of students who have been bullied on school property in the past 12 months*

2015	2016	2017	2018	2019	4-year percentage point (p.p.) change
25.6%	N/A	22.8%	N/A	21.4%	-4.2 p.p.

*Source: YRBS administered odd-numbered years; grades 9-12 only

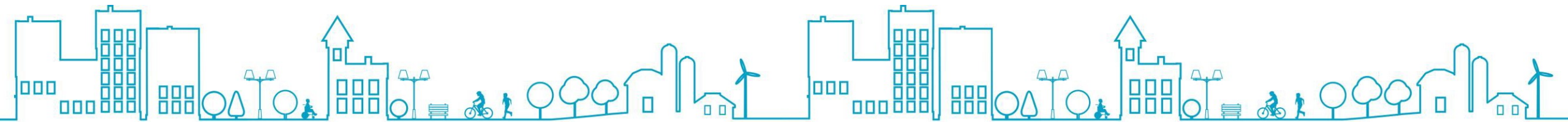


Percent of students who felt sad or hopeless almost every day for two weeks or more in a row during the past 12 months*

2015	2016	2017	2018	2019	4-year percentage point (p.p.) change
31.7%	N/A	37.3%	N/A	36.4%	4.7 p.p.

Percent of students who seriously considered attempting suicide during the past 12 months*

2015	2016	2017	2018	2019	4-year percentage point (p.p.) change
17.3%	N/A	21.3%	N/A	18.7%	1.4 p.p.



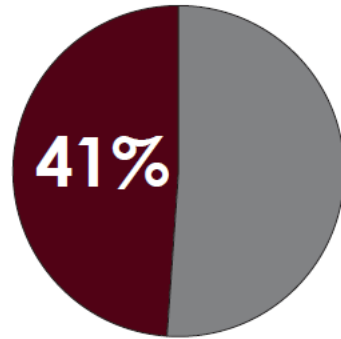
*Source: YRBS administered odd-numbered years; grades 9-12 only

Number of students who received school mental health and support services (Data available fall 2021)



*Child and Adolescent Mental Health as a Result of COVID: A Michigan Perspective

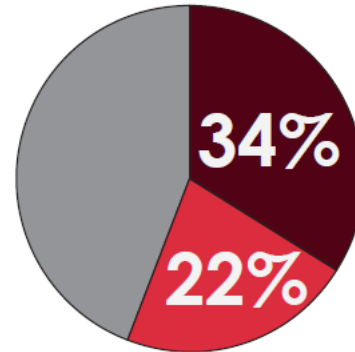
COVID Mental Health Impact



of those surveyed reported an **adverse mental or behavioral health condition** related to COVID-19

Source: Centers for Disease Control and Prevention, August 2020

Michigan Households with Children

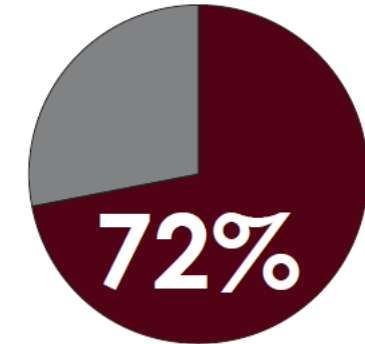


34% report children feeling **nervous, anxious or on edge**

22% report children feeling **down, depressed or hopeless**

Source: Annie E. Casey Foundation, December 2020

Emotional Well-Being of Children Since Onset of Pandemic



of parents state they have **witnessed a decline** in their child's emotional well-being

Source: Child Mind Institute, December 2020



Efforts to Improve Health, Safety, and Wellness

- ≡ A strong continuum of work from Social and Emotional Learning (SEL) to youth suicide prevention
- ≡ Strong partnerships that benefit children directly
- ≡ Multiple grants to promote and support the work



Social Emotional Learning (SEL): broad and deep

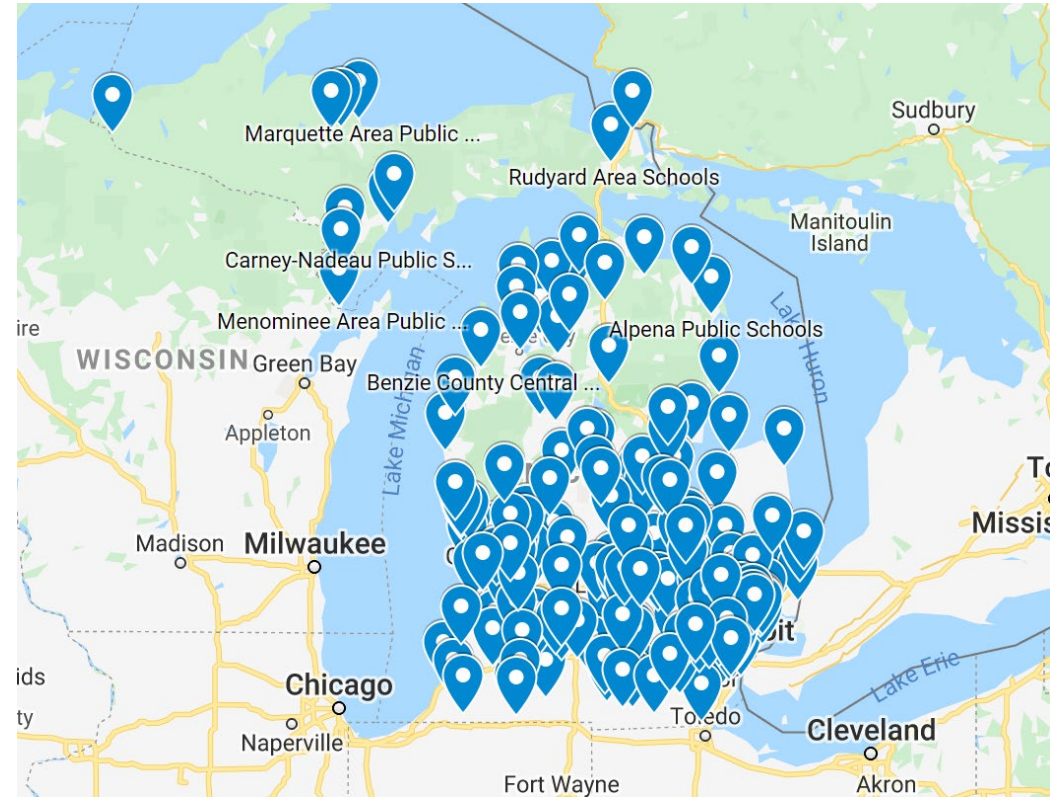
- ≡ Statewide SEL and Children's Mental Health Network
- ≡ Broad representation from each of the Michigan Association of School Administrators (MASA) regions
- ≡ Subcommittees:
 - ≡ Student Voice
 - ≡ Adult SEL
 - ≡ Implementation
 - ≡ Equity
 - ≡ Family/Community Engagement



Social Emotional Learning (SEL): broad and deep

- Children Matter. You Matter. Learn SEL!
- Free Michigan Virtual lessons
- Goal: at least 4 leaders per building learning about and engaged in SEL

Children matter.
You matter.
Learn SEL!



Social Emotional Learning (SEL): broad and deep

- Community of Practice (CoP)
- Financial support from Michigan Health Endowment Foundation
- 10 veteran districts
- 10 novice districts
- Mentoring provided by Regional School Health Coordinators



Integrating Systems & Connecting the Pieces

- ▬ Integrated Systems Framework Project
 - ▬ Structure and process for integrating SEL and mental health services
 - ▬ Active involvement by youth, families, and other school and community stakeholders
 - ▬ What's different?
 - ▬ Traditional model = Each school works out their own plan for mental health
 - ▬ Integrated model = District has a plan for integrating mental health at all buildings (based on community data as well as school data)



Direct Mental Health Services for Children at School

- ≡ State investment to hire mental health providers in schools statewide
 - ≡ Section 31n of the state school aid act
 - ≡ \$30M FY19
 - ≡ \$30M FY20
 - ≡ \$36M FY21 + \$20M in supplemental
 - ≡ Over 165 FTE hired serving 300 districts, 750 buildings
 - ≡ Over 330,000 students attend a school with a funded provider



Direct Mental Health Services for Children at School

- ▬ Provides an electronic platform to support care coordination
- ▬ Offers 24/7 critical incident/crisis/disaster mental health consultation to schools
- ▬ Serves as a multi-agency/multi-discipline platform statewide
- ▬ Connects disparate behavioral health programs and professionals to better serve children and their families



Direct Mental Health Services for Children at School

- Expansion of Child and Adolescent Health Centers specific to mental health
- Centers placed in counties that were home to more than 2/3 of youth suicides (ages 10-24 years) that occurred from 2008-2017
- Average youth suicide rate in counties with these mental health sites is 13% higher than the state average



Education Equity Fund

- Competitive grant program districts could apply for the purposes of:
 - Narrowing the digital divide
 - Providing mental health services and supports
- \$7,640,775 in grant awards to provide mental health services and supports



Youth Suicide Prevention

- Numerous bills in House and Senate addressing youth suicide
 - HB 5667, SB 532, SB 41, HB 5482, PA 12 of 2020
- OK2SAY, national hotline, Michigan “warmline”, and texting service available
- Two youth suicide prevention summits since fall 2020
 - A new Youth Suicide Prevention Coalition established
 - Next summit: June 2, 2021



Youth Suicide Prevention

- Project AWARE (Advancing Wellness and Resiliency in Education)
- Funded by the Substance Abuse and Mental Health Services Administration (SAMSHA)
- Supports a continuum of care in rural ISDs
 - Copper Country Intermediate School District (CCISD)
 - Delta-Schoolcraft Intermediate School District (DSISD)
 - Van Buren Intermediate School District (VBISD)



Sheila Alles, Chief Deputy Superintendent

*Kyle Guerrant, Deputy Superintendent of
Finance and Operations*

*Dr. Diane Golzynski, Director Office of Health
and Nutrition Services*

