

Standards for the Preparation of Teachers of

Family and Consumer Sciences (KH)



Approved by the State Board of Education 2000

List required courses and provide additional narrative to explain how standards are met. If electives are included, they should be clearly indicated.

1.0 INDIVIDUAL AND FAMILY LIFE

The certification candidate will be able to demonstrate an understanding of the meaning of family, knowledge of diverse family structures and differences, and influence/ effects of cultural diversity.

1.2 The certification candidate will be able to identify changes in family composition and configuration.

1.3 The certification candidate will be able to analyze changing needs and responsibilities of all family members as they progress through the life span.

1.4 The certification candidate will be able to demonstrate and apply strategies to understand the general issues, consequences, and coping strategies needed to assist individuals and families in dealing with stress and crisis.

1.5 The certification candidate will be able to analyze the affects of family development needs, values, and resources on choice of housing environments.

1.6 The certification candidate will be able to demonstrate a knowledge and understanding of families with special needs.

1.7 The certification candidate will be able to demonstrate the capacity to empathize with others based on multiple perspectives, needs, and characteristics that may affect personal and family relationships.

1.8 The certification candidate will be able to analyze how personal needs and characteristics influence relationships.

1.9 The certification candidate will be able to demonstrate com-munication skills that contribute to positive relationships.

1.10 The certification candidate will be able to demonstrate an under-standing of strategies to prevent and manage conflict.

1.11 The certification candidate will be able to analyze the characteristics of strong, healthy families.

1.12 The certification candidate will be able to demonstrate how a personal life plan reflects family, career, learning, leisure, and community goals.

1.13 The certification candidate will be able to exhibit knowledge of legal issues pertaining to individuals and families.

1.14 The certification candidate will be able to demonstrate knowledge of how to access services for individuals or families.

1.15 The certification candidate will be able to analyze principles of human growth and development across the life span.

1.16 The certification candidate will be able to demonstrate an ability to understand physiological changes as normal.

1.17 The certification candidate will be able to demonstrate an ability to understand the consequences of various sexual behaviors

1.18 The certification candidate will be able to demonstrate an ability to understand peer and cultural pressures to become sexually involved.

1.19 The certification candidate will be able to demonstrate an ability to understand and accept people with different values, orientations, and experiences.

- 1.20 The certification candidate will be able to use knowledge of the key physiological, psychological, and social aspects of sexual development to facilitate achievement of healthy adjustment for self and others.
- 1.21 The certification candidate will be able to communicate effectively about issues across the life cycle.
- 1.22 The certification candidate will be able to demonstrate respect for the rights of everyone.
- 1.23 The certification candidate will be able to apply gender equity skills in appropriate and respectful ways (rights).
- 1.24 The certification candidate will be able to analyze behaviors and practices that constitute sexual harassment and identify appropriate responses.
- 1.25 The certification candidate will be able to exhibit an ability to distinguish different types of love relationships.
- 1.26 The certification candidate will be able to demonstrate knowledge of the principles and practices of family planning, and responsibilities of sexual behavior.

2.0 PARENTING/HUMAN DEVELOPMENT

- 2.1 The certification candidate will be able to analyze principles of human growth and development pertaining to the parenting process.
- 2.2 The certification candidate will be able to evaluate strategies to meet the individual needs and promote healthy development at different stages of development.
- 2.3 The certification candidate will be able to examine roles, rewards, demands, and responsibilities of parenting.
- 2.4 The certification candidate will be able to analyze parent/child communication.
- 2.5 The certification candidate will be able to examine the parenting process.
- 2.6 The certification candidate will be able to assess parenting skills and child-rearing practices needed to support physical, economic, social, intellectual, and emotional well-being.
- 2.7 The certification candidate will be able to demonstrate teaching life skills to children including self sufficiency, safety, and decision-making.
- 2.8 The certification candidate will be able to review policies, agencies, and services that impact parenting.
- 2.9 The certification candidate will be able to examine and describe family conflict and constructive resolution strategies.
- 2.10 The certification candidate will be able to identify prevention and recovery strategies for problems of family violence, abuse and neglect.
- 2.11 The certification candidate will be able to evaluate the preparation necessary to promote a healthy environment for parents and children.
- 2.12 The certification candidate will be able to identify strategies for adapting to various parenting situations.
- 2.13 The certification candidate will be able to examine family differences and influences on parenting styles.

3.0 INDIVIDUAL AND FAMILY HEALTH, NUTRITION, AND WELLNESS

- 3.1 The certification candidate will be able to analyze the relationship between all life choices and wellness, including such issues as physical activity and fitness.
- 3.2 The certification candidate will be able to identify sources and function of nutrients.

- 3.3 The certification candidate will be able to identify reliable resources for use in making wellness decisions.
- 3.4 The certification candidate will be able to demonstrate healthy food selection, storage and preparation to meet nutritional needs.
- 3.5 The certification candidate will be able to demonstrate knowledge of food choices needed in disease prevention and diet therapy.
- 3.6 The certification candidate will be able to demonstrate understanding of the role of the digestive process in nutrition and wellness.
- 3.7 The certification candidate will be able to analyze causes and effects of malnutrition on individuals, families, and society.
- 3.8 The certification candidate will be able to plan and evaluate a personal weight management program through diet and exercise.
- 3.9 The certification candidate will be able to analyze drug (including tobacco and alcohol) and nutrient interaction on health and wellness.
- 3.10 The certification candidate will be able to identify varying nutritional needs throughout the life cycle.
- 3.11 The certification candidate will be able to use technology to assess and evaluate wellness.
- 3.12 The certification candidate will be able to demonstrate awareness of stress management in relationship to wellness issues.
- 3.13 The certification candidate will be able to examine options to care for persons with special needs across the life cycle.
- 3.14 The certification candidate will be able to identify health problems, disease prevention strategies, and determine appropriate responses.
- 3.15 The certification candidate will be able to identify strategies for effective communication with health care providers.
- 3.16 The certification candidate will be able to demonstrate an understanding of health insurance issues.
- 3.17 The certification candidate will be able to demonstrate knowledge of individual and institutional responsibility for global health and safety.
- 3.18 The certification candidate will be able to accept personal responsibility for wellness.

4.0 FAMILY, COMMUNITY AND CAREER ENVIRONMENTS

- 4.1 The certification candidate will be able to demonstrate knowledge of the inter-relationship of family, career, and community roles and responsibilities.
- 4.2 The certification candidate will be able to identify transferrable employability skills in relation to individual, family, community, and career roles.
- 4.3 The certification candidate will be able to analyze the application of a personal life plan on family, career, learning, leisure, and community goals.
- 4.4 The certification candidate will be able to demonstrate leadership skills and abilities in support of family, career, workplace, and community.

- 4.5 The certification candidate will be able to use technology to manage individual, family, career, and community roles and responsibilities.
- 4.6 The certification candidate will be able to analyze and respond to family, workplace, and community issues in a socially responsible manner.
- 4.7 The certification candidate will be able to evaluate the needs of individuals and families in diverse environments.
- 4.8 The certification candidate will be able to analyze the importance of aesthetics in meeting human environmental needs.
- 4.9 The certification candidate will be able to analyze work and career in relationship to individual and family needs and desires.

5.0 CONSUMER EDUCATION AND RESOURCE MANAGEMENT

- 5.1 The certification candidate will be able to analyze the interrelationship between the economic system and consumer behaviors.
- 5.2 The certification candidate will be able to evaluate the role of values and standards in family resource management.
- 5.3 The certification candidate will be able to analyze family resource management as a means of enhancing human potential and the quality of life.
- 5.4 The certification candidate will be able to demonstrate skills in developing an individual and family budget, with emphasis on short- and long-term financial management.
- 5.5 The certification candidate will be able to examine differing views about use of family resources and influences on consumer decision-making.
- 5.6 The certification candidate will be able to use technology to manage resources and make financial decisions.
- 5.7 The certification candidate will be able to analyze public policies pertaining to consumer rights and responsibilities.
- 5.8 The certification candidate will be able to exhibit responsible resource consumption, and conservation.
- 5.9 The certification candidate will be able to demonstrate responsible selection of resources to meet individual and family needs across the life cycle.
- 5.10 The certification candidate will be able to analyze the impact of financial decisions on family well-being.