

Bureau of Aging, Community Living, and Supports
OPERATING STANDARDS FOR SERVICE PROGRAMS

Service Name	Health Promotion: Evidence-Based
Service Number	C-6
Service Category	Community
Service Definition	<p>A service program that provides information and support assisting persons in avoiding illness and improving health status.</p> <p>Interventions may be related to:</p> <ul style="list-style-type: none"> • The prevention and mitigation of the effects of chronic disease (including osteoporosis, hypertension, obesity, diabetes, and cardiovascular disease), • Alcohol and substance abuse reduction, • Smoking cessation, • Weight loss and control, • Stress management, • Falls prevention, • Physical activity, and • Improved nutrition.
Unit of Service	Unduplicated persons served.

Minimum Standards

1. Interventions must meet the ACL/AoA's definition of evidenced-based programs and be listed on the Michigan State Unit on Aging's most recent version of "Health Promotion/Disease Prevention Programs Approved for Older Americans Act Title III-D Funding".
2. Each program shall utilize staff that have been appropriately trained or certified for the programs being offered.
3. Health promotion services should be provided at locations accessible for older participants.
4. The majority of individuals participating in each evidence-based class or workshop shall be older adults. Programs should be structured, marketed, and scheduled in a manner that prioritizes and supports participation by adults aged 60 and over.
5. All evidence-based programs must be delivered with fidelity to the model as designed by the program developer.
6. Providers shall collect and report required program data in accordance with the reporting guidance outlined by Michigan's State Unit on Aging.

OAA Reference: Sections 102(14d) and 361