



Our summer youth program encourages Native American youth to honor tradition.



Annual events like our Health Fair & Open House promote community involvement & bring health education right to your door step.

American Indian Health & Family Services  
of Southeastern Michigan, Inc.  
4880 Lawndale St.  
Detroit, MI 48210



Minobinmaadziwin

American Indian Health & Family Services  
Of Southeastern Michigan, Inc.

### MISSION

Our mission is to help ensure the survival of Native American families and individuals by providing quality health care and by supporting the healing process, encouraging, educating, and empowering our clients in seeking and maintaining wellness and enhancing the quality of their life, and by facilitating the equity and accessibility of comprehensive health care for the Native American community.

## PROGRAMS

Dream Seekers Youth & Teen Program  
Monday & Tuesday 4:30pm–6:30pm

Diabetic Education Classes  
Call for times & dates

Traditional Healing  
Ceremonies & Teachings  
Call for times & dates

Weight Loss Group  
Every Wednesday  
5pm–6pm

Cooking Classes, Beading, Dance Classes

Veteran's Lodge & Talking Circles  
Every 3rd Friday of the Month

Late Clinic Hours  
Every Wednesday Night

## Spirituality

Spiritual leaders from diverse Native communities are often invited to the Healing Center to share their gifts, beliefs and wisdom.

*EVERYONE COME JOIN US!*

## COMPLETE WELLNESS HOLISTIC HEALTH CARE

### Minobinmaadziwin

American Indian Health & Family Services of Southeastern Michigan (AIHFS) Inc., is a non-profit agency dedicated to providing comprehensive health care to the Native American community of Southeastern Michigan. In the Anishinaabe language AIHFS is referred to as Minobinmaadziwin, which means "a good life".

The vision of wellness at Minobinmaadziwin grew out of a need for healing in the Native American community. Native people have suffered cultural deterioration, countless health crisis', and environmental contamination. Our staff is dedicated to the physical, emotional, cultural, environmental, and spiritual health of the Native American community. We utilize the resources of our Healing Center by combining Western medical practice with traditional healing to encourage overall wellness among the people.



### Medical Services

- Family Practice Medical Clinic
- HIV/AIDS Testing & referral
- Physicals (call for an appointment)
- Flu Shots Available (Seasonal)
- Low Cost Rx Program

### Behavioral Health Services

- Mental Health Counseling
- Veteran's Talking Circles

### Youth Services

- Weekly Youth & Teen program
- Traditional teachings
- Tutoring
- Summer Day Camp
- Field Trips

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American Indian Health & Family Services

4880 Lawndale, Detroit, MI 48210

Monday–Friday

9am–5pm (times may vary)

Medical: 313-846-6030

313-846-2751 –Fax

Administration: 313-846-3718

313-846-0150-Fax