

## Transitioning to an Adult Provider

It is time to think about the transition of your medical care from your pediatrician to an adult healthcare provider.

*We want to help you make shared decisions to **gain independent health care skills, prepare for an adult model of care, and transfer to new adult healthcare providers.***

Transitioning from pediatric to adult care takes thoughtful preparation. We are here to work with you and help you make the decisions necessary for a smooth transition. We would like to talk more about this during today's appointment. Below is some information to assist you.

### Things to consider when choosing your adult provider

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- Staying in the **MSU HEALTH CARE** system for continuity of care vs. choosing a non-MSU practice
- TIMING** of the transition:  
When will the transition occur? What is the timeline?
- What **TYPE OF PROVIDER** do you want to see?
  - Physician (MD or DO), Nurse Practitioner (NP), or Physician Assistant (PA)
  - Family Medicine or Internal Medicine
- Does the new provider **ACCEPT YOUR INSURANCE**?
- Does the new **CLINIC** work for your needs?
  - Hours of operation (including late hours)
  - Location (especially for college students and/or anyone using public transportation)
  - Appointment and cancellation policies
  - Provider availability for after-hours questions
- ACCESSIBILITY** issues:  
Do you need help with mobility, hearing, or vision? Do you have any language barriers? How will you contact your provider and communicate about your health care?
- Remember any **SPECIALISTS** involved with your care:  
Have you discussed transition of care with your pediatric specialists? Will you need a referral for any adult specialists?

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This may seem like a lot of information to manage, but we are here to help.

**What questions do you have about this information today?**