The Six Core Elements of Health Care Transition

A Quick Guide for Medicaid Health Plans (MHP's)

MDHHS Michigan Department of Health & Human Services
Children's Special Health Care Services

1 Transition Policy

Written transition policy that includes:

- The MHP's approach to Health Care transition and other transition to adulthood domains (procedures)
- Legal changes that take place at the age of 18
- Age when Title V eligibility ends
- Introduction of transition prior to age 14

2 Tracking & Monitoring

- Identify active CSHCS clients between the ages of 12 and 26
- Conduct outreach to increase awareness of transition services
- Monitor clients as they go through the transition process

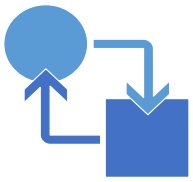
3 Transition Readiness

- Conduct Readiness Assessments, starting at ages 14-15. Re-assess annually.
- Identify needs, strengths, and barriers of youth and family
- Provide resources to assist youth with achieving optimal independence and accomplishing goals

4 Transition Planning

- Provide health care transition timeline to youth/family
- Incorporate transition into your POC template
- Include transition goals and action steps based on needs and preferences of the youth

5 Transfer to Adult Providers



- Provide youth and families with resources to find adult providers
- Include goals and action steps in the POC related to transfer of care to adult providers
- Confirm successful transition to adult health care model

6 Transition Completion

- Follow up with client/family to confirm transfer to adult providers.
- Provide a transition survey to client/ family to obtain feedback
- Use survey results for Quality Improvement and reporting

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REVISED 07/2024