

## How can I get TCM services?

You can ask your staff at the prison or jail, or your parole/ probation officer, to help you to set up a visit with someone from the TCM program. They can help to set up a meeting with a case manager to talk with you about what your needs may be when you get out of jail or prison.



To find a TCM program near you, and for more information, visit: [www.michigan.gov/medicaidproviders](https://www.michigan.gov/medicaidproviders) and click on **Targeted Case Management Services for Recently Incarcerated Beneficiaries.**

If you decide you would like to receive TCM services after you have been released from prison or jail, you can go to this website to find a TCM provider near you.

### Web Address:

<https://www.michigan.gov/mdhhs/assistance-programs/medicaid/portalhome/medicaid-providers/tcm-services-for-recently-incarcerated-beneficiaries>



**The Michigan Department of Health and Human Services (MDHHS) urges all adults who just got out, or are about to get out, from a jail or prison to ask about getting TCM services. The TCM program will help if you have a medical health, mental health, or drug or alcohol-use condition. These services can help you to get the services you need during the first year once you get out of jail or prison.**

### **Why should you get TCM services?**

The TCM program can help connect you with services in your community you may need, such as:

- Doctor Visits
- Mental Health Care
- Dentist Visits
- Rides
- Medicine
- A Job or School
- Food
- Other Needed Services

### **Who should get TCM services?**

You should get TCM services if you:

- Just got out of jail or prison, or you will get out soon, AND
- Are 18 years of age or older, AND you have a concern about your:
  - Medical health, OR
  - Mental health, OR
  - Drug or alcohol-use.

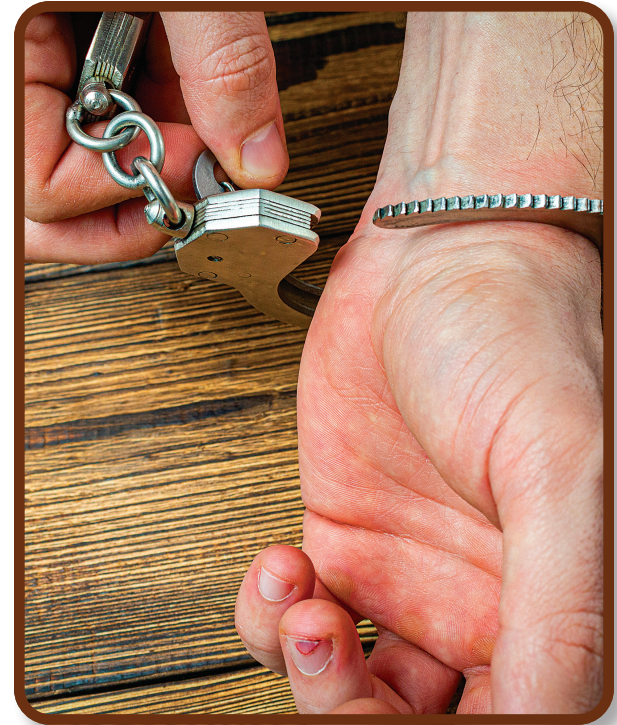
### **What do you get with TCM services?**

You will meet with a nurse or social worker. They will help to:

- Figure out what your needs are (such as medical, dental, food, housing, etc.).
- Make a plan on how to meet your needs.
- Refer you to doctors and others who can help you get the care you may need.
- Give follow-up care, education, and other services to support your needs.

You can also work with others such as a community health worker or a peer support specialist who can help to connect you to needed services.

You will also get all other Medicaid-covered benefits as long as you qualify.



### **When can I get TCM services?**

You are urged to get an in-reach visit or a referral from the jail or prison to get TCM services, but neither are required.

The in-reach visit should happen within 30 days before getting out of jail or prison.

Your first visit with the case manager should happen as soon as possible, and up to 90 days, after you get out of jail or prison.

TCM services are available for 12 months after you get out of jail or prison.