

WHAT KIND OF INFORMATION DO I NEED TO PROVIDE?

You need information about the following to apply:

- ◆ Income
- ◆ Social Security number
- ◆ Date of birth
- ◆ Other medical insurance information
- ◆ Living arrangements
- ◆ Proof of citizenship and identity



FOR MORE INFORMATION CONTACT:

PLAN FIRST

FAMILY PLANNING PROGRAM

PO Box 30412

Lansing, Michigan 48909

1-800-642-3195 (toll-free)

TTY 1-866-501-5656

www.michigan.gov/planfirst



For questions and/or problems, or help to translate, call the Beneficiary Help Line at 1-800-642-3195 (TTY 1-866-501-5656).
Spanish: Si necesita ayuda para traducir o entender este texto, por favor llame al telefono **1-800-642-3195** (TTY 1-866-501-5656)
Arabic: 1-800-642-3195 (TTY 1-866-501-5656)

إذا كان لديكم أي سؤال، يرجى الإتصال بخط المساعدة على الرقم المجاني ١-٨٠٠-٦٤٢-٣١٩٥

The Michigan Department of Health and Human Services (MDHHS) does not discriminate against any individual or group on the basis of race, national origin, color, sex, disability, religion, age, height, weight, familial status, partisan considerations, or genetic information. Sex-based discrimination includes, but is not limited to, discrimination based on sexual orientation, gender identity, gender expression, sex characteristics, and pregnancy.

PLAN FIRST

Family Planning Services



WHAT IS PLAN FIRST?

The Plan First program is healthcare coverage for family planning services. Family planning services help people make choices about what birth control methods work best for them and help them prepare for healthy pregnancies when desired.

Plan First also covers preventive health services, testing and treatment of sexually transmitted infections (STIs) and education.

WHAT IS COVERED?

- ◆ Office visits for family planning related services
- ◆ Birth control
- ◆ Related lab tests
- ◆ Related cancer screenings
- ◆ Testing and treatment for sexually transmitted infections
- ◆ Voluntary sterilization procedures

Coverage for abortions and infertility are not covered under this program.



WHO IS ELIGIBLE?

Plan First family planning coverage is available to individuals who:

- ◆ Are of any age or gender
- ◆ Are a U.S. citizen or a qualified immigrant
- ◆ Are a Michigan resident
- ◆ Are not covered under another Medicaid benefit
- ◆ Meet monthly income requirements



HOW TO APPLY FOR PLAN FIRST?

Apply online:

www.michigan.gov/mibridges

Call:

1-855-789-5610

Visit your local county office:

<https://www.michigan.gov/mdhhs/inside-mdhhs/county-offices>

Mail to:

Plan First
PO Box 30412
Lansing, MI 48909

