## The State of Michigan

## **High Scrutiny Evidence packet**

Provider's Name: Maplewood of Sandy Creek	
Location of the Setting:	Type of Setting:
Wayland, Michigan	Residential
Waiver Services Being Provided at the setting: Assisted Living	
Heightened Scrutiny Prong	
<ul> <li>□ Prong1: Setting is in a publicly or privately operated facility that provides inpatient institutional treatment</li> <li>□ Prong2: Setting is in a building or on the same grounds of, or adjacent to, a public institution.</li> <li>□ Prong3: setting has an effect of isolating individuals from the broader community</li> </ul>	
Recommendation	
As required by 42 CFR 441.301 (c) (5), the State of Michigan submits this request for heightened scrutiny review for the setting identified above. The State has compiled evidence that the setting is integrated and supports full access of individuals to the greater community, is selected by the individual from among disability and non-disability-specific settings, ensures individual rights, and promotes individual initiative, autonomy, choice, and independence.	

### **Section 1: Facility Description**

Maplewood of Sandy Creek is privately owned and operated. There is one main building that is comprised of two distinct areas/wings connected by a service hallway. One wing houses the assisted living facility (Maplewood), and the other houses the skilled nursing facility (The Laurels). Code-entry locked doors separate these at both ends of the service hallway. The facilities also have their own entrances from the street and parking areas. Main administrative functions for both areas share management staff at the Director level; however, the assisted living area has a dedicated Manager for oversight and designated caregivers/personal services assistants.

#### **Evidence:**

- B1-Organization Chart
- D1-Maps and Pictures, D2-Campus Map
- J2-Staff ABrummette interview











D2-CAMPUS MAP-Maplewood-ar



# Section 2: Final Rule Compliance and Input from Individuals, Family Members, Guardians, and Staff

This setting accepts people who are on Medicaid waiver as well as those not on Medicaid. All residents receiving Medicaid funded HCBS are provided the same opportunities to receive services and support and participate in social and/or recreational activities in the same manner as individuals who are not receiving Medicaid funded HCBS.

This setting accepts does not limit residency based on disability or diagnosis. Residents are admitted regardless of disability or diagnosis as long as the setting is able to meet their needs.

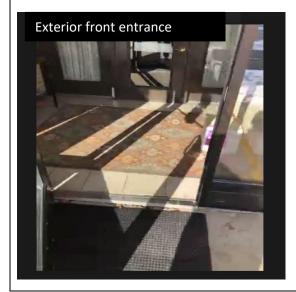
There are options to use providers, supports, and services at the setting, but participants are able to choose to use options outside the residence if they choose to do so. Individuals are able to update or change the services and support they receive based on their preferences and needs, and they are able to refuse services if they choose.

This setting does not prohibit individuals from coming and going from the setting. The setting does not try to limit activities the individuals participate in, such as shopping, religious or spiritual services, scheduling appointments,

participating in meals with friends and family, participating in any activities, participating in in community events, participating in school or volunteer activities, engaging in legal activity (voting, drinking, gambling, etc.) or any other activity the participant chooses to participate in. There is a new activity calendar posted a very month in various locations in the building so the residents can choose which activities they would like to participate in. There is a sign-in and out protocol in place for safety reasons.

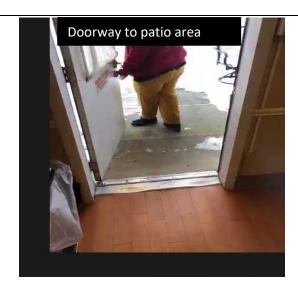
This setting does not have visiting hours. Participants can come and go 24/7. Participants at this setting are able to come into the setting at all hours. Participants can have visitors 24/7. Individuals arrange and control their personal schedules of daily appointments and activities. The procedure for entering a resident's apartment is to knock, wait for a response, knock again, and wait for a response. If none, enter and announce who you are and why you have entered the room.

The backyard area has a pond. A fence surrounds the pond (no gates), and another fence surrounds the entire backyard area. The larger fence around the backyard has two locked gates – these are used to allow lawn maintenance equipment into the area. They have free access to all common areas of the assisted living facility 24/7. The locked door between the assisted living facility and the skilled nursing facility is accessible with staff assistance 24/7.









#### **Evidence:**

- G3-Resident Orientation policy
- J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews

There are no barriers within the assisted living area. The maintenance closet and staff closet areas are locked and not open to residents. The facility is designed with wide hallways, handrails, and a spacious arrangement of furniture so as to accommodate residents with physical or mobility challenges. Resident bathroom and public/common area bathrooms are equipped with grab bars, shower chairs, and other adaptive devices as needed.

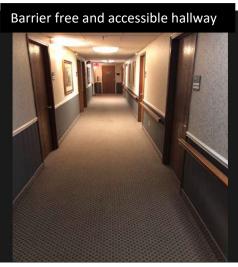
#### **Evidence:**

- D1, maps, and pictures
- G3-Resident Orientation,
- H3-Resident Agreement and Care Plan
- I1-Benie CB interview
- J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews

According to their preferences, residents may use onsite services or service providers from the broader community. Services available onsite include a barber, beautician, optometrist, audiologist, dentist, and podiatrist, but residents can choose their own in the community.

Residents may do their own laundry, or staff will assist. The residents' laundry room is available 24/7; staff will provide full laundry service if requested.

- E5-Community Manager Asst Living, E13-Personal Services Assistant position descriptions
- G2-Philosophy of Care policy, G3-Resident Orientation policy, G4-Resident/Guest Care General policy, G5-Transportation policy



- H3-Resident Agreement and Care Plan
- D1-Maps and pictures (website screenshot)
- G3-Resident Orientation, G4-Guest Care General policies
- H3-Resident Agreement and Care Plan
- J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews

This setting does not have restrictions on food. The setting does have scheduled meal times, but participants do not have to eat during those times. Participants are able to eat meals and snacks they want, what they choose to eat, eat with whom they want, and are able to eat wherever they want. Staff can assist with preparing a snack at any time, 24/7. Residents may help themselves as well. If it is labeled with their name, they may also keep personal stock in the main kitchen cupboards or refrigerator. There is no restriction on when snacks can be prepared or consumed. Residents are free to have a mini-fridge in their own units with thermometers.

Residents have input into menu planning, and the staff frequently prepares foods from residents' own recipes, and the residents may participate if they wish. If a resident prefers a different entrée, their preferences will be accommodated.

There are two dining areas, one set up with separate tables which accommodate 4; the other is furnished with a beverage buffet and a larger dining table if groups want to eat together. The outdoor patio is furnished with a picnic table and grill, which is used when

weather permits. Residents choose their dining companions as well as invite family and friends to dine with them. Individuals may choose to eat in their units.



Kitchen area

- D1-Maps and pictures
- E11-Mgr Food and Nutrition Services, E13-Personal Services Assistant position description
- G1-Person-Centered Care Cultural Competence policy, G2-Philosophy of Care policy
- H3-Resident Agreement and Care Plan
- I1-Benie CB interview

J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews









D1- Maps and pictures.pdf

E5-COMMUNITY

E11-MGR FOOD E13-PERSONAL MGR ASSISTED LVG- AND NUTRITION SEF SERVICES ASSISTANT









G1-POLICY-PERSON G2-POLICY-PHILOSP G3-POLICY-RESIDEN G4-POLICY-RESIDEN CENTERED CARE-CU HY OF CARE-Maple NT ORIENTATION-Mait-GUEST CARE GENE









**G5-POLICY-TRANSP** H3- Resident ORTATION-Maplew(agreement and Care

11-Benie CB interview.pdf

J1 Staff RVandenberg DBree





J2 Staff ABrummette Interview.pdf

The setting does not try to limit activities the individuals participate in, such as shopping, religious or spiritual services, scheduling appointments, participating in meals with friends and family, participating in any activities, participating in community events, participating in school or volunteer activities, engaging in legal activity (voting, drinking, gambling, etc.) or any other activity the participant chooses to participate in. Residents have control of their scheduled appointments and choice of activities in which they participate. Staff will review and remind residents daily of what is on their calendar, and the resident may choose to keep or change it.

All residents are free to participate in community events and facility-sponsored recreational activities. All residents receive a copy of the current calendar. They may participate in individual or group shopping. The facility arranges shopping trips at local stores in the community

#### **Evidence:**

- D1-Maps and pictures (website screenshots)
- E9-Director of Recreation Services, E13-Personal Services Assistant E14-Recreation Assistant position descriptions
- G2-Philosophy of Care policy, G3-Resident Orientation policy, G4-Resident Guest Care General policy
- H1-Residents Rights posting
- I2-Benie TD interview
- J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews

The county bus line is available for a \$2.00 fee per ride. Staff will assist with arrangements, boarding, and deboarding. Additionally, a facility van is wheelchair equipped but is usually used for group travel (i.e., to community events). It is generally not available for individual appointments or errands. Staff will assist residents to schedule rides with family and friends as needed. There are also taxi services. Some residents have their vehicles.

- E13-Personal Services Assistant position description
- **G5-Transportation Policy**
- H3-Resident Agreement and Care Plan
- J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews















D1- Maps and pictures.pdf

**E9-DIRECTOR OF** E13-PERSONAL

E14-RECREATION G2-POLICY-PHILOSP G3-POLICY-RESIDEN G4-POLICY-RESIDEN RECREATION SERVICES ASSISTANT SERVICES ASSISTANT HY OF CARE-Mapley T ORIENTATION-Majt-GUEST CARE GENE













G5-POLICY-TRANSP ORTATION-Maplew (Rights posting-MAP agreement and Care

H1-Residents

H3- Resident

11-Benie CB interview.pdf

RVandenberg\_DBree

J2 Staff ABrummette Interview.pdf

This setting does not limit communication devices. Individuals can have and use landlines, cell phones, personal computers, and TV's 24/7 without restriction. Residents may have and use their personal communication devices 24/7 in the privacy of their units or anywhere inside or outside of the facility. Residents may have private conversations with visitors in their units, on the patio, on the porch, in the comfortable seating area, or in dining areas if they are vacant. There is also a conference room available for resident use.



#### **Evidence:**

- D1-Maps and pictures
- G2-Philosophy of Care policy, G4-Resident/Guest Care General policy,
- H1-Resident Rights posting
- J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews

Locks on the doors do not have keys; they are pop-locks that can be opened with a flat-edged tool such as a coin or screwdriver. Individual residents all use coins. Since the locks can be opened using a flat-edged tool such as a coin or screwdriver, staff are not provided an actual master key. Staff members are respectful of entering participants' private rooms. They do not enter without permission of the participant or notifying them if they need to enter. The staff protocol for entering resident space is to knock, wait, peek in and announce yourself, look to see if the resident is there and if they are okay.

- D1-Maps and pictures
- E13-Personal Services Assistant position description
- F1-F8, RELIAS staff training records, F9-Annual Training Calendar, F10-Training Records 2020
- I1-Benie CB interview

J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews

Per staff interviews, no seclusion physical or chemical restraints are allowed or used in the facility. **NOTE:** G2, Philosophy of Care mentions limited use of restraints; G4, Resident and Guest Policy, say "protective devices and restraints are used according to facility policy and physician orders." Several position descriptions (nursing) reference using restraints per policy. Staff interviews state that restraints and seclusion are not used in the facility.

Staff receive training upon hire and annually thereafter on Abuse and Neglect, Cultural Diversity, HIPAA, Resident Rights, and Patient-Centered Care.

#### **Evidence:**

- E1-E14 all position descriptions have Residents Rights section
- F1-F8, RELIAS staff training records, F9-Annual Training Calendar, F10-Training Records 2020
- G2-Philosophy of Care policy, G4-Resident/Guest Care General policy, G6-HIPAA policy, G7-Residents Rights policy
- H1-Resident Rights posting
- J1 Staff RVandenberg-DBreese, J2-Staff ABrummette interviews













Resident right & responsibility posting

D1- Maps and pictures.pdf

E6-COOK-JOB

E2-CHARGE

E3-CHARGE



OFFICE MGR-JOB DE NURSE-LPN-JOB DES NURSE-RN-JOB DES NURSE-SNF-JOB DES MGR ASSISTED LVG-

E9-DIRECTOR OF

E10-DIRECTOR OF

E11-MGR FOOD DESCRIPTION-Maple AIDE-JOB DESCRIPTI MAINTENANCE-JOB RECREATION SERVIC SOCIAL SERVICES-JC AND NUTRITION SEF



**E7-DIETARY** 

**E8-DIRECTOR OF** 

F1-RELIAS E12PAYROLL E13-PERSONAL E14-RECREATION F2-RELIAS F3-RELIAS COORD-RECEPTION SERVICES ASSISTAN' SERVICES ASSISTAN' TRAINING AB-annot: TRAINING BH-annot TRAINING ML-annot











F4-RELIAS F5-RELIAS F6-RELIAS F7-RELIAS F8-RELIAS F9-TRAINING TRAINING SB2-anno TRAINING SB-annot; TRAINING TD-annot TRAINING-AS-annot TRAINING-TR-annot CALENDAR 2019-anr













I1-Benie\_CB

interview.pdf

G4-POLICY-RESIDEN G2-POLICY-PHILOSP G6-HIPAA G7-Policy-Residents H1-Residents Through 2020.pdf T-GUEST CARE GENE HY OF CARE-Maplev Policy-MAPLEWOOD Rights-MAPLEWOOI Rights posting-MAP





J1 Staff J2 Staff ABrummette RVandenberg\_DBree Interview.pdf

## **Section 3: Additional Evidence**

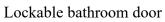
Doorway from SNF to AL







Accessible and barrier-free bathroom







Comfortable sitting areas





Postings in ante-area to AL



Reporting resources



Locked Storage area







Linen for residents – open to their access



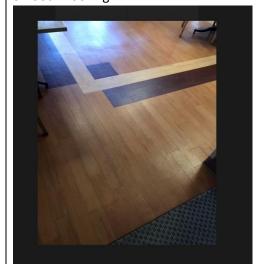
Laundry room – kept locked

Key to laundry room kept at the top of the door



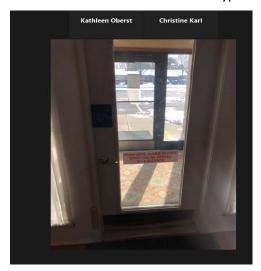


Smooth flooring

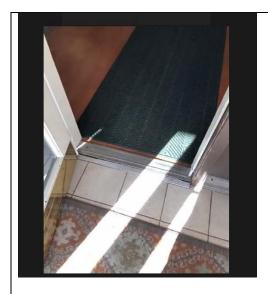


Barrier-free

Main entrance from inside – keypad controlled, residents can have code



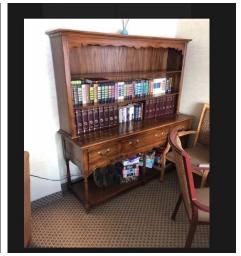




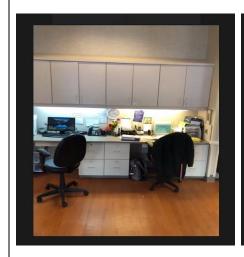
Common area



Books/ Puzzles



Nurses/caregiver area, records locked in cabinets:







Door from dining to patio area:



Patio area (the fence in the picture surrounds a pond that is in the backyard and has no gates in it. There is additional fencing around the backyard area – there is a double gate that is padlocked and only opened to accommodate lawnmowers).

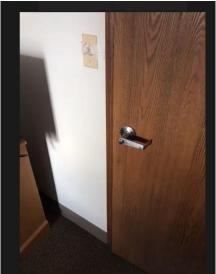


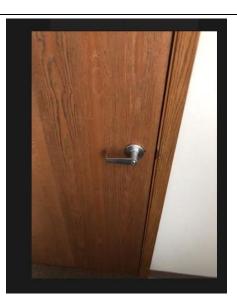
Door into the resident room – lockable

Inside door

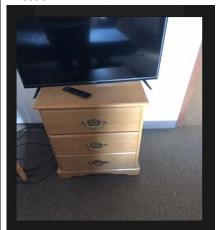
Bathroom door

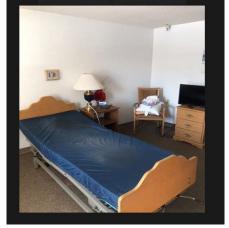




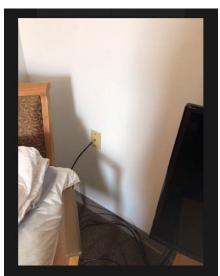


Dresser





Tv connection



Call light



Individual thermostat



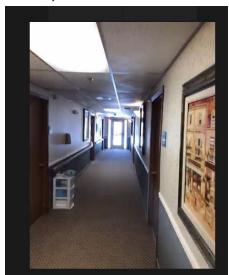
In-room bulletin board



Activity supplies



Hallway



**Section 4: Public Comment**