

MI-WIC POLICY

Eligibility/Certification

2.0 Eligibility/Certification

Effective Date: 09/15/2023

2.24 Mid-Certification Health Evaluation

Implementation Date: 11/1/2023

Purpose: To provide the required elements of a mid-certification health evaluation for clients certified longer than six months.

A. Policy

1. A mid-certification health evaluation must be offered to the following client categories with certification periods longer than six months and must be offered approximately in the middle of the client's certification period (see Policy 2.17, Certification Periods):
 - a. Infants initially certified under 6 months of age.
 - b. Children.
 - c. Breastfeeding clients.
2. A mid-certification health evaluation must include the following elements.
 - a. Anthropometric measurements – Collect, assess, and document length/height, head circumference if applicable, and weight measurements. Refer to Policy 2.15, Anthropometric Risk Determination, for anthropometric measurement requirements and the use of referral data.
 - b. Bloodwork – Collect, assess, and document bloodwork, if needed. Refer to Policy 2.16, Hematological Assessment for Anemia, for bloodwork requirements and the use of referral data.
 - c. Review and document immunization status per Policy 6.03, Immunization.
 - d. Conduct and document a health and nutrition assessment to identify major changes in health status and/or nutrition and physical activity behaviors since the previous certification appointment. This assessment must include the following:
 - i. Review health/nutrition history, and when applicable, review high risk care plan and breastfeeding assessment.
 - ii. Address any concerns, including new concerns, raised by the client or caregiver.
 - iii. Address any changes in health (i.e., new medical conditions).
 - iv. Inquire about changes in eating patterns, food intake, or food package.
 - v. Inquire about changes in lifestyle or environment (i.e., physical activity).
 - e. Assess and assign any new risk codes identified at the mid-certification health evaluation, when appropriate. (See Policy 2.13, Nutrition Risk Determination.)
 - f. Offer, provide, and document nutrition education, including breastfeeding education if applicable, per Policy 5.04, Nutrition Education at Infant/Child

MI-WIC POLICY

Eligibility/Certification

Evaluation Appointments, 5.05, Nutrition Education Documentation, 5.06, Nutrition Services for High Risk Clients, and Policy 4.02, Client Breastfeeding Education.

- g. Assess, assign, and document appropriate food package, per Policy 7.01, Food Package Determination and Customization, and Policy 7.03, Food Packages for Qualifying Conditions.
 - h. Follow-up with previously made referrals and offer and document new referrals to health and social services, as appropriate. (See Policy 6.02, Referrals.)
3. Mid-certification health evaluation appointments can take place in-person or virtually (using a secure telephone, audio, or video connection). If virtual, anthropometric measurements must be obtained according to Policy 2.15, Anthropometric Risk Determination. A laboratory value must be obtained if hematological data is required per Policy 2.16, Hematological Assessment for Anemia.
 4. Clients are eligible for supplemental food benefits for their entire certification period. Food benefits must not be withheld, delayed, or denied to clients who refuse or fail to participate in nutrition services appointments, including the mid-certification health evaluation. (See Policies 2.17, Certification Periods, and 8.01, Benefit Issuance.)
 5. Mid-certification income reassessment must be done only if the local agency receives information that a client's income or family size has changed. (See Policy 2.21, Mid-Certification Income Determination.)

References

USDA Memo – Guidance for Providing Quality WIC Nutrition Services during Extended Certification Periods, August 29, 2011
7 246.11(a)(2)

Cross-References

Policy 2.13 Nutrition Risk Determination
Policy 2.15 Anthropometric Risk Determination
Policy 2.16 Hematological Assessment for Anemia
Policy 2.17 Certification Periods
Policy 2.21 Mid-Certification Income Determination
Policy 5.02 Nutrition Education Contacts
Policy 5.04 Nutrition Education at Infant/Child Evaluation (IEVAL/CEVAL) Appointments
Policy 5.05 Nutrition Education Documentation
Policy 5.06 Nutrition Services for High Risk Clients
Policy 6.02 Referrals
Policy 6.03 Immunization
Policy 7.01 Food Package Determination and Customization
Policy 7.03 Food Packages for Qualifying Conditions
Policy 8.01 Benefit Issuance