

Level	Staff Qualifications
1	Everyone who works at WIC (clerk/techs and phone support staff). Successful completion of state-approved competency-based breastfeeding training that is consistent with the FNS Breastfeeding Curriculum level 1 <b>(Breastfeeding Basics for Clerks/Techs)</b>
2	Peer counselors and CPA staff. Successful completion of State-approved competency-based breastfeeding training that is consistent with the FNS Breastfeeding Curriculum levels 1-2 <b>(Breastfeeding Basics 2-day and orientation with regional lactation consultant and Milk Expression training)</b>
3	Successful completion of State-approved competency-based breastfeeding training that is consistent with the FNS Breastfeeding Curriculum levels 1-3. <b>(Level 2 requirements + LCE/CLS/CLC/IBC/CLE/CCLS)</b>
4	Lactation Consultant *Must possess current IBCLC certification issued by the International Board of Lactation Consultant Examiners.

**MATERNAL CONCERNS & CONDITIONS**

Levels \*\*\*

Topic	Subtopic	1	2	3	4	
<b>Benefits</b>	Breast Milk Benefits	1				
	Risk of Formula	1				
	WIC Benefits to Breastfeeding Families	1				
<b>Normal Newborn Behavior</b>	Feeding Cues		2			
	Stomach Size		2			
	Cluster Feedings		2			
	Growth Spurts		2			
	Feeding Frequency		2			
	Wet & Dirty Diapers		2			
	Normal Sleep Patterns		2			
	Nursing Strike		2			
	Waking a Sleepy Baby		2			
	Fussy/Crying Baby		2			
	Safe Sleep		2			
	Teething					
		Questions or concerns about breastfeeding and teething		2		
		Nipple damage			3	
<b>Support</b>	Employer		2			
	Return to Work					
		Laws, role of support, role of pumping		2		
		Pumping care plan, milk collection & storage			3	
	Partner		2			
	Grandparents		2			
	Resources		2			
	Support Group		2			
	Infant Feeding Class		2			
<b>How Milk is Made</b>	Breast changes in pregnancy		2			
	Milk Highways		2			
	Milk-Making Cells		2			
	Storage Capacity		2			
	Hormones		2			
	Role of the Baby		2			
	Supply and Demand		2			
	Colostrum		2			
	Supplementation Effects		2			
	Combination Feedings		2			

**MATERNAL CONCERNS & CONDITIONS**

Levels \*\*\*

Topic	Subtopic	1	2	3	4	
<b>Hospital Practices</b>	Quiet Hours		2			
	Visitors		2			
	Skin-to-Skin		2			
	First Hour		2			
	Delayed Procedures		2			
	No formula (unless medically necessary)		2			
	Visitors		2			
	Family Support		2			
	Rooming In		2			
	Pacifier/bottle use		2			
	Safe sleep in hospital		2			
	<b>Milk Expression</b>	Hand Expression		2		
		Reverse Pressure Softening		2		
How to use a pump			2			
Milk Storage			2			
Reasons to Pump			2			
Exclusive pumping			2			
Pumping strategies to increase milk				3		
Nipple Shield						
Education & support (After receiving training (i.e. Advanced Clinical Skills))					3	
Issuance & follow-up					4	
Flange fit			2			
Realistic expectations on amount						
Normal infant intake; general question about volume of milk			2			
Breastmilk need calculation				3		
Poor/insufficient weight gain; poor input/output				3		
Prolonged poor/ insufficient weight gain and/ or supply; failure to thrive					4	
Inducing Lactation					4	
Relactation				4		
Milk Sharing Risks and Benefits						
Support & education			2			
Risks and benefits				3		

## MATERNAL CONCERNS & CONDITIONS

Levels \*\*\*

Topic	Subtopic	1	2	3	4	
<b>Position and Latch</b>	Common Positions		2			
	How to Latch		2			
	Sandwich Hold		2			
	Dance Hold		2			
	BF After C-Section		2			
	Tandem Nursing		2			
	Positioning Issues			3		
	Disabilities					
	Connect with community resources. Offer support & education based on individual needs.			2		
	Formulate plan of care. Assess for safety.				3	
	Older babies			2		
	Large breasts			2		
	Nursing in Public			2		
<b>Nipple Conditions</b>	Sore Nipples					
	Sore nipples that can be resolved in 24 hours with support		2			
	Sore nipples, persistent nipple pain unresolved in 24 hours with support				3	
	Sore nipples/persistent nipple pain requiring physician referral: cracked and bleeding, fungal infection, vasospasm, nipple blebs.				4	
	Flat/Inverted Nipples					
	Everting with stimulation				3	
	True eversion with difficulty latching				3	
	Teething			2		
Nipple Variations				3		
Unresolved latch issues due to nipple anomalies unresolved in 24 hours with support					3	

**MATERNAL CONCERNS & CONDITIONS**

Levels \*\*\*

Topic	Subtopic	1	2	3	4	
<b>Breast Conditions</b>	Engorgement					
	Engorgement education and support		2			
	Engorgement issues not resolved in 24 hours with support			3		
	Plugged Ducts					
	Plugged ducts education and support		2			
	Plugged duct issues not resolved in 24 hours with support			3		
	Mastitis: basic symptom mgt and refer to HCP			3		
	Abscess				4	
	Skin Conditions				4	
	Insufficient Tissue				4	
<b>Low Milk Supply</b>	Breast Surgery			3		
	Breast Trauma				4	
	Perceived Low Milk Supply		2			
	Actual Low Milk Supply			3		
	Low Milk Supply not resolved in 72 hours with support				4	
	<b>Medical Conditions **</b>	Diabetes			3	4
		Thyroid Disease			3	4
		Pituitary Dysfunction			3	4
		Obesity			3	4
		BF While Pregnant		2		
Hormone Conditions				3	4	
PCOS				3	4	
Bariatric Surgery				3	4	
Chronic Illness				3	4	
HIV/AIDS				3	4	
Physical Challenges				3	4	
Medications						
		Provide information found in Hale's book or LactMed on safety & contraindications of medications while breastfeeding		2		
		Assist in development of plan of care for weaning due to medication issue			3	
		Maintaining milk production while taking contraindicated medication			3	

\*\* Anticipatory guidance of the impact of medical conditions on breastfeeding may be provided by Level 3 staff. Problem-solving provided by Level 4 staff.

\*\*\* If problem not resolved within 24-48 hours after education and support, use your professional judgement and refer to the next level up.

HCP = health care provider

## INFANT CONCERNS & CONDITIONS

Topic	Subtopic	Levels ***				
		1	2	3	4	
<b>Medical Conditions</b>	Celiac Disease				4	
	GERD				4	
	Chronic Illness				4	
	Cleft Lip/Palate				4	
	Cranial Defects				4	
	Jaundice: feed baby and refer to HCP			3	4	
	Multiples (healthy, full-term)					
	Basics support and education		2			
	Mixed feeding (supplementation);			3		
	Slow to poor weight gain; low milk supply				4	
	NAS				4	
	Neurological Problems				4	
	Thrush			3		
	<b>Food</b>	Allergies			3	
		Formula Requests	1	2	3	4
Food Intolerances				3		
Reflux				3		
Supplemental Feedings			2			
<b>Feeding</b>	Weak or ineffective suck			3		
	Introducing a Bottle		2			
	Paced Bottle Feedings		2			
	Latch difficulties ***		2	3	4	
	Pacifier Use			3	4	
	Reflux			3		
	Weaning		2			
	Provide education on how to properly wean.		2	3		
	Abrupt weaning resulting in minor engorgement or increased risk of mastitis				4	
	Abrupt weaning resulting in severe engorgement or mastitis.				4	
Client's health care provider advised her to wean (e.g., RX, HIV/AIDS DX, radiation treatment, etc.).		2	3	4		

## INFANT CONCERNS & CONDITIONS

Topic	Subtopic	Levels ***			
		1	2	3	4
<b>Weight Gain Issues ***</b>	Ankyloglossia/Tongue Tie (flag, refer to level 4 & HCP)			3	
	Normal weight gain expectations and actual periodic weight checks.		2		
	How to know if baby is getting enough			3	
	Inadequate intake			3	
	Inadequate output			3	
	Pre and Post-Feeding Weights				4
	Basics of Alternative Feeding Devices			3	
	Alternative feeding devices: short-term use			3	
	Alternative feeding devices: long-term use				4
	Underweight			3	
<b>Preterm Infant ***</b>	Feeding challenges				4
	Inadequate weight gain				4
	< 34 weeks and NICU grads				4
	Late Preterm/Early Term			3	

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