

## How to Use and Troubleshoot Your WIC Breast Pump

|  | Medela  | Ameda  | Hygeia   | Ardo  |
|--|---|--|--|---|
| <b>Multi-User</b>  | <a href="#">Symphony</a><br>A video on how to assemble and use the pump.<br><a href="#">Lactina</a><br>A video on how to assemble and use pump and accessory kit.   | <a href="#">Elite</a><br>A video on how to use and clean the pump. Includes breast milk storage guidelines.  | <a href="#">Endeare</a><br>A video on how to assemble, use and clean the pump.   | <a href="#">Calypso Pro</a><br>A video on how to use assemble and use the pump.       |
| <b>Personal Electric</b>   | <a href="#">Pump In Style with Max Flow</a><br>A 1-hour webinar on how to assemble, use, and clean this newer Medela pump.<br><a href="#">Pump in Style with Max Flow</a><br>A video on how to assemble, use and clean the pump | <a href="#">Mya Joy</a><br>A video on how to assemble, clean, and use.<br><a href="#">Mya Joy (Spanish)</a><br>A video on how to assemble, clean, and use.<br><a href="#">Purely Yours Ultra</a><br>A video on how to use the pump.<br><a href="#">Purely Yours (Spanish)</a><br>A video on how to use the pump.<br><a href="#">Finesse</a><br>A video on how to assemble, use and clean the pump. | <a href="#">Enjoye</a><br>A video on how to use the pump.<br><a href="#">Enjoye</a><br>A handout on how to use and clean your pump, along with parts included. | <a href="#">Calypso Essential</a><br>A video on how to use assemble and use the pump. |
| <b>Hand Pump</b>   | <a href="#">Harmony</a><br>A video on how to assemble and clean the pump.   | <a href="#">One-hand Manual Breast Pump</a><br>A video on how to assemble, use and clean the pump.   | Enhande  |   |
| <b>Cleaning</b>  | <a href="#">Medela: Cleaning</a><br>A video on how to clean and sanitize your pump and accessories with or without a sink.<br><a href="#">Pump in Style: Cleaning</a><br>A video on how to clean your pump after each use.      | <a href="#">Ameda: Cleaning</a><br>A video on how to clean and use your pump accessories.  | <a href="#">Hygeia: Cleaning</a><br>A video on how to clean your pump and accessories.   |   |
| CDC Guidelines on How to Keep Your Breast Pump Kit Clean <a href="#">English</a> and <a href="#">Spanish</a> |   |  |  |   |

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| <p><b>Trouble Shooting</b></p> | <p><a href="#">Pump in Style: Trouble Shooting: Low or No Suction</a><br/>A video on how to troubleshoot your pump.</p> <p><a href="#">Troubleshooting the Medela Symphony Breast Pump</a><br/>A video on how to troubleshoot your pump.</p> |  | <p><a href="#">Troubleshooting Your Hygeia Breast Pump and Accessories</a><br/>A video on how to troubleshoot your pump and accessory kit.</p> |  |
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