

Staffing and Supervision 9: Shadowing Breastfeeding Experts – Debriefing

At the conclusion of the shadowing opportunities, the peer counselor and her supervisor should have an in-person discussion about her observations. The supervisor can use the following open-ended questions to determine the peer counselor's thoughts and feelings about the activity.

1. How did you feel about participating in these shadowing opportunities?
2. How successful was shadowing in helping you better understand your role as a peer counselor?
3. What did you learn through these observations that you feel can be useful to you in counseling new mothers?
4. Review each of the encounters individually and discuss her comments. What other thoughts do you have about this particular encounter?
5. How do you feel about beginning your work counseling new mothers?
6. If you feel you would like some additional observational opportunities, what types of counseling situations would be most useful for you?