

COMPETENT PROFESSIONAL AUTHORITY (CPA)

General Description and Examples of Work

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The Competent Professional Authority (CPA) will provide nutrition services to WIC clients.

Examples of Work

1. Provide direct nutrition services to clients [See Chapter 5, Nutrition Services Policies].
 - a. Complete full nutrition, health, and breastfeeding assessment
 - i. Assess anthropometric and hematological data. (See Policies 2.15, Anthropometric Risk Determination, and 2.16, Hematological Risk Determination.)
 - ii. Determine client concerns and assign risk(s). (See Policy 2.13, Nutritional Risk Criteria.)
 - b. Provide the following: (See Policies 4.01, Local Agency Breastfeeding Responsibilities and Staff Roles, 4.02, Client Breastfeeding Education, and 5.01, Nutrition Education Overview)
 - i. WIC Program Explanation
 - ii. Nutrition education, including breastfeeding encouragement, education, and support
 - iii. Nutrition education plan
 - c. Assign food package benefits, including special formulas as needed. See Policy 7.01, Food Package Determination.
 - i. CPAs may authorize Class II formulas and request local agency RD or State Agency approval for Class III formula. (See Policy 7.03 Food Package for Qualifying Conditions.)
 - d. Make referrals to other community services. (See Policy 6.02 Referrals.)
 - e. Offer WIC RD/RDN services to all high risk clients, including clients receiving Class III formulas. (See Policy 5.06 Required Services for High Risk Clients.)
 - i. Document acceptance or declination of WIC RD/RDN services
 - ii. Provide documentation to facilitate client's continuity of care, including as part of referral and follow-up on all open and active care plans at subsequent appointments.
2. Participate in the Nutrition Education Workgroup, WIC Conference, webcasts, and trainings, to improve nutrition and program services, as appropriate.

Reference:

[USDA WIC Nutrition Services Standards \(2013\)](#)

Michigan WIC Chapter 5, Nutrition Services Policies

5.01 Nutrition Education Overview