



**Abbott**

# Similac<sup>®</sup> PM 60/40

Similac PM 60/40 is an infant formula designed for infants who would benefit from a lower mineral intake than that provided by standard formulas.

The “PM” in Similac PM 60/40 stands for “physiologic minerals.” This formula’s low mineral content is considered more “physiologic” because of its similarity to the low mineral content of human milk. The low phosphorus content is the most sought-after compositional element.

Alternatives to Similac PM 60/40 could be:

- Human milk
- Standard infant formula (used with phosphate binders)
- Renastart<sup>™</sup> from Vitaflo<sup>®</sup> (if children are over age 1)



## Similac PM 60/40: Comparison chart with key nutrients per 100 Cal

NUTRIENT	Similac PM 60/40	Term Human Milk	Similac <sup>®</sup> Advance <sup>®</sup>
Energy, Cal	100	100	100
Protein, g	2.2	1.54	2.07
Calcium, mg	56	41	78
Phosphorus, mg	28	21	42
Sodium, mg	24	26	24
Potassium, mg	80	78	105
Chloride, mg	59	62	65
Vitamin D, IU	60	3	60

*Any substitution should only be done under the recommendation and supervision of a healthcare professional.*