

Staffing and Supervision 8: Shadowing Breastfeeding Experts – Peer Counselor Log

Encounter #1	Date	Person Shadowed	Setting/Type of Encounter
<i>How did the counseling session begin?</i>			
<i>What kinds of open-ended questions were asked of the mother? How did these help the mother share information with the counselor?</i>			
<i>What kinds of affirming statements were used?</i>			
<i>What did you learn that you can use in your own counseling encounters with mothers?</i>			

Encounter #2	Date	Person Shadowed	Setting/Type of Encounter
<i>How did the counseling session begin?</i>			
<i>What kinds of open-ended questions were asked of the mother? How did these help the mother share information with the counselor?</i>			
<i>What kinds of affirming statements were used?</i>			
<i>What did you learn that you can use in your own counseling encounters with mothers?</i>			

Encounter #3	Date	Person Shadowed	Setting/Type of Encounter
<i>How did the counseling session begin?</i>			
<i>What kinds of open-ended questions were asked of the mother? How did these help the mother share information with the counselor?</i>			
<i>What kinds of affirming statements were used?</i>			
<i>What did you learn that you can use in your own counseling encounters with mothers?</i>			

Encounter #4	Date	Person Shadowed	Setting/Type of Encounter
<i>How did the counseling session begin?</i>			
<i>What kinds of open-ended questions were asked of the mother? How did these help the mother share information with the counselor?</i>			
<i>What kinds of affirming statements were used?</i>			
<i>What did you learn that you can use in your own counseling encounters with mothers?</i>			

Encounter #5	Date	Person Shadowed	Setting/Type of Encounter
<i>How did the counseling session begin?</i>			
<i>What kinds of open-ended questions were asked of the mother? How did these help the mother share information with the counselor?</i>			
<i>What kinds of affirming statements were used?</i>			
<i>What else did you learn that you can use in your counseling encounters with mothers?</i>			

Encounter #6	Date	Person Shadowed	Setting/Type of Encounter
<i>How did the counseling session begin?</i>			
<i>What kinds of open-ended questions were asked of the mother? How did these help the mother share information with the counselor?</i>			
<i>What kinds of affirming statements were used?</i>			
<i>What else did you learn that you can use in your counseling encounters with mothers?</i>			