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DEPARTMENT OF HEALTH AND HUMAN SERVICES
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M E M O R A N D U M

DATE: March 16, 2026

TO: Health Care Professionals

FROM: Christina Herring, M.Ed., Director
Michigan Women, Infants, and Children (WIC)

SUBJECT: New WIC Foods, Plus New Special Food and Formula Request Form

The WIC Special Food and Formula Request (SFFR) form has been updated to include new food options. It allows health care professionals to indicate WIC food restrictions or substitutions. The former SFFR form should no longer be used; the revised version became effective March 1.

New WIC food types and amounts also begin with clients' March benefits.

The U.S. Department of Agriculture (USDA) has made science-based updates to WIC food packages — the foods and beverages WIC provides to participants to support nutrition needs during important life stages and foster healthy growth and development. These updates may affect the foods your WIC-participating patients receive and the nutrition guidance you provide as health care professionals.

The updates align the food packages with the latest nutrition science and are designed to support equitable access to nutritious foods during critical life stages by providing:

- **More choices** to ensure participants have access to essential nutrients that support healthy growth and development.
- **Greater balance** to address key nutritional needs and support healthy dietary patterns.
- **Greater flexibility** and variety to accommodate personal and cultural food preferences and special dietary needs.
- **More support** for individual breastfeeding goals to help establish and sustain long-term breastfeeding.

Additional details on the Michigan WIC food packages can be found in the Food Package Updates and Food Package Question and Answers resources.

Visit Michigan.gov/WIC for the latest information and resources for health care providers and clients.

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