

GRETCHEN WHITMER GOVERNOR

STATE OF MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES LANSING

ELIZABETH HERTEL
DIRECTOR

Michigan Suicide Prevention Commission

November 19, 2021 10:30 AM – 12:30 PM South Grand Building – Grand Conference Room 333 S. Grand Avenue, Lansing, MI

Microsoft Teams Meeting

Conference Line: 248-509-0316 Access Code: 565-105-576#

AGENDA

- I. Call to Order Nancy Buyle
 - a. Roll Call
- II. Bylaw Amendments Nancy Buyle
 - a. Public Comment (see attached)
- III. Call for Public Comment
- IV. Review and Adopt July 2021 and September 2021 Meeting Minutes
- V. MDHHS Updates
 - a. Behavioral Health and Developmental Disabilities Administration Dr. Deb Pinals
 - b. Injury Violence Prevention Jennifer DeLaCruz/Pat Smith
 - c. Suicide Prevention Social Media Report Rachel Zaguskin
- VI. Subcommittee Workgroup Updates
 - a. Universal Screening Tool
 - b. Death Scene Investigation Form
- VII. Behavioral Health and Developmental Disabilities Administration Presentation Krista Hausermann
- VIII. Other Updates
 - a. Policy Update Corbin Standley
 - IX. Next Steps
 - a. Action Item Recap James Bell III
 - X. Public Comment
 - XI. Adjourn

Upcoming Meetings

Death Scene Investigation Form Workgroup Meeting

December 8, 2021 1:00 PM – 2:00 PM

Universal Screening Tool Workgroup Meeting

December 15, 2021 2:00 PM – 3:00 PM

Suicide Prevention Commission Meeting

January 21, 2021 10:30 AM – 12:30 PM

Please contact James Bell for additional meeting information.

November 2021 Suicide Prevention Commission Attendance Report

	Name	Present	Present (Phone)	Not Present
1	Shaun Abbey			
2	Zaneta Adams			
3	Brian Ahmedani			
4	William Beecroft			
5	Debra Brinson			
6	Nancy Buyle			
7	Adelle Cadieux			
8	Richard Copen			
9	Jessica DeJohn			
10	Sarah Derwin		X	
11	Amber Desgranges			
12	Corey Doan			
13	Kevin Frank Fischer			
14	Cathrine Frank		X	
15	John Greden			
16	Danny Hagen			
17	Cary Johnson			
18	John Joseph			
19	Laurin Jozlin			
20	Jennifer Morgan			
21	Thomas Reich			
22	Ryan Schroerlucke			
23	Barbara Smith			
24	Corbin Standley			
25	Kiran Taylor			
26	Kenneth Wolf			
	James Bell			
	Jennifer DeLaCruz			
	Debra Pinals			
	Linda Scarpetta			
	Patricia Smith			
	Orlando Todd			
	Jeff Spitzley			
	Rachel Zaguskin			



GRETCHEN WHITMER GOVERNOR

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ELIZABETH HERTEL
DIRECTOR

Michigan Suicide Prevention Commission

September 17, 2021 10:30 AM – 12:30 PM South Grand Building – Grand Conference Room 333 S. Grand Avenue, Lansing, MI

> Conference Line: 877-820-7831 Access Code: 741058

DRAFT MINUTES

I. Call to Order – Dr. Brian Ahmedani

Dr. Ahmedani called the meeting to order at 10:32 AM. The roll was taken, and a quorum of members were not present.

II. Public Comment (comments are limited to 3 minutes)

Public Comment was provided by Bob Goble, Maricela Alcala, Krista Hausermann, James Gallant, and Celeste Kanpurwala.

III. Review and Adopt July 2021 Meeting Minutes

The July 2021 Meeting Minutes were not approved due to not having a quorum.

IV. MDHHS Updates

a. Behavioral Health and Developmental Disabilities Administration – Dr. Deb Pinals

Dr. Pinals reported BHDDA has been working with stakeholder groups that are broadening to look at Crisis Stabilization Unit development. They are working with Public Sector Consultants to explore how rules have been developed in other states.

The work on 988 activities continues for planning implementation and will be shared in future Suicide Prevention Commission Meetings.

Several reports have come out recently regarding mental health distress among youth and public health workers.

b. Injury Violence Prevention – Jennifer DeLaCruz

Jennifer DeLaCruz introduced the program coordinators for the Transforming Youth Suicide Prevention Program and Preventing Suicide in Michigan Men.

Lindsay DeCamp reported the group held their Community Technical Assistance Meeting earlier in the month. There were approximately 80 participants.

Kristen Smith reported PRISM has just entered its second year of funding from the CDC. Man Therapy Michigan launched in August. There is a list of local and statewide suicide prevention resources available online. The group can be found on social media @ManTherapyMI on Twitter.

V. Suicide Prevention Month Activities

a. Prevent Block Grant/Social Media Campaign Presentation – Rachel Zaguskin Rachel Zaguskin reviewed MDHHS' the Social Media Campaign. The campaign is live on Reddit, Facebook, and Twitter. The campaigns focus are Suicide Prevention Month awareness and lethal means prevention.

VI. Michigan Suicide Prevention Community Technical Assistance Meeting Recap -Laurin Jozlin

Laurin Jozlin gave an overview of the Suicide Prevention Community Technical Assistance Meeting Breakout Session #1. The group focused on minimizing risk for suicidal behavior by promoting safe environments, resiliency, and connectedness and improving suicide prevention training and education.

VII. Subcommittee Workgroup Discussion – Rachel Zaguskin

Rachel Zaguskin provided an overview of the Suicide Prevention Commission Workgroups for the fall. Supporting documents were provided in advance of the meeting.

Suicide Prevention Commission Members signed up for the following subcommittees:

Death Scene Investigation – John Joseph, Shaun Abbey, Dan Hagen Screening Tool – Laurin Jozlin, Adelle Cadieux, Brian Ahmedani, Bill Beecroft

VIII. Other Updates

IX. Next Steps

- a. Action Item Recap James Bell III
 - i. Next month: MiCAL Presentation, Approve the July 2021 minutes
 - ii. Follow up on Analytics with Brogan
 - iii. Including Laurin's notes from CTAM
 - iv. Sign Up for Subcommittees follow up with summary for Cheryl King

X. Public Comment (time permitting)

There was no second public comment period offered during this meeting.

XI. Adjourn

The meeting was adjourned at 12:07 PM due to technical difficulties with the phone line.

Upcoming Meetings

Policy Subcommittee Meeting

October 12, 2021 1:00 PM – 2:00 PM

Suicide Prevention Commission Meeting

October 15, 2021 10:30 AM – 12:30 PM

Death Scene Investigation Form Workgroup Meeting

TBD

Universal Screening Tool Workgroup Meeting

TBD

Please contact James Bell for additional meeting information.

September 2021 Suicide Prevention Commission Attendance Report

	Name	Present	Present (Phone)	Not Present
1	Shaun Abbey		X	
2	Zaneta Adams		X (D)	
3	Brian Ahmedani	X		
4	William Beecroft	X		
5	Debra Brinson		X(D)	
6	Nancy Buyle	X		
7	Adelle Cadieux	X		
8	Richard Copen			X
9	Jessica DeJohn	X		
10	Sarah Derwin			
11	Amber Desgranges		X	
12	Corey Doan			X
13	Kevin Frank Fischer		X	
14	Cathrine Frank			X
15	John Greden			X
16	Danny Hagen		X	
17	Cary Johnson			X
18	John Joseph	X		
19	Laurin Jozlin	X		
20	Jennifer Morgan			X
21	Thomas Reich			X
22	Ryan Schroerlucke			X
23	Barbara Smith			X
24	Corbin Standley	X		
25	Kiran Taylor		X	
26	Kenneth Wolf		X	
	James Bell	X		
	Jennifer DeLaCruz		X	
	Debra Pinals		X	
	Linda Scarpetta		12	
	Patricia Smith			X
	Orlando Todd			X
	Jeff Spitzley			X
	Rachel Zaguskin		X	
			11	



GRETCHEN WHITMER GOVERNOR

STATE OF MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES LANSING

ELIZABETH HERTEL
DIRECTOR

Michigan Suicide Prevention Commission

July 16, 2021 10:30 AM – 11:30 AM South Grand Building – Grand Conference Room 333 S. Grand Avenue, Lansing, MI

> Conference Line: 248-509-0316 Access Code: 565105576#

MINUTES

I. Call to Order – Nancy Buyle

a. Roll Call

Nancy Buyle called the meeting to order at 10:32 AM. The roll was taken, and a quorum of members were present.

- b. Virtual Decorum
- II. Public Comment (comments are limited to 3 minutes)

Public comment was provided by Robert Goble and James Gallant.

III. Review and Adopt May 2021 Meeting Minutes

The May 2021 minutes needed to be updated to reflect "MINUTES" on the top of the page.

Shaun Abbey motioned to approve May 2021 Suicide Prevention Commission Meeting Minutes with amendments. John Joseph seconded the motion. The motion was unanimously approved.

IV. MDHHS Updates

a. Behavioral Health and Developmental Disabilities Administration – Dr. Deb Pinals

According to the CDC's Household Pulse Survey, 30-40% of Michigan residents report being impacted by anxiety and depression. BHDDA continues to work on

the StayWell initiative. The state has received federal funding to support individuals who need additional crisis counseling. The MiCAL work continues, as it has gone live in Oakland County and the Upper Peninsula.

- b. Injury Violence Prevention Jennifer DeLaCruz/Pat Smith Injury and Violence Prevention is partnering with BHDDA on 988 implementation. There is additional interest in using geo-coding for Lifeline calls, to identify where calls originate from and individuals getting routed back to the state where the caller is located.
- c. Prevention Block Grant Rachel Zaguskin The objective of the Block Grant activity is to educate Michiganders about suicide and suicide prevention, specific to lethal means storage. The target audience is male, 20-50 years old. This will run from September 5 to September 11, to align with Suicide Prevention Week.

V. Governor's Challenge on Suicide Prevention Update – Julie Cortright

Director Zaneta Adams (MVAA) and Julie Cortright (MVAA) provided an update on the 2021 Michigan Governor's Challenge Initiative. Some of the key efforts and focus include:

- Reducing suicide among service members, veterans and their families;
- Increasing access to services and support;
- Expanding state-wide capacity to engage SMVF in public and private services;
- Enhancing provider and SMVF peer practices

The full presentation can be found here.

VI. Post Suicide Prevention Workgroup Discussion – Barb Smith/Lindsey DeCamp

Barb Smith and Lindsey DeCamp (DHHS) gave an overview of Postvention Activity in Michigan. As part of TYSP-Mi3's goal to assess suicide prevention services across the state, the group sent an online survey to each county's suicide prevention leader to try to better understand their postvention resources and needs.

The full presentation can be found <u>here</u>.

VII. Other Updates

No additional updates provided.

VIII. Next Steps

a. Action Item Recap – James Bell III
 No action items were recorded during this meeting.

IX. Public Comment (time permitting)

A second public comment was not held due to a lack of time.

X. Adjourn

Dan Hagen motioned to adjourn the meeting. Barb Smith seconded the motion. The motion was carried unanimously.

The July Suicide Prevention Commission Meeting adjourned at 11:35 AM.

Upcoming Meetings

Suicide Prevention Commission Meeting

September 17, 2021 10:30 AM – 12:30 PM

Please contact James Bell for additional meeting information.



July 2021 Suicide Prevention Commission Attendance Report

	Name	Present	Not Present
1	Shaun Abbey	X	
2	Zaneta Adams	X	
3	Brian Ahmedani	X	
4	William Beecroft	X	
5	Debra Brinson		X
6	Nancy Buyle	X	
7	Adelle Cadieux		X
8	Richard Copen		X
9	Jessica DeJohn	X	
10	Sarah Derwin	X	
11	Amber Desgranges		X
12	Corey Doan		X
13	Kevin Frank Fischer	X	
14	Cathrine Frank		
15	John Greden	X	
16	Danny Hagen	X	
17	Cary Johnson		
18	John Joseph	X	
19	Laurin Jozlin	X	
20	Jennifer Morgan		
21	Thomas Reich		
22	Ryan Schroerlucke	X	
23	Barbara Smith	X	
24	Corbin Standley		
25	Kiran Taylor	X	
26	Kenneth Wolf	X	
	James Bell	X	
	Jennifer DeLaCruz	X	
	Debra Pinals	X	
	Linda Scarpetta		
	Patricia Smith	X	
	Orlando Todd		
	Jeff Spitzley		
	Rachel Zaguskin	X	

9-8-8 Implementation Plan for Michigan 9-8-8 Planning Grants Thursday, September 30, 2021

Dear Readers,

The following draft implementation plan is a guide to the implementation of 9-8-8 (a suicide and crisis counseling hotline) in Michigan. This plan was submitted on September 30, 2021 for review and is awaiting feedback from Vibrant and SAMHSA. Changes from these partners are forthcoming; therefore, the **final version is expected to be available January 30, 2022**.

If you have feedback or questions, contact us at MPCIP-support@mphi.org. You may also contact the 9-8-8 Program Manager, Krista Hausermann, at khausermann@michigan.gov, or Pat Smith, at psmith40@michigan.gov.

Thank you,

The 9-8-8 Implementation Team

9-8-8 Implementation Plan for Michigan

9-8-8 Planning Grants

Thursday, September 30, 2021

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Grantee Agency, Contacts, and Lifeline Centers

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Grantee: Michigan Department of Health and Human Services

9-8-8 Grant Primary Contact: Krista Hausermann Email: khausermann@michigan.gov

Backup 9-8-8 Grant Contact: Pat Smith Email: psmith40@michigan.gov

List the Key Grant Staff:

Project Director: Jon Villasurda, MDHHS

- Project Manager: Krista Hausermann, MDHHS
- Suicide Prevention Liaison: Pat Smith, MDHHS
- Project Facilitators: Amanda Menzies, Rachel Kuntzsch, and Alyssa Smith (Public Sector Consultants contracted with MDHHS)
- Project Coordinators: Chris Wojcik and Jordan Royster (Michigan Public Health Institute contracted with MDHHS)

Number of Current Lifeline Centers in the State/Territory:

- Active: 7
- Onboarding (in the application process): 0

Any changes in Lifeline centers? Yes

• If yes, please explain: At the time of the grant application, Michigan had 6 NSPL affiliates and was in the planning stages of standing up a seventh center, Michigan Crisis and Access Line (MiCAL), which will be the statewide center offering primary coverage where there is currently no NSPL coverage and secondary coverage in other areas. Common Ground, which is also a Michigan NSPL affiliate, staffs MiCAL as well as their own NSPL line.

Overall Background and Context

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The National Suicide Prevention Lifeline and 9-8-8

The National Suicide Prevention Lifeline is a 24/7 toll-free hotline for suicide prevention and mental health crisis. It is made up of a network of independently operated and funded local call centers (180+) across all 50 states. In October 2020, federal legislation designated 988 as the three-digit dialing code for the Lifeline. In July 2022, 988 will become the national three-digit dialing code for the National Suicide Prevention Lifeline, linked to the current phone number of 1-800-283-TALK (8255).

The following implementation plan was developed to guide implementation of 9-8-8 in Michigan and to act as a communication tool to stakeholders across the state. The 9-8-8 Planning Team and 9-8-8 Stakeholder Coalition spent seven months analyzing the current system, collaborating with stakeholders and partners, and preparing a strategy that fits Michigan's context and needs. After the plan is submitted on September 30, 2021, it will be reviewed by Vibrant and SAMHSA. Once the feedback is received, MDHHS will work with the 9-8-8 call centers in the state and other stakeholders as appropriate to refine the plan before submitting a final version at the end of January 2022.

This plan is based on the information available at this time. We fully expect changes to the plan given that SAMHSA and Vibrant are still finalizing 988 requirements. In addition, there are significant national and state-level changes taking place in the behavioral health system.

Michigan's Current Behavioral Health Crisis System

Michigan's crisis services system is defined by provisions set forth in the state's Mental Health Code and Medicaid program. The Mental Health Code, codified in 1974, established a framework for community-based behavioral health services, including the assurance of a crisis services safety net for all Michiganders. This includes 24/7/365 crisis stabilization and response services for people experiencing acute emotional, behavioral, or social dysfunctions. Financing of these services was largely a state and/or local requirement. Medicaid has since become the predominant payer for crisis services, but state/local and other federal funding plays a critical role in ensuring those without Medicaid are supported by the safety net.

To effectuate crisis services under the Mental Health Code and Medicaid requirements, MDHHS contracts with 10 Medicaid Prepaid Inpatient Health Plans (PIHPs) and 46 Community Mental Health Services Programs (CMHSPs). Collectively, these entities utilize a blend of federal, state, and local funding to ensure crisis services are provided to all Michigan's 83 counties. The contracts also recommend standards for contact center staffing and service requirements. It is important to note that except for Medicaid, there is no specific line-item funding or prescribed crisis services supported by state/local funds (aside from the 24/7/365 requirement). Michigan's goal is to build on its foundation and develop a more uniform crisis services system for all Michiganders through the expansion of crisis line support, mobile crisis, and crisis stabilization and receiving units.

Crisis Lines

There are three primary categories of crisis lines in Michigan related to mental health crisis and/or suicide prevention: CMHSP crisis lines, regional crisis lines, and Michigan Crisis and Access Line (MiCAL). Altogether there are more than 50 crisis lines. Having many lines with each offering its own unique array of services can be confusing for a person in crisis.

CMHSP Crisis Lines: Each of Michigan's 46 CMHSPs has a crisis contact line, although there is significant variability in the purpose and operations of these lines. Many of the lines serve as an access line and administration line during the day. Some serve as warmlines, whereas some are only for situations where people might be at risk of hurting themselves or others. Some lines provide support for people with any type of payer while some focus on serving people who have Medicaid or are underinsured. Two CMHSPs accept NSPL calls, the other forty-four CMHSPs do not. Most CMHSPs forward their crisis line to a contracted entity afterhours and on weekends.

Regional crisis lines: There are six independent regional crisis lines that provide NSPL coverage for much of the state and have done so for many years. Historically, these lines have been self-sustaining and have had no formal contractual or legal relationship with the State for the purpose of answering NSPL calls. As NSPL centers, they all have formal agreements with Vibrant. All provide other services in addition to staffing crisis lines. Two are run by CMHSPs. Three of them provide afterhours coverage for CMSHPs. In 2019, prior to the announcement that the NSPL number would become 9-8-8, five of the entities offering NSPL coverage partnered with MDHHS to pursue a two-year SAMHSA grant to expand NSPL coverage in Michigan until the statewide crisis line could be implemented.

Michigan Crisis and Access Line (MiCAL): In 2018, the Michigan Legislature's House of Representative's CARES Task Force recommended the creation of a statewide crisis and access line to help all Michiganders have access to crisis support and behavioral health care. The Legislature funded this crisis line, called the Michigan Crisis and Access Line (MiCAL) in 2018 and codified it into law in January 2020. MiCAL will be a statewide line that accepts NSPL/ 9-8-8 calls, texts, and chats. Common Ground, a long-time Lifeline Affiliate and crisis services hub, was chosen as the MiCAL staffing vendor through an extensive RFP process in November of 2020. The law also requires the development of a customer relationship management system to house MiCAL and other MDHHS internal business processes. Until the establishment and implementation of MiCAL, the State of Michigan had no formal role in providing National Suicide Prevention Lifeline (NSPL) coverage in Michigan.

MiCAL, which went live in April 2021 in two pilot regions, will provide statewide crisis triage, support, information, and referral for all Michiganders, providing support through phone, text, chat, warmhandoffs, and follow-up services. MiCAL is based on the SAMHSA air traffic control model. Through coordination with PIHPs and CMHSPs, it activates face-to-face crisis intervention through mobile crisis services, pre-admission screening, and other crisis stabilization services. MiCAL is currently integrating with 211 and MiCARE (OpenBeds) to develop a comprehensive resource directory to help facilitate optimal care coordination. MiCARE houses Michigan's legislatively mandated psychiatric bed registry.

Suicide Prevention and Early Intervention

In addition to providing state support and resources to promote 24/7 crisis access, MDHHS provides suicide prevention-related education, training, primary prevention, early identification, and intervention activities. Through federal grants, MDHHS also provides community technical assistance via the SAMHSA youth suicide prevention grant and the recently awarded CDC-funded adult suicide prevention grant. The state's current suicide prevention plan, which was adopted in 2005, includes a broad objective related to crisis services: "...increase the number of communities promoting the awareness and utilization of 24-hour crisis intervention services that provide a full range of crisis and referral services. These services may be locally based or linked to the national hotline." An update of the state plan was completed by the Suicide Prevention Commission and their recommendations were released in March 2021. Available here: Suicide Prevention Commission Initial Report. The findings of this report informed the development of the implementation plan.

Future Direction of the Behavioral Health Crisis System

MDHHS is in the process of expanding community-based crisis services for all Michiganders based on SAMHSA's National Guidelines for Crisis Services with the focus on a three-component system: centralized crisis line, mobile crisis, and crisis stabilization units. As mentioned earlier, MiCAL will fill the role of the centralized crisis and access line per PA 12 of 2020. The Michigan Legislature codified crisis stabilization units into law in December 2020 through PA 402 of 2020, charging MDHHS to certify these units. MDHHS has an engaged Public Sector Consultants to develop Michigan specific models for CSUs and adult mobile crisis that will work across Michigan's diverse geographic and cultural landscape. MDHHS has contracted with other consultants to focus on children's mobile crisis. Collaboration with MiCAL and 9-8-8 will be a requirement of these models. Capacity assessment and financing for these services as a public good is also part of the model development.

Statement of Purpose for the 9-8-8 Implementation Plan

The 9-8-8 Stakeholder Coalition approved the following statement of shared commitment. The coalition is committed to developing a plan for 9-8-8 implementation that:

- Offers a lifesaving first response in the behavioral health and suicide prevention continuum of care as a public good.
- Provides 24/7 culturally responsive services to all Michiganders.
- Is people-focused, data-driven, evidence-based, and sustainable.

Top state/territory priorities for change to prepare for 9-8-8 rollout in July 2022

- <u>Priority #1</u>: Build capacity and coordinate coverage across Michigan to achieve at least 80% instate answer rate.
- <u>Priority #2</u>: Prepare for the unified technology platform by identifying necessary features, possible barriers, and solutions for the intermediate time prior rollout.
- <u>Priority #3</u>: Identify Operations Workgroup members to attend the ongoing meetings to continue planning and supporting the rollout of 9-8-8, as well as ensuring equitable and standardized operations.

Monitoring for Success

A description of key metrics to be monitored on an ongoing basis by the state's 9-8-8 call centers to ensure the call center system is working for the state is provided in the Performance Measurement and Quality Assurance section following the plan.

Key Staff

Throughout the 9-8-8 implementation plan, the lead and partner for each action step and goals is indicated. A summary of the referenced individuals and groups is offered here:

- 1) The Michigan Department of Health and Human Services (MDHHS) team is comprised of Krista Hausermann, Strategic Initiative Specialist; Pat Smith, Violence Prevention Program Coordinator; Rachel Zaguskin, Public Health Consultant; and Jon Villasurda, State Assistant Administrator.
- 2) The Operations Workgroup is made up of all six regional call centers, MiCAL, and other necessary and relevant stakeholders. The additional stakeholders invited to meeting will include representatives from 9-1-1 PSAPs, individuals with lived experiences, and other subject expertise, depending on the topic of the meeting. The individual staff and position level have not been identified at this time. An action step of the implementation plan is to identify who would be most appropriate to attend and extend an invite to that individual.

- 3) Public Sector Consultants (PSC) will include Amanda Menzies, Vice President and Scott Dzurka, Vice President.
- 4) Michigan Public Health Institute (MPHI) will include Chris Wojcik, Associate Director, and a Project Assistant.
- 5) Vibrant is the vendor of 9-8-8 and will identify the most appropriate individual to fill the needed task.



Core Area 1: Ensure Statewide 24/7 Coverage for 9-8-8 Calls, Chats, and Texts

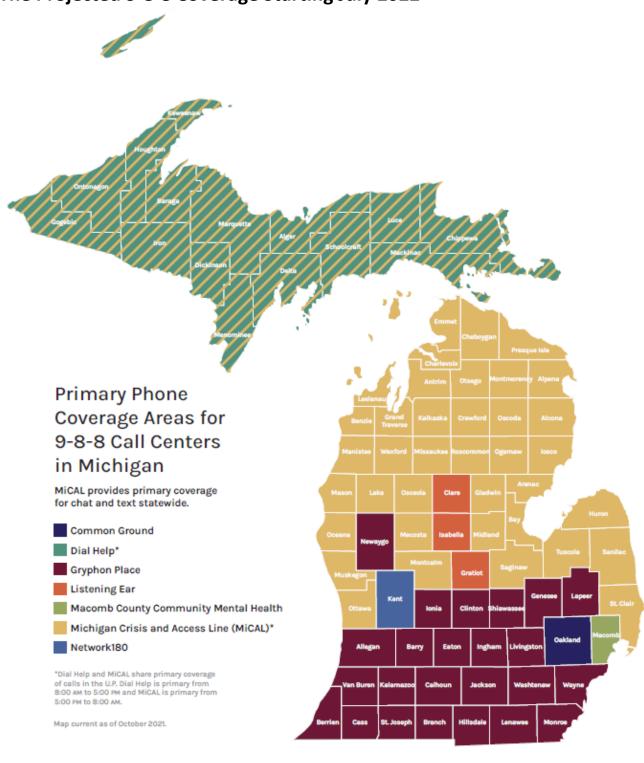
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Background: Current Situation, Gaps, Progress, and Proposed Approach: Statewide Coverage for 9-8-8 Contacts

Michigan has one statewide call center and six regional call centers for a total of seven call centers. MiCAL will serve as a statewide 9-8-8 call center and will be the primary provider for any geographical locations not covered by other call centers and fill in any other service gaps, such as chats and texts or call coverage for certain times of the day. Additionally, MiCAL will offer secondary coverage to all geographical locations in Michigan. To ensure similarity of services across Michigan, the 9-8-8 plan includes coordination and standardization among the seven call centers. The coalition believes this is a critical element to Michigan's model.

As announced in the 9-8-8 Community of Practice Session 15, Vibrant is developing a national unified technology platform (UTP) that will be available to all participating 9-8-8 call centers. The MDHHS Planning Team's understanding is that Vibrant will require 9-8-8 centers to utilize or integrate with this platform. The state of Michigan will highly encourage this. Michigan will use this platform as a coordination tool for care management coordination, and follow-up. Michigan call centers will utilize this resource to coordinate care across centers. This will hopefully unify the local referral resource list, coordinate data collection and tracking, and streamline care management for callers.

The Projected 9-8-8 Coverage Starting July 2022



Center Name	Q30. Lifeline Chat?	Q31. 24/7 Lifeline Chat?	Q32. Days/Hours of Lifeline Chat	Q33. Non- Lifeline Chat?	Q34. Non- Lifeline Text?
Michigan Crisis and Access Line	No	No		Yes	Yes
Common Ground	Yes	No	Every day 6 pm to 2 am	Yes	Yes
Dial Help	No	N/A	N/A	Yes	Yes
Gryphon Place	No	N/A	N/A	No	No
Listening Ear	No	N/A	N/A	No	No
Macomb County Community Mental Health	No	N/A	N/A	No	No
Network 180	No	N/A	N/A	No	No

Texts and chats: Vibrant is requiring states to have capacity to handle at least 50% of year one 9-8-8 chat/text projections (32,050 chats and 1,850 texts in Michigan).

Current state: Crisis text and chat is currently available in limited areas in the state. Lifeline chat services are provided by Common Ground. There is not Lifeline text coverage currently. MiCAL accepts chats and texts for the Michigan Crisis and Access Line phone number. There are limited places nationally that cover chat and text for the NSPL. For NSPL texts and chats, Michigan's current capacity is limited to Common Ground accepting Lifeline chats.

Future Plans: Michigan plans to expand Lifeline chat and text with other call centers when the UTP is released in 2023. MiCAL will provide 24/7 support for text and chat statewide through its' CRM once it is fully implemented in fall 2022. MiCAL staff will explore technological options to answer 988 texts and chats with Vibrant prior to integrating with Vibrant's UTP to help provide instate coverage. When it is technologically possible, MiCAL will provide primary or secondary coverage for 988 texts and 988 chats based on coverage offered by the other Michigan centers. Many regional call centers plan to provide text and chat support in their regions once they have access to the 9-8-8 UTP. Staff will require training to provide this service. If regional call centers are expected to fund this training, this may limit the number of centers able to participate. Once information regarding technological requirements, training standards, costs, and total texting volume is known, additional plans will be made as needed.

Core Area 1: Statewide Coverage for 9-8-8 Contacts

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 1.1a: By July 2022, we will have statewide 24/7 primary and secondary call coverage provided by in-state Lifeline crisis centers for Lifeline/9-8-8 calls and a plan for areas of the state where there is no secondary coverage.

Personnel/Partners: MDHHS Planning Team, MiCAL, and all six regional call centers.

Goal 1.1a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Reach out to each center and establish which counties they	June 2021	September	Lead: MDHHS Planning Team
will cover for 9-8-8 calls and the hours of operation.		2021	Partners: MiCAL and regional call centers
Coordinate with MiCAL to establish 9-8-8 call presence in	August 2021	July 2022	Lead: MiCAL and MDHHS Planning Team
counties not covered by regional call center.			
Work with MiCAL to provide secondary call coverage in the	September	July 2022	Lead: MiCAL and MDHHS Planning Team
counties where regional call centers have primary coverage.	2021		
Keep consistent communication lines open with regional call	October 2021	N/A	Lead: MiCAL
center to adapt coverage model as needed.			Partners: Regional call centers
Identify areas where there is no secondary call coverage and	September	October 2021	Lead: MDHHS
plan to ensure calls are answered.	2021		Partners: Regional Call Centers
Discuss the status of 9-8-8 call coverage at Operations	October 2021	July 2022	Lead: Regional Call Centers and MiCAL
Workgroup meetings and adapt plan as needed.			Partners: MPHI; MDHHS, 9-8-8 Coalition

Please rate how certain	you are that you can accomp	lish this goal by the deadline	you have indicated by o	clicking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Goal 1.1b By October 2022, we will have statewide 24/7 **text and chat** coverage provided by in-state Lifeline crisis centers. **Personnel/Partners:** MDHHS Planning Team, Michigan Crisis and Access Line (MiCAL), and all six regional call centers.

Goal 1.1b Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Consult with Vibrant on the technical requirements to	September	October 2021	Lead: MDHHS Planning Team
provide 988 text and chat prior to the operation of the UTP.	2021		
Reach out to each center to establish which counties they	June 2021	September	Lead: MDHHS Planning Team
will cover for 9-8-8 text and chat and the hours of operation.		2021	Partners: MiCAL and regional call centers

Action Steps	Start Date	Due Date	Lead and Partners
Coordinate with MiCAL to establish 9-8-8 text and chat	August 2021	July 2022	Lead: MiCAL and MDHHS Planning Team
presence in counties not covered by regional call centers.			
Work with MiCAL to provide secondary text and chat	September	October 2022	Lead: MiCAL and MDHHS Planning Team
coverage in the counties where regional call centers have	2021		
primary coverage.			
Keep consistent communication lines open with regional call	October 2021	N/A	Lead: MiCAL
center to adapt text and chat coverage model as needed.			Partners: Regional call centers
Discuss the status of 9-8-8 text and chat coverage at	October 2021	July 2022	Lead: Regional Call Centers and MiCAL
Operations Workgroup meetings and adapt plan as needed.			Partners: MPHI; MDHHS, 9-8-8 Coalition

Please rate how certain	you are that you can accomp	olish this goal by the deadline	you have indicated by cli	cking on one of the boxes below.			
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain			
		\boxtimes					
Core Area 1: Statewide Coverage for 9-8-8 Contacts							
Phase 2 Goals and Action Steps: One Year Post-Launch (July 1, 2022 – June 30, 2023)							

Goal 1.2a: By the end of 2023, we will have accomplished a coordinated and standardized 9-8-8 system in Michigan. **Personnel/Partners:** Michigan Crisis and Access Line (MiCAL) and all six regional call centers.

Goal 1.2a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Establish consensus around the standards that all centers	July 2022	N/A	Lead: MiCAL and MDHHS Planning Team
will work towards in Michigan.			
Explore the integration or adoption of the UTP in all call	July 2022	Unknown	Lead: MiCAL and MDHHS Planning Team
centers.			Partners: Vibrant

Please rate how certain yo	ou are that you can accompl	lish this goal by the deadline	you have indicated by c	licking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain
		\boxtimes		

Goal 1.2b: By the end of 2023, we will have explored additional options for accessing and utilizing 9-8-8. Personnel/Partners: Michigan Crisis and Access Line (MiCAL) and all six regional call centers.

Goal 1.2b Action Steps

Ac	tion Steps	Start Date	Due Date	Lead and Partners
Explore the possibility of	of adding video conferencing	January 2023	Unknown	Lead: MiCAL and MDHHS Planning Team
options for 9-8-8 conta	cts.			Partners: Vibrant
Please rate how certain you are that you can accomplish this goal by the deadline you have indicated by clicking on one of the boxes bel				
Not at all certain	Somewhat certain	Moderately certa	in Very ce	ertain Completely certain
		\boxtimes		

Core Area 2: Secure Adequate, Diversified, and Sustained Funding Streams for Lifeline Member Centers

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Background: Current Situation, Gaps, Progress, and Proposed Approach: Adequate and Diversified Funding

Current situation: In December of 2018, the Michigan Legislature established and provided funding for MiCAL, which was codified into law in January of 2020 through PA 12 of 2020. The purpose of MiCAL closely mirrors the requirements for 9-8-8 except that MiCAL also supports people experiencing crises due to substance use disorders and will eventually provide afterhours crisis coverage for most CMHSPs. MiCAL is fully funded for the next fiscal year (October 1, 2021 through September 30, 2022) to provide statewide crisis and warmline coverage and will be funded on an ongoing basis through state general fund and Medicaid dollars. The six regional NSPL centers, which have not historically received state funding for responsibilities related to their role as Lifeline affiliates but have contracted directly with Vibrant and self-funded their NSPL coverage, also plan to continue accepting NSPL/9-8-8 calls with existing funding sources. Five of the regional NSPL centers have capacity-building grants from SAMHSA through the first part of 2022 to support readiness to meet increased 9-8-8 call volume. Thus, there is no immediate need to identify or seek additional funding for NSPL/9-8-8 calls.

MDHHS based projected call volume for next year on a formula using Michigan data from NSPL, CMHSP crisis lines and the Michigan Warmline, utilizing other states' call volume for comparative values, with an estimated increase of 20% due to 988. The Erlang Calculator was used to translate call volume into a staffing plan and budget. Any funding gaps will be due to 9-8-8 call volume exceeding projections.

Future Plans: MDHHS intends to develop a comprehensive funding plan for three key crisis services: Crisis line, mobile crisis, and crisis stabilization units. MDHHS, through a contractual relationship with Public Sector Consultants, is developing models for mobile crisis and CSUs. Part of this work is assessing capacity needs, funding needs, and potential funding streams (i.e., a 9-8-8 surcharge, enhanced match for mobile crisis, and Mental Health Block Grant dollars). As part of this plan MDHHS is exploring the most efficient and effective ways to provide and fund crisis services for Michiganders. For example, based on information from Vibrant, a single call center model brings with it significant cost and workforce savings.

Core Area 2: Adequate and Diversified Funding for Lifeline Centers

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 2.1a: By July 2022 in Phase 1, an annual assessment process will be developed to ensure MiCAL has adequate funds to meet increasing 9-8-8 call volume.

Personnel/Partners: MDHHS Behavioral Health and Developmental Disabilities Administration and MiCAL staffing vendor

Goal 2.1a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Develop annual assessment process for staffing needs based on call	October 2021	February 2022	Lead: MDHHS BHDDA
volume.			Partners: MiCAL
Conduct annual assessment of call volume and staffing needs (occur	March 2022	April 2022	Lead: MDHHS BHDDA
every year).			Partners: MiCAL
Identify potential additional funding sources for future increased need.	September 2021	February 2022	Lead: MDHHS BHDDA
			Partners: PSC

Please rate how certain	you are that you can accomp	olish this goal by the deadline	you have indicated by cl	licking on one of the boxes below.		
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain		
Core Area 2: Adequate and Diversified Funding for Lifeline Centers Phase 2 Goals and Action Steps: One Year Post-Launch (July 1, 2022 – June 30, 2023)						

Goal 2.2a: An annual assessment will be conducted to ensure MiCAL has adequate funds to meet increasing 9-8-8 call volume.

Personnel/Partners: MDHHS, MiCAL, and PSC

Goal 2.2a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Conduct annual assessment of call volume and	March 2023	Ongoing	Lead: MDHHS BHDDA
staffing needs.			Partners: MiCAL
Identify potential additional funding sources for	September 2022	February 2023	Lead: MDHHS BHDDA
future increased need.			Partners: PSC
Assess funding needs that may result from diverting	September 2022	February 2023	Lead: MDHHS BHDDA
9-1-1 calls to 9-8-8			Partners: PSC, 9-1-1

Please rate how certain	you are that you can accompl	ish this goal by the deadline	you have indicated by o	licking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Core Area 3: Expand and Sustain Centers' Capacity to Maintain Target In-State Answer Rates for Current and Projected Call, Text, and Chat Volume

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Background: Current Situation, Gaps, Progress, and Proposed Approach: Capacity for Target Answer Rates

Background: Michigan's statewide call volume during the January-March 2021 quarter was 10,893 calls. Michigan's in-state answer rate during that period was 79.98% of calls in-state. MiCAL began rolling out across Michigan in May 2021. Thus, while Michigan is just below the mark of 80% (a milestone set by Vibrant) MiCAL's rollout is focusing on regions with no primary coverage. The 80% in-state answer rate will be achieved soon if it has not already. The five counties with the lowest in-state answer rates are: Oakland (70%), Muskegon (74%), Shiawassee (74%), Montcalm (74%), and Branch (74%). The 9-8-8 Stakeholder Coalition underscored the need to ensure adequate capacity, so callers are not put on hold when they are experiencing a crisis.

Proposed Approach: Michigan's regional centers have identified areas for which they would like to provide primary call coverage. MiCAL will function as Michigan's safety net for 9-8-8, providing secondary coverage in areas covered by other centers and primary coverage for uncovered areas. All participating 9-8-8 call centers in Michigan are requested to provide two months' notice to Vibrant and the other call centers if they are changing their service offerings to support transition planning, thereby reducing negative impact on Michigan callers, chatters, and texters. Special technology is needed to answer 988 chats and texts which will be provided through Vibrant's UTP, slated to be rolled out in 2023. Once Michigan call centers have adopted this platform, they will have the technology needed to answer chats and texts. In the meantime, Michigan's 988 Planning Team will work with Vibrant to understand the current technical requirements for answering 988 texts and chats and if it is possible for MiCAL to meet those requirements prior to the UTP being released. All Michigan call centers offering text and chat services will work together to monitor demand and optimize performance. Vibrant states that it takes three to four times longer to support a texter or chatter. It also takes special training. Each regional call center will develop its own plan for capacity building as each call center is unique regarding the demographics served and the other lines of business performed.

Core Area 3: Capacity for Target In-State/Territory Answer Rates

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 3.1a: By July 2022, Michigan will have achieved and maintained an 80% or higher in-state answer rate for Lifeline calls (projected by NSPL to be 95,300).

Personnel/Partners: MiCAL, regional call centers, and MDHHS Planning Team.

Goal 3.1a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Monitor in-state answer rate and review model at the	January 2022	Ongoing	Lead: Regional call centers and MiCAL
Operations Workgroup meetings.			

Please rate how certain	you are that you can accomp	olish this goal by the deadline	you have indicated by cl	icking on one of the boxes below.	
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain	
Core Area 3: Capacity	for Target In-State/Territory A	Answer Rates			
Phase 2 Goals and Action Steps: One Year Post-Launch (July 1, 2022 – June 30, 2023)					

Goal 3.2a: By July 2022, Michigan will have achieved and maintained a 90% or higher in-state answer rate for Lifeline/9-8-8 calls.

Personnel/Partners: MiCAL and regional call centers

Goal 3.2a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
If needed, the Operations Workgroup will create a	July 2023	Ongoing	Lead: Regional call centers and MiCAL
plan to sustain 90% in-state answer rate.			

Please rate how certain	you are that you can accomp	lish this goal by the deadline	you have indicated by	clicking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Core Area 4: Support Crisis Centers in Meeting Lifeline's Operational Standards, Requirements, and Performance Metrics

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Background: Current Situation, Gaps, Progress, and Proposed Approach: Lifeline Standards and Requirements

Current Situation: The six regional call centers and MiCAL have committed to developing common standards, using the 9-8-8 requirements as a baseline. The MDHHS 9-8-8 Planning Team reviewed the published operational, clinical, and performance standards. However, this discussion raised many questions regarding training, costs, accreditation similarities and differences, and more. Each call center has their own training curriculum and requirements. Some of the call centers' training is proprietary and cannot be shared. Individuals with lived experience noted that this was problematic because when a person in crisis calls the care delivered may be inconsistent. Therefore, the MDHHS Planning team is working with all call centers to identify the necessary training areas and encouraging each center to support training on the topic.

Proposed Approach: Per the 9-8-8 community of practice sessions on clinical and operational standards, Vibrant is likely to publish new guidance on call center training requirements and other protocols in the coming months. Once the operational, clinical, and performance standards are finalized and made available, the Operations Workgroup will create a plan to support the alignment of all call centers with Lifeline's key clinical standards. The 9-8-8 Stakeholder Coalition and the Capacity and Coordination sub-group emphasized the need for training for call center operators and supervisors to ensure consistent, high-quality experiences for people who reach out to 9-8-8 for support. They also noted the need to provide support to call center operators due to the risk of secondary trauma from their interactions with callers in crisis. Michigan call centers will explore the possibility of adopting the UTP being developed by Vibrant (or develop an API to integrate their existing system with the UTP). When more information on the platform is released, the stakeholder group will discuss timelines, building APIs or adopting the platform all together, and integrating with other services the call centers provide. Currently, four of the six regional centers use iCarol and two call centers use internally built and managed databases. Additionally, MiCAL uses a customized platform built in Salesforce software.

Performance measurement and quality assurance is a separate section at the end of the implementation plan.

Core Area 4: Lifeline Standards and Requirements

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 4.1a: Review all published materials and identify questions to ask Vibrant by January 2022.

Personnel/Partners: MDHHS Planning Team, MiCAL, and regional call centers

Goal 4.1a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Review all currently available materials on the operational,	July 2021	July 2021	Lead: MDHHS Planning Team
clinical, and performance standards.			Partners: Regional call centers and MiCAL
Analyze accreditation organizations' standards to pinpoint	August 2021	January 2022	Lead: MDHHS Planning Team
similarities and differences in Michigan's service model.			Partners: Regional call centers and MiCAL
Submit questions and points needing clarification to Vibrant	July 2021	Ongoing	Lead: MDHHS Planning Team and Vibrant
regarding operational, clinical, and performance standards.			

Please rate how certain	you are that you can accomp	lish this goal by the deadline	you have indicated by cl	icking on one of the boxes below.		
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain		
Core Area 4: Lifeline Standards and Requirements						
Phase 2 Goals and Action Steps: One Year Post-Launch (July 1, 2022 – June 30, 2023)						
		11. Cantal I				

Goal 4.2a: By July 2023, develop a plan to monitor the quality of Michigan's crisis system, provide support for maintaining high standards, and increase quality for specific populations.

Personnel/Partners: MiCAL and the six regional call centers

Goal 4.2a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Review new materials published by Vibrant.	Unknown		Lead: Regional call centers and MiCAL
Create and implement plan for alignment and standardization.	Unknown		Lead: Regional call centers and MiCAL
Engage target populations to identify ways to improve services.	July 2022	2025	Lead: Regional call centers and MiCAL

Please rate how certain	you are that you can accompl	lish this goal by the deadline	you have indicated by	clicking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain
\boxtimes				

Goal 4.2b: By January 2023, Michigan will have analyzed the following factors related to adopting the unified platform: 1) barriers, 2) state/territory-specific needs, and 3) adoption timeline.

Personnel/Partners: MDHHS (TBA staff), MiCAL, and the six regional call centers

Goal 4.2b Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Compile a list of state-specific needs and potential barriers	July 2022	January 2023	Lead: Regional call centers and MiCAL
for implementation of the UTP.			
Communicate with Vibrant about timeline for rollout of	July 2022	unknown	Lead: MDHHS Planning Team, Regional call
the UTP and prepare for this.			centers, MiCAL, and Vibrant

Communicate with Vibrant about timeline for rollout of the UTP and prepare for this.		July 2022	unknown	own Lead: MDHHS Planning Team, Regional of centers, MiCAL, and Vibrant	
Please rate how certain	you are that you can accomplish t	his goal by the dea	dline you have i	ndicated by click	ing on one of the boxes below.
Not at all certain	-	Moderately certain			Completely certain
	23, Michigan will identify and implers: Vibrant, MiCAL, and the six re		support call cen	ter operators to	address secondary trauma.
	Action Steps		Start Date	Due Date	Lead and Partners
	or best practices for preventing an uding strategies already in use by N	_	September 2022	unknown	Lead: Regional call centers and MiCAL
Share information about with 9-8-8 call centers	ut secondary trauma and strategies	for addressing it	January 2023	unknown	Lead: Regional call centers and MiCAL
Please rate how certain	you are that you can accomplish t	his goal by the dea	dline you have i	ndicated by click	ing on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	n Very c	ertain	Completely certain
]	

Core Area 5: Convene a Coalition of Key Stakeholders to Advise on 9-8-8 Planning and Implementation

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Background: Current Situation, Gaps, Progress, and Proposed Approach: 9-8-8 Stakeholder Coalition

Michigan involved several stakeholder groups in development of the implementation plan, including the MDHHS Planning Team, 9-8-8 Stakeholder Coalition, people with lived experience, and topic-specific subgroups.

MDHHS 9-8-8 Planning Team: The MDHHS 9-8-8 Planning Team included staff from MDHHS BHDDA and the Public Health Administration (PHA). BHDDA is the state's lead for mental health and substance abuse services (including crisis intervention services), while PHA leads population health and suicide prevention activities. Collectively, MDHHS provides state-level coordination, education, and information sharing related to suicide prevention. This includes serving as the implementation lead for two major federal suicide prevention grants (one with SAMHSA and one with CDC); working with Vibrant on implementation of a Lifeline State Capacity Building grant; providing technical assistance and education on suicide prevention to local communities and agencies; and hosting a repository of publicly available suicide prevention resources on the MDHHS website. Due to the continued increase in suicide deaths in Michigan over the past two decades, the Governor signed Public Act 177 in December 2019 establishing the Suicide Prevention Commission, which is managed by MDHHS and charged with developing recommendations for state coordination on suicide data collection and prevention. Additionally, staff from PSC facilitated the 9-8-8 stakeholder coalition meetings and drafted the implementation plan. Staff from Michigan Public Health Institute (MPHI) coordinated the initiative and offered day-to-day project management.

9-8-8 Stakeholder Coalition: To optimally design Michigan's crisis services system, MDHHS invited a diverse stakeholder coalition to provide input into the implementation plan. This included representatives from Michigan's six current National Suicide Prevention Lifeline Affiliates, local suicide prevention groups, Families Against Narcotics, persons with lived experience, and peer support representatives. MDHHS worked with individuals employed by key community partner organizations, such as its PIHPs and CMHSPs, who have background in suicide prevention and/or crisis services systems' work. A full list of coalition members and organizations can be found in Appendix B. The coalition met monthly from March through September via Zoom.

Coalition Meeting Schedule and Topics Discussed

Meeting Date	Topics Discussed	Number of Coalition
		Member Attendees
March 30, 2021	Background and overview of the planning process	26
April 20, 2021	Vision for 9-8-8 in Michigan	28
May 18, 2021	Follow-up services; input from people with lived experience	30
June 24, 2021	Resources	24
July 29, 2021	Communication	22
August 26, 2021	Review of final draft plan	21
September 30, 2021	Next steps	

People with lived experience: Two listening sessions were held with people who have experienced suicidal thoughts or behaviors, accessed crisis services, contacted a crisis line, or lost a loved one to suicide. Sessions were held on April 29 and May 4 with 25 attendees and 6 attendees, respectively. Participants shared what works well in the current system and what has not worked well. Participants were asked what kind of response they would want for themselves or a loved one if they called 9-8-8. The discussion also included a focus on what features 9-8-8 should include. Participants also shared specific populations and cultural characteristics that 9-8-8 needs to be prepared to support.

Topic Specific Sub-groups

<u>Capacity and Coordination:</u> The capacity and coordination group comprised the six regional 9-8-8 call centers, MiCAL, and the MDHHS 9-8-8 Planning Team. Two sub-group meetings were held on June 10 and July 27, as well as meetings with each of the individual call centers. During these meetings, the group uplifted the need for 9-8-8 to have an ongoing Operations Workgroup to support alignment among centers as well as quality improvement efforts. Additional recommendations the group identified include standardize training; review the accrediting organizations' standards and align Michigan's efforts; and aim to share community referral resources.

<u>Coordination with 9-1-1 and other emergency services:</u> As of June 1, 2020, there were 136 primary public safety answering points (PSAPs) in Michigan operating at various levels: cities/municipalities (n = 61), county (n = 64), multi-county (n = 5), statewide (n= 3), and universities (n= 3). A PSAP is a 24-hour, seven days a week public safety emergency and non-emergency entity that responds to calls for service for police, fire, and/or emergency medical services. Michigan does not have the authority to place requirements on PSAPs but can collaborate with them to develop a mutually beneficial plan for coordination between 9-1-1 and 9-8-8.

Michigan appointed Joni Harvey, the State 9-1-1 Administrator, to pull together 9-1-1 representatives and the Governor's Mental Health Diversion Council to create a best practices document, which will outline high level activities for 9-1-1 and 9-8-8 integration. The group met and agreed to develop the best practices and then get approval from the State Nine-One-One Committee (SNC). Individual communities will then have to decide how to implement the best practices locally. To ensure that the best practices are comprehensive and effective the first time developed, the group decided that it would be best to wait to develop the statewide best practices until additional information is released at the federal level. All stakeholders have agreed to participate in this work when the information is available.

9-8-8 Implementation Rollout Stakeholder Group: Additionally, Michigan identified key stakeholders for 9-8-8 rollout: the six regional 9-8-8 call centers and MiCAL, MDHHS, and other relevant stakeholders who volunteer to be a part of the group. The Operations Workgroup will meet on a to review any available data on call metrics and discuss any challenges faced by call centers in meeting the needs of callers.

Core Area 5: 9-8-8 Stakeholder Coalition

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 5.1a: The regional call centers, MiCAL, and MDHHS will continue to meet through June 2022 and will have accomplished priority planning and preparation tasks for the state in Phase 1.

Personnel/Partners: Regional call centers, MiCAL, MDHHS (Krista Hausermann and Pat Smith), and 9-1-1 Regional PSAPs.

Goal 5.1a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Establish who from the centers would be most	August 2021	January 2022	Lead: Regional call centers and MiCAL
appropriate to attend Operations Workgroup meetings.			
Host the Operations Workgroup with clearly defined	October 2021	Ongoing	Lead: MDHHS and MPHI
agendas.			Partners: Regional call centers, MiCAL, 9-1-1 PSAPs

Please rate how certain	you are that you can accompl	ish this goal by the deadline	you have indicated by o	clicking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Goal 5.1b: The regional call centers, MiCAL, and MDHHS will continue explore options on how to connect with ongoing stakeholder feedback in Phase 1.

Personnel/Partners: Regional call centers, MiCAL, and MDHHS (Krista Hausermann and Pat Smith)

Goal 5.1b Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Explore options to maintain connections with stakeholders for ongoing feedback.	August 2021	January 2022	Lead: Regional call centers and MiCAL
Engage members of specific populations, including those with lived experience and historically marginalized groups, to identify ways to better meet their needs.	January 2022	Ongoing	Lead: Regional call centers and MiCAL

Please rate how certain you are that you can accomplish this goal by the deadline you have indicated by clicking on one of the boxes below.							
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain			
		\boxtimes					
Core Area 5: 9-8-8 Stakeholder Coalition							
Phase 2 Goals and	Action Steps: One Yea	ar Post-Launch (July 1, 2	2022 – June 30, 2023)				

Goal 5.2a: Continue to hold Operations Workgroup meetings to review the 9-8-8 model, the standard of care, and any other topics needed. **Personnel/Partners:** Regional call centers, MiCAL, and MDHHS (Krista Hausermann and Pat Smith)

Goal 5.2a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Hold the Operations Workgroup meetings	July 2022	Ongoing	Lead: MPHI, Regional call centers, and MiCAL
with clearly defined agendas.			Partners: 9-1-1 Regional PSAPs

Please rate how certa	in you are that you can accompli	sh this goal by the deadlin	e you have indicated by	clicking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Core Area 6: Maintain a Comprehensive, Updated Listing of Resources, Referrals, and Linkages; Plan for Expanded Services

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Background: Current Situation, Gaps, Progress, and Proposed Approach: Comprehensive Resource Listings; Plan for Expanded Services

Resource Listing Proposed Approach: MiCAL is collaborating with Michigan 2-1-1 to ensure access to a wide variety of referral sources and services. Michigan 2-1-1 actively maintains a database of over 36,700 programs and services across the state related to behavioral and physical healthcare, social determinants of health, and other services. MiCAL and the regional call centers will have direct access to this database to identify appropriate resources and make referrals for 9-8-8 contacts.

In addition, the Michigan Department of Licensing and Regulatory Affairs (LARA) is rolling out OpenBeds, which is a referral platform/registry for mental health and substance use disorder providers called MiCARE. With access to MiCARE, MiCAL and the regional call centers will have up-to-date information about the availability of these services. MiCARE, which will be rolled out across Michigan by January 2022, includes a psychiatric inpatient bed registry.

The 9-8-8 Stakeholder Coalition emphasized the importance of peers in connecting people with appropriate services due to their personal, lived experience and noted they are a cost-effective resource. They also noted that call center operators should provide some direction to the callers to help them understand the next step and how the resource will support them.

Background for Expanded Services: Michigan is implementing many initiatives around behavioral health crisis, including statewide mobile crisis and crisis stabilization, which will coordinate with MiCAL. These services are in the early planning stages so there is not much known at this point. MDHHS will ensure coordination between MiCAL and the other service systems. The 9-8-8 Stakeholder Coalition noted that when calls to 9-8-8 require an in-person response, call center operators should use alternatives to a police response whenever possible. As aforementioned, there is a specific sub-committee working on the 911 coordination by developing a best practices guide. However, until federal recommendations and information are released, Michigan's work on this has been paused.

Core Area 6: Comprehensive Resource Listings; Plan for Expanded Services

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 6.1a: By July 2022 each call center in Michigan will have up-to-date referral resources for people in crisis that include the minimum required resources, referrals, and linkages through 211, OpenBeds, and local listings.

Personnel/Partners: Regional call centers, MiCAL, 211, and MDHHS (Krista Hausermann and Pat Smith)

Goal 6.1a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Update the Michigan 211 registry with any local resources	August 2021	July 2022	Lead: Michigan 211
that regional call centers have contacts with.			Partners: Regional call centers and MiCAL
Present the OpenBeds platform at Operations Workgroup	January 2022	July 2022	Lead: OpenBeds and LARA
meeting.			Partners: Regional call centers and MiCAL
Sign up the 988 centers as users of OpenBeds.	February 2022	July 2022	Lead: OpenBeds and LARA
			Partners: Regional call centers
Identify existing reports that demonstrate 9-8-8	March 2022	Ongoing	Lead: Regional call centers, MiCAL, and
effectiveness to review at Operations Workgroup Meetings.			MDHHS

Identify existing reports that demonstrate 9-8-8		March 202	2 Ongoing	Le	ead: Regional call centers, MiCAL, and
effectiveness to review at Operations Workgroup Meetings.		ngs.		M	DHHS
Please rate how certain y Not at all certain	you are that you can accomplish Somewhat certain	this goal by the c		ve indicated ry certain	by clicking on one of the boxes below. Completely certain
				\bowtie	
Goal 6.1b: By July 2022, discuss initial considerations about the potential for expanded center services. Personnel/Partners: Regional call centers, MiCAL, 9-1-1, and MDHHS (Krista Hausermann and Pat Smith) Goal 6.1b Action Steps					
•	Action Steps		Start Date	Due Date	Lead and Partners
·	Action Steps nkages at Operations Workgroup	meetings.	Start Date January 2022	Due Date unknown	Lead and Partners Lead: Regional call centers, MiCAL,
·		meetings.			
Discuss crisis services lir					Lead: Regional call centers, MiCAL,
Discuss crisis services lin	nkages at Operations Workgroup	practices guide.	January 2022	unknown	Lead: Regional call centers, MiCAL, and MDHHS
Discuss crisis services lin Review the national wor Develop a pilot for real-	nkages at Operations Workgroup rk around 911 to inform the best time coordination of mobile crisis	practices guide. s response.	January 2022 January 2022 March 2022 January 2022	unknown July 2022 July 2022	Lead: Regional call centers, MiCAL, and MDHHS Lead: 911 coordination workgroup

Core Area 6: Comprehensive Resource Listings; Plan for Expanded Services

Phase 2 Goals and Action Steps: One Year Post-Launch (July 1, 2022 – June 30, 2023)

Goal 6.2a: By 2024 (or when Vibrant determines the timeline), explore maximizing the use of the UTP to house required resources, referrals, and linkages.

Personnel/Partners: Vibrant, 211, MiCARE, Regional call centers, and MiCAL

Goal 6.2a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Work with Vibrant to understand if and how Michigan	unknown	unknown	Lead: Vibrant
resources and referrals might be housed in the UTP.			Partners: Regional call centers and MiCAL

Please rate how certain	i you are that you can accompl	ish this goal by the deadline	e you have indicated by	clicking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certai
\boxtimes	П			

Goal 6.2b: By 2024 (or when national information is released), explore coordinating with the 911 PSAPs.

Personnel/Partners: Vibrant, Michigan 9-1-1, Regional PSAPs, Regional call centers, and MiCAL

Goal 6.2b Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Integrate best practices and requirements	2023	Ongoing	Lead: Vibrant or other federal agencies
from federal level into the 9-1-1 and 9-8-8			Partners: Michigan 9-1-1 (Joni Harvey), regional PSAPs,
coordination plan.			Regional call centers and MiCAL
Create plan for coordinating with the 9-1-1	unknown	unknown	Lead: Michigan 9-1-1 (Joni Harvey), regional PSAPs,
PSAPs for education/call transition			Regional call centers and MiCAL
processes.			
Work with regional 9-1-1 PSAPs and regional	unknown	unknown	Lead: Michigan 9-1-1 (Joni Harvey), regional PSAPs,
call centers to integrate a coordinated			Regional call centers and MiCAL
system.			

Please rate how certain you are that you can accomplish this goal by the deadline you have indicated by clicking on one of the boxes below.

Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain
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Core Area 7: Ensure All Michigan Centers Can Provide Best Practice Follow-Up to 9-8-8 Callers/Texters/Chatters

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Background: Current Situation, Gaps, Progress, and Proposed Approach: Provide Follow-Up Services

Background: Vibrant offers best practices on follow-up, which includes requiring the counselor to ask for consent to enroll the individual into the follow-up program. A sample consent form developed by Vibrant is Appendix C. Individuals verbally consenting to follow-up should receive a minimum of two follow-up calls, with the first contact occurring between 24 and 72 hours. There should be at least three attempts to contact the individual if they cannot be reached. One of these contacts should occur on a different day. At minimum, each follow-up should assess the individual's current well-being and suicide risk, review and update the safety plan as needed, coordinate care with other providers, and increase connection to needed services. Vibrant states that staff performing follow-up should receive counselor training if they have not already.

In 2021, Vibrant published *Crisis Center Guidance: Follow-up with Callers and Those Discharged from Emergency Department and Inpatient Settings*. A recommendation from the report is to integrate follow-up into the program, by training "as many staff and volunteers as possible to be able to provide follow-up." In the Community of Practice hosted by Vibrant on Best Practice in Follow Up, Vibrant indicated that any staff or volunteers who might have a role in completing follow-up calls should receive counselor training. Any additional training requirements or specific content regarding follow-up was not indicated. Therefore, Michigan relies on each center to determine this for their staff.

Current Situation: All but one regional call center currently offers follow-up services for NSPL. MiCAL will also provide follow-up services following Vibrant's best practices. Follow-up will need to be expanded and standardized across the state. Once Vibrant releases the final requirements around follow-up, additional considerations for follow-up in Michigan will be discussed.

Proposed Approach: Each regional call center and MiCAL will provide follow-up services to the callers they serve as described above to ensure continuity of care for that caller.

Future Areas of Growth: Additional planning and implementation over the next three-years will be done in the following areas:

- Support emergency departments in their follow-up protocol.
- Invite call centers to perform safety checks within 24 hours to individuals in-need of additional support but who declined or did not need to go to the emergency department.
- Ensure follow-up systems fit both urban and rural settings.
- Tailor follow-up strategies to different populations (e.g., older adults, youth, non-English speaking populations)
- Engage Michigan's tribal community to develop appropriate follow-up strategies

Core Area 7: Provide Follow-Up Services

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 7.1a: By July 2022 Michigan call centers will collectively be ready to handle a minimum of 50% or higher follow-up / outbound call volume projected for people who need the follow-up service in their 9-8-8 Year 1 Cost and Volume Projections report (4,800 calls).

Personnel/Partners: Regional call centers and MiCAL

Goal 7.1a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Provide clear guidelines for the follow-up service	July 2021	Unknown	Lead: Planning Team
protocol to all call centers.			Partners: Regional call centers and MiCAL
Communicate with Vibrant on whether specific	October 2021	December 2021	Lead: Planning Team
training is required for staff providing follow-up			Partners: Vibrant
services.			
Provide the necessary training to staff providing	January 2022	July 2022	Lead: Vibrant
follow-up services (if required).			Partners: Regional call centers and MiCAL

Please rate how certain	you are that you can accomp	lish this goal by the deadline	you have indicated by o	clicking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Core Area 7: Provide Follow-Up Services

Phase 2 Goals and Action Steps: One Year Post-Launch (July 1, 2022 – June 30, 2023)

Goal 7.2a: By 2024 (or when Vibrant determines the timeline), Michigan will have specified which center(s) will collectively be ready to handle a minimum of 100% or higher follow-up / outbound call volume projected for people who need the follow-up in their 9-8-8 Year 1 Cost and Volume Projections report.

Personnel/Partners: Regional call centers and MiCAL

Goal 7.2a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Explore implementing the UTP (or build an	Beginning of 2023	End of 2023 (or the	Lead: Vibrant
API) so that all systems are integrated.	(or sooner)	timeline Vibrant lays out)	Partners: Regional call centers and MiCAL
Ensure that caller records can be accessed	End of 2023		Lead: Regional call centers and MiCAL
by any call center in the state.			Partners: Vibrant
Identify which center(s) will handle follow-	End of 2023		Lead: Regional call centers and MiCAL
up calls.			Partners

Please rate how certain	n you are that you can accomp	olish this goal by the deadline	you have indicated by c	licking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Core Area 8: Plan and Implement Marketing for 9-8-8 in Michigan

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Background: Current Situation, Gaps, Progress, and Proposed Approach: Marketing and Communications Plan

Background: Michigan's Suicide Prevention Commission released its Initial Report in March 2021, outlining populations at higher risk for suicide. Males are at greater risk of death by suicide and females have more suicide attempts. The highest suicide rate per capita in 2018 (57.8 per 100,000) was among elderly aged 85 and older. The white population has the highest suicide rate of all racial groups. The northeastern half of the Lower Peninsula and eastern portion of the Upper Peninsula have the highest age-adjusted suicide rates. The highest number of suicides occurred among women ages 19-64 who are working in medical/healthcare related professions or are homemakers. The highest number of suicides among men within the same age range held jobs in construction, automotive, and food/hospitality related businesses. Veterans and active military/service members are at a higher risk; however, this report does not provide Michigan-specific data for this population. Other high-risk populations in the U.S. include correction officers, criminal justice-involved, emerging adults, first responders, health care contacts, homeless, LGBTQ+ youth, loss survivors, middle aged men, and veterans.

Proposed Approach: The Michigan 9-8-8 Stakeholder Coalition developed a list of potential populations to target in communication campaigns and partners to facilitate these connections. The list can be found in Appendix D.

The coalition also raised the following points about creating a communications campaign for 9-8-8.

- It is important to not just use social media and internet-based communication campaigns. There are individuals without internet capacity and individuals who do not use the internet, like older adults.
- Communication messages should be tailored to target audiences.
- Some people are going to want the simple number while others need to have details regarding the resource. It is important to create both communication campaigns to address both needs.
- Messaging will need to help clarify what types of crises the 9-8-8 line can help with.

The coalition offered the following communication strategies for consideration:

- The creation of small resource cards that could be handed out at places social services agencies, foodbanks, social security offices, unemployment, and other locations where target populations are likely to be.
- Using personal stories from survivors or family members.
- Using existing resources (e.g., The Suicide Prevention Alliance) to develop messages for target populations.
- Including churches as a key partner in dissemination of 9-8-8 information.
- Maximizing free channels of communication such as word of mouth and partners in the field.

MDHHS will rely heavily on interested partners and stakeholders to disseminate information about 9-8-8 to their constituents and members. Therefore, a budget has not been developed for Michigan's 9-8-8 Marketing and Communications plan. The diverse group of dedicated

stakeholders have already identified channels and opportunities to promote the use of 9-8-8. These cost-free channels are more likely to reach target audiences than broad-based print, radio, or television campaigns. In addition, 9-8-8 will be included in all materials and heavily promoted as part of MiCAL's marketing strategy.

Core Area 8: Marketing and Communications Plan for 9-8-8

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 8.1a: By July 2022, Michigan will continue to work on and finalize the following:

- Key goals of a statewide 9-8-8 messaging campaign
- Key messaging audiences within the state.
- Key public messaging channels for 9-8-8 message dissemination.
- A state agency 9-8-8 public relations point of contact to work with Vibrant Communications.
 Personnel/Partners: Regional call centers, MiCAL, MDHHS communications staff, and other stakeholders as identified

Goal 8.1a: Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Continue to identify community partners to help	August 2021	July 2022	Lead: Regional call centers, MiCAL, MDHHS
with public messaging for 9-8-8.			Partners: other stakeholders as identified
Identify the public relations contact to work with	October 2021	July 2022	Lead: MDHHS
Vibrant.			Partners: Vibrant
Collaborate with community partners to create	October 2021	January 2022	Lead: MDHHS
specific targeted communications campaigns.			Partners: other stakeholders as identified
Consult with Vibrant on any Michigan-specific	October 2021	Unknown	Lead: MDHHS and Vibrant
communication campaigns.			Partners: other stakeholders as identified

Please rate how certair	you are that you can accomp	lish this goal by the deadline	you have indicated by	clicking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain

Goal 8.1b: By July 2022 Michigan will have developed a plan to transition all uses of the 1-800-273-8255 phone number in existing promotional materials to 9-8-8 by the end of December 2022.

Personnel/Partners: Vibrant, MDHHS (to be determined), and the identified public relations (PR) point of contact

Goal 8.1b Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Work with Vibrant and the identified public relations point	January 2022	December 2022	Lead: PR point of contact
of contact to transition all uses of the 1-800-273-8255			Partners: Vibrant
phone number in existing promotional materials to 9-8-8.			

Please rate how certain you are that you can accomplish this goal by the deadline you have indicated by clicking on one of the boxes below.

Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain
	\bowtie			

Core Area 8: Marketing and Communications Plan for 9-8-8

Phase 2 Goals and Action Steps: One Year Post-Launch (July 1, 2022 – June 30, 2023)

Goal 8.2a: By July 2023 Michigan will have:

- Engaged target audiences through focus groups or other strategies to obtain feedback and input on message effectiveness for target audiences.
- Finalized customization of national level messaging materials.
- Finalized messaging for how 9-8-8 aligns/embeds with existing state and local crisis lines not affiliated with 9-8-8.
- Developed a plan for tracking metrics and public messaging campaign impacts.
 Personnel/Partners: Regional call centers, MiCAL, MDHHS (to be determined), and other stakeholders as identified

Goal 8.2a Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Work with partners to engage key audiences in focus	July 2022	Unknown	Lead: Regional call centers, MiCAL, and
groups to ensure feedback and input.			other stakeholders as identified
Leverage existing materials for any cultural or linguistic	July 2022	Unknown	Lead: Regional call centers, MiCAL, and
modifications.			other stakeholders as identified
Develop a plan for tracking metrics and public messaging	July 2022	Unknown	Lead: Regional call centers, MiCAL, and
impact.			other stakeholders as identified
Engage the regional call centers, MiCAL, MDHHS, and	July 2022	Unknown	Lead: Regional call centers, MiCAL, and
other stakeholders as identified to finalize how to best			other stakeholders as identified
use the Federal 9-8-8 materials within Michigan.			

Action Steps	Start Date	Due Date	Lead and Partners
Engage the regional call centers, MiCAL, MDHHS, and	July 2022	Unknown	Lead: MDHHS, Regional call centers,
other stakeholders identify existing materials and			MiCAL, and other stakeholders as
marketing campaigns to which the 9-8-8 number can be			identified
added.			

Please rate how certain	you are that you can accomp	lish this goal by the deadline	you have indicated by o	licking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately certain	Very certain	Completely certain
	\boxtimes			

Performance Measurement and Quality Assurance

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Proposed Approach: Performance Measurement and Quality Assurance

Proposed Approach: As aforementioned, Michigan call centers will use or integrate with the UTP, which will streamline and coordinate data sharing. The Operations Workgroup will meet on a basis and review data collected. In addition, an annual survey with people who have contacted 9-8-8 will be conducted to assess their experiences and level of satisfaction, as well as identify areas of improvement. The key indicators table below is based on Vibrant's available materials. The Operations Workgroup will edit and expand upon these indicators as needed. The six regional call centers and MiCAL will collaborate to achieve the key indicators. Lifeline states that when a call center has an answer rate less than 80% for two consecutive quarters, Lifeline will work with the center to explore quality improvement plans, and the state will play a supportive role in this.

In addition, a timeline for all 9-8-8 planning and implementation actions, which can be found in Appendix E, will allow the state to monitor ongoing progress.

Key Indicators

Program Area	Key Indicator	Definition
	Total number of Lifeline calls per month	All calls received on the local Lifeline termination number during the month being reported. This includes all abandoned, no answer, and busy calls.
	Total number of Lifeline calls answered per month	All calls answered on the local Lifeline termination number by a crisis counselor.
	Answer rate for Lifeline calls per month	"Total number of Lifeline calls answered this month" divided by "Total number of Lifeline calls received this month". Enter as a percentage.
Basic Call Metrics	Average speed (in seconds) to answer Lifeline calls per month	From the call center's phone system pull a report on average speed of answer for calls answered on the local Lifeline termination number. Lifeline's milestone is that centers answer 90% of calls in 30 seconds.
	Average Handle Time of Lifeline calls per month	On average, the total amount of time a crisis counselor spends on a call, including talk time, any hold time after the call has started, and after-call work, such as documentation.
	Total number of Lifeline calls by gender	Male, female, transgender/ non-binary, and gender unknown
Caller Background Information /	Total number of calls by age	Age categories: 12 and under, 13-24, 25-34, 35-44, 45-54, 55-64, 65-84, 85 and older, age unknown
Demographics	Total number of Lifeline calls by military	Number of active military and number of veterans
	Number of callers this month who meet the following criteria: • Current thoughts of suicide	Current thoughts of suicide – Total number of callers who experienced thoughts of killing themselves within the last 24 hours. This includes at the time of the call.

Callers by Suicide Experience

- Suicidal ideation in recent
- Prior suicide attempt survivors attempted to end their lives in the past
- Suicide loss survivors
- Third-party callers concerned about another individual with suicidal ideation
- Assessment of suicidal ideation was not applicable
- The presence of suicidal ideation could NOT be assessed.

- Suicidal ideation in recent past The total number of callers who did not have suicidal ideation within 24 hours of the call but did have suicidal ideation within 2 months prior to the call.
- Prior suicide attempt survivors Total number of callers this month who disclose that they
 have attempted to end their lives in the past.
- Suicide loss survivors Total number of callers who disclose that they have lost someone to suicide.
- Third-party callers concerned about another individual with suicidal ideation The total number of callers who called the Lifeline because they are concerned about a person at risk of killing themselves.
- Assessment of suicidal ideation was not applicable Total number of calls where suicidal
 ideation information was not gathered because the call was a wrong number, hang up, or
 inappropriate call.
- No experience with suicide or Unknown Total number of calls where the caller had no
 experience with suicide.
- The presence of suicidal ideation could NOT be assessed. Total number of calls where no information was gathered regarding the caller or person at risk's suicidal ideation history or current state. This includes third party callers who do not know if the person at risk current state or suicidal ideation history.

Total number of (first party) Lifeline calls this month where:

- At imminent risk for suicide
- Emergency rescue was not needed because caller was NOT at imminent risk for suicide
- Voluntary emergency rescue was dispatched
- Involuntary emergency rescue was dispatched
- Emergency rescue was dispatched but the individual could not be located
- Emergency rescue was NOT needed because imminent risk for suicide was reduced

Total number of third-party Lifeline calls this month where:

- · At imminent risk for suicide
- Emergency rescue was not needed because caller was NOT at imminent risk for suicide
- Voluntary emergency rescue was dispatched
- Involuntary emergency rescue was dispatched

- Caller was at imminent risk for suicide An individual is determined to be at imminent risk of suicide if the Crisis Counselor responding to the call believes, based on information gathered during the exchange, that there is a close temporal connection between the individual's current risk status and actions that could lead to their suicide. The risk must be present in the sense that it creates an obligation and immediate pressure on the Crisis Counselor to take urgent actions to reduce the individual's risk; that is, if no actions are taken, the Crisis Counselor believes that the individual is likely to seriously harm or kill themselves. Imminent Risk may be determined if an individual state (or is reported to have stated by a person believed to be a reliable informant) both a desire and intent to die and has the capability of carrying through their intent.
- Emergency rescue was not needed because caller was NOT at imminent risk for suicide Total number of calls this month where the caller was not at imminent risk. See definitions above.
- Voluntary emergency rescue was dispatched Total number of calls this month where the Crisis Counselor and/or caller contacted emergency services with the caller's permission.
- Involuntary emergency rescue was dispatched Total number of calls where the Crisis Counselor dispatched emergency services without the caller's permission. See definitions above.
- Emergency rescue was dispatched but the individual could not be located Total number of
 calls where either voluntary or involuntary emergency rescue was implemented but the caller
 could not be found. Calls counted in both "Voluntary emergency rescue was dispatched" and
 "Involuntary emergency rescue was dispatched" are included in this number.
- Emergency rescue was NOT needed because imminent risk for suicide was reduced Total number of calls in which the caller was at imminent risk for suicide and the Crisis Counselor was able to work with the caller to deescalate the situation and create a collaborative safety

	Emergency rescue was dispatched but the individual could not be located Emergency rescue was NOT needed because imminent risk for suicide was reduced	plan so that emergency rescue was not necessary. This includes calls where Mobile Crisis Units were contacted.
	Number of people screened for follow-up	
	Number of people eligible for follow-up. Number enrolled	
	Number enrolled Number of people successfully contacted.	
	Number of people successfully contacted. Number of people linked to referral or other	
Follow-Up Program	resources.	
	Average number of contacts made per	
	individual	
	Total number of contacts for the follow-up	
	program	
	During the time the individual was a	
	participant in the program (a) were they	
	admitted to the hospital or an inpatient	
	setting, and/or (b) did they attempt suicide?	
	Self-reporting on whether the individual	
	accessed referral services or other services	
	Satisfaction of the program on a 1-5 scale	
	Reassess suicidal intent.	

Performance Measurement and Quality Assurance

Phase 1 Goals and Action Steps: Pre-Launch (Oct 1, 2021 – June 30, 2022)

Goal 9.1a: By July 2022, Michigan Call Centers will have developed a plan to monitor the performance and assure quality improvement of the 9-8-8 service.

Personnel/Partners: Regional call centers, MiCAL, and other stakeholders as identified

Goal 9.1a: Action Steps

Action Steps	Start Date	Due Date	Lead and Partners
Work with the Operations Workgroup to identify	October 2021	July 2022	Lead: Regional call centers and MiCAL
who needs to be involved in conversations to			Partners: MDHHS and other stakeholders as
develop a plan for monitoring and evaluation.			identified
Develop plan for monitoring and evaluation of the	October 2021	July 2022	Lead: Regional call centers and MiCAL
9-8-8 service.			Partners: MDHHS and other stakeholders as
			identified

Please rate how certain	you are that you can accom	plish this goal by t	the deadline you h	ave indicated by cli	cking on one of the boxes below.
Not at all certain	Somewhat certain	Moderately	certain V	ery certain	Completely certain
Performance Measure	ment and Quality Assurance	2			
Phase 2 Goals and	Action Steps: One Ye	ar Post-Launcl	h (July 1, 2022	– June 30, 2023)
Goal 9.2a: By the end of	2023 Michigan Call Centers	will have impleme	nted the performa	nce measurement p	lan and monitor the quality of
service.					
Personnel/Partr	ners: Regional call centers, N	IiCAL, MDHHS, and	d other stakeholder	rs as identified	
Goal 9.2a Action Steps					
	on Steps	Start Date	Due Date		Lead and Partners
Review the data collect assess for areas of impr	ed within the UTP and	July 2023	Ongoing	Lead: Regional call centers, MiCAL, MDHH: other stakeholders as identified Partners:	
used the service to asse	with individuals who have ess experience, fy areas of improvement.	July 2023	Ongoing	Lead: MDHHS Partners: Regions stakeholders as i	al call centers, MiCAL, and other dentified
		uplish this goal by to		ave indicated by clic ery certain	cking on one of the boxes below. Completely certain
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Appendix A

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This is an additional Excel file identifying coverage in Michigan by county. The information is presented in the map located in Core Component 1. If you would like to see the excel, please reach out to MPCIP-Support@mphi.org.

Appendix B

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List of Coalition Members

Perspective	Agency/Organization	Name of Representative(s)
Hospital Healthcare		
System	Ascension Hospital System	Selena Schmidt
Lived Experience	Behavioral Health Advisory Council	Marianne Huff
	Child and Adolescent Health Center	
Youth	Program	Taggert Doll; Gina Zerka
Community Mental		
Health	Community Mental Health Association	Robert Sheehan
Lived Experience	CNS Healthcare—Anti Stigma	Malkia Newman
NSPL Affiliate/ MiCAL	Common Ground/MiCAL	Rosa Thomas
	Detroit Wayne Mental Health Authority	
Community Mental	dba Detroit-Wayne Integrated Health	
Health	Network	Andrea Smith
NSPL Affiliate	Dial Help	Kristine Putz
Substance Use Disorder		
Advocacy Group	Families Against Narcotics	Lori Ziolkowski
LGBTQ+	Affirmations LGBTQ+ Community Center	Kathleen Redmon
		Maricela Alcala; Emily
		Schwartz; Jacquis
NSPL Affiliate	Gryphon Place	Robertson
Inpatient Psychiatry	Harbor Oaks Hospital	Briana Jacob
Emergency Medicine	Henry Ford Health System	Dr. Jennifer Peltzer-Jones
0 /	Justice in Mental Health Organization	
Advocacy Group	(JiMHO)	Brian Wellwood
· ·	Little Traverse Bay Bands of Odawa	
Tribal	Indians	Randy Koch
NSPL Affiliate	Listening Ear	Nick Goike
	Macomb County Community Mental	Stephanie Lange; Andrea
NSPL Affiliate	Health	Gross; Diana Ray
Upper Peninsula/ Local		,
Health Department	Marquette County Health	Sarah Derwin
Behavioral Health State		
Level	MDHHS, BDDHA	Dr. Debra Pinals
Behavioral Health State	1011110) 5551111	Dir Besta i mais
Level	MDHHS, BDDHA	Amy Kanouse
LCVCI		Anny Kanouse
	MDHHS, Health Promotion & Active	
Older Adults	Aging Section in the Aging and Adult	Cally Stoiner
Older Adults	Services Agency	Sally Steiner
Veterans	MDHHS, Veteran Liaison	Brian Webb
Veterans	Michigan Veterans Affairs Agency	Julie Cortright

Law Enforcement	MI Association of Chiefs of Police	Chief Bob Stevenson
Education/ Youth	MI Department of Education	Mike Leathead
Law Enforcement	MI Sheriff's Association	Sheriff Matt Saxton; Sheriff Steven Kempker
Lived Experience	Michigan Peer Warmline	Mary Beth Franks
9-1-1 Emergency Communications	Michigan State Police—State 9-1-1 Office	Joni Harvey
Domestic and Sexual Violence Victims	MSP, Survivor-Centered Advocate program	Megan Calamita
2-1-1	Michigan 2-1-1	Jennie Pollak; Hassan Hammoud
NSPL Affiliate	Network 180	Kristin Spykerman; Dawn Rasmussen
Local Suicide Prevention Group	Oakland Suicide Prevention Group	Kat Polmear; Hanna Cassie
Substance Use Disorder Advocacy Group	Office of Recovery Oriented Systems of Care (OROSC)	Larry Scott
Suicide Prevention/ Aftercare Advocate	Suicide Resource and Response Network	Barb Smith
Psychology	U of M Psychologist	Dr. Cindy Ewell Foster

Appendix C

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Lifeline Sample Consent Form for Follow-Up Program

We are concerned about you and we want to help you stay safe. Would it be okay for someone from our crisis center (Crisis Center Name) to call you and see how you are doing? Making these follow-up calls is an important part of our services. We have found that these follow-up contacts can help keep people safe and feel supported until they are feeling better (and/or linked to treatment services). Would it be okay for us to contact you in (time period to be decided by the crisis worker completing this form)?

	-	YES .	NO
1.	Name of client:	_	
2.	Name of crisis counselor completing this form:		
3.	Date of Referral://		
ifety	plan is complete and in the caller's record. (If not, fill the below information)		
4.	Telephone #: Phone for? (circle): Home# Cell# Office#		
5.	Best day(s) and times to call:		
6.	Preferred language for follow-up call:	_	
	Do you have an answering machine or voicemail on this telephone?YESNO "Yes:"		
If y	you are not able to answer when we call, is it okay for us to leave a message? Do NOT Leave a Message Leave a Hotline Message		
	Leave a Different Message (Details):		
	If someone else answers when (Crisis Center Name) calls, is it okay for them to leave with the person who answers the phone? YES NO No one else will answer	a mess	sage
	"Yes:" Do NOT Leave a Message		
	Leave a Hotline Message		

wishes to share your information with others that can assist in your care, we must obtain your permission to do so. The only exception to this rule is if your life (or the life of others) is in danger. In this case, the (Crisis Center Name) may only share information about you with individuals or agencies that they believe can assure your immediate safety.

When a staff member from the (Crisis Center Name) calls you, they will ask you questions about how you are doing, how safe you are feeling at the time, and what actions you are taking to keep yourself safe. They will see what kind of help you may still need at the time, and do whatever they can do to help you.

You are also free to contact the (Crisis Center Name) directly at any time during or after your involvement in this follow up program to obtain more help.

Signed: ₋			
Date:			

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List of Organizations and Contact Information for Communication Campaign Partnerships

Organization/ Perspective/	Contact Name (if	Contact Front (if contlable)
Population	available)	Contact Email (if available)
911	Joni Harvey, State 911 Administrator	harveyj6@michigan.gov
Affirmations LGBTQ+ Community	Kathleen Redmon,	
Center	Director of Programs	kredmon@goaffirmations.org
Alcoholics Anonymous		
Arc Michigan		info@arcmi.org
Barber shops, beauty salons, and nail salons		
Behavioral Health Learning		
Collaborative of Michigan		
Boys and Girls Clubs		
Business groups		
Child and adolescent health center	Taggert Doll and Gina	DollT@michigan.gov
(CAHC) programs	Zerka	zerkag@michigan.gov
CMH Club Houses		
	Robert Sheehan, CEO of	
Community mental health service	Community Mental	rsheehan@cmham.org
programs (CMHSPs)	Health Association	
Domestic violence shelters		
Emergency rooms		
Employee Assistant Programs (EAPs)		
Epilepsy Foundation of Michigan		ContactUs@efa.org
Faith based institutions		
Families Against Narcotics	Lori Ziolkowski	loriziolkowski@delta.edu
Foodbanks		
Gun ranges		
Homeless shelters		
Housing providers		
Little Traverse Bay Bands of	Randy Koch, Behavioral	
Odawa Indians	Health Manager	rkoch@ltbbodawa-nsn.gov
Michigan Association of		
Broadcasters		mab@michmab.com
Michigan Association of Chiefs of	Chief Bob Stevenson,	
Police	Director	rstevenson@michiganpolicechiefs.org
Michigan College of Emergency		
Physicians	Dr. Pamela Coffey	pcoffey@epmg.com

	Mike Leathead, School	
	Behavioral Health	
Michigan Department of Education	Education Consultant	<u>LeatheadM@michigan.gov</u>
Michigan Medical Association		
	Dr. Carmen McIntyre	
Michigan Psychiatrist Association	Leon	McIntyreC1@michigan.gov
Michigan Psychological Association		
MSP, Survivor-Centered Advocate		
Program	Megan Calamita	calamitam@michigan.gov
Michigan Social Work Association		
	Sheriff Matt Saxton	skempker@miottawa.org;
Michigan Sheriffs Association	Sheriff Steven Kempker	msaxton@misheriff.org
Michigan Veterans Affairs Agency	Julie Cortright	CortrightJ1@michigan.gov
Michigan Works		
Narcotics Anonymous		
National Alliance on Mental		
Illness- Michigan		
OK2SAY	Mary Drew	<u>DrewM3@michigan.gov</u>
Peer run drop-in centers		
Peer runs groups for mental		
health, physical health, or other		
purposes		
School counselors		
School IDs		
Schools		
Senior centers		
Social security offices		
St. Vincent		
	Manuela McDonough,	
	Director of Public	
The Jed Foundation	Relations at JED	manuela@jedfoundation.org
Trevor Project		
University Health Centers		
Veteran centers		
Veterans groups		

Appendix E Return to Table of Contents

Michigan 9-8-8 Planning and Implementation Timeline Phase 1

Goal	Action Steps	Start Date	Due Date
1.1a	Reach out to each center and establish which counties they will cover for 9-8-8 calls and the hours of operation.	June 2021	September 2021
1.1b	Reach out to each center to establish which counties they will cover for 9-8-8 text and chat and the hours of operation.	June 2021	September 2021
4.1a	Review all currently available materials on the operational, clinical, and performance standards.	July 2021	July 2021
4.1a	Submit questions and points needing clarification to Vibrant regarding operational, clinical, and performance standards.	July 2021	Ongoing
7.1a	Provide clear guidelines for the follow-up service protocol to all call centers.	July 2021	Unknown
4.1a	Compare and analyze accreditation organizations' requirements and standards to pinpoint similarities and differences in Michigan's service model.	August 2021	January 2022
5.1a	Establish who from the centers would be most appropriate to attend Operations Workgroup meetings.	August 2021	January 2022
5.1b	Explore options to maintain connections with stakeholders for ongoing feedback.	August 2021	January 2022
1.1a	Coordinate with MiCAL to establish 9-8-8 call presence in counties not covered by regional call center.	August 2021	July 2022
1.1b	Coordinate with MiCAL to establish 9-8-8 text and chat presence in counties not covered by regional call centers.	August 2021	July 2022
6.1a	Update the Michigan 211 registry with any local resources that regional call centers have contacts with.	August 2021	July 2022
8.1a	Continue to add to the list of community partners to collaborate with and disseminate information to regarding the public messaging for 9-8-8.	August 2021	July 2022
1.1a	Identify areas where there is no secondary coverage and plan to ensure calls are answered.	September 2021	October 2021
1.1b	Consult with Vibrant on the technical requirements to provide 988 text and chat prior to the operation of the unified platform	September 2021	October 2021
2.1a	Identify potential additional funding sources for future increased need.	September 2021	February 2022

Goal	Action Steps	Start Date	Due Date
1.1a	Work with MiCAL to provide secondary coverage for 9-8-8 calls in the counties where regional call centers have primary coverage.	September 2021	July 2022
1.1b	Work with MiCAL to provide secondary coverage for text and chat in the counties where regional call centers have primary coverage.	September 2021	October 2022
6.1b	Discuss the linkages with mobile crisis, warm transfer, and others at Operations Workgroup meetings.	January 2022	unknown
7.1a	Communicate with Vibrant on whether specific training is required for staff providing follow-up services.	October 2021	December 2021
8.1a	Collaborate with community partners to create specific targeted communications campaigns.	October 2021	January 2022
2.1a	Develop annual assessment process for staffing needs based on call volume.	October 2021	February 2022
1.1a	Discuss the status of 9-8-8 call coverage at Operations Workgroup meetings and adapt plan as needed.	October 2021	July 2022
1.1b	Discuss the status of 9-8-8 text and chat coverage at Operations Workgroup meetings and adapt plan as needed.	October 2021	July 2022
6.1b	Develop a pilot to ensure real-time coordination of mobile crisis response.	March 2022	July 2022
8.1a	Identify the public relations contact to work with Vibrant.	October 2021	July 2022
9.1a	Work with the Operations Workgroup to identify who needs to be involved in conversations to develop a plan for monitoring and evaluation.	October 2021	July 2022
9.1a	Develop plan for monitoring and evaluation of the 9-8-8 service.	October 2021	July 2022
8.1a	Consult with Vibrant on any Michigan-specific communication campaigns.	October 2021	Unknown
5.1a	Host the Operations Workgroup with clearly defined agendas.	October 2021	Ongoing
1.1a	Keep consistent communication lines open with regional call center to adapt 9-8-8 call coverage model as needed.	October 2021	N/A
1.1b	Keep consistent communication lines open with regional call center to adapt 9-8-8 text and chat coverage model as needed.	October 2021	N/A
6.1a	Present the OpenBeds platform at Operations Workgroup meeting.	January 2022	July 2022
7.1a	Provide the necessary training to staff providing follow-up services (if required).	January 2022	July 2022

Goal	Action Steps	Start Date	Due Date
6.1b	Review the national work around 9-1-1 to inform	January 2022	July 2022
	the best practices guide.		
8.1b	Work with Vibrant and the identified public	January 2022	December
	relations point of contact to transition all uses of		2022
	the 1-800-273-8255 phone number in existing		
	promotional materials to 9-8-8.		
3.1a	Monitor in-state answer rate and review model at	January 2022	Ongoing
	the Operations Workgroup meetings.		
5.1b	Engage members of specific populations served to	January 2022	Ongoing
	identify ways to improve services to better meet		
	their needs, including those with lived experience		
	and historically marginalized groups.		
6.1a	Sign up the 9-8-8 centers as users of OpenBeds.	February 2022	July 2022
6.1a	Identify existing reports that determine how	March 2022	Ongoing
	effective the process is working to be reviewed at		
	the Operations Workgroup Meetings.		

Phase 2

Goal	Action Steps	Start Date	Due Date
5.2a	Hold the Operations Workgroup meetings with clearly defined agendas.	July 2022	Ongoing
1.2a	Establish consensus around the standards that all centers will work towards in Michigan.	July 2022	N/A
4.2b	Compile a list of state-specific needs and potential barriers for implementation of the UTP.	July 2022	January 2023
4.2b	Communicate with Vibrant about timeline for rollout of UTP and prepare for this.	July 2022	Unknown
1.2a	Explore the integration or adoption of the UTP in all call centers.	July 2022	Unknown
8.2a	Work with partners to engage key audiences in focus groups to ensure feedback and input.	July 2022	Unknown
8.2a	Engage the regional call centers, MiCAL, MDHHS, and other stakeholders identify existing materials and marketing campaigns to which the 9-8-8 number can be added.	July 2022	Unknown
8.2a	Leverage existing materials for any cultural or linguistic modifications.	July 2022	Unknown
8.2a	Develop a plan for tracking metrics and public messaging impact.	July 2022	Unknown
8.2a	Engage the regional call centers, MiCAL, MDHHS, and other stakeholders as identified to finalize how to best use the Federal 9-8-8 materials within Michigan.	July 2022	Unknown
4.2a	Collaborate with centers to engage members of specific populations served to identify ways to improve services to better meet their needs.	July 2022	2025

Goal	Action Steps	Start Date	Due Date
2.2a	Identify potential additional funding sources for future increased need.	September 2022	February 2023
2.2a	Assess funding needs that may result from diverting 9-1-1 calls to 9-8-8	September 2022	February 2023
4.2c	Identify programs and/or best practices for preventing and addressing secondary trauma; including strategies already in use by Michigan centers.	September 2022	unknown
7.2a	Explore implementing the UTP (or build an API) so that all systems are integrated.	Beginning of 2023 (or sooner)	End of 2023 (or the timeline Vibrant lays out)
4.2c	Share information about secondary trauma and strategies for addressing it with 9-8-8 call centers	January 2023	unknown
1.2b	Explore the possibility of adding video conferencing options for 9-8-8 contacts.	January 2023	Unknown
2.2a	Conduct annual assessment of call volume and staffing needs (occur every year).	March 2023	Ongoing
3.2a	If needed, the Operations Workgroup will create a plan to sustain 90% in-state answer rate.	July 2023	Ongoing
9.2a	Review the data collected within the UTP and assess for areas of improvement.	July 2023	Ongoing
9.2a	Conduct annual survey with individuals who have used the service to assess experience, satisfaction, and identify areas of improvement.	July 2023	Ongoing
6.2b	Integrate best practices and requirements from federal level into the 9-1-1 and 9-8-8 coordination plan.	2023	Ongoing
7.2a	Ensure that caller records can be accessed by any call center in the state.	End of 2023	Unknown
7.2a	Identify which center(s) will handle follow-up calls.	End of 2023	Unknown
4.2a	Review new materials published by Vibrant.	Unknown	Unknown
4.2a	Create plan for alignment and standardization.	Unknown	Unknown
4.2a	Implement plan for alignment and standardization.	Unknown	Unknown
6.2a	Work with Vibrant to understand if and how Michigan resources and referrals might be housed in the UTP.	Unknown	Unknown
6.2b	Create plan for coordinating with the 9-1-1 PSAPs for education/call transition processes.	Unknown	Unknown
6.2b	Work with regional 9-1-1 PSAPs and regional call centers to integrate a coordinated system.	Unknown	Unknown

Building a Crisis
Services System for
All Michiganders:
988's & MiCAL's Role

Michigan Suicide Prevention Commission November 19, 2021





Michigan's Default Crisis Services System

Emergency Departments

- At least three years in a row, the number one reason for Emergency Room visits is psychiatric care.*5
- There were 165,712 visits in 2020, and over 200,00 in both 2018 and 2019.

Law Enforcement

- The percent of law enforcement contacts involving mental health range from 1% to 17 % dependent upon the source. *1,3,4
- In 2019 in Michigan, there were approximately 8.6 million 911 calls for law enforcement and EMS.*2 If only 2% of those calls related to mental health, that would be more than 172,000 calls.

Our Current System is Fragmented

Integrated system

Simply implementing a new system in isolation does not solve the problem of integration

Making several calls or connections

Michiganders continue to "hunt and peck" for information, this is a waste of time



Registration System

re-entering information, the person has to tell their story repeatedly

Updated Resources

... lack of complete information affects decision making and obtaining appropriate treatment or resources.

We need a Crisis System for <u>ALL</u> Michiganders For anyone, anywhere, anytime

MiCAL (Call Center)

• <u>Someone to talk to:</u> A 24/7 crisis call center staffed with crisis specialists and clinical staff who provide crisis intervention and support (phone, chat, and text), meet NSPL standards, and also provide Air Traffic Control quality coordination, with real time data management.

Mobile Teams

• <u>Someone to Respond</u>: Mobile crisis teams services offer community-based interventions to individuals in need whenever and wherever they are, including at home, work, or anywhere else in the community where the person is experiencing a crisis. CMHs, CCBHCs, and a few private agencies currently provide this service but there are variations in this service in terms of population served, hours, and location.

Crisis Stabilization Unit

• <u>Somewhere to go</u>: Is a pre-screening unit or a facility that provides unscheduled clinical services designated to prevent or ameliorate a behavioral health crisis or reduce acute symptoms on an immediate intensive and time-limited basis in response to a crisis. Michigan recently passed legislation to certify CSUs, stablishing minimum standards and requirements

MiCAL History

- Developed out of the House CARES Task Force and Michigan Psychiatric Inpatient Discussion (MiPAD)
- Purpose is to ensure all Michiganders have access to behavioral health services when they need them.
- Built on the SAMHSA's National Guidelines for Behavioral Health which is also the foundation for 988.
- Funded by the Michigan Legislature in December 2018.
- Formalized into statute- PA 12 of 2020 in January of 2020.
- RFI and RFP process in summer 2020.
- Contracted awarded to Common Ground, who has 50 years experience operating a crisis line and also operates mobile crisis and a crisis stabilization unit like facility. They helped over 80,000 people last year.

MiCAL Services for everyone 24/7



Trained Crisis Call Specialists



Support Michiganders via phone, chat, and SMS with translation services



Crisis Intervention including Safe-T Assessments and Safety Plans for at-risk Persons



Activate face to face crisis services when necessary



Provide Referrals for mental health and substance use disorder services



Make warm transfers whenever possible



Provide follow up calls to ensure people are connected to services



Care Coordination with Community Mental Health & CCBHCs through crisis alerts and follow up notes



Up to date behavioral health service information from 211, MiCARE, and CMHSPs



Customer Relationship
Management System to
safely house caller data
and produce reports for
population health
management

Michigan Warmline

A centralized state-wide warmline that provides early intervention with emotional support that can prevent a crisis, a costly 911 call, and/or a costly Emergency Room visit.



Provides anonymous support

Is available 10am – 2am, 7 days a week

Connects Michiganders with certified peer support specialists/recovery coaches who have lived experiences of behavioral health issues, trauma or personal crisis

Leverages a Customer Relationship

Management (CRM) system to track, monitor,
assign, follow up, and report on access line
operations



988 NATIONAL CRISIS LINE

What is 988?

- In July 2020, the Federal Communications Commission (FCC) designated 988 as the new three-digit number for the National Suicide Prevention Lifeline.
- Under the new rules, calls to 988 will be directed to 1-800-273-TALK which will remain operational during and after the 988 transition.
- By July 16, 2022, all telecommunications companies will have to make the necessary changes so individuals can access the National Suicide Prevention Lifeline using the 988 dialing code.

What is the purpose of 988?

Vibrant Emotional Health, an MHA affiliate and administrator of the National Suicide Prevention Lifeline, has provided recommendations and defined the vision and mission of 988 as follows:

- **Vision:** 988 serves as America's mental health safety net. We will reduce suicides and mental health crises and provide a pathway to well-being.
- Mission: Everyone in the US and its territories will have immediate access to effective suicide prevention, crisis services and behavioral healthcare through 988.

Federal Level 988 Facts

- ❖ Vibrant provided 988 planning grant funds to all states and territories. Each state/territory submitted a Draft Plan by September 30, 2021 for Vibrant/SAMHSA review. Final plans are due by January 2022.
- Per Vibrant and SAMHSA guidance, marketing for 988 will start at the end of 2022 or the beginning of 2023.
- Current NSPL centers have been invited to answer 988 calls, texts, chats and participate in the planning.
- There is minimal to no federal funding at this point for NSPL or 988. Centers get a small stipend.
- NSPL/ 988 Centers must meet call handling and care coordination requirements which are still being developed.
 - 90% of calls offered must be handled by July 2022.
 - Coordination with other crisis services; mobile crisis and crisis receiving and stabilization units
 - Access to up-to-date resources
 - Some NSPL chats/texts must be answered in Michigan by July 2022

Michigan's Draft 9-8-8 Plan Development & Stakeholder Involvement

- MDHHS contracted with Public Sector Consultants and Michigan Public Health Institute who led a 988-planning process.
- Cross sector stakeholder group of 35 individuals from over 30 different entities with strong representation of people with lived experience.
- 7 monthly meetings were held.
- Two listening sessions of people with personal experience related to suicide
- Ad-Hoc Advisory Group: future involvement with marketing & tailoring the lines to typically underserved populations

Michigan Draft 988 Plan Statement of Purpose

The 9-8-8 Stakeholder Coalition approved the following statement of shared commitment.

The coalition is committed to developing a plan for 9-8-8 implementation that:

- Offers a lifesaving first response in the behavioral health and suicide prevention continuum of care as a public good.
- Provides 24/7 culturally responsive services to all Michiganders.
- Is people-focused, data-driven, evidence-based, and sustainable.

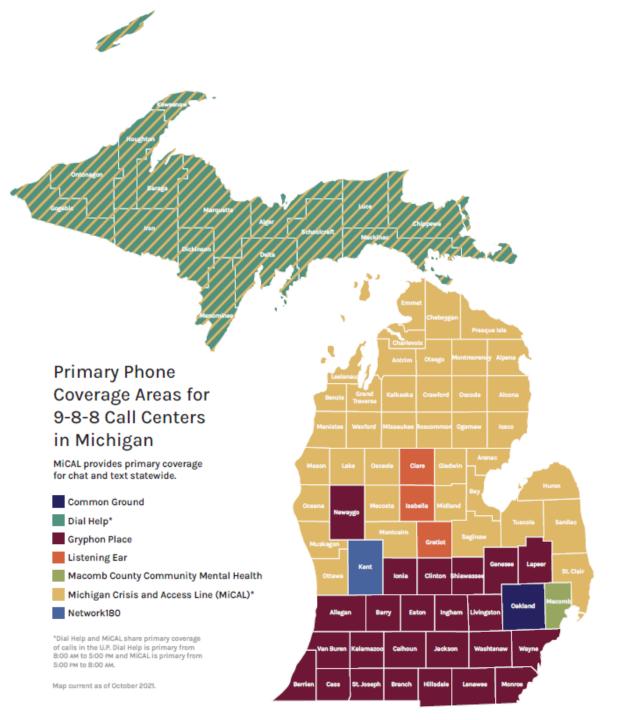
Michigan 988 Coverage & Capacity

6 regional NSPL centers will be primary in answering calls in some parts of Michigan.

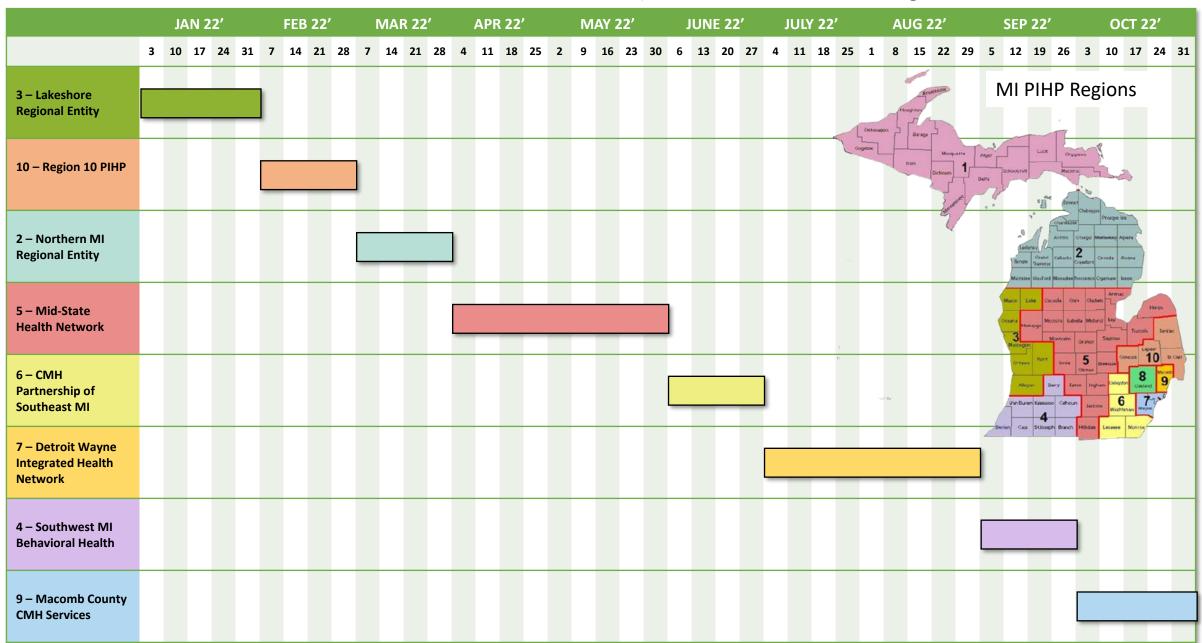
MiCAL will provide primary or secondary coverage for answering calls, texts, or chats for 988 statewide.

MiCAL will be the 988 "safety net". It is responsible for ensuring at least 90% of the calls from Michigan are answered by a Michigan NSPL call center.

The Projected 9-8-8 Coverage Starting July 2022



Mical 988 Rollout Timeline (Mical/NSPL is active in Regions 1- UP & 8-Oakland)



Michigan 988 Plan Components - Funding

Funding

- Like many other states, Michigan has never funded NSPL lines prior to MiCAL, nor had any authority over the lines.
- The regional centers have been historically self-funded and have a direct contractual relationship with Vibrant.
- The Michigan Legislature has provided adequate funds for MiCAL to provide 988/NSPL coverage for the state for at least the next year. MiCAL's funding from the legislature is ongoing.
- MDHHS will develop a comprehensive funding plan for all three key crisis services: MiCAL/988, crisis stabilization units, and mobile crisis; keeping in alignment with the Michigan law.
- New funding opportunities are coming from the federal level.

Michigan 988 Plan Components - Operations

Operational Standards, requirements, metrics

- Stakeholder group emphasized the need for consistent practices and training to assure high quality experiences across the state.
- Vibrant requires each center to answer at least 90% of all calls offered.
- MiCAL and the regional NSPL centers have started meeting to align operational standards across centers.
- Discussions will be held on how to best coordinate with other crisis services such as mobile crisis and crisis stabilization units. ★

Follow up Support: *

- For callers who are high risk, visited an emergency department
- Provide emotional support and ensure connection to care
- Researched based models
- Operations workgroups will explore follow up support models.

Michigan 988 Plan Components - Operations

Up to Date Resources

- 211 Partnership
- MiCARE/OpenBeds Behavioral Health Repository & Referral Platform (houses psychiatric bed registry)

911/988 Coordination 🛨

Agreement to develop a best practices document on 9-1-1 and 9-8-8 Coordination once federal guidance is received.

Marketing:

- Per federal guidance, marketing will be delayed until the end of 2022 beginning of 2023. This allows for a soft rollout of 988.
- Marketing toolkit will be provided by Vibrant.
- Strong stakeholder involvement to look for natural marketing opportunities, i.e. student ID cards, websites, affiliated professionals, community groups.
- MiCAL will promote 988 as part of its marketing.

Questions/Comments

References

- 1. Livingston, James, "Contact Between Police and People with Mental Disorders: A Review of Rates", Psychiatric Services, 15 Apr 2016 https://doi.org/10.1176/appi.ps.201500312
- 2. Michigan State 911 Committee 2019 Annual Report to the Michigan Legislature https://www.michigan.gov/documents/msp/State 911 Committee 2019 Annual Report to the Michigan Legislatu re 662108 7.pdf
- 3. "When Cop Calls Involve the Mentally III, Training is Key", All Things Considered Broadcast, NPR, June 14, 2014 https://www.npr.org/2014/06/14/322008371/when-cop-calls-involve-the-mentally-ill-training-is-key
- 4. Dawson, LJ, "Taking Police Officers Out of Mental Health-Related 911 Rescues, Kaiser Health News, NBC News, Oct. 10 2019 https://www.nbcnews.com/health/mental-health/taking-police-officers-out-mental-health-related-911-rescues-n1063951
- 5. 2018, 2019, 2020 Michigan Certificate of Need Annual Survey, Emergency Services for Acute Care Hospitals by Type of Service Report 112

Contact Information

Krista Hausermann, LMSW, CAADC

Strategic Initiative Specialist

Behavioral Health and Developmental Disabilities Administration

Michigan Department of Health and Human Services

Hausermannk@michigan.gov

If you have feedback or questions on the 9-8-8 plan, please contact MPCIP-support@mphi.org.

Contact Information:

Krista Hausermann, LMSW, CAADC
Strategic Initiative Specialist
Behavioral Health and Developmental Disabilities Administration
Michigan Department of Health and Human Services
Hausermannk@michigan.gov

If you have feedback or questions on the 9-8-8 plan, contact MPCIP-support@mphi.org.

BYLAWS

Michigan Suicide Prevention Commission

DEFINITIONS:

- "Commission" refers to the Michigan Suicide Prevention Commission
- "Executive Committee" refers to the Executive Committee of the Suicide Prevention Commission
- "Director" refers to the Director of the Michigan Department of Health and Human Services
- "Department" refers to Michigan Department of Health and Human Services
- "Chair" refers to the Chair of the Michigan Suicide Prevention Commission
- "Co-Chair" refers to the back-up to the Chair
- "State" refers to the State of Michigan
- "The Act" refers to Public Act 177 of 2019, MCL 330.3001, et seq.

<u>ARTICLE I: NAME</u>

The name of this Commission shall be the Michigan Suicide Prevention Commission.

ARTICLE II: PURPOSE

The purpose of this Commission is to:

A. Work with State departments, agencies and nonprofit organizations to understand causes, factors, or reasons for suicide in order to develop strategies to assist in reducing incidents of suicide in the State.

ARTICLE III: FUNCTIONS AND DUTIES

- A. Pursuant to the Act, the Commission shall prepare and present a preliminary report of its research and findings to the legislature.
- B. Within one year after the effective date of this Act, and each year thereafter, prepare and present to the legislature an updated version of the report. The updated version of this report must include recommendations for reducing risk factors among the demographics described in the preliminary report and contain a list of evidence-based programs for suicide prevention in Michigan with successful outcomes.
- C. Annually review and update any recommendations made under this Act, and if any of the Commission's recommendations are implemented, provide a process for ongoing monitoring of the implementation of the recommendations.
- D. Provide recommendations for a process for continued State coordination on suicide data collection, suicide prevention programs and a coordinated state approach to the prevention of suicide to continue after this Act no longer applies.

ARTICLE IV: MEMBERSHIP

- A. Voting membership of the Commission is outlined in MCL 330.3003, *et seq* or any subsequent Executive Orders related to the Commission.
- B. Members are required to attend, either in person or remotely by phone or other means, 50% of the meetings during any consecutive 12-month period.
- C. Members should notify the Chair of all absences prior to the meeting when possible.
- D. Members of the Commission shall serve without compensation. However, members of the Commission may be reimbursed for their actual and necessary expenses incurred in the performance of their official duties as members of the Commission.

ARTICLE V: OFFICERS

The only designated officer of the Commission is the Chair. The Commission shall elect from among its members a chairperson and other officers as it considers necessary or appropriate.

A. The Chair:

- a. May remove a member of the Commission for incompetence, dereliction of duty, malfeasance, misfeasance, or nonfeasance in office, or any other good causes, on a motion that is approved by most of the members of the Commission.
- b. Convenes and chairs all meetings of the Commission.
- c. Oversees the overall function of the Commission.
- d. Appoints members to committees or workgroups as necessary to conduct the Commissions' business.
- e. Orients new members.

B. The Co-Chair:

- a. Convenes and chairs meetings in the Chair's absence
- b. Assists the Chair in duties necessary to keep the work of the Commission moving forward

ARTICLE VI: MEETINGS AND PROCEDURES

- A. The current edition of Robert's Rules of Order shall govern the conduct of all meetings.
- B. The Commission is legislatively mandated to meet at least four (4) times a year. The Chair may schedule work sessions, as necessary.
- C. The duties charged to the Commission by the Act must be conducted at a public meeting of the Commission held in compliance with the open meetings act (1976 PA 267, MCL 15.261 to 15.275) and therefore, open to public attendance.
 - <u>a.</u> The agenda for each regular and special meeting of the Commission will include an item devoted to public comment. Public comment <u>may occur at the beginning</u> or end of the meeting.will occur at the end of the meeting.
 - a.b. Individuals wishing to participate in public comment will be identified at the beginning of the meeting and will be permitteding to speak during the public comment period.

- b.c. The Commission will limit public comment to three minutes per person at any Commission meeting. A second public comment period will be included in agendas and implemented at the Chairperson's discretion.
- e.d. The public has no right to address the commission during its deliberation on a particular matter. Threatening, obscene and abusive comments or behavior will not be allowed at Commission meetings, nor may persons addressing the Commission in any way inhibit the decorum of meetings. Failure to comply with this will result in individuals being removed from the meeting, pursuant to MCL 15.263(6). If any member of the public commits a breach of the peace at a Commission meeting, the Chairperson may provide one (1) verbal warning to that individual that they are committing a breach of the peace. If the individual commits another breach of the peace, the Chairperson will mute the individual's line or ask the individual to remain silence. Should another breach of the peace occur, the Chairperson will terminate the individual's participation for the remainder of the meeting, pursuant to MCL 15.263(6).
- d.e. For purposes of this Commission, a "breach of the peace" includes, but is not limited to, the following: an individual disobeying time limits, becoming repetitious, name-calling, shouting, disrupting the orderly progress of the meeting, inappropriate or insensitive comments regarding the subject matter, or any threatening comment and/or language directed at another individual. This is not an exhaustive list.
- D. The majority of voting members of the Commission shall constitute a quorum for the transaction of any business.
- E. The Commission may adopt such other procedures as necessary to ensure the orderly transaction of business, including the creation of subcommittees or workgroups.
- F. The Chair may, with consent of the Commission, designate additional individuals, including interested citizens, educators, or specialists with relevant expertise, to serve on any subcommittee or workgroup.
- G. The Commission may consult with State agencies to obtain such technical assistance as it deems necessary to complete its duties.

ARTICLE VII: COMMITTEES AND TASKFORCES

The Commission may establish subcommittees or taskforces as is deemed necessary or desirable to carry out Commission responsibilities. The Executive Committee shall be ex officio members of all committees. Only voting members of the Commission shall be entitled to serve as chairs of committees or taskforces. Members will self-select appointments on committees with no committee consisting of fewer than three members. Among each committee, members will select a Chairperson to lead.

Each committee or workgroup shall:

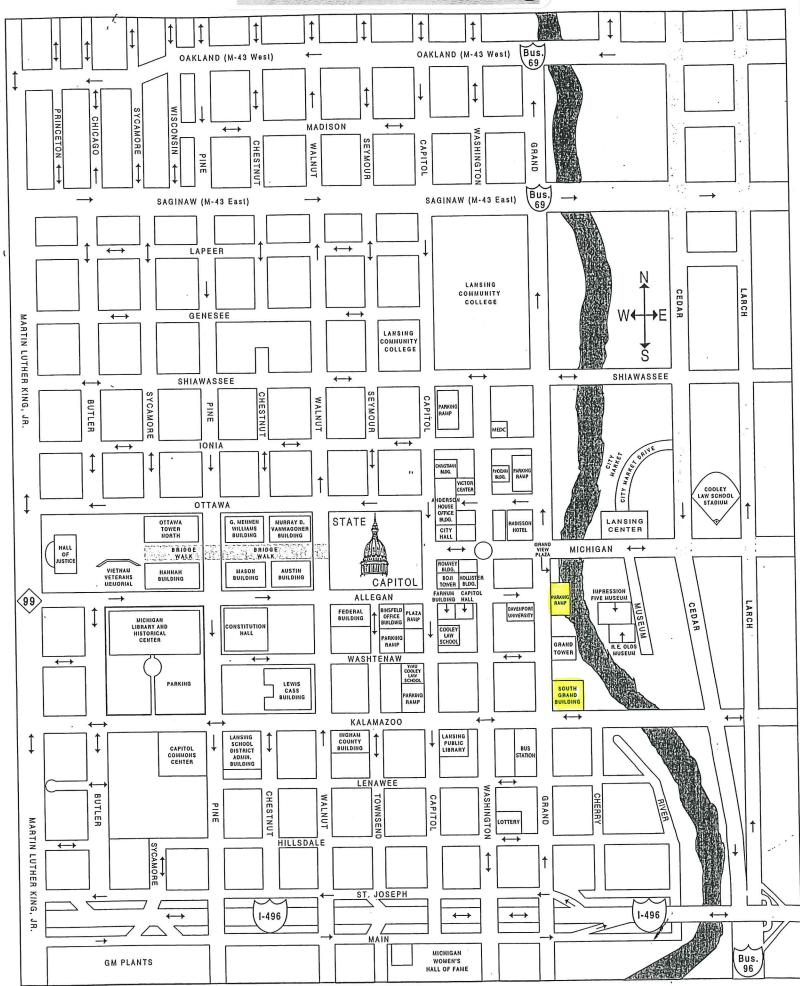
- A. Be chaired by a member of the Commission.
- B. Convene at least four (4) times a year, either in person or remotely.
- C. Contribute information, strategies and recommendations for their committee/workgroup focus to the preliminary report, initial report, updated annual reports or state plan.

D. Provide other deliverables as requested.

ARTICLE VIII: AMENDMENTS TO THE BYLAWS

These Bylaws may be amended by a majority of the voting members of the Commission at any regular meeting of the Commission; provided, however, that no proposed amendment shall be acted upon unless the written text of the amendment is sent to each member of the Commission at least fourteen days prior to the vote.

Downtown Lansing



(Rev. 1/2017)