

GRETCHEN WHITMER
GOVERNOR

STATE OF MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES LANSING

ELIZABETH HERTEL
DIRECTOR

Michigan Suicide Prevention Commission

September 17, 2021 10:30 AM – 12:30 PM South Grand Building – Grand Conference Room 333 S. Grand Avenue, Lansing, MI

> Conference Line: 877-820-7831 Access Code: 741058

AGENDA

- I. Call to Order Dr. Brian Ahmedani
 - a. Roll Call
- **II. Public Comment** (comments are limited to 3 minutes)
- III. Review and Adopt July 2021 Meeting Minutes
- **IV.** MDHHS Updates
 - a. Behavioral Health and Developmental Disabilities Administration Dr. Deb Pinals
 - b. Injury Violence Prevention Jennifer DeLaCruz/Pat Smith
- V. Suicide Prevention Month Activities
 - a. Prevent Block Grant/Social Media Campaign Presentation Rachel Zaguskin
 - b. Other Activities/Resources All
- VI. Michigan Suicide Prevention Community Technical Assistance Meeting Recap
- VII. Subcommittee Workgroup Discussion Rachel Zaguskin
 - a. Workgroup Discussion
 - b. Project Plan
 - c. Implementation
 - d. Subcommittee Sign Up Nancy Buyle
- VIII. Other Updates
 - IX. Next Steps
 - a. Action Item Recap James Bell III
 - X. Public Comment (time permitting)
 - XI. Adjourn

Upcoming Meetings

Policy Subcommittee Meeting

October 12, 2021 1:00 PM – 2:00 PM

Suicide Prevention Commission Meeting

October 15, 2021 10:30 AM – 12:30 PM

Death Scene Investigation Form Workgroup Meeting TBD

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Universal Screening Tool Workgroup Meeting TBD

Please contact James Bell for additional meeting information.

September 2021 Suicide Prevention Commission Attendance Report

| | Name | n Commission Attendance Report Present | Not Present |
|----|---------------------|---|-------------|
| 1 | Shaun Abbey | | |
| 2 | Zaneta Adams | | |
| 3 | Brian Ahmedani | | |
| 4 | William Beecroft | | |
| 5 | Debra Brinson | | |
| 6 | Nancy Buyle | | |
| 7 | Adelle Cadieux | | |
| 8 | Richard Copen | | |
| 9 | Jessica DeJohn | | |
| 10 | Sarah Derwin | | |
| 11 | Amber Desgranges | | |
| 12 | Corey Doan | | |
| 13 | Kevin Frank Fischer | | |
| 14 | Cathrine Frank | | |
| 15 | John Greden | | |
| 16 | Danny Hagen | | |
| 17 | Cary Johnson | | |
| 18 | John Joseph | | |
| 19 | Laurin Jozlin | | |
| 20 | Jennifer Morgan | | |
| 21 | Thomas Reich | | |
| 22 | Ryan Schroerlucke | | |
| 23 | Barbara Smith | | |
| 24 | Corbin Standley | | |
| 25 | Kiran Taylor | | |
| 26 | Kenneth Wolf | | |
| | | | |
| | James Bell | | |
| | Jennifer DeLaCruz | | |
| | Debra Pinals | | |
| | Linda Scarpetta | | |
| | Patricia Smith | | |
| | Orlando Todd | | |
| | Jeff Spitzley | | |
| | Rachel Zaguskin | | |
| | | | |



GRETCHEN WHITMER GOVERNOR

STATE OF MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES LANSING

ELIZABETH HERTEL
DIRECTOR

Michigan Suicide Prevention Commission

July 16, 2021 10:30 AM – 11:30 AM South Grand Building – Grand Conference Room 333 S. Grand Avenue, Lansing, MI

> Conference Line: 248-509-0316 Access Code: 565105576#

MINUTES

I. Call to Order – Nancy Buyle

a. Roll Call

Nancy Buyle called the meeting to order at 10:32 AM. The roll was taken, and a quorum of members were present.

- b. Virtual Decorum
- II. Public Comment (comments are limited to 3 minutes)

Public comment was provided by Robert Goble and James Gallant.

III. Review and Adopt May 2021 Meeting Minutes

The May 2021 minutes needed to be updated to reflect "MINUTES" on the top of the page.

Shaun Abbey motioned to approve May 2021 Suicide Prevention Commission Meeting Minutes with amendments. John Joseph seconded the motion. The motion was unanimously approved.

IV. MDHHS Updates

a. Behavioral Health and Developmental Disabilities Administration – Dr. Deb Pinals

According to the CDC's Household Pulse Survey, 30-40% of Michigan residents report being impacted by anxiety and depression. BHDDA continues to work on

the StayWell initiative. The state has received federal funding to support individuals who need additional crisis counseling. The MiCAL work continues, as it has gone live in Oakland County and the Upper Peninsula.

- b. Injury Violence Prevention Jennifer DeLaCruz/Pat Smith Injury and Violence Prevention is partnering with BHDDA on 988 implementation. There is additional interest in using geo-coding for Lifeline calls, to identify where calls originate from and individuals getting routed back to the state where the caller is located.
- c. Prevention Block Grant Rachel Zaguskin The objective of the Block Grant activity is to educate Michiganders about suicide and suicide prevention, specific to lethal means storage. The target audience is male, 20-50 years old. This will run from September 5 to September 11, to align with Suicide Prevention Week.

V. Governor's Challenge on Suicide Prevention Update – Julie Cortright

Director Zaneta Adams (MVAA) and Julie Cortright (MVAA) provided an update on the 2021 Michigan Governor's Challenge Initiative. Some of the key efforts and focus include:

- Reducing suicide among service members, veterans and their families;
- Increasing access to services and support;
- Expanding state-wide capacity to engage SMVF in public and private services;
- Enhancing provider and SMVF peer practices

The full presentation can be found here.

VI. Post Suicide Prevention Workgroup Discussion – Barb Smith/Lindsey DeCamp

Barb Smith and Lindsey DeCamp (DHHS) gave an overview of Postvention Activity in Michigan. As part of TYSP-Mi3's goal to assess suicide prevention services across the state, the group sent an online survey to each county's suicide prevention leader to try to better understand their postvention resources and needs.

The full presentation can be found <u>here</u>.

VII. Other Updates

No additional updates provided.

VIII. Next Steps

a. Action Item Recap – James Bell III
 No action items were recorded during this meeting.

IX. Public Comment (time permitting)

A second public comment was not held due to a lack of time.

X. Adjourn

Dan Hagen motioned to adjourn the meeting. Barb Smith seconded the motion. The motion was carried unanimously.

The July Suicide Prevention Commission Meeting adjourned at 11:35 AM.

Upcoming Meetings

Suicide Prevention Commission Meeting

September 17, 2021 10:30 AM – 12:30 PM

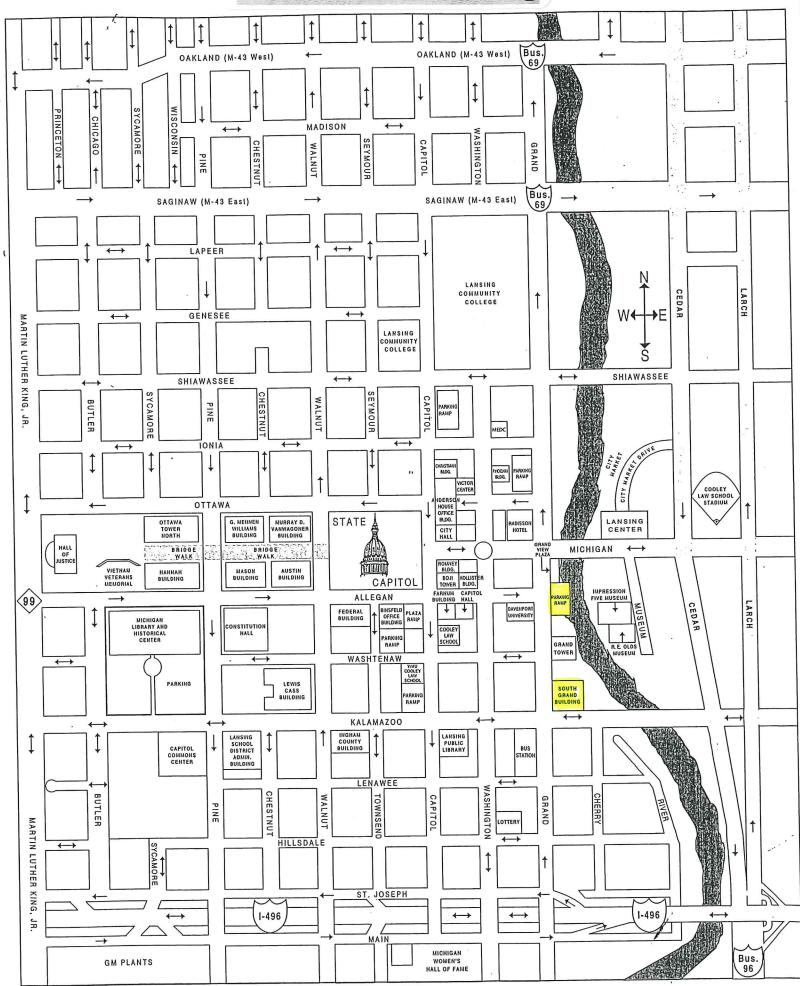
Please contact James Bell for additional meeting information.



July 2021 Suicide Prevention Commission Attendance Report

| | Name | Present | Not Present |
|----|---------------------|---------|-------------|
| 1 | Shaun Abbey | X | |
| 2 | Zaneta Adams | X | |
| 3 | Brian Ahmedani | X | |
| 4 | William Beecroft | X | |
| 5 | Debra Brinson | | X |
| 6 | Nancy Buyle | X | |
| 7 | Adelle Cadieux | | X |
| 8 | Richard Copen | | X |
| 9 | Jessica DeJohn | X | |
| 10 | Sarah Derwin | X | |
| 11 | Amber Desgranges | | X |
| 12 | Corey Doan | | X |
| 13 | Kevin Frank Fischer | X | |
| 14 | Cathrine Frank | | |
| 15 | John Greden | X | |
| 16 | Danny Hagen | X | |
| 17 | Cary Johnson | | |
| 18 | John Joseph | X | |
| 19 | Laurin Jozlin | X | |
| 20 | Jennifer Morgan | | |
| 21 | Thomas Reich | | |
| 22 | Ryan Schroerlucke | X | |
| 23 | Barbara Smith | X | |
| 24 | Corbin Standley | | |
| 25 | Kiran Taylor | X | |
| 26 | Kenneth Wolf | X | |
| | | | |
| | James Bell | X | |
| | Jennifer DeLaCruz | X | |
| | Debra Pinals | X | |
| | Linda Scarpetta | | |
| | Patricia Smith | X | |
| | Orlando Todd | | |
| | Jeff Spitzley | | |
| | Rachel Zaguskin | X | |
| | | | |

Downtown Lansing



(Rev. 1/2017)



Suicide Prevention Social Concepts

September 2, 2021



MEDIA OVERVIEW



OBJECTIVE:

To educate Michiganders about suicide. Specifically, how limiting or reducing an at-risk person's access to lethal means effectively prevents suicides.

Direct Michiganders to state resources to help those in need.



TARGET AUDIENCE:

A18+ with a focus on males from 20-50 years old



TIMING:

September 5 – September 30, 2021



GEOGRAPHY:

Statewide



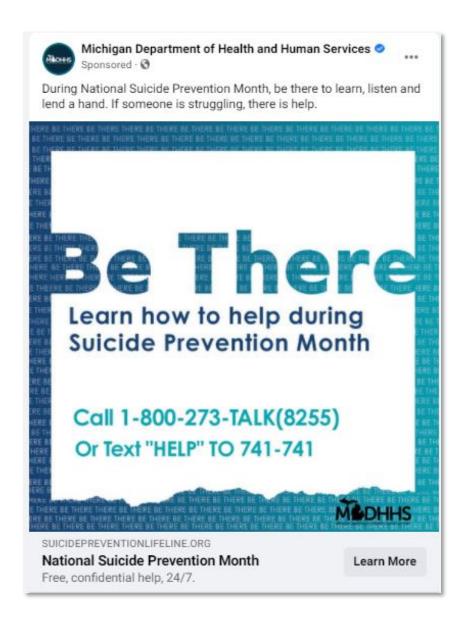
BUDGET:

\$20,000



Suicide Prevention Month

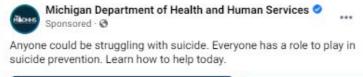
Suicide Prevention Month – Link Post 1



Suicide Prevention Month – Link Post 2



Suicide Prevention Month – Carousel Post









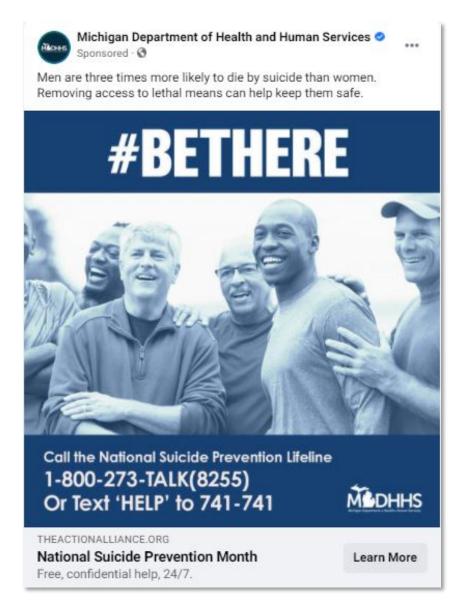


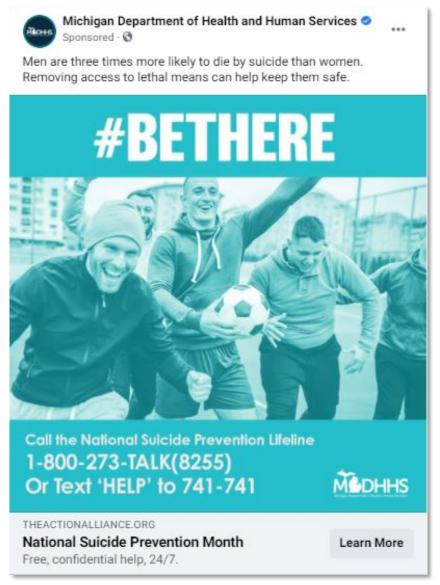
Lethal Means

Lethal Means – Link Post 1

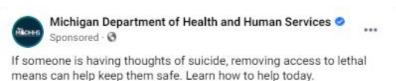


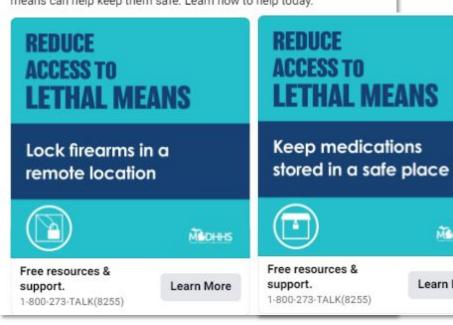
Lethal Means – Link Post 2





Lethal Means – Carousel Post





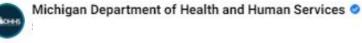








Lethal Means – Boosted Post



Lethal means are the mechanisms people might use in a suicide attempt that are likely to result in serious injury or death. They include, but are not limited to, firearms, medications, sharp instruments or poisons. Removing access to lethal means can help keep individuals safe. Learn how you can help today SuicidePreventionLifeline.org



Twitter Post Copy (280 character limit):

Lethal means are the mechanisms people might use in a suicide attempt that are likely to result in serious injury or death. They include, firearms, medications or poisons. Removing access to lethal means can help keep individuals safe. Learn how to help https://bit.ly/3yAbfU3

Michigan Suicide Prevention Commission Work Group - Work Plan

| Date/Date-Range | Meeting/Activity | Meeting Goals |
|--------------------------------|--|---|
| August 24 th , 2021 | Suicide Prevention Commission Executive Committee Meeting | Present Subcommittee Project Plan |
| September 2021 | Suicide Prevention Commission Meeting | Create two work groups: |
| | Sign up for workgroups begins DR | Conduct first meeting with subcommittee to discuss Death Scene Investigation Form. Conduct first meeting with subcommittee to discuss Universal Screening Tool. Have people sign up for each group: (2) Leads; 1 responsible for each group. Participants sign up for each group. |
| September 2021 | Death Scene Investigation Form Workgroup Meeting (Date TBD) | Identify what tools already exist: Are there limitations to the current tools being utilized? What additional questions could we ask that we do not have |
| | Universal Screening Tool Workgroup Meeting (Date TBD) | answers to currently? What are some skills and resources that we can bring to the table that we currently have? |

| | | Gaps and Barriers: |
|--------------|--|--|
| | | We have noted that there are gaps that exist within the current tools - |
| | | What would you say some of those gaps are? |
| | | What are some ideas on what we can/need to do to fill these gaps? |
| | DR | We have all these tools available for our disposal, how can we create a tool that will be useful and that we can share with the majority? |
| | | Do we create a tool utilizing something that already exists and citing it? Or do we create something brand new? |
| | | How can we change the narrative to reduce stigma and thereby reduce said gaps? |
| | | Incorporating training after someone is determined to be at risk? What are the next steps? |
| | | Assignment: find evidence-based screening methods for next month to discuss. |
| October 2021 | Death Scene Investigation Form Workgroup Meeting (Date TBD) | Having given instructions previously on finding evidence-based research for both groups, discuss research and ask members to consider said information in the context of incorporating it into our respective tools. |
| | Universal Screening Tool Workgroup | |
| | Meeting (Date TBD) | Evidence-Based Research: |

| | | What kind of evidence-based methods are available? Can we incorporate them in our tools? |
|---------------|------------------------------------|---|
| | | How can we expand the use of evidence-based screening, |
| | | assessments, and suicide-specific treatment to those at risk? |
| | DR | Assignment: Come up with questions to ask subject matter experts. |
| November 2021 | Death Scene Investigation Form | Begin finalizing respective documents. |
| | Workgroup Meeting (Date TBD) | Have a guest subject matter expert speak and provide an opportunity to discuss what they would want and need in a tool. |
| | Universal Screening Tool Workgroup | |
| | Meeting (Date TBD) | Expertise: |
| | | Have Subject Matter Experts speak. |
| | | What is liked about the current tool? |
| | | What is disliked about the current tool? |
| | | What, in their opinion, is missing? Are there any gaps? |
| | | Who regularly uses screening tools? And or who benefits from the information? |
| | | What would they like to see added? Changed? |
| | | What are procedures after someone is determined to be at risk? |

| December 2021 | Death Scene Investigation Form Workgroup Meeting (Date TBD) Universal Screening Tool Workgroup | Subcommittee will start reviewing and finalizing their respective documents. |
|---------------|--|--|
| January 2022 | Meeting (Date TBD) Suicide Prevention Commission Meeting | Commission will review and approve the finalize and approve the respective documents. |
| February 2022 | Death Scene Investigation Form Workgroup Meeting (Date TBD) Universal Screening Tool Workgroup Meeting (Date TBD) | Dissemination and Promotion: How do we promote and disseminate these tools to people? How can we leverage commissioner's roles to get these tools out to people that need them? Why would we, as commissioners, need to require suicide screening in emergency rooms, during hospital admissions, and during primary care visits? What are the benefits of standardizing screenings/death scene investigation tools? |
| March 2022 | Incorporate both documents into Michigan Suicide Prevention Commission's Annual Report. | |



September 27, 2021 Suicide Prevention Commission Meeting

I want to thank you for your time and dedication to addressing suicide prevention in Michigan, as it is only through collective efforts and a continuum of services that we can reduce suicide deaths. My name is Maricela Alcala, and I am the CEO of Gryphon Place, an organization in Kalamazoo assisting those facing crisis and conflict in our state and is a National Suicide Prevention LifeLine affiliate. I am here today to share with you the experience of Gryphon Place and concerns related to the 9-8-8 line in Michigan.

Gryphon Place has been providing services through the suicide prevention line for 16 years and is part of a network of centers supporting our state's suicide prevention efforts by taking these calls. Behavioral Health and Developmental Disabilities Administration (through MDHHS) has notified Gryphon Place that after the capacity-building period ends in April 2022, we will more than likely not receive any financial support for taking 9-8-8 calls, and any funds that become available will be directed to MICAL. This means **after April 2022**, the only financial assistance received would be an annual token of \$1,200 from Vibrant the National LifeLine. We were given the option to give our calls (coverage area) to MiCal. Gryphon Place has no intent in doing this.

As we have always done, we will continue to serve by taking calls from suffering people in need of help. Our call volume will not decrease with the changes, and it is projected to increase following the 9-8-8 launch. Yet, there is no plan to compensate our organization for taking 9-8-8 calls.

I would like this commission to consider taking action and advocating for funding to Lifeline affiliated centers like ours and others across the state when funding comes available that is designated to fund 9-8-8 calls.

- Current Lifeline centers
 - Listening ear
 - Common Ground
 - Macomb County CMH
 - Dial Help
 - Network 108
 - Gryphon Place
- Lifeline Capacity building grant purpose: to prepare Michigan for 9-8-8
 - Going from 35% to 80% coverage
 - o Funding ends April 2022
 - 9-8-8 silent launch Jan 2022



Management of 9-8-8

- All centers have actively participated in 9-8-8 planning meetings.
- MDHHS contacted MPHI to manage the project
- There has been no meeting to discuss centers capacity, nor contact center integration.
- There has been no meeting to discuss the cost of each center's operations, not to learn our staffing models.
- The meeting has been very high-level conversations regarding education, accessibility, awareness, and promotion.

• Center decision regarding 9-8-8

- On June 10, there was a sub-committee there was a meeting led by MPHI and Krista Hauserman where centers were notified that there would be one 9-8-8 center for Michigan (MiCAL)
- As lifeline affiliates, we could keep our designation as a lifeline affiliate and could continue to get the lifeline stipend (\$1,200 a year) in the case of Gryphon Place.
- MDHHS has not given the crisis line centers the opportunity to apply to become the state 988 center
- MDHHS believes that if Michigan allocates 988 call center-specific funds, it will likely go to MiCAL (Common Ground), similar to the current funding structure and PA 12 of 2020.
- o In the 9-8-8, There is a national 9-8-8 planning committee for funding in preparation for the launch.
- MICAL RFP intent was to become a lifeline affiliate and be part of the system; the RFP did not call for full state 9-8-8 coverage

How does this affect Gryphon Place?

- In May of 2021, Michigan LifeLine handled 3,697, which Gryphon place handled 2,272 of these calls.
- Common core courses in any related mental health studies do not include suicide prevention. GP has served as the training grounds for mental health professionals in our region.
- Gryphon Place takes over 150K calls annually for various helplines and our youth suicide prevention program in over 20 school districts and our community suicide prevention coalition. Our Lifeline calls are part of our continuum of care that we will not be transferring to MICAL.
- This means that Gryphon Place will have to fundraise for these lines and that MDHHS through MiCal will not have valuable data from our calls for need assessment purposes and planning.