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free of charge to
family preservation
workers and
supervisors of
MDHHS-contracted
private agencies!

Most trainings
in this catalog
are offered
online!

2022-2023 Child Welfare In-Service Training

for the
Michigan Department of Health and Human Services
and MDHHS-Contracted Private Agencies

ALL trainings
in this catalog
are approved
by the MDHHS for
in-service
training hours

Delivered by
Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS

Andrews University
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Schools of Social Work

Andrews University
Eastern Michigan University
Ferris State University
Grand Valley State University
Madonna University
Michigan State University
Northern Michigan University
Saginaw Valley State University
Spring Arbor University
University of Michigan
Wayne State University
Western Michigan University

Introduction

Working effectively as a child welfare or family preservation worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained family preservation and child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, trauma, evidence-based or promising approaches to helping children and families, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires both initial professional education and training as well as an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among 12 Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services (MDHHS).

We appreciate the commitment and support of MDHHS Director Elizabeth Hertel and her Children's Services Agency Director Demetrius Starling. A special thanks to training team leaders Stacie Gibson, Laura Schneider, Meon Stubbs, and Kimberly Reese for their partnership.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge for family preservation and child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the trainings of interest; many of the training topics will have applicability beyond child welfare practice. Each training is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor
Kadi M. Prout, LMSW, In-Service Project Coordinator
MSU School of Social Work

“Child welfare isn’t rocket science. It is harder.”

—David Liederman, former director of the
Child Welfare League of America

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare and family preservation workers and supervisors and MDHHS-contracted private agencies' child welfare and family preservation workers and supervisors on a **FIRST COME, FIRST SERVE BASIS**.

◆ ◆ ◆ ◆ ◆
REGISTRATION for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.
◆ ◆ ◆ ◆ ◆

This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

FAQs

1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete? All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

2 How do I record these in-service training hours to show that I am meeting this requirement? Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

3 I see that each training in this catalog has a curriculum reference. What does this mean? Child welfare and family preservation workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the field. A worker should have the opportunity to sit down with her/his/their supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his/their caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)? In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

5 Is it true, I can attend any in-service training listed in this catalog for FREE?! Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare and family preservation workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog,
webinars are offered through several universities.

See pages 20–23.

How to Assess for Domestic Violence

Curriculum: Domestic violence: Assessing DV

Date/time: Friday, January 20, 2023 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$15 for students; \$45 all others

Presenters: Sarah Roth, BA
Shewanda Pettigrew, BA

Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand what domestic violence is and the signs of DV.
- Understand the complexities of DV.
- Assess the needs and how you can help.

Description: Domestic violence is an issue that does not discriminate based on gender, race, age, or wealth. Domestic violence can happen to anyone at any age and stage of their life. Domestic violence goes far beyond having bruises on the face and body. During this training, you will learn about how complex domestic violence really is, how to identify the signs, and what to do next. Child welfare workers engage with all different types of individuals, many of whom have experienced domestic violence of some form. This training will utilize group discussions, role play, and visual displays.

How to register: Go to www.andrews.edu/cas/socialwork/continuing and click on the link provided.

Contact: Margrethe Kerlin
Email: swceu@andrews.edu

Phone: 269-471-6196

Website: www.andrews.edu/socialwork

Grief, Loss, and Healing Within the Family

Curriculum: Trauma and crisis management: Trauma, grief, and loss

Date/time: Friday, October 28, 2022 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Hawra Khraizat, LMSW, MA



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify and describe the different kinds of grief and loss.
- Discuss and understand the five stages of grief.
- Learn tools to aid in preparing, educating, and supporting parents throughout the grief process.

Description: Loss is inevitable within a family system. We typically think of loss as the death of a loved one. But for families involved in the child welfare system, loss can take many forms: the loss of relationships, opportunities, financial stability, health, identity, and/or structure. Grief is the common process we experience as a result of our loss, whether the loss is from the death of a loved one or the loss of one's family structure. The grieving process is different for each individual; there is no "normal" time frame for healing. Emotional healing has been found to be effective in helping individuals overcome grief and loss. Emotional healing is impacted by an individual's emotional stability, culture, socioeconomic status, spiritual beliefs, and overall well-being. This training will explore the five stages of grief: denial, anger, bargaining, depression, and acceptance. In addition, this training will focus on therapeutic tools, practical case studies, and the presentation of skills and techniques to equip child welfare workers with the tools necessary to aid their families with processing, understanding, effectively coping with, healing through, and accepting their unique and varied grief experiences. This training will utilize exercises, large group discussion, and visual displays.

Demystifying IEPs and 504 Plans: Legal Requirements, Testing, and Accommodations...Oh My!

Curriculum: Education issues: Understanding a child's rights in education/special education; navigating the special education system for children with disabilities

Date/time: Friday, November 4, 2022 • 1:00 PM – 4:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Christina Marsack-Topolewski, PhD, MSW



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Articulate eligibility requirements for services, including those offered through Special Education and Section 504.
- Develop an understanding of legal requirements, including Child Find and Special Education procedures.
- Learn strategies to support and partner with families and students.

Description: This training provides a deep dive to understand procedural and legal requirements of schools to identify, provide interventions, and when deemed appropriate, evaluate students. Children and adolescents in the foster care system are more likely to be found eligible for Special Education services and/or need other supports in the school setting. Individuals working in the child welfare system such as foster care workers are often at the forefront of advocating for children who are at-risk and require specialized services. This training will equip participants with tools to understand eligibility requirements and the differences between Special Education and Section 504. This training also will provide a framework to understand Child Find and Special Education procedures and regulations. Techniques and strategies to support and partner with families will be discussed. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Grief, Loss: Use the following link: <https://forms.gle/ob4m8t6CX3HxV8eJA>

How to register: Demystifying IEPs: Use the following link: <https://forms.gle/yLP9k68k41UfCbgt7>

Phone: 734-487-4429

Email: emu_socialworkce@emich.edu

Understanding the Dynamics of Intimate Partner Violence

Curriculum: Trauma and crisis management



Date/time: Friday, October 7, 2022 • 1:00 PM – 4:15 PM (ET)
Location: Mecosta-Osceola DHHS, 800 Water Tower Road, Big Rapids, MI 49307
Social Work CECHs: 3 hours
Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others
Presenter: Elizabeth Post, LMSW

Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Demonstrate understanding of the dynamics of intimate partner violence, including power and control.
- Demonstrate understanding of the increased vulnerabilities of intimate partner violence to minoritized individuals and families, including LGBTQ+, BIPOC, those without documentation, those living in poverty and those without homes.
- Demonstrate clinical skills to be able to identify and intervene with a family experiencing intimate partner violence.

Description: Using an anti-racist framework, this training will examine intimate partner violence through a systemic lens, including the micro experiences of the family and individual, the mezzo community response to intimate partner violence, as well as a macro lens, which will present intimate partner violence as a public health crisis. The training will be a balance between presentation of material, discussion, and application of skills. This training will utilize exercises, small and large group discussions, and visual displays.

Domestic Violence Safety Planning

Curriculum: Trauma and crisis management



Date/time: Thursday, November 3, 2022 • 12:00 PM – 3:15 PM (ET)
Location: Mecosta-Osceola DHHS, 800 Water Tower Road, Big Rapids, MI 49307
Social Work CECHs: 3 hours
Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others
Presenter: Kathryn Malone, PhD, LMSW

Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Recognize ways that domestic violence impacts children and adults.
- Apply creative individual and systemic interventions.
- Identify comprehensive safety planning techniques.

Description: This training will use a social justice lens to explore the phenomenon of intimate partner violence. The purpose of the training is to develop an understanding of the dynamics and complexities of intimate partner violence and to dispel myths and stereotypes that have worked to limit the availability and access to resources that are needed to combat the problem. The training will discuss trauma and the impact of experiencing and witnessing trauma for children and adults from an intersectional lens. Using an experiential, skill-based simulation, the training will also develop the requisite set of skills so that child protection, foster, and adoption caseworkers can implement meaningful and effective interventions and safety plans. By looking at a combination of individual and societal factors that contribute to the prevalence of intimate partner violence, participants will be challenged to develop creative, systemic interventions and effective safety plans. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

How to register: Contact Kristina VanSyckle

Phone: 231-591-2737

Email: socialwork@ferris.edu

Website: www.ferris.edu/socialwork

Responding to Vicarious Trauma and Promoting Resilience

Curriculum: Trauma and crisis management

Date/time: Friday, November 4, 2022 • Program 8:45 AM – 12:00 PM (ET)

Location: GVSU Pew Campus, Room BIK 230
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Shyra Williams, LMSW, ACTP



Beginning and intermediate skill levels

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- List two ways vicarious trauma impacts service providers.
- Describe vicarious resilience.
- Implement two ways to promote and maintain resilience and two ways to mitigate vicarious trauma's impact.

Description: This training will offer information on the importance of addressing vicarious trauma in the workplace and strategies for promoting resilience in individuals and organizations. This training will also provide experiential activities and time for personal reflection and planning for building your own resilience! This training will utilize exercises, small and large group discussions, and visual displays.

Providing Effective Supervision Alongside Cultural Humility

Curriculum: MiTEAM principles: Effective supervision and mentoring

Date/time: Friday, February 3, 2023 • 8:45 AM – 12:00 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Tamela Spicer, MA



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Discuss the different types of supervision and unique qualities of each.
- Recognize how to effectively integrate cultural humility into the supervisory role.
- Utilize practical tips for implementing coaching skills into supervision work.

Description: Supervision is a balance of educational, administrative, and supportive work. Whether supervising for students, licensure, or ongoing staff supervision, it can be a delicate balance of guiding accountability, coaching, and teaching. This interactive training will put this balance into focus and offer practical tips for equitable, inclusive supervisory practices. This training will utilize small and large group discussions and visual displays.

How to register: Visit www.gvsu.edu/swce

Contact: Lucas Treadwell

Phone: 616-331-7180

Email: learn@gvsu.edu

Addressing Racial Disproportionality and Disparities in Child Welfare Part 1

Curriculum: Antiracism: Action-oriented strategies for institutional systemic change that addresses racism and other interlocking systems of social oppression

Date/time: **Wednesday, October 26, 2022** • Program 9:00 AM – 12:15 PM (ET)

Location: **Madonna University**, 36600 Schoolcraft Road, Livonia, MI 48150, Room #TBD

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: **Janice King, LMSW**



Intermediate skill level

Target audience:

- ✓ **Family Preservation Workers**
- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**

Training objectives: As a result of this training, you will be prepared to:

- Discuss the internal and external causes of racial disproportionality and disparities within the child welfare system.
- Explore structural and institutional racism that exists within the child welfare system and society at large.
- Assess the harm and trauma of forcible separation that BIPOC children and families experience.

Description: This is the first of two trainings dedicated to this topic. This training will explore the internal and external causes of racial disproportionality and disparities and will examine the structural and institutional racism that is in place in society at large and how it permeates within the child welfare system. The impact of the trauma of forcible separations on Black children and families will be assessed. This training will utilize small group discussion and visual displays.

Casework Strategies to Address Racial Disproportionality and Disparities in Child Welfare Part 2

Curriculum: Antiracism: Action-oriented strategies for institutional systemic change that addresses racism and other interlocking systems of social oppression

Date/time: **Wednesday, November 30, 2022** • Program 9:00 AM – 12:15 PM (ET)

Location: **Madonna University**, 36600 Schoolcraft Road, Livonia, MI 48150, Room #TBD

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: **Janice King, LMSW**



Intermediate skill level

Target audience:

- ✓ **Family Preservation Workers**
- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**

Training objectives: As a result of this training, you will be prepared to:

- Explore strategies specific to addressing racial disproportionality and disparities.
- Discuss implementation of strategies and the impact at different points in the child welfare process.
- Assess culturally specific strategies that will benefit BIPOC children and families.

Description: This training is a follow up to the previous training, Addressing Racial Disproportionality and Disparities in Child Welfare. The previous training explores the causes of racial disproportionality and disparities while this installment will explore strategies that can be implemented at various points in the child welfare process. Culturally specific strategies addressing the needs of BIPOC children and families will be assessed. This training will utilize small group discussion and visual displays.

Addressing Implicit Bias

Curriculum: Antiracism: Theory and/or practice (whether political or personal) that seeks to challenge, reduce, or eliminate manifestations of racism in society

Date/time: **Friday, January 27, 2023** • Program 9:00 AM – 12:15 PM (ET)

Location: **Madonna University**, 36600 Schoolcraft Road, Livonia, MI 48150, Room #TBD

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: **Irena J. Glover, PhD, LMSW**



Intermediate skill level

Target audience:

- ✓ **Family Preservation Workers**
- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**

Training objectives: As a result of this training, you will be prepared to:

- Define implicit bias.
- Explore ways in which implicit bias manifests in interactions, thoughts, and behaviors.
- Examine approaches to identify and challenge implicit biases.

Description: Understanding implicit bias and how it shows up in behaviors, thoughts, and interactions is an important step in working to address and overcome that bias. This training will aid attendees in understanding and acknowledging their own implicit bias and learning approaches to identify and challenge bias. This training will utilize exercises, small group discussion, and visual displays.

Understanding Cultural Humility

Curriculum: Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice

Date/time: **Friday, February 24, 2023** • Program 9:00 AM – 12:15 PM (ET)

Location: **Madonna University**, 36600 Schoolcraft Road, Livonia, MI 48150, Room #TBD

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: **Irena J. Glover, PhD, LMSW**



Intermediate skill level

Target audience:

- ✓ **Family Preservation Workers**
- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**

Training objectives: As a result of this training, you will be prepared to:

- Examine differences between cultural diversity, cultural competence, and cultural humility.
- Discuss the principles of cultural humility.
- Explore ways to engage children and families in learning about their cultural heritage.

Description: Practice has shifted from the idea of cultural diversity and cultural competence to a more inclusive framework of cultural humility. This framework is integral in acknowledging and appreciating cultural differences. Through this training, attendees will gain an understanding of the principles of cultural humility, how it differs from previous models, and how it can be used in working with children and families through child welfare service delivery. This training will utilize small group discussion and visual displays.

How to register: <https://www.eventbrite.com/e/addressing-racial-disproportionality-and-disparities-in-child-welfare-part-tickets-395678042677>

How to register: <https://www.eventbrite.com/e/strategies-to-address-racial-disproportionality-disparities-in-cw-part-2-tickets-395689085707>

How to register: <https://www.eventbrite.com/e/addressing-implicit-bias-tickets-395696447727>

How to register: <https://www.eventbrite.com/e/understanding-cultural-humility-tickets-395699005377>

Questions: Contact Irena Glover
Email: iglover@madonna.edu



Challenging Color-Blind Racism Using Critical Race Theory and Liberatory Practice

Curriculum: Cultural humility/cultural competence

Date/time: Thursday, October 13, 2022 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing

Presenter: Shimon Cohen, MSW, LCSW



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Explain race, racial structure, and racial ideology.
- Describe ways color-blind racism operates.
- Apply critical race theory (CRT) and liberatory practice frameworks to your work.

Description: In this training, we will address color-blind racism using critical race theory and other frameworks to look at how racial colorblindness is racist and avoids both color/race and power/racism. We will explore frameworks such as critical race theory and liberatory practice to our work/approach. We will have the opportunity to apply these frameworks using case examples. This training will utilize exercises, small and large group discussions, and visual displays.

Avoiding Burnout by Practicing Self-care

Curriculum: Secondary trauma

Date/time: Wednesday, October 19, 2022 • Program 1:00 PM – 4:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing

Presenter: Kelley Hollie, LMSW



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Recognize and articulate an understanding of the importance of self-care.
- Explore various strategies to create a holistic plan of self-care.
- Identify barriers to mental health in helping professions.

Description: Providing services with finite resources to needy clients can be stressful, especially during a pandemic! This training will explore ways for practitioners to develop an understanding of self-care and its importance to practitioner health. Participants will be given a toolkit of strategies to practice self-care in their own lives using somatic techniques and evidence-based interventions. This training will utilize small and large group discussions and visual displays.



School of Social Work
MICHIGAN STATE UNIVERSITY

Minimizing Disruption and Trauma in Kids When Placements Change

Curriculum: Placement

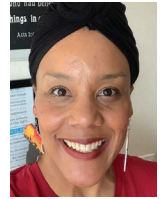
Date/time: Wednesday, December 14, 2022 • Program 1:00 PM – 4:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing

Presenter: Kelley Hollie, LMSW



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Explore the impact of loss and change on children, young people, and birth parents involved in the child welfare system.
- Support workers and foster parents, working in partnership to plan and facilitate successful child-centered transitions.
- Provide workers and foster parents with resources and ideas to support children and young people experiencing change.

Description: This training seeks to educate and inform participants in how disrupted placements, including removal from the birth family, impact children and young people. The training will give practitioners practical strategies based on evidence-based practice and top tips to help minimize disruption and distress for children involved in the child welfare system. Special consideration will be given to how to form and maintain a positive working relationship with birth parents. This training will utilize small and large group discussions and visual displays.



School of Social Work
MICHIGAN STATE UNIVERSITY

How to register for online training: <https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>

Contact: Gina Tremonti Gembel, MSW
Phone: 517-353-3060
Email: swkce@msu.edu

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2023, renewed annually.

Fostering Positive Attachment in Families with Infants and Young Children

Curriculum: Mental and behavioral health: Infant mental health; importance of bonding/attachment

Date/time: **Thursday, November 17, 2022** • Program 9:30 AM – 12:45 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval MICEC-0044

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 for students; \$45 all others

Presenter: **Ashley Provost, LMSW, IMH-E**



Beginning skill level

Target audience:

- ✓ **Family Preservation Workers**
- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**

Training objectives: As a result of this training, you will be prepared to:

- Describe and define infant mental health and at least one attachment style.
- Describe at least one risk factor and one protective factor that shape and influence the development of infant mental health and early relationships.
- Describe at least one approach to promote the development of positive relationships between infants/young children and their caregivers.

Description: The purpose of this training is to provide a starting point for health and other professionals in Michigan to develop their knowledge about and confidence in supporting families to promote positive infant mental health and develop secure early attachment relationships. This training will utilize exercises, games, small and large group discussions, and visual displays.

Substance Abuse: Providing Support to Families Struggling with Addiction

Curriculum: Substance abuse: Providing support to families struggling with addiction

Date/time: **Friday, January 27, 2023** • Program 10:00 AM – 1:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval MICEC-0044

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 for students; \$45 all others

Presenters: **Elissa Kent, LMSW, CAADC, CCS, ADS-RT**
Caroline Cheng, PhD, MSW



Beginning skill level

Target audience:

- ✓ **Family Preservation Workers**
- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**

Training objectives: As a result of this training, you will be prepared to:

- Recognize the impact that problematic substance use has on family members.
- Understand importance of treating individuals and families experiencing SUD from an anti-oppressive framework.
- Connect family members with helpful resources related to SUD.

Description: This training will discuss the impact that problematic substance use has on the family, highlighting the context surrounding children and the child welfare system. The trainers will discuss the implications of trauma specific to substance use. This training will emphasize treatment of the family from an anti-oppressive framework and will provide skills and resources to assist families who are experiencing problematic substance use. Participants will be able to apply the skills learned in small group discussion during the training. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Online at <https://nmu.edu/continuingeducation/>

Contact: Megan Nowicki, Program Specialist Phone: 906-227-2144

Email: mewales@nmu.edu

Website: <https://www.socialworkcec.com/face-to-face-courses/2022/04/02/child-welfare-workshop-series>

Moving Toward and Beyond: Re-Discovering the Utility of Ourselves as Providers

Curriculum: Antiracism: Action-oriented strategies for institutional systemic change that addresses racism and other interlocking systems of social oppression

Date/time: Friday, October 21, 2022 • Program 9:00 AM – 12:15 PM (ET)

Location: Saginaw Valley State University, Gilbertson Hall–South, Room 127

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: Derrick Guty, MA



Advanced skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Identify current mental health care standards related to diagnosis and treatment.
- Characterize mental health care within a developmental and relational perspective and away from disorder.
- Identify helpful qualities of treatment toward understanding and healing and away from empiricism and compliance.

Description: Current systems of power influence and direct mental health disorders' diagnostic formulation as well as utility and processes to include treatment guidelines and systemic protocols. This community-building opportunity seeks to move from empirical, quantitative, and economically driven systems of diagnosis and treatment toward relational, developmental, and healing-driven systems of treatment. We hope to use group discussion and clinical examples to demonstrate the influence of noticing human developmental and relational processes as simply that: human. This training will utilize small and large group discussions and visual displays.

Secondary Trauma: Compassion Fatigue and How to Address It

Curriculum: Secondary trauma

Date/time: Friday, December 2, 2022 • Program 8:30 AM – 11:45 AM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: Catherine Macomber, PhD, LMSW



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand the concepts of compassion fatigue and compassion satisfaction.
- Apply knowledge of compassion fatigue and compassion satisfaction to your professional practice.
- Prepare a learning activity to teach supervisees compassion satisfaction techniques.

Description: Helping professionals are exposed to the trauma experienced by the vulnerable populations they serve. Compassion fatigue can be one of the outcomes of the work of helping professionals. This training will introduce the concepts of compassion fatigue and compassion satisfaction. Participants will understand these concepts and will learn methods for addressing risk and promoting resilience in the work they do with vulnerable populations. This topic is one that revolves around self-care in helping professions and requires attention to issues of diversity and implicit bias. The final objective is one that asks participants to "pay forward" the knowledge gained in this training to future professionals who choose to engage in this important work. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Email Diane Knights at djknight@svsu.edu with training title, your name, email address, and license number if you want to receive CEs.

Are They Naughty? Or in Need?

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth



Date/time: Friday, October 7, 2022 • Program 9:00 AM – 12:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approval pending
Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others
Presenter: Hollie Nash, LMSW

Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the most commonly diagnosed mental health disorders in youth.
- Demonstrate understanding of symptoms of mental health disorders in youth.
- Identify which interventions are best for the most common mental health disorders in youth.

Description: Mental health concerns are on the rise with youth, and we've seen an even greater increase since the COVID-19 pandemic. Mental health in youth impacts all areas of child welfare, including placement needs, academic achievement, social supports, and beyond. In this training, participants will learn and be able to identify the most common mental health conditions that are diagnosed in young people today as well as signs and symptoms to look for as they relate to these disorders. Various interventions will be explored as well. The instructor will use several modalities to assist participants in learning the material, including media, lecture, graphics, and interactive teaching. This training will utilize exercises, games, small and large group discussions, and visual displays.

When the Going Gets Hard: Building Attachment and Bonding While Preventing Disruption and Dissolution

Curriculum: Permanency: Techniques to promote attachment and bonding; post-adopt services and strategies for avoiding disruption and dissolution



Date/time: Tuesday, January 24, 2023 • Program 9:00 AM – 12:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approval pending
Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others
Presenter: Rebecca Rozema, LMSW, ACSW

Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify two potential risk factors in families who experience placement disruptions or feelings of despair.
- Outline two strategies and recommendations to prevent placement disruptions and feelings of despair.
- Demonstrate two techniques to promote attachment and bonding.

Description: Families who provide permanent homes for children who have been in the child welfare system face challenges that are often unexpected, even with required training and experience. Children who enter these families have experienced significant trauma and loss, often making it difficult for them to trust, attach to, and bond with a new family, even if they have resided with them for an extended period of time. This can take a toll on an adoptive or guardianship family, sometimes resulting in the request for the child to be removed from the family. As professionals in the child welfare system, we strive to minimize these requests as they increase the trauma and loss that youth experience. This training is meant to help workers learn about ways to increase attachment and bonding in creative ways with children of all ages who struggle to attach to their families. Additionally, this training will explore patterns and risk factors for disruption and dissolution of adoptions, and strategies to minimize those risks. This training will utilize exercises and small and large group discussions.

Recognizing and Addressing Domestic Violence as a Child Welfare Professional

Curriculum: Domestic violence: Recognizing the signs of domestic violence;
assessing DV; safety planning in DV

Date/time: **Tuesday, February 28, 2023** • Program 9:00 AM – 12:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Rebecca Rozema, LMSW, ACSW**



Intermediate skill level

Target audience:

- ✓ **Family Preservation Workers**
- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**

Training objectives: As a result of this training, participants will be prepared to:

- Verbalize three common tactics of power and control used by perpetrators of domestic violence.
- Identify two important factors to consider when completing an assessment of families impacted by domestic violence.
- Describe three safety guidelines for maintaining the safety of children, survivors, and themselves.

Description: Domestic violence occurs behind closed doors, but its impacts are far reaching. As child welfare professionals, we are in the unique position of being able to get behind those doors to intervene. This training will review the different tactics that can be used by perpetrators to maintain power and control, how to assess for domestic violence as a child welfare professional, and how to promote safety for everyone involved. This training will utilize role playing, exercises and small and large group discussions, and visual displays.

How to register: **October 7:** <https://www.eventbrite.com/e/381462824577>
How to register: **January 24:** <https://www.eventbrite.com/e/381467087327>
How to register: **February 28:** <https://www.eventbrite.com/e/381469073267>

Questions: Contact Emily Dixon, LMSW
Phone: 616-558-9618
Email: edixon@arbor.edu

Transracial Adoptees: Centering the Person in Support

Curriculum: Permanency: Assessment of a pre-adoptive family for permanence

Date/time: Thursday, December 8, 2022 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Daicia Price, PhD, LMSW



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define transracial adoption.
- Identify two impacts of transracial adoption on adoptees.
- Identify at least one ethical and practice consideration for permanency placement.

Description: This training is designed to provide an initial overview of transracial adoption, the impacts on adoptees, and ethical and practice considerations for professionals. Anti-racism: This presentation addresses cultural diversity and social justice perspectives by providing a deeper understanding of the implications of transracial adoption which occurs when an adopter adopts a child of a different race/ethnicity than themselves. This training will utilize small and large group discussions and visual displays.

Ethically Engaging in Anti-Racist Practice as a Child Welfare Professional

Curriculum: Antiracism: Action-oriented strategies for institutional systemic change that addresses racism and other interlocking systems of social oppression

Date/time: Thursday, February 9, 2023 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Daicia Price, PhD, LMSW



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe social workers' ethical obligation to engage in activities that disrupt racism.
- Identify three policies, procedures, or practices that perpetuate oppression.
- Develop one action to actively engage in practices that interrupt racism.

Description: This training aims to provide a foundation for building upon the ethical obligations of the profession and engage participants in completing a self-assessment and developing an action plan for engaging in disrupting systemic structures that uphold the principles of racism within the child welfare system. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Visit ssw.umich.edu/r/CEcatalog

Contact: Alia Wesala, LMSW
Email: ssw.conted@umich.edu
Phone: 734-763-5723

Mindfulness for Child Welfare Workers

Curriculum: Secondary trauma: Self-care for workers

Date/time: **Thursday, October 13, 2022** • Program 1:00 PM – 4:15 PM (ET)

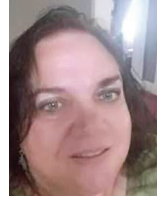
Location: **Wayne State University School of Social Work**

5447 Woodward, Room 0023, Lower Level Classroom, Detroit, MI 48202

Social Work CECHs: 3 hours • Approval MICEC #0058

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: **Patricia Dixon, LMSW**



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Learn at least three mindfulness skills to use to improve self-care and work performance.
- Describe how mindfulness helps a person to manage the Fight Flight Freeze reaction.
- Use at least one mindfulness technique with clients and co-workers.

Description: This training will be a fun and educational opportunity for child welfare workers to learn self-care techniques that will reduce anxiety and stress while improving focus and decision-making skills. Participants will learn how the limbic system plays an important part in stress management and when attended to reduces risk of burnout. The training will demonstrate basic and intermediate ways to utilize mindfulness in day-to-day work and home activities to promote work life balance. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

Substance Use Disorders: Prevention, Assessment, and Treatment

Curriculum: Substance abuse

Date/time: **Wednesday, November 9, 2022** • Program 1:00 PM – 4:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval MICEC #0058

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: **Adijat Ogunyemi, DSW, LMSW**



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand risk factors for developing substance use disorders.
- Increase awareness of available assessment tools.
- Understand the high rate of comorbidity between substance use disorders and other mental illnesses.

Description: Substance use disorders and mental illness affect millions of Americans. The impact of COVID-19 has made these disorders more prevalent throughout the country. This training aims to provide clinicians with education on substance use prevention, assessment, and treatment as a means to combat this social issue that negatively impacts our communities. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: <https://events.wayne.edu/2022/10/13/mindfulness-for-child-welfare-workers-92664/>

How to register: <https://events.wayne.edu/2022/11/09/substance-use-disorders-prevention-assessment-and-treatment-92666/>

Contact: Shantalea Johns, EdD, LMSW

Phone: 313-577-4463

Email: shantalea@wayne.edu

Website: <https://socialwork.wayne.edu/ce>

Using Multi-systemic Therapy in the Home

Curriculum: Preservation: Using evidence-based services in the home



Date/time: Friday, November 4, 2022 • Program 8:00 AM – 12:00 PM (ET)

Location: Live synchronous training via WebEx

Social Work CECHs: 3.5 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$60 all others

Presenter: Mark Varney, LMSW

Beginning and intermediate skill levels

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the theoretical model of MST/family preservation strategies.
- Select key MST micro skills that are generalizable to work with at-risk families.
- Practice skills in small groups and compare interventions with current practice strategies.

Description: This training will explore the theoretical underpinnings of multi-systemic therapy (MST) as a family preservation model. Information will be designed to give the human service worker some applicable skills to assess family systems. Intervention with targeted problem areas will also be explored and will allow the human service worker to recognize how key systems impact family and child functioning. This training will utilize exercises, small and large group discussions, and visual displays.

Trauma, Resiliency, and Horse Sense

Curriculum: Trauma and crisis management: Safety planning with a family in crisis



Date/time: Friday, December 9, 2022 • Program 8:00 AM – 12:00 PM (ET)

Location: Live synchronous training via WebEx

Social Work CECHs: 3.5 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$60 all others

Presenter: Cheryl L. Eriksen, MSW

Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Increase knowledge of the psychological, social, and developmental impacts of trauma in early childhood through an exploration of a first-person account.
- Increase knowledge of four ways horse-human interaction can impact resiliency and recovery from trauma.
- Increase knowledge of how to identify potential equine assisted services centers and evaluate their role as a referral in trauma recovery for youth and adults.

Description: This training will include a discussion with the author of *Follow Me, Friend: a memoir of undiagnosed PTSD* and the healing power of the horse-human relationship. This is based on her personal experience living for over 25 years with the symptoms of PTSD from childhood sexual abuse she did not consciously remember and the help she received as an adult through therapeutic interventions and her connection with horses. Also discussed will be the psychological, emotional, social, and developmental impacts of early childhood trauma and the effects into adulthood and the potential of equine-assisted therapy as an adjunct intervention for children and adults dealing with trauma. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Visit <https://wmich.edu/hhs/ce>

Contact: Jennifer Harrison

Phone: 269-387-3173

Email: jennifer.harrison@wmich.edu

Webinars

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be able to download and print a certificate! Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

Beginning and intermediate skill levels

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Changing Expectations: Managing Grief and Loss

Date/time: Monday, October 3, 2022 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: Jennifer R. Patrick, MA, CFLE

G.R.O.W. Trainer

Host: Michigan State University • Register at this link:

<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: The child welfare professional's life is constantly touched by grief and loss. Whether it is secondary trauma from the cycle of loss experienced by the birth parents and children they serve, or the experiences they have with foster/adoptive/kinship parents caught in the loop of grief and loss themselves, or their own personal losses outside of work, learning how to better cope will strengthen endurance. In this webinar you will learn how to redefine grief and loss, understand your expectations of your own healing process, recognize the signs in your clients, reframe your new reality, and move forward. This webinar will utilize video clips, journaling activities, and some group discussion.

Aftercare for Survivors of Human Trafficking: A Trauma Recovery Perspective

Date/time: Friday, October 7, 2022 • Program 12:00 PM – 1:30 PM (ET)

Date/time: Friday, October 21, 2022 • Program 12:00 PM – 1:30 PM (ET)

Social Work CECHs: 1.5 hour • Approval MICEC #0001

Presenter: Meredith Reese, LPC

Chief Integrated and Behavioral Health Officer, Vista Maria

Host: Michigan State University • Register at this link:

<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: In this webinar, participants will explore the complex trauma recovery process from human trafficking and its impact on all aspects of one's life. Participants will learn how to create a safe environment to build trust toward trauma recovery for survivors. The webinar will highlight the importance of human trafficking aftercare support using three key elements to support recovery. This webinar will utilize large group discussion and visual displays.

Webinars

Surviving the Moments: Suicide Awareness and Prevention

Date/time: Friday, October 14, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Christopher C. Harris, LPC**
Owner, CCHARRIS Professional Counseling Services
Contractual Clinical Therapist, Great Lakes Psychology Group
Adjunct Professor in Psychology, Lawrence Technological University
Host: **Michigan State University** • Register at this link:
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: In this webinar, the instructor will support attendees' increased understanding and awareness of the origin and impact of suicidology in contemporary America. Attendees will also learn and apply an empirical-based suicide risk assessment scale to support diagnosis and best practices for person-centered interventions for individuals and families impacted by the reality of suicide.

Assessing for Risk with Cannabis and Opioid Use Disorders

Date/time: Tuesday, October 18, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Jennifer Harrison, PhD, LMSW, CAADC**
Interim Director and Associate Professor
Western Michigan University School of Social Work
Host: **Western Michigan University** • Register at this link:
<https://wmich.edu/hhs/ce>



Beginning, intermediate, and advanced skill levels

Description: This webinar will review public health response to opioid use disorder and the contrasting criminal justice response to other substance use disorders, a reflection of racist policies. In addition, the webinar will discuss prevention and intervention for opioid overdose to reduce racial health disparities in prevention and treatment access. This webinar will utilize role playing, exercises, and small and large group discussions.

Avoiding Adversarial Relationships with Youth and Emerging Adults

Date/time: Friday, October 28, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Christopher C. Harris, LPC**
Owner, CCHARRIS Professional Counseling Services
Contractual Clinical Therapist, Great Lakes Psychology Group
Adjunct Professor in Psychology, Lawrence Technological University
Host: **Michigan State University** • Register at this link:
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: This webinar is designed to support The Fourth Turning as defined by Strauss-Howe Generational Theory, which calls this paradigm-shift The Millennial Transition. In this webinar, participants will learn about the micro, mezzo, and macro origins and impact of this global transition that are changing the way humans interact with each other in families and communities as they reshape institutions that have governed human life in our time. The webinar will also support participants' ability to balance their independent and interdependent agencies while effectively integrating their private and personal experiences being impacted by The Fourth Turning, while remaining accountable for their role-related behaviors as a professional.

Webinars

Advocating for Families and Services to Facilitate Recovery

Date/time: Tuesday, November 1, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval pending
Presenter: Margrethe Kerlin, LMSW, CAADC
Substance Abuse Therapist
Host: Andrews University • Register at this link:
www.andrews.edu/cas/socialwork/continuing



Beginning skill level

Description: This webinar will offer basic information regarding substance use disorder (SUD) and available treatment options. The focus will be placed on how SUD affects the family of the patient. This webinar will help attendees understand the need to offer both formal and informal support for families affected by addiction. During this webinar, attendees will learn appropriate ways to advocate for families. This webinar will utilize visual aids.

Navigating Higher Education for Youth Exiting or Adopted from Foster Care

Date/time: Friday, November 4, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: Stacey Goodson, MA
Foster Parent
Host: Michigan State University • Register at this link:
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: This webinar is designed to increase awareness of the array of higher education resources available for youth currently in foster care, exiting foster care due to age, or adopted from care. Participants will gain skills to navigate and access available higher education resources. Further, this webinar will explore various special education supports available for youth in higher education. This webinar will utilize exercises and large group discussion.

A Day in the Life of the Foster/Adoptive/Kinship Parent

Date/time: Monday November 7, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: Jennifer R. Patrick, MA, CFLE
G.R.O.W. Trainer
Host: Michigan State University • Register at this link:
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: Widen your scope of understanding and empathy for the foster/adoptive/kinship (FAK) parent by “spending a day” in scenarios taken from real-life situations. This webinar will strengthen your effectiveness as a licensing or foster care professional with the often forgotten or misunderstood client: your foster, adoptive, or kinship parents. You can decrease home closures due to FAK parent dissatisfaction with workers, perceived or real lack of teaming, and perceived or real lack of support from your agency. This webinar will utilize case scenarios, group discussion, and role-playing.

Webinars

Making Trauma Informed Placement Decisions

Date/time: Friday, November 18, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: Stacey Goodson, MA
Foster Parent
Host: Michigan State University • Register at this link:
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: In this webinar, you will learn how trauma affects children's placements and how child welfare professionals can make placement decisions that are trauma informed. This webinar will explore the effects of multiple placements on children in foster care and strategies for how child welfare professionals can support children in their current placements and prevent replacements. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Mindfulness Exercise and Techniques to Prevent Burnout and Manage Stress

Date/time: Friday, February 17, 2023 • Program 10:00 AM – 11:00 AM (ET)
Social Work CECHs: 1 hour • Approval pending
Presenter: Caroline Cheng, PhD, MSW
Assistant Professor, Northern Michigan University
Northern Michigan University • See page 13 for registration instructions.



Beginning skill level

Description: This webinar will discuss what secondary trauma is and explain how the body responds to trauma and stress. The trainer will discuss the physical signs and symptoms of traumatic stress and vicarious trauma. Lastly, the trainer will introduce some tools and techniques to cope with stress and prevent burnout. This webinar will utilize exercises, small and visual displays.

On-Demand Training Courses

Now offering FREE online courses! No registration required!

Online courses are recordings of live webinars and can be watched from the convenience of your home, office, or on the go! For each course, you will complete a pre-training evaluation and post-training evaluation. NO CONTINUING EDUCATION CLOCK HOURS (CECHs) are offered for the online courses, which are listed on pages 28–30. To improve your experience, we have created training categories including topics related to caregiving, children and families, substance abuse, supervision, trauma, and more. We offer trainings specific to caregivers, supervisors, and child welfare workers.

To view all course offerings, visit

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>

A few highlighted courses!

Connecting Brain and Behavior

This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

Dissociative Coping in Traumatized Children

This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

When Addiction Trumps Relationships: Working with Mothers and Addiction

This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	336	Caregiver: Advocating for My Child in the School System
Caregiver	354	Caregiver: Understanding the Role of Life Books for Youth in Care
Caregiver	372	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	381	Intergenerational Trauma and Our Work with Birth Parents: Understanding the Bridge to Success
Caregiver	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
Caregiver	204-18	Trauma-informed Caregiving (Part 3): Practical Parenting Strategies
Caregiver	208-18	Support Services for Transgender and Gender Non-Conforming Children and Families
Caregiver	217-18	Locating the Past and Building the Future
Caregiver	213-19	Doing the Difficult Work (Part 1): How to Develop Effective Relationships with Birth Families
Caregiver	214-19	Doing the Difficult Work (Part 2): How to Develop Effective Relationships with Birth Families
Caregiver	218-19	When Behaviors Prevent School Success: Advocating for Your Child with Emotional or Behavior Problems
Caregiver	224-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 1: Trauma and the Brain)
Caregiver	226-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 2: Creating Connections)
Caregiver	228-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 3: Solutions to Challenging Behavior)
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312	Suicide Assessment, Management, and Intervention
General/MDHHS	313	Safety Planning
General/MDHHS	314	Effective Courtroom Advocacy
General/MDHHS	315	Children of Parents with a Mental Illness
General/MDHHS	322	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	323	Supervision in Child Welfare: Strategies to Engage and Support Workers
General/MDHHS	324	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325	Working with Immigrant Children and Their Families
General/MDHHS	327	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328	Creating Safety for Children
General/MDHHS	329	The Kinship Conundrum (and Ways to Address)

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	337	Supporting and Strengthening Early Relationships for Children in the Child Welfare System
General/MDHHS	340	Positive Parenting with Very Young Children
General/MDHHS	341	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	346	When Addiction Trumps Relationship: Working with Mothers and Addiction
General/MDHHS	347	Working with Families Affected by Substance Abuse
General/MDHHS	348	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350	Adoption as an Option for Older Youth
General/MDHHS	352	CBT for Social Anxiety in Children
General/MDHHS	355	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358	Through a Baby's Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	359	The Healing Breath: Practicing Meditation and Self-care as a Child Welfare Professional
General/MDHHS	362	Your Role in Making Medicaid Happen
General/MDHHS	363	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365	Dissociative Coping in Traumatized Children
General/MDHHS	371	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374	Father Involvement in Functional Family Formulations
General/MDHHS	376	Promoting Health and Wellness for Foster Youth
General/MDHHS	378	Teen Parents in Foster Care
General/MDHHS	382	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383	Youth Transitioning Out of Foster Care
General/MDHHS	384	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/ Dissolution
General/MDHHS	385	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386	Understanding and Supporting Adoptive Families
General/MDHHS	387	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388	Psychological and Emotional Trauma in Children and Its Impact on Adoption/ Foster Care and Family Development

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	390	Honoring and Empowering Adolescents
General/MDHHS	392	Having the Tough Conversations About Race with Your Clients
General/MDHHS	397	Beyond Breathing: Tools for Teaching Relaxation in Trauma Work
General/MDHHS	398	Rethinking Retention: A More Holistic Approach to Supporting Foster Parents
General/MDHHS	399	Changing Outcomes Through Resiliency
General/MDHHS	700	The Crossroads of Child Welfare and Human Trafficking
General/MDHHS	701	Preventing Further Harm: A Brief Overview of Trauma for the Child Welfare Profession
General/MDHHS	702	"I Love My Job": Supervision as a Tool for Preventing Burnout and Vicarious Trauma with Workers
General/MDHHS	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
General/MDHHS	201-18	Connecting Brain and Behavior
General/MDHHS	202-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
General/MDHHS	203-18	"Who Am I?" Fostering Identity Development With Foster and Adopted Youth
General/MDHHS	205-18	Why It's Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy
General/MDHHS	206-18	Youth Aging Out of Foster Care: Body-based Practices to Promote Post-traumatic Growth
General/MDHHS	209-18	A Guide to Caring for Muslim Children in Foster Care
General/MDHHS	210-18	The Opioid Crisis in America: Identification and Treatment Strategies for Social Workers
General/MDHHS	212-18	Engaging Older Youth in Permanency Planning: To be Adopted or Not to be Adopted?
General/MDHHS	213-18	Ending Zero Tolerance: What Child Welfare Workers Should Know
General/MDHHS	214-18	The Impact of Racial Bias on Traumatized Clients in Child Welfare
General/MDHHS	211-18	Integrating Mindfulness and Wellness for Stress Reduction
General/MDHHS	215-18	Trauma and Substance Use
General/MDHHS	201-19	Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth
General/MDHHS	202-19	Making Trauma-Informed Placement Decisions
General/MDHHS	203-19	Stress and Burnout in Foster Families
General/MDHHS	204-19	Mindfulness, Wellness, and Creative Self-care for Helping Professionals
General/MDHHS	205-19	Advocating for Homeless Youth
General/MDHHS	206-19	Opportunity in Crisis: Managing Crises of Traumatized Youth
General/MDHHS	213-19	The Matter of Motivation
General/MDHHS	215-19	Beyond "No Means No": Teaching Families About Body Safety and Consent

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TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	220-19	When They Are All Survivors: Child Maltreatment in the Context of Domestic Violence
General/MDHHS	221-19	Understanding Transracial Adoption
General/MDHHS	222-19	Making the Case for Retention-Focused Management
General/MDHHS	223-19	Beauty and the Beast: Understanding Transitional Planning When Working with Youth in Residential
General/MDHHS	225-19	Perinatal Mood and Anxiety Disorders: What Every Care Provider Must Know
General/MDHHS	227-19	Special Education: Considerations for Child Welfare
General/MDHHS	230-19	Understanding Children's Grief
General/MDHHS	231-19	Trauma-Informed Foster Care
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	339	Principles of a Mobile Workforce
Leadership	361	Making the Case for Retention-focused Management
Leadership	216-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
Leadership	218-18	Principles of Staff Engagement
Leadership	220-18	Challenges in School (Part 1): Barriers for Children in Foster Care
Leadership	221-18	Challenges in School (Part 2): Strategies for Success
Leadership	200-19	The Matter of Motivation



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Registration for child welfare online courses is no longer required!

All child welfare online courses are available here:

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>.

Click on "Begin this course" under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon!

Stay tuned, and check the website often!

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
October 2022	Changing Expectations: Managing Grief and Loss	Monday, October 3 12:00 PM – 1:15 PM (ET)	Webinar	Michigan State University	20
	Are They Naughty? Or in Need?	Friday, October 7 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	15
	Aftercare for Survivors of Human Trafficking: A Trauma Recovery Perspective	Friday, October 7 12:00 PM – 1:30 PM (ET)	Webinar	Michigan State University	20
	Understanding the Dynamics of Intimate Partner Violence	Friday, October 7 1:00 PM – 4:15 PM (ET)	Mecosta-Osceola DHHS, Big Rapids	Ferris State University	7
	Challenging Color-Blind Racism Using Critical Race Theory and Liberatory Practice	Thursday, October 13 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	11
	Mindfulness for Child Welfare Workers	Thursday, October 13 1:00 PM – 4:15 PM (ET)	WSU School of Social Work, Detroit	Wayne State University	18
	Surviving the Moments: Suicide Awareness and Prevention	Friday, October 14 12:00 PM – 1:15 PM (ET)	Webinar	Michigan State University	21
	Assessing for Risk with Cannabis and Opioid Use Disorders	Tuesday, October 18 12:00 PM – 1:15 PM (ET)	Webinar	Western Michigan University	21
	Avoiding Burnout by Practicing Self-care	Wednesday, October 19 1:00 PM – 4:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	11
	Moving Toward and Beyond: Re-Discovering the Utility of Ourselves as Providers	Friday, October 21 9:00 AM – 12:15 PM (ET)	SVSU Gilbertson Hall-South	Saginaw Valley State University	14
	Aftercare for Survivors of Human Trafficking: A Trauma Recovery Perspective	Friday, October 21 12:00 PM – 1:30 PM (ET)	Webinar	Michigan State University	20
	Casework Strategies to Address Racial Disproportionality and Disparities in Child Welfare Part 1	Wednesday, October 26 9:00 AM – 12:15 PM (ET)	Madonna University Livonia	Madonna University	9
	Grief, Loss, and Healing Within the Family	Friday, October 28 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	6
	Avoiding Adversarial Relationships with Youth and Emerging Adults	Friday, October 28 12:00 PM – 1:15 PM (ET)	Webinar	Michigan State University	21
November 2022	Advocating for Families and Services to Facilitate Recovery	Tuesday, November 1 12:00 PM – 1:15 PM (ET)	Webinar	Andrews University	22
	Domestic Violence Safety Planning	Thursday, November 3 12:00 PM – 3:15 PM (ET)	Mecosta-Osceola DHHS, Big Rapids	Ferris State University	7
	Using Multi-systemic Therapy in the Home	Friday, November 4 8:00 AM – 12:00 PM (ET)	Live synchronous training via WebEx	Western Michigan University	19
	Responding to Vicarious Trauma and Promoting Resilience	Friday, November 4 8:45 AM – 12:00 PM (ET)	GVSU Pew Campus Grand Rapids	Grand Valley State University	8
	Navigating Higher Education for Youth Exiting or Adopted from Foster Care	Friday, November 4 12:00 PM – 1:15 PM (ET)	Webinar	Michigan State University	22
	Demystifying IEPs and 504 Plans: Legal Requirements, Testing, and Accommodations...Oh My!	Friday, November 4 1:00 PM – 4:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	6
	A Day in the Life of the Foster/ Adoptive/Kinship Parent	Monday, November 7 12:00 PM – 1:15 PM (ET)	Webinar	Michigan State University	22
	Substance Use Disorders: Prevention, Assessment, and Treatment	Wednesday, November 9 1:00 PM – 4:15 PM (ET)	Live synchronous training via Zoom	Wayne State University	18

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
November 2022 continued	Fostering Positive Attachment in Families with Infants and Young Children	Thursday, November 17 9:30 AM - 12:45 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	13
	Making Trauma Informed Placement Decisions	Friday, November 18 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	23
	Casework Strategies to Address Racial Disproportionality and Disparities in Child Welfare Part 2	Wednesday, November 30 9:00 AM - 12:15 PM (ET)	Madonna University Livonia	Madonna University	9
December 2022	Secondary Trauma: Compassion Fatigue and How to Address It	Friday, December 2 8:30 AM - 11:45 AM (ET)	Live synchronous training via Zoom	Saginaw Valley State University	14
	Transracial Adoptees: Centering the Person in Support	Thursday, December 8 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	17
	Trauma, Resiliency, and Horse Sense	Friday, December 9 8:00 AM - 12:00 PM (ET)	Live synchronous training via WebEx	Western Michigan University	19
	Minimizing Disruption and Trauma in Kids When Placements Change	Wednesday, December 14 1:00 PM - 4:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	12
January 2023	How to Assess for Domestic Violence	Friday, January 20 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5
	When the Going Gets Hard: Building Attachment and Bonding While Preventing Disruption and Dissolution	Tuesday, January 24 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	15
	Addressing Implicit Bias	Friday, January 27 9:00 AM - 12:15 PM (ET)	Madonna University Livonia	Madonna University	10
	Substance Abuse: Providing Support to Families Struggling with Addiction	Friday, January 27 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	13
February 2023	Providing Effective Supervision Alongside Cultural Humility	Friday, February 3 8:45 AM - 12:00 PM (ET)	Live synchronous training via Zoom	Grand Valley State University	8
	Ethically Engaging in Anti-Racist Practice as a Child Welfare Professional	Thursday, February 9 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	17
	Mindfulness Exercise and Techniques to Prevent Burnout and Manage Stress	Friday, February 17 10:00 AM - 11:00 AM (ET)	Webinar	Northern Michigan University	23
	Understanding Cultural Humility	Friday, February 24 9:00 AM - 12:15 PM (ET)	Madonna University Livonia	Madonna University	10
	Recognizing and Addressing Domestic Violence as a Child Welfare Professional	Tuesday, February 28 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	16

Additional trainings
and exciting new
topics coming
in spring 2023!



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Baker Hall
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