

Individual Field Application Exercise: Placement Planning  
Worksheet

Worker: \_\_\_\_\_ Date: \_\_\_\_\_

**Practice:** Through practice we will build the capacity and motivation to enhance our skills.

- Identify one skill from the Placement Planning module to practice in the field with one family/individual during the next month.

**Two skills covered in the Placement Planning Module:**

1. Trauma informed decision-making.
2. Lessening trauma and maintaining connections.

Skill \_\_\_\_\_

Family/Individual Name \_\_\_\_\_

What will I say and do next time I meet with this family/individual? \_\_\_\_\_

**Small Steps of Change:** Making small steps of change will positively impact families and increase our positive outcomes.

- Identify two small steps of change you will make during the next two months to build on your Placement Planning skills:

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

**Support:** Supervisors and MiTEAM Specialists are committed to helping you increase your knowledge, skills, and abilities related to Placement Planning.

Types of Support	Date and Time	Help Requested
Scheduled time with Supervisor		
Scheduled assistance with the MiTEAM Specialist (optional)		