

# Influenza Surveillance, Reporting and Testing Guidance for Healthcare Providers 2024-2025 Influenza Season

## Michigan Department of Health and Human Services

Updated October 2024

This guidance outlines Michigan Department of Health and Human Services (MDHHS) recommendations on influenza surveillance, testing, and reporting for healthcare providers. Additional guidance for influenza testing, reporting, and investigation can be found at [MDHHS Communicable Disease Information and Resources](#) and [MDHHS Lab Services](#). Please call the MDHHS Division of Communicable Disease at **(517) 335-8165** with any questions.

### Surveillance Activities and Updates

- MDHHS coordinates four voluntary statewide programs for influenza surveillance: outpatient sentinel physicians network ([ILINet](#)), influenza sentinel hospitals network, influenza sentinel laboratories network, and syndromic surveillance. These programs contribute essential data on influenza-like illness activity, influenza hospitalization trends, and virologic surveillance data throughout Michigan.
- MDHHS participation in CDC's [Influenza Hospitalization Surveillance Network \(FluSurv-NET\)](#) will continue during the 2024-2025 influenza season. This project will provide population-based rates of hospitalization due to severe influenza illness through active surveillance and chart review of lab-confirmed cases starting October 1st for Clinton, Eaton, Genesee, Ingham, and Washtenaw Counties. New to Michigan's FluSurv-NET surveillance is the addition of Livingston County which will serve as a pilot site for the 2024-2025 season.
- **Required** reporting continues for **pediatric influenza-associated deaths** (<18 years).
- MDHHS encourages surveillance and reporting of severe or unusual influenza cases (ICU admissions, severely ill pregnant or newly postpartum women, patients with atypical presentation) into the Michigan Disease Surveillance System (MDSS).
- Influenza surveillance activities are recommended year-round for rapid detection of drifted strains or potential novel or variant events, including any suspicions for highly pathogenic avian influenza (HPAI).
- Michigan influenza activity is summarized in the [MI Flu Focus](#) weekly report
- New! MDHHS has created a [Respiratory Virus Dashboard](#) which provides weekly updates on influenza, RSV, and COVID-19 activity in Michigan.

### Influenza Reporting Requirements and Recommendations

Reporting of influenza is required either by weekly aggregate counts or by individual case reports as listed below. Congregate facility outbreaks and any unusual clusters are also required to be reported.

#### Required Reporting (*Michigan Communicable Disease Rules; 333.5111 of the Michigan Compiled Laws*)

- **Weekly counts of influenza cases**
  - At the end of each week, report influenza-positive<sup>†</sup> counts into MDSS as a New Aggregate Case and marking as "Confirmed" under the "Flu-like Disease" category. (<sup>†</sup>Exclude serologic testing)
- **Facility outbreaks or clusters**
  - Contact your local health department (LHD) or MDHHS at (517) 335-8165 to report a facility outbreak or clusters of influenza-like illness.
  - MDHHS's [Cluster and Facility Outbreak Notification Report Form](#) is available for use.
- **Pediatric influenza-associated deaths (<18 years)**
  - Notify MDHHS immediately at (517) 335-8165.
  - Enter case into MDSS using the "Influenza" form and complete the case details form.
- **Suspect cases of novel or variant influenza strains**
  - Notify MDHHS immediately for any suspect avian influenza (HPAI) cases or other novel/variant strains, at (517) 335-8165 or after hours at (517) 335-9030.
  - Enter case in MDSS as "Influenza, Novel" and fill out the case details form

## Recommended Reporting

- **Severe, unusual presentations of influenza (encephalitis, pulmonary hemorrhage, pregnant or newly postpartum women with severe complications or ICU hospitalization, etc.)**
  - Report cases individually in MDSS on the “Influenza” form and complete the case details form.
  - Contact MDHHS directly for assistance with follow-up coordination.
- **Off-season (summertime) cases**
  - Individually report and obtain additional epidemiologic information on all influenza cases identified during times of low influenza prevalence.
  - Notify your LHD of these cases so that arrangements can be made to **have specimens shipped to MDHHS BOL for confirmatory testing**.
- **Electronic laboratory reporting (ELR) of influenza-positive\* cases**
  - Facilities that report all of their influenza testing results via ELR meet the reporting requirements and do not have to submit an aggregate report to the LHD. The guidance for following-up on individual cases of public health importance (outlined above) still applies to ELRs. MDHHS recommends working with your LHD to develop a system for identifying and reporting cases that warrant follow-up.  
(\*Exclude serologic positives)

## Influenza Testing

MDHHS Bureau of Laboratories (BOL) will utilize RT-PCR testing for Influenza A and B. Influenza A subtyping or influenza B lineage determination is performed on all influenza-positive specimens. For antiviral resistance testing requests, see updated [MDHHS AVR guidance](#).

MDHHS requests hospitals and clinical laboratories to submit representative influenza-positive specimens **year-round** to the MDHHS Bureau of Laboratories for further testing and viral strain characterization. **Your assistance is needed** to identify and facilitate submission of any specimens that are of high public health importance, including those below.

- **Pediatric Influenza-associated deaths (<18 years)**

Specimen submission to BOL from all pediatric deaths with suspected or confirmed influenza should be promptly coordinated with MDHHS. Please see [MDHHS guidance on influenza-associated pediatric deaths](#).
- **Atypical or severe cases and congregate setting outbreaks**

LHDs should facilitate specimen submission to MDHHS BOL from influenza cases with severe or unusual presentations, and cases associated with congregate facility respiratory outbreaks. For outbreak specimens without a known etiology, MDHHS will initially perform multiplex PCR testing for Influenza A, B, and SARS-CoV-2. Complete test requisition form *MDHHS-6097, VIRAL RESPIRATORY* found on the [test request forms webpage](#).
- **Novel or variant strain testing**

**ALL** suspected novel or variant strain influenza cases should be tested for influenza, with arrangements to include PCR testing at MDHHS BOL.
- **Off-season (summertime) specimens**

Rapid-test positive specimens (or negative specimens) from patients with a high clinical index of suspicion for influenza during the summer (off-season) months are encouraged to **be submitted to MDHHS BOL**. Healthcare providers and labs should consider the low positive predictive value of rapid influenza diagnostic tests (i.e., false positives) during times of low influenza prevalence in the community and confirmatory testing should be sought.
- **Cases with international travel**

Specimens from influenza cases with a history of international travel within two weeks of symptom onset should be submitted to MDHHS BOL.