

Other Resources

MMAP is the Michigan Medicare and Medicaid Assistance Program that offers free counseling and education on Medicare and Medicaid benefits. You can contact MMAP toll-free at 1-800-803-7174.

MISeniors.net is Michigan's Office of Services to the Aging website. The website lists support services for the elderly, housing options, information on nutrition and health care providers: www.MISeniors.net.

The Department of Human

Services* - DHS is a State of Michigan agency that provides information on independent living, senior services, adult community placement and medical services. To locate county DHS offices, call 517-373-2035, or select 'County Offices' from their website at www.michigan.gov/dhs.

Agencies offering advocacy and additional information:

- **Michigan Protection and Advocacy Service** advocates for people with disabilities, call toll-free 1-800-288-5923.
- **State Long-Term Care Ombudsman** program advocates for residents of licensed nursing homes, Adult Foster Care, Homes for the Aged, call toll-free 1-866-485-9393.
- **Citizens for Better Care** advocates for long-term care consumers, call toll-free 1-800-833-9548.
- **Legal Hotline for Michigan Seniors** offers free legal advice, call toll-free 1-800-347-5297.
- **MI.LawHelp.org** is an online guide to free and low-cost civil legal services. Select 'Legal aid directory' for legal aid offices in Michigan.

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of Community Health*



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* formerly known as the Family Independence Agency (FIA).

Access to Long-Term Care ...



... Know Your Options

This brochure offers information on the Medicaid programs that provide long-term care services and requirements for eligibility.



Home and Community-Based Services

The Michigan Department of Community Health (MDCH) has five programs that offer services to eligible persons in the home: Home Health, Home Help, Physical Disability Services (PDS), Home and Community-Based Waiver for Elderly and Disabled (MI Choice Program) and the Program of All-Inclusive Care for the Elderly (PACE).

Home Health provides in-home skilled nursing services and associated personal care from qualified nurses and home health aides.

Home Help provides unskilled personal services such as meal preparation, assistance with eating, grooming, laundry, shopping and moving about the home.

PDS provides assistance in purchasing durable medical equipment and home modifications not otherwise covered by Medicaid.

MI Choice Program provides services such as personal care, transportation, private duty nursing, meal preparation and routine household

care to allow an individual to remain in his or her home.

PACE provides comprehensive medical and long-term care services to program enrollees who are 55 years of age or older.

Additional Programs

Hospice offers end-of-life care, usually provided in the home. In some cases care may also be provided in a residential facility such as a nursing home. Support is provided for the family through counseling, and for the individual with skilled nursing services, pain management and personal care.

Nursing homes are residences that provide housing, meals, rehabilitative care, skilled nursing services and protective supervision for post-acute and long-term care needs.

For information on any of these programs, contact the regional office of either the Department of Human Services* or Office of Services to the Aging. Contact information is on the back of this brochure.

Program Eligibility and Informed Choice

Eligibility for long-term care services is determined by assessing your medical needs and functional abilities, and looking at financial criteria.

MI Choice Program, PACE and nursing homes use Michigan's Medicaid Nursing Facility Level of Care Determination to identify eligibility. Financial eligibility is determined by your local Department of Human Services* (DHS) office.

If you are determined eligible for services, you will be informed of program options. If you are determined ineligible, you will be informed of other services in your community that may help you, and your right to appeal a determination of ineligibility. Contact your local AAA or community service organization for more information about all program options.

Long-Term Care Resources

For information on moving to the community from a nursing home, call:

Michigan's State Office of Services to the Aging at 517-373-8230 to locate your regional AAA. AAAs can help identify local resources for in-home and community support services. AAAs provide services in county or regional areas.

Centers for Independent Living (CIL) are regional organizations that provide services to help people with disabilities stay in the community. To find a local CIL call toll-free 1-888-255-2457.