

# Emerging Pathogens

## Biosafety and Healthcare Preparedness Conference

Marty K. Soehrlen, PhD, MPH



*Preventing disease, promoting wellness and  
improving the quality of life of Michigan  
residents*

# Agenda

---

- Overview of previous Emerging Infectious Diseases
- Causes of expansion or emergence of diseases
- Insights into predicting the next (re) emerging infectious disease
- Overview of items to help prevent spread of emerging pathogens
- Example of current emerging pathogen – Zika Virus

# PERSON OF THE YEAR

## THE EBOLA FIGHTERS

Salome Karwah  
An Ebola survivor, 26, she lost both her parents to the disease and now counsels patients in Liberia



NATIONALGEOGRAPHIC.COM/MAGAZINE OCTOBER 2005

# NATIONAL GEOGRAPHIC



## The Next Killer Flu

Can we stop it?

PLUS HAWAII'S OUTER KINGDOM 70  
Africa's Danakil Desert 32 Battle of Trafalgar 54 Missouri Stone Age Site 92  
Street Elephants of Thailand 98 ZipUSA: Triplet Boom 118

THE SPILLING OF THE HOT SUMMER

# Newsweek

## SARS

What You Need to Know  
The New Age of Epidemics

# MURDOCH & MCI: WHAT DOES RUPERT WANT?

# Newsweek

THE INTERNATIONAL NEWSMAGAZINE May 22, 1993

## Killer Virus

MAY 22, 2005

# TIME

## WARNING:

### WE ARE NOT READY FOR THE NEXT PANDEMIC

SCIENCE KNOWS HOW TO FIGHT AN OUTBREAK—BUT POLICY STILL GETS IN THE WAY  
BY BRYAN WALSH

HOW TO KEEP THE WORLD SAFE  
BY BILL GATES

## Beyond the Ebola Scare: What Else Is Out There?

HOW MAD COW SPREAD

WHAT ABOUT HAMBURGER? A QUICK GUIDE TO ASSESSING YOUR REAL RISK

WHAT ABOUT SPREAD COWS?

ARE PORC, LAMB AND CHICKEN ALL SAFE TO EAT?

DO SUPPLEMENTS POSE A DANGER?

Mad Cow Disease

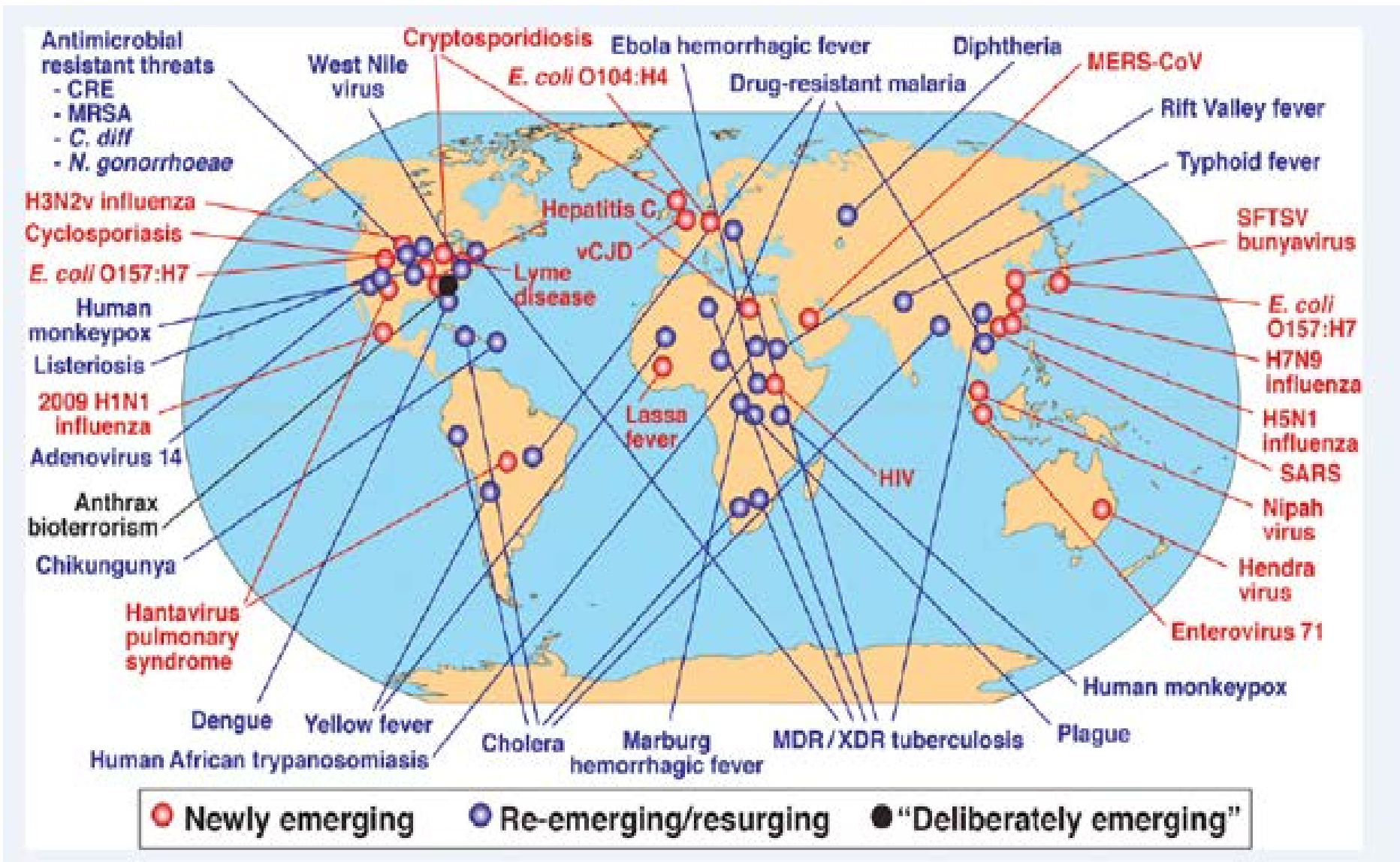
How it Could become an epidemic

Emerging / re-emerging disease	Date identified
HIV1	1983
HIV2	1985
Enterocytozoon bieneusi	1985
Human Herpesvirus 6 (HHV 6)	1986
Hepatitis C virus	1989
Hepatitis E virus	1990
Guanarito virus	1991
Barmah Forest Virus	1992
Bartonella henselae	1992
Sin Nombre Hantavirus	1993
Cyclospora cayatenensis	1994
Sabia virus	1994
Hendra virus	1994
Human herpesvirus 8	1994
Lyssavirus (in Australia)	1996
Nipah virus	1996
vCJD	1996
H5N1 Influenza	1997
West Nile Virus (In the United States)	1999



Emerging / re-emerging disease	Date identified
Bacillus anthracis - intentional	2001
Crimean Congo Hemorrhagic Fever Virus	2001
SARS CoV	2003
Monkeypox (in the US)	2003
Chikungunya Virus	2005
XDR-Tuberculosis	2006
H5N1 Influenza	2003
Pandemic H1N1 Influenza	2009
H7N9 and H5N6 Influenza	2012
MERS-CoV	2012
Enterovirus D68	2014
Dengue Fever Virus	2012-14
Ebola (largest outbreak)	2014
Zika Virus	2015

**It is estimated that between 50-75% of EIDs have a zoonotic component – this emphasizes the importance of “One Health”**



# Factors of Emergence

---

- Microbial adaptation/Host susceptibility
- Human demographics and behavior
- Technology & industry (animal practices, food production)
- Economic development and land use
- International travel and commerce
- Breakdown of public health infrastructures
- War and Famine
- Poverty and social inequality
- Climate and weather
- Changing ecosystems
- Intent to harm

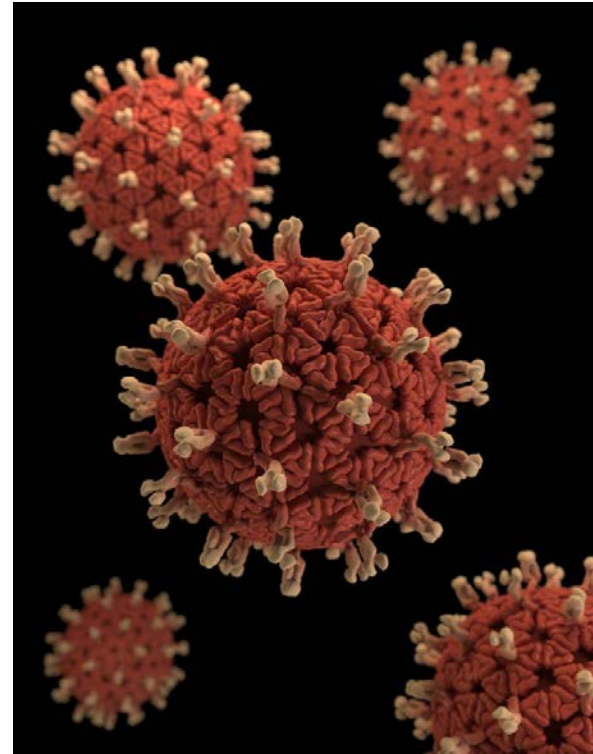
# Microbial Adaptation and Change

- A number of microbes utilizing **different genetic mechanisms**
  - Genome sequences show that **lateral transfer** is common
  - High mutation rates in RNA **viruses-rapid adaptation**
  - Quick reproduction resulting in **rare mutations building up rapidly**
- Efflux pumps
  - Conjugation
  - AIDS, Influenza
  - Viruses, bacteria



# Human Demographics and Behavior

- Increases in the human population
- Urbanization - more people concentrated in cities - often without adequate infrastructure
- Increases in the elderly populations
- Increases in children in daycare: working mothers with young children was 28% in 1970. 2013 census data placed this number at over 66%.



# Technology and Industry

- Blood transfusions and organ transplants save lives but increase risk of infections
- Transportation technology - the ability to rapidly move people and goods
- Industrial changes - mass production of food
- Industrial pollution - increases incidence of TB



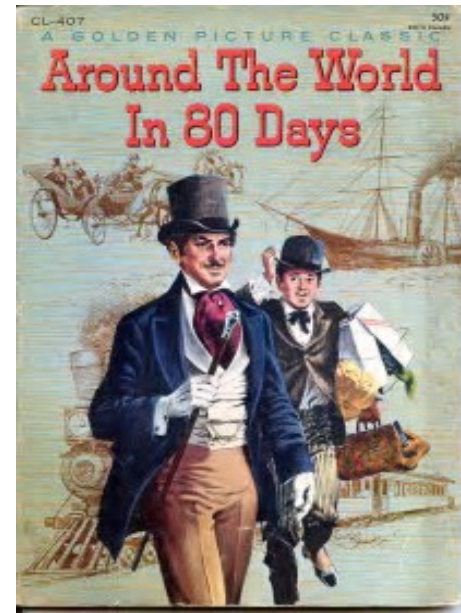
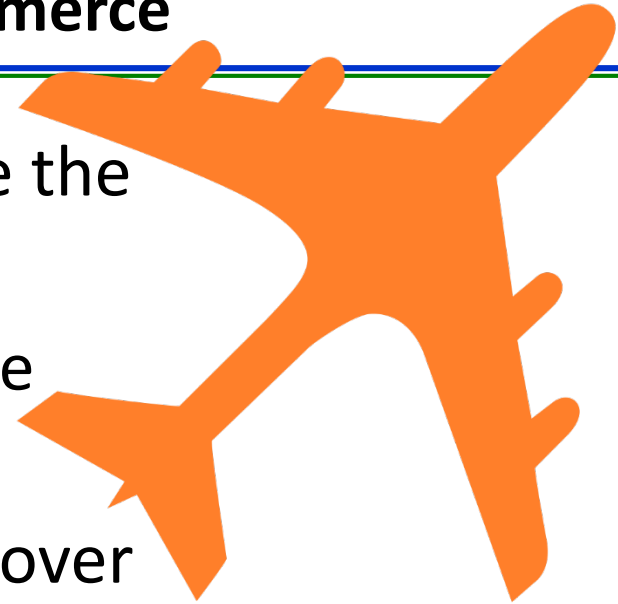
# Economic Development and Land Use

- Consumption of natural resources, deforestation, and dam building
- Logging in the rain forest has exposed people to new viruses
- Standing water lead to mosquito breeding grounds
- Historic examples - emergence of Yellow Fever when humans entered the Central American jungle to build the Panama Canal; increase in Schistosomiasis when the Aswan Dam was built on the Nile River; increases in Lyme Disease in US reforested regions



# International Travel and Commerce

- Less than 36 hours to circumnavigate the globe
  - 36 hours is faster than many disease incubation periods
- In 2016 the US State Dept. recorded over 72 million trips of citizens outside the US
- Increased incidence of both Tuberculosis and Influenza transmission on long flights



# Breakdown of Public Health

- Late 1970's - World Bank forced reductions in public sector investment, especially in Latin America and Africa
  - World Bank has shown that these countries are economically better off than that time period
  - Reduction in public health sector caused decreased immunization and nutrition levels, and a drop in medical supplies





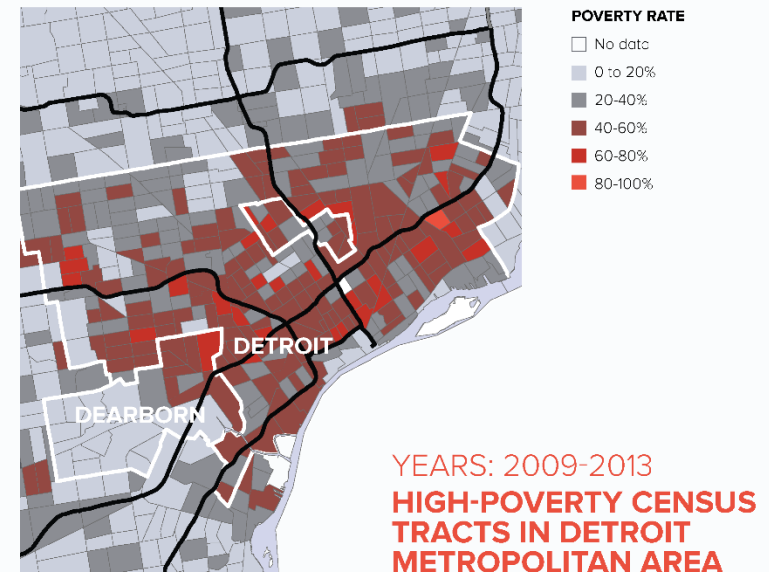
# War and Famine

- War refugees are over 1% of the global population
- War refugees are forced onto new areas where they are exposed to new microbes from vectors and people.
- War and famine are closely linked
- In 2001, tracking 16 countries with “food emergencies”, showed that 9 were because of civil unrest – this is prior to the numerous armed conflicts since that period
- Famine is also caused by social, economic, political forces, and weather



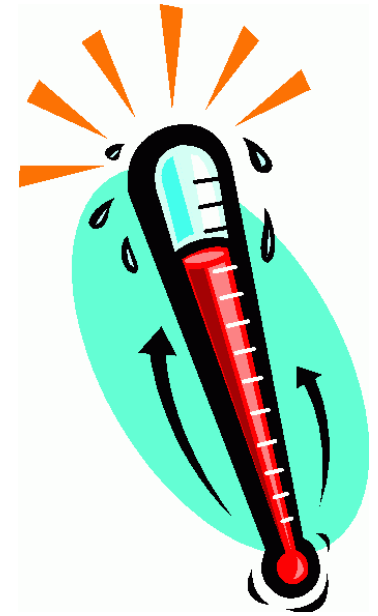
# Poverty and Social Inequality

- **Mortality from infectious diseases correlates with income**
- **Factors**
  - **malnutrition, lack of clean water and sanitation, poor housing, ignorance of risky behaviors, lack of transportation, lack of funds for out-of-pocket healthcare expenses.**



# Climate and Weather

- **Elevated rainfall and increased overall temperatures lead to expanded or new breeding habitats for mosquitoes**
  - **Spread of mosquito-borne illnesses (Zika, Malaria, Chikungunya, Dengue)**
  - **decreases salinity which can increase toxic bacteria**
  - **increases vegetation which increases rodents (Sin Nombre Hanta virus outbreak)**
  - **increases runoff into drinking reservoirs (Cryptosporidiosis outbreak)**
  - **Higher ocean temps increase *Vibrio parahaemolyticus* (shellfish)**





# Changing Ecosystems

- Ecological changes can increase the risk of infection by altering human exposure or pathogen distribution.
- Rainforest destruction forests reduce while cropping increases humidity
- Urban development increases atmospheric particles and increases air temperatures



# Intent to Harm

- Bioterrorism
  - Anthrax attacks in DC metro area
  - Salmonella in OR
  - Select Agents are high risk

\*\*Will discuss in later conference sessions\*\*
- Chemical terrorism – may lead to reduce immune responses to protect from infectious agents





# *Preventing Emerging Infectious Diseases*

## Surveillance and Response

- Detect, investigate, and monitor emerging pathogens, the diseases they cause, and the factors influencing their emergence, and respond to problems as they are identified.

## Applied Research

- Integrate laboratory science and epidemiology to increase the effectiveness of public health practice.

## Prevention and Control

- Ensure prompt implementation of prevention strategies and enhance communication of public health information about emerging diseases.

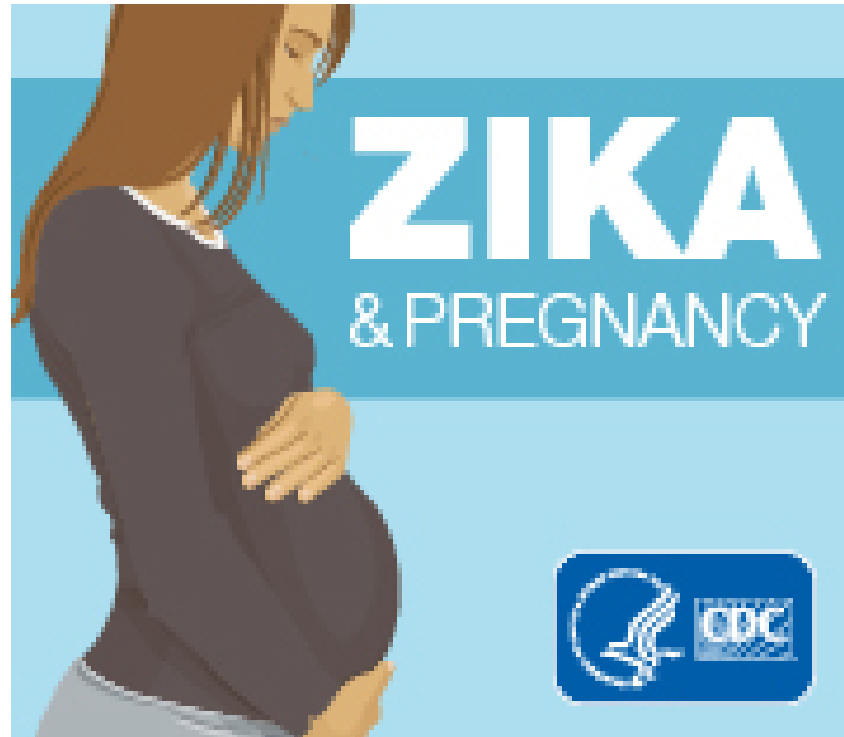
## Infrastructure and Training

- Strengthen public health infrastructures to support surveillance, response, and research and to implement prevention and control programs.
- Provide the public health work force with the knowledge and tools it needs.

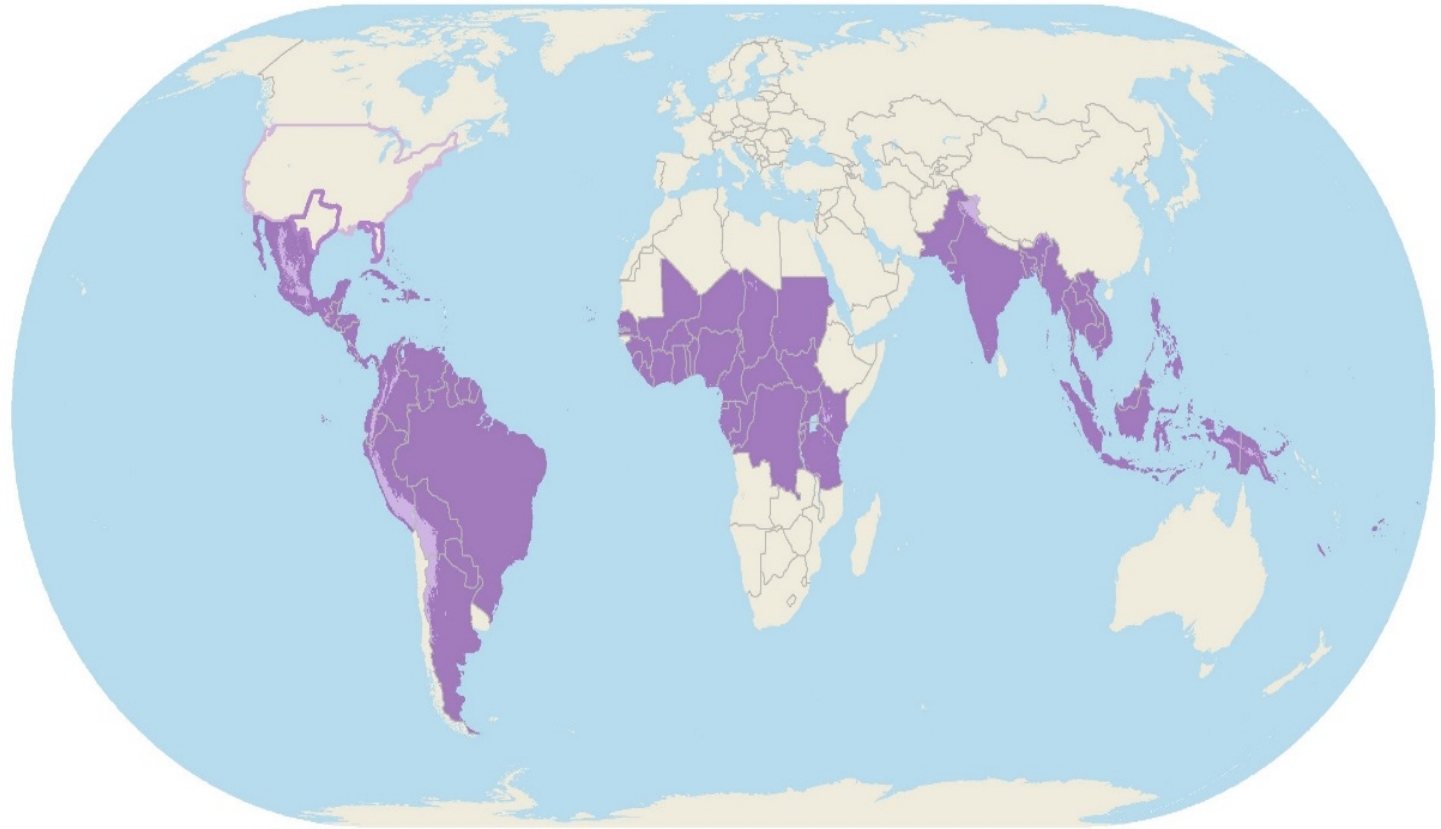
# Predicting Emerging Diseases

- Federal, State, and Local Partners track diseases that arise in other countries
  - Respiratory usually travels from Asia to US
- Clinical laboratories and public health laboratories share information of increasing disease trends
- Impact on Clinical Labs: predictions allow for time to get Emergency Use Authorizations (EUA) from FDA on diagnostic assays
  - Public health labs can help off set delays in diagnostics
- Reduction of hospital outbreaks or in some cases nosocomial infections
- Appropriate treatment of patient through antimicrobials or other treatment regimens.


# Example of a recent ongoing re-emerging disease - Zika Virus






# World Map of Areas with Risk of Zika



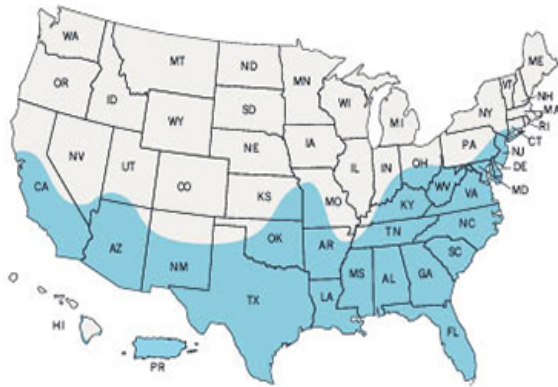
## United States areas

-  State Reporting Zika:
-  No Known Zika:

## International areas


-  Area with risk of Zika
-  Area with minimal risk of Zika
-  No Known Zika:

# Zika virus

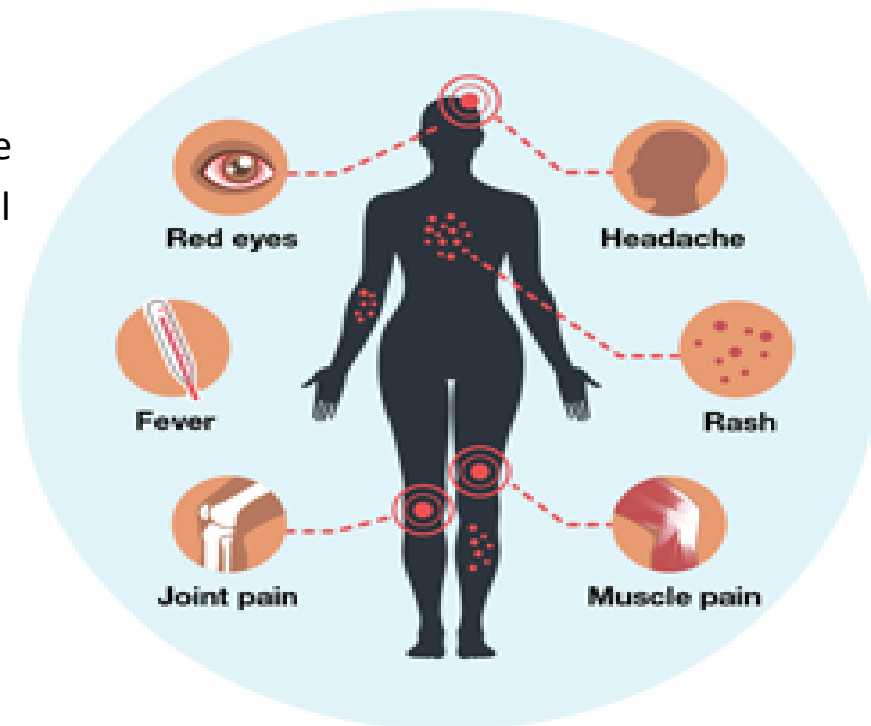


 *Aedes aegypti*



 *Aedes albopictus*

- Non pregnant patients must have at least one of the following symptoms to obtain approval for testing at MDHHS:
  - -Fever
  - -Rash
  - -Arthralgia
  - -Conjunctivitis





MDHHS Bureau of Laboratories  
began testing in May, 2016.

## TESTS AVAILABLE

- Zika IgM
  - CDC's MAC-ELISA
- Dengue and Chikungunya IgM
  - InBios
- Zika, Dengue and Chikungunya PCR
  - CDC's Trioplex
- Zika and Dengue types 1 & 2 PRNT
  - CDC PRNT Assay

## Specimen Type

- Serum ( $\geq 1$  ml)
- Urine ( $\geq 1$  ml)
  - CSF & Amniotic fluid (must be accompanied with serum)
- Ship frozen or refrigerated with frozen ice pack
  - Do not send at room temperature

\*TAT: 1-2 weeks (results usually available within 1 week)

-Specimen DOC must be within 12 weeks of symptom onset/exposure/travel  
(Exposure may include unprotected sex with a partner who traveled)

-Travel must be to an area of localized transmission of Zika

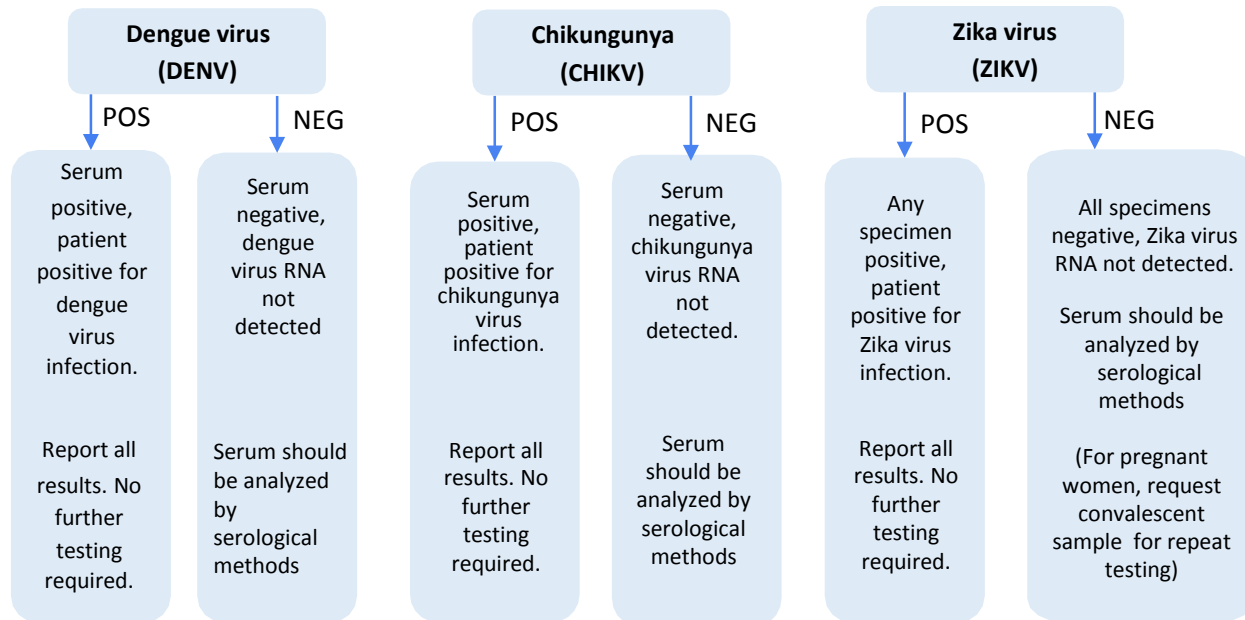
-Patient must be either pregnant or symptomatic

-MDHHS BOL Test Requisition and Zika Supplemental Questionnaire must be completed

**Algorithm for Testing Pregnant or Symptomatic Patients:  
Serum and urine collected  $\leq$  14 days after symptom onset  
(CSF or amniotic fluid for some tests)**

Test all specimens by **Trioplex rRT-PCR**

Note: Urine and amniotic fluid testing are authorized only for ZIKV.



# Algorithm for Testing Symptomatic Patients:

Serum and/or CSF collected  $\leq 12$  weeks within symptom onset

## Serological testing

Test serum specimen by:

- Zika MAC-ELISA
- dengue IgM assay (InBios)
- chikungunya IgM assay (InBios)

POS

NEG

Any test **presumptive positive, equivocal or inconclusive.**

Report results.

Forward for confirmation by PRNT

All tests **negative**, no evidence of recent virus infection.

Report results.

**No further testing of specimen required.**

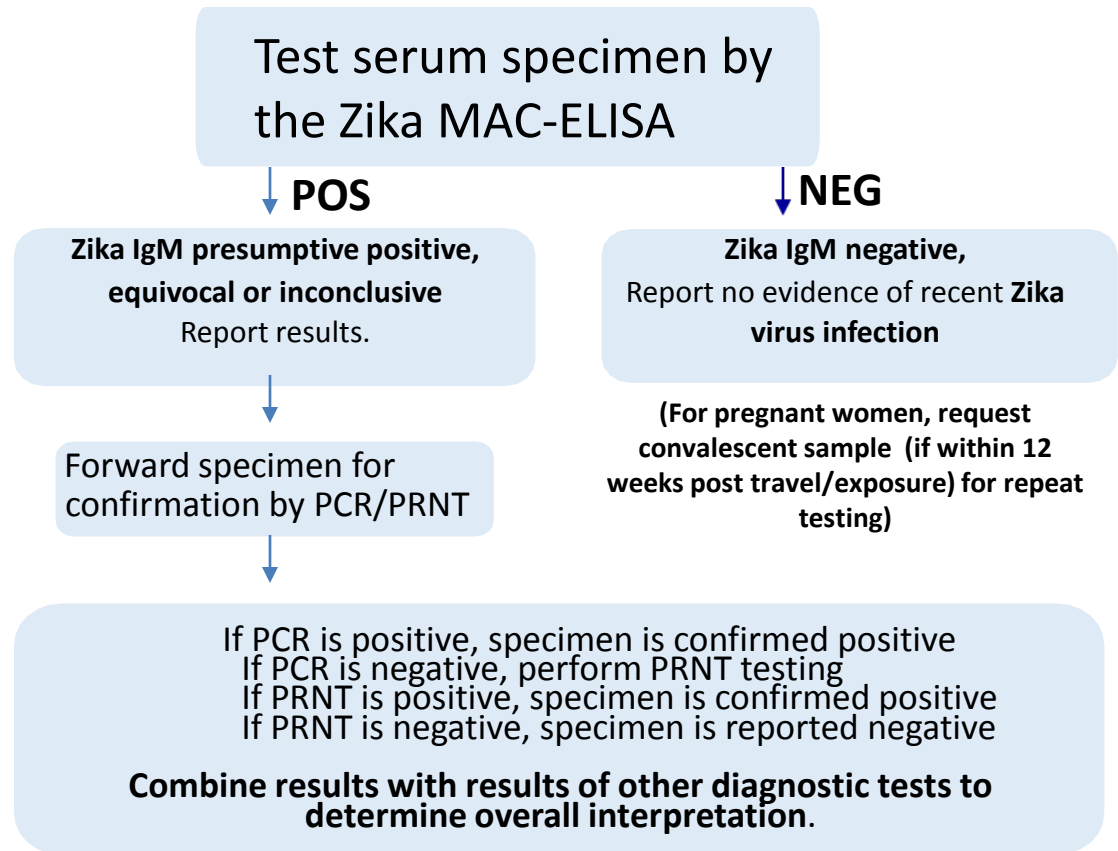
Serum tested by PRNT  
POS=Evidence of Zika infection  
NEG=No evidence of Zika infection

Report results.

**Combine results with results of other diagnostic tests to determine overall interpretation.**

# Algorithm for Testing Asymptomatic Pregnant Women:

Women residing in an active Zika transmission area or  $\leq 12$  weeks after travel to an active Zika virus transmission area or sexual contact with a person confirmed to have Zika virus infection.



# QUESTIONS?

