

MICHIGAN'S TRANSFORMATION TO A RECOVERY ORIENTED SYSTEM OF CARE FOR SUBSTANCE USE DISORDER SERVICES WHAT IT MEANS FOR PEOPLE IN RECOVERY

A recovery revolution is sweeping the nation and is having a profound impact on all substance abuse services and supports. There is even a change to the way we refer to substance abuse and addiction – they are now referred to as substance use disorders (SUD). Michigan, like many other states, is undergoing a transformation of the SUD service system to a Recovery Oriented System of Care (ROSC).

Why we need change:

- Fifty percent of clients entering treatment have already had at least one prior episode of care.
- SUD is a chronic condition, but we currently have an acute care treatment model.
- Cycling in and out of a series of disconnected treatment episodes is a product of the challenges within the current system – an inability to support sustained recovery.
- We want to broaden our system of treatment services to include ongoing support and multiple coordinated strategies to support recovery.
- We want to integrate and better enhance the coordination of prevention, follow-up, or continuing care in the recovery process that will help people rebuild their life in the community.
- The only way to provide all services needed is by working together in partnership and collaboration.

What is a ROSC?

Michigan's recovery oriented system of care supports an individual's journey toward recovery and wellness by creating and sustaining networks of formal and informal services and supports. The opportunities established through collaboration, partnership and a broad array of services promote life enhancing recovery and wellness for individuals, families and communities.

What we know about services that support recovery and resilience.

Effective ROSC services focus on:

- Greater emphasis on continuity of care: effective prevention, assertive outreach and engagement, treatment, and ongoing monitoring and support.
- A continuum of care in which services are holistic and integrated, culturally responsive, and with systems that are anchored in the community.
- Expanded availability and utilization of non-clinical services, such as: peer supports, 12-step programs, prevention, faith-based initiatives, etc.
- Resources to help prevent the onset of substance use disorders.
- A public health approach being taken to help create healthy communities.
- More assertive outreach to families and communities impacted by substance use disorders.
- More assertive post-treatment monitoring and support is provided.
- A partnership/consultation approach rather than an expert/patient model.
- The lives and experiences of other people in recovery are valued and used to help others on the journey.

Additional elements of a ROSC include a person-centered self-directed approach to recovery, and the use of peer support services to sustain an individualized recovery effort.

Michigan's recovery transformation efforts are designed to promote greater health and wellness for individuals, families and communities. We invite you to join this exciting effort. For more information, please contact the Bureau of Substance Abuse and Addiction Services at (517)373-4700 or mdch-bsaas@michigan.gov.