

COMMON TYPES OF GAMBLING:
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BETTING
ON GAMES OF SKILL
BOARD GAMES
CARDS
(TEXAS HOLD'EM)
DICE GAMES
LOTTERY
TICKETS
LOTTERY GAMES
INTERNET
BETTING
RACES (CAR, DOG, HORSE)
SPORTS BETTING

Do you carry gambling materials with you,
such as dice, cards, or poker chips?

Do you gamble with money that is supposed to
be used for lunch, the bus, or gas in your car?

Have you skipped class or other school
activities to gamble?

Do you lie to your friends or parents about
gambling?

Has gambling caused problems in your
relationship with your family or close friends?

To get money to gamble, do you:

Borrow?
Steal?
Sell items?

Are you gambling because you are lonely,
depressed, bored, or trying to forget problems?

If you (or someone you know) can answer yes
to any one of these questions, you (they) may
have a gambling problem.

Help is available, 24 hours:

Please call 1-800-270-7117

Michigan Department
of Community Health



YOUTH GAMBLING.

What are you risking?

PLAY THE GAME,
DON'T LET THE GAME PLAY YOU.

WHY DO TEENS GAMBLE?

- The action of the game/excitement
- Loneliness/boredom
- Competition
- To win money
- To gain attention from peers
- Problems at home
- Low self-esteem
- Peer pressure
- Avoidance of pain and stress
- Someone in their family gambles

CONSEQUENCES OF PROBLEM GAMBLING INCLUDE:

- Family and school problems
- Loss of friendships
- Loss of job
- Money problems
- Crime
- Depression
- Suicide

For more information, visit:

www.gamblersresponsibly.org

or

www.michigan.gov/odcp

Gambling, of any form, including **internet gambling**, is illegal in Michigan, for anyone under the age of 18.

Teenagers are three to four times more likely than adults to become problem gamblers.

Gambling is an activity in which you **bet money or something of value** on the chance you may win or lose.

In addition to being illegal, for youth,
GAMBLING IS RISKY!

