MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES (MDHHS) OFFICE OF RECOVERY ORIENTED SYSTEMS OF CARE (OROSC) TRANSFORMATION STEERING COMMITTEE-PREVENTION WORKGROUP (TSC-PW)

OROSC TSC Prevention Workgroup Meeting Minutes Thursday, October 3, 2019 1:30 p.m. – 4:00 p.m. Cass 1 North Conference Room, 1st Floor Lewis Cass Building; 320 S. Walnut; Lansing MI 48913

Introductions and Welcome – *L. Coleman*

Everyone introduced themselves as follows:

In-person: Lisa Coleman, Su Min Oh, Brianna Sabol, Karra Thomas, Ricki Torsch, Dawn Radzioch, Kathleen Altman, Achiles Malta, Alicia Goodman, Foua Hang, Madison Shutes, Logan O'Neil, Rachel Kollin, Gery Shelafoe, and Louise Harder

Phone: Jessica Kincaid, Katie Postmus, Danielle Walsh, Ken Dail, and Sarah Andreotti

- The agenda was reviewed, and no additions were added.
- > The minutes were reviewed and approved
- ➤ Follow-up items from the last meeting no follow up items to discuss

OROSC Updates

A. Overall Updates – Lisa Coleman

Ms. Coleman provided an update for OROSC staff. Kelsey Schell is now working on the Opioid Health Home (OHH) project; Logan O'Neil has replaced her as the State Opioid Response (SOR) Grant Project Coordinator.

Ms. Coleman shared that SAMHSA had their community talks townhall meetings to prevent underage drinking. Michigan came in third place for getting 67 mini community grants.

B. Gambling Disorder (GD) Prevention Program – Alia Lucas

Tabled – Ms. Lucas was not in attendance.

C. Opioid State Targeted Response (STR) Grant – Alicia Goodman

Ms. Goodman provided an update on the STR Grant activities.

- As of September 27th, all the site visits have been completed. Ms. Goodman will be sending out a formal thank you letters.
- Since May 1, 2019, the start of the no-cost extension, 1,636 naloxone kits have been purchased.

D. State Opioid Response (SOR) Grant – Logan O'Neil

Ms. O'Neil provided an update on SOR prevention activities.

- The PIHP regions are working on two prevention activities. Since October 1, 2018, there have been 1,568 families or individuals reached with evidence-based prevention for youth and families initiatives. The other prevention initiative is overdose education and naloxone distribution. Since October 1, 2018, there have been 8,383 naloxone kits purchased by the PIHPs; 6,700 have been distributed. There have been 5,406 individuals trained and 51 reported overdose saves.
- Michigan State University (MSU) Extension is working with older adults for a chronic pain and chronic disease self-management program, "Stress Less with Mindfulness." They have reached 84 adults since October 1, 2018.
- The Office of Communications is working on an anti-stigma media campaign.
- Michigan Cares Program This initiative is a collaboration between MSU and Spectrum Health to train as many doctors as they can, in the next two years, in addiction medicine. There are 46 participants enrolled in the program; five of them located in the Upper Peninsula.
- Michigan Opioid Prescriber Engagement Network (MI-OPEN) is a prescriber educational program, at the University of Michigan, to reduce the number of opioids being prescribed.

E. State Epidemiology Outcomes Workgroup (SEOW) – Su Min Oh

Dr. Oh indicated that she is updating the Michigan Epidemiological Profile. November 2019 is the target for completion. The epidemiological profile has four distinct sections (alcohol, prescription drug use, tobacco use, and mental health). This year, marijuana use will be added. It will have the same format and template.

F. Older Adult Wellbeing Workgroup – Lisa Coleman

Ms. Coleman thanked the members of the workgroup for all their help completing a needs assessment and strategic plan. The data indicated three priority areas (alcohol, opioids, and the substance use disorder system). The workgroup came up with strategies and objectives to address these priority areas. JVS International is working on finalizing the report. The workgroup will most likely meet on a quarterly basis.

G. MDHHS Marijuana Prevention Workgroup-Lisa Coleman

Ms. Coleman provided an update on the Marijuana Prevention Workgroup's activities. Over the summer, youth focus groups were conducted for the creative concepts. The marketing firm is in the process of updating the concepts to incorporate the changes as a result of the focus group sessions. Ms. Coleman will reach out to MDHHS' Communications Office to inquire about the projected timeline for the media campaign rollout. Ms. Coleman and Dr. Oh are working on the strategic plan.

Collaborative Partner Updates

A. MDHHS/Children's Services Administration (CSA) – Jessica Kincaid

Ms. Kincaid provided background information and a few updates on the Substance Use Disorder Family Support Program (SUDFSP). The second contract started yesterday, October 2nd. It is a two-year contract for five counties (Grand Traverse, Missaukee, Kalkaska, Antrim and Wexford). CSA was awarded the Comprehensive Opioid Abuse Program Grant last year and is providing the funding for the second contract. The first contract, which began October 2018, was conducted in Clare, Gladwin, Isabella and Midland Counties and was funded by a partnership with OROSC. CSA will be contracting with the University of Michigan's Child and Adolescent Data Lab to conduct an analysis and evaluation on the two SUDFSP contracts, to determine what is working and to provide data that can be used for sustainability. Ms. Kincaid indicated that with the Families First Act the State could draw down Title IVE funds.

B. MDHHS/Injury Prevention – Jan Fields

Tabled - Mr. Fields was not in attendance.

C. Department of Education – *Shawn Cannarile*

Tabled – Ms. Cannarile was not in attendance.

D. MI State Police/Office of Highway Safety Planning – Christy Sanborn

Tabled – Ms. Sanborn was not in attendance.

E. MDHHS/Mental Health Services to Children and Families – Meghan Schmelzer

Ms. Schmelzer was not in attendance, so Ms. Coleman provided the update. She informed the workgroup that as of October 1, 2019, OROSC is providing Block Grant funding for the social/emotional consultants and program that Ms. Schmelzer discussed at the last TSC Prevention Workgroup meeting. Ms. Coleman and workgroup members discussed the program.

STR Evaluation Presentation – Rachel Kollin

The STR Evaluation Presentation, which Ms. Kollin presented, has not been approved for dissemination. Therefore, Ms. Coleman requested the workgroup not to share the PowerPoint. She will notify the workgroup when it can be disseminated. Ms. Kollin explained that the presentation is on the project Year-2 report, but it does include data for project Year-1. She went through the report and answered questions that were asked by the workgroup.

Michigan Prevention Data System (MPDS) – Su Min Oh

Dr. Oh provided and update for FY2020 activities. The target population and level of funding for each PIHP is the same. She indicated that the contract will be amended because it will be added to the prevention funds. In August, she received FY2019 data from three regions. The next batch of data is due October 30th.

Partnership for Success (PFS) 2015-2020 Update – Lisa Coleman

Ms. Coleman provided updates on the PFS Grant, for prevention of underage drinking and prescription misuse for individuals ages 12-25. This grant year's focus will be on the implementation of the SBIRT process and prevention programming. The satisfaction survey was recently completed for the PIHPs and funded communities. Ms. Sabol is working on grant Year-4's evaluation report, which should be completed around February 2020. Ms. Coleman stated that if anyone needs to make changes to their key activities' timeline for Year-5, they can submit those changes. She reminded the workgroup that the 4th quarter and the evidenced-based program policies and practices reports are due on October 15th. The in-person meeting will be on October 15th; the agenda will be sent out soon.

<u>Prevention Network: Michigan Higher Education Network (MIHEN), Parenting Awareness Michigan (PAM), Michigan Coalition to Reduce Underage Drinking (MCRUD)</u> – Louise Harder

Ms. Harder provided members with the collegiate marijuana prevention toolkit. The electronic toolkit is available on Prevention Network's website; in the future it will also be available on MDHHS' website. A handout regarding the collegiate recovery program will be sent out electronically to all Michigan colleges and universities for those schools interested in implementing a collegiate recovery community on their campus. Ms. Harder gave a summary of the September 29th a conference.

Ms. Coleman provided some additional updates. The Parenting Awareness Michigan's conference will be held on November 18th in Lansing at the Kellogg Center. The underage drinking strategic plan was submitted. OROSC is beginning to review the plan and will ask for feedback from the workgroup and The Michigan Coalition to prevent underage drinking. Ms. Harder was presented with the Preventionist of the Year Award at the Substance Use Disorder Conference. On October 22nd, from 10am-12pm, MCRUD will be having a meeting regarding high density of alcohol retailers.

Screening, Brief Intervention and Referral to Treatment (SBIRT) – Lisa Coleman

Ms. Coleman indicated there are no updates to share on SBIRT.

Training and Technical Assistance (TA) – Lisa Coleman

- a. Great Lakes Prevention Technology Transfer Center: This organization is being funded by SAMHSA and replaces the old CAPT system. The University of Wisconsin has the contract for Region 5, which includes Michigan. They hosted two sustainability trainings in September.
- b. Ms. Coleman is developing a T.A. and training needs for FY2020. She will send out a communication to all the prevention coordinators to ask for ideas on trainings needed for the next year.
- c. OROSC received an additional \$25,000 for T.A. and training for the PFS Grant. SAMHSA has also provided a significant amount of money with the Block Grant specifically for training and T.A.
- d. Great Lake Prevention Technology Transfer Center is convening workgroup for higher education trainings and T.A.

Substance Abuse Prevention Skills Training (SAPST) – *Lisa Coleman*

- a. Ms. Coleman is hoping to do three SAPST trainings this year.
- b. In November 12-15th there will be a training in the Upper Peninsula.

Innovative Prevention Practices

Ms. Shelafoe shared that Region 1 created collaborative amongst their coalition coordinators. The coordinators share resource information. The coalition coordinators created a walk/run/bike event, which spanned from one end of the Upper Peninsula to the other, for Suicide Prevention Month. The 2-day event was held in September.

Ms. Harder shared that she was at the MSU Townhall talking about prevention activities and collegiate recovery community. She learned that MSU will be offering a recovery ally training; Ms. Harder believes it will begin this fall. The initiative's purpose is to have individuals in the collegiate recovery community to speak to staff across campus with the goal of decreasing stigma and increasing awareness of the collegiate recovery community.

Next Steps and Other Items, Announcements

Ms. Altman indicated they hired a new SBIRT staff member.

Next Meeting

Date/Time: December 5, 2019 1:30-4:00 pm

Location: Michigan Department of Health and Human Services

Lewis Cass Bldg., 320 S. Walnut, Cass 1 North Conference Room

Lansing, Michigan 48913