

SELF-COLLECTED VAGINAL SWAB SPECIMEN

PATIENT INFORMATION SHEET

- A self-collected vaginal swab is one way to test for *Chlamydia trachomatis* and *Neisseria gonorrhoeae* infection. Other options are available. If you have questions about the self-collected vaginal swab, other sample collection options, or about STDs, consult your doctor, nurse or care-provider.
- Vaginal swab self-collection is an option in healthcare facilities if you agree to perform the procedure. Counseling from your doctor, nurse and care-provider is available for the self-collection procedure.
- Carefully read the vaginal swab self-collection instructions on the reverse side. If you feel you can perform this self-collection procedure and wish to use this method of testing for STDs, inform your doctor, nurse or care provider.

IMPORTANT INFORMATION TO CONSIDER

IF YOU ARE PREGNANT, PLEASE INFORM YOUR DOCTOR, NURSE OR CARE PROVIDER.

- Before you collect a vaginal swab specimen, inform your doctor, nurse or care-provider if you have:

recent pelvic pain

pain with sexual intercourse

unusual vaginal discharge or bad odor

These symptoms can be due to pelvic inflammatory disease (PID). Prompt diagnosis and treatment of PID can help prevent infertility and ectopic pregnancy associated with PID.

- Do not take this collection kit or your self-collected vaginal specimen home or out of the clinic

Aptima® Multitest Swab Specimen Collection Kit

Patient collection procedure guide

For vaginal swab specimens



Wash hands before starting. If you have any questions about this procedure, please ask your healthcare provider.

Partially open swab package and remove swab. Do not touch the soft tip or lay the swab down. If the soft tip is touched, laid down, or dropped, discard and get a new Aptima Multitest Swab Specimen Collection Kit. **Hold swab, placing thumb and forefinger in the middle of swab shaft over black score line.**



Carefully insert swab into opening of the vagina, about 2 inches (5 cm), and gently **rotate swab for 10 to 30 seconds**. Make sure swab touches the vagina walls so that moisture is absorbed by the swab. Withdraw swab without touching skin.



While holding swab in your hand, unscrew tube cap. Do not spill tube contents. If tube contents are spilled, request a new Aptima Multitest Swab Specimen Collection Kit.



Immediately place swab into transport tube so black score line is at top of tube. Align score line with top edge of tube and carefully break swab shaft.



Discard top portion of shaft. Tightly screw cap onto tube. Return tube as instructed by your healthcare provider.

Translations for the collection guide may be available. Please check with your Hologic rep for all collection guides.

Hologic provides this collection procedure guide as a general informational tool only; it is not an affirmative instruction or guarantee of performance. It is the sole responsibility of the clinician to read and understand the appropriate package insert and comply with applicable local, state and federal rules and regulations.

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