

Yogurt

Allowed Examples*

- Nonfat or low fat ONLY
- Plain or any flavor
- Fruit on the bottom



32 oz tubs



4 oz 4-pack (16 oz total)



4 oz 8-pack (32 oz total)



2 oz tube 8-pack (16 oz total)



2 oz tube 16-pack (32 oz total)

NOT Allowed Examples*



Organic



2% or whole milk yogurt



Greek Yogurt



Activia Fusion brand



Yogurt in bottles (drinkable) or pouches



Yogurt with separate mix-in items (such as candy, granola, honey or nuts)



Artificial sweeteners (such as aspartame, Stevia, sucralose or saccharine)



**Note: These are examples only and not limited to the brands and packages shown.*

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