



# Would You Like to Make a Difference?



## Bereavement Parent Mentor Training

The Family Center for Children and Youth with Special Health Care Needs invites you to a Bereavement Parent Mentor Training in East Lansing, Michigan.

The training requirements for parent/caregivers are:

- Their child had a special health care need
- The loss occurred at least 18 months ago
- The parent desires to support another parent possibly with the same diagnosis, who has also experienced the loss of their child



In our free interactive **Parent Mentor Training**, you will learn from a fellow parent about:

- Parent-to-Parent Support
- Communication Skills
- Grief Support
- Self-Care

There is very little support for parents/caregivers who have had a child with special health care needs and have experienced the loss of their child. This year we will be piloting Parent Mentoring Trainings for parents who have had a child with a special health care need, experienced the loss of their child and would like to help other parents that are looking for support in their journey with grief.

**Saturday December 7, 2019**

**8:45 AM —9:00 AM Registration**  
**9:00 AM—3:00 PM Parent Mentor Training**

**Capital Area Down Syndrome Association**  
808 W. Lake Lansing Rd., Ste.101  
East Lansing, MI 48823

All participants will receive:

**\*\$25 Gift Card\***  
**\*Family Center Notebook\***

Snacks, pizza and refreshments will be provided.  
(If needed, parking, mileage and childcare may be reimbursed with prior approval)

**Please use this link to register :**  
**Please register by December 4, 2019. Space is limited!**

<https://www.eventbrite.com/e/ingham-county-bereavement-parent-mentor-training-december-7-2019-tickets-72693657687>

If you have any questions **prior to** the day of training, please call the Family Phone Line: 800-359-3722.

