

CSHCS INFO #8-2017 - Understanding Grief Workshop

Wednesday, 4/19/2017 4:16pm

Dear Colleagues,

The Family Center for Children and Youth with Special Health Care Needs (Family Center) is pleased to collaborate with **GrieveWell** to offer an *Understanding Grief Workshop*. The purpose of this workshop is to give individuals who work with families the necessary information to compassionately and effectively support families who have or are experiencing grief.

The Family Center would like to invite parent leaders from within your local health department to attend our upcoming *Understanding Grief Workshop*.

## **Understanding Grief Workshop**

### **Date**

June 5, 2017

### **Time**

1:00pm – 3:00pm

### **Place**

Lewis Cass Bldg.- Floor 6  
320 Walnut St.  
Lansing, MI 48913

This 2 hour *Understanding Grief Workshop* will contain content surrounding but not limited to: understanding normal grief and recognizing complicated grief; understanding secondary grief and how it impacts the griever; understanding what to say or not say; knowing your limitations and knowing when to refer families for additional support.

**GrieveWell** is a nonprofit organization based in Ann Arbor, MI that provides community education and support to adults experiencing grief. **GrieveWell** has been providing one-to-one peer support to adults grieving the death of a loved one since 2010. This one-to-one peer support is done through the recruitment and training of volunteers who have experienced loss so they can in turn provide compassionate support to others who experience loss. In addition to one-to-one peer support, **GrieveWell** also has a series of presentations and workshops that are customized and presented in various settings such as schools, community center and workplaces with the goal of building a more compassionate community.

This *Understanding Grief Workshop* is beneficial to anyone who provides support of any kind to a family who has experienced grief or is currently experiencing grief. We have **10** spots that are available on a first come first serve basis so please **RSVP by May 19, 2017. (If needed, mileage and childcare may be reimbursed with prior approval)**

To RSVP please call Ayanna Eggleston at **(517) 335-8551** or email at [egglestona@michigan.gov](mailto:egglestona@michigan.gov).

Regards,

Candi Bush

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Candi Bush

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**Connecting families. Sharing Resources. Instilling hope.**

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