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NOW available free of charge to family preservation workers and supervisors of MDHHS-contracted private agencies!

Most trainings in this catalog are offered online!

2022 Child Welfare In-Service Training

for the Michigan Department of Health and Human Services and MDHHS-Contracted Private Agencies

ALL trainings in this catalog are approved by the MDHHS for in-service training hours

Delivered by Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



School of Social Work MICHIGAN STATE UNIVERSITY



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Schools of Social Work

Andrews University
Eastern Michigan University
Ferris State University
Grand Valley State University
Madonna University
Michigan State University
Northern Michigan University
Saginaw Valley State University
Spring Arbor University
University of Michigan
Wayne State University
Western Michigan University

Introduction

Working effectively as a child welfare or family preservation worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained family preservation and child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, trauma, evidence-based or promising approaches to helping children and families, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires both initial professional education and training as well as an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among 12 Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services (MDHHS).

We appreciate the commitment and support of MDHHS Director Elizabeth Hertel and her Children’s Services Agency Director Demetrius Starling. A special thanks to training team leaders Stacie Gibson, Laura Schneider, and Kimberly Reese for their partnership.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge for family preservation and child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the trainings of interest; many of the training topics will have applicability beyond child welfare practice. Each training is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor
Kadi M. Prout, LMSW, In-Service Project Coordinator
MSU School of Social Work

“Child welfare isn’t rocket science. It is harder.”

—David Liederman, former director of the
Child Welfare League of America

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare and family preservation workers and supervisors and MDHHS-contracted private agencies’ child welfare and family preservation workers and supervisors on a **FIRST COME, FIRST SERVE BASIS.**

◆ ◆ ◆ ◆ ◆
REGISTRATION for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

◆ ◆ ◆ ◆ ◆

This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.



FAQs

1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete? All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

2 How do I record these in-service training hours to show that I am meeting this requirement? Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

3 I see that each training in this catalog has a curriculum reference. What does this mean? Child welfare and family preservation workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the field. A worker should have the opportunity to sit down with her/his supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)? In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

5 Is it true, I can attend any in-service training listed in this catalog for FREE?! Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare and family preservation workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog,
webinars are offered through several universities.

See pages 21-27.

Human Trafficking in My Neighborhood?

Curriculum: Trauma and crisis management: Human trafficking

Date/time: Friday, April 8, 2022 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$15 for students; \$45 all others

Presenters: Ingrid Slikkers, LCSW, LMSW, CCTP
James Mello, MDiv, MSW
Hope Malabrigo, BSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the types and venues of human trafficking in the United States.
- Identify victims of human trafficking in various settings.
- Identify the warning signs of human trafficking in various settings for adults and minors.
- Access resources for reporting the suspected victims of human trafficking.

Description: Human trafficking is a worldwide problem that is widespread across all of the United States. Every year, thousands of women, men, and children are trafficked. People can become victims regardless of age, race, gender, or nationality. It is also often misunderstood and misrepresented, allowing trafficking to take place often right under our noses. Education about the realities of human trafficking—and busting the myths surrounding this topic—is a crucial step in fighting to make our country safer for the most vulnerable within our community. This training will provide skills and resources to better equip individuals to recognize and be a resource for people at risk of—or who are already—being trafficked in your area. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

Child Sexual Abuse Awareness, Prevention, Investigation, and Treatment Education

Curriculum: Trauma and crisis management: Effects of abuse and neglect on children

Date/time: Friday, June 3, 2022 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$15 for students; \$45 all others

Presenter: Allie Kibler-Campbell



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the prevalence of child sexual abuse and the long-term emotional and physical effects it can produce.
- Recognize the signs of sexual abuse in children and how to react responsibly if it occurs.
- Tour the CAC and learn about the services we provide to the community and how we work collaboratively with a multidisciplinary team to investigate such cases.

Description: One in 10 children will be a victim of sexual abuse before their 18th birthday. This training, Darkness to Light – Stewards of Children (www.d2l.org), is an evidence-informed, award-winning two-hour training that teaches adults to prevent, recognize, and react responsibly to child sexual abuse. Through interviews with child sexual abuse survivors, experts, and treatment providers, Stewards of Children® teaches adults practical actions they can take to reduce instances of child sexual abuse in their organizations, families, and communities. In addition to the Stewards of Children facilitation, this training will also include a tour and overview of services provided by the Children's Advocacy Center of Southwest Michigan. The CAC works closely with DHHS, law enforcement, Prosecutor's office, and Spectrum Lakeland Health to aid in their investigations of child abuse by providing specialized forensic interviews, trauma focused–cognitive behavioral therapy (TF–CBT) for child victims and their families, and prevention education for children and adults. This training will utilize large group discussions and visual displays.

Child Welfare Safety Planning: The Why, the When, and the How

Curriculum: Trauma and crisis management: Safety planning with a family in crisis

Date/time: Friday, August 5, 2022 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 for students; \$45 all others

Presenter: Kendell Casey, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Know when a safety plan is necessary and why, and how to identify and prioritize domain-specific risks that need to be included in an effective safety plan.
- Understand how to increase family-youth collaboration in the development of a safety plan using Motivational interviewing, how to ensure the plan is put into action, and when to update or change the plan.
- Confidently develop an effective safety plan that includes family-youth collaboration that has appropriate interventions/actions to address the specific safety concerns.

Description: A safety plan is intended to help families meet their goals and promote the ongoing safety and well-being of the child. This written agreement, developed with family input and involvement, clearly describes the safety concerns and the specific interventions, services, and supports that will be used to mitigate the identified risks. In this training, participants will learn how to develop an effective safety plan that identifies and prioritizes risk to the well-being of the child and provides specific interventions to address the safety concerns. This training is for anyone responsible to develop safety plans. The training will include small group discussion, visual displays, role plays, and safety planning exercises.

How to register: Go to www.andrews.edu/cas/socialwork/continuing and click on the link provided.

Contact: Margrethe Kerlin
Email: swceu@andrews.edu
Phone: 269-471-6196
Website: www.andrews.edu/socialwork

Who Am I: Fostering Identity Development and Resilience in Foster and Adopted Youth

Curriculum: Mental and behavioral health: Health and wellness needs of youth in foster care

Date/time: Friday, May 13, 2022 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Tana Bridge, PhD, LMSW



Beginning skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the unique cognitive and developmental stages and challenges for teens.
- Explore the challenges in fostering a healthy sense of self and identity for vulnerable youth.
- Identify critical identity challenges associated with traumatic loss and ambiguous loss.
- Recognize the professional's role in fostering resilience in youth.
- Explore opportunities to foster healthy identity development.

Description: A critical developmental task for youth is identity development. Lived experiences and losses often create ambiguity and uncertainty leading to grief, loss of self-esteem, and personal challenges. This training will explore this critical stage of life and identify opportunities to foster youth identity and resilience. Challenges and opportunities for vulnerable youth including those that have experienced trauma, foster and adopted youth, those raised by caregivers struggling with substance use disorder, mental illness, etc., will be explored. This training will utilize exercises, small and large group discussions, and visual displays.

Geez, Wish Someone Had Told Me: Supporting Foster Youth to be Successful in College

Curriculum: Education issues: Navigating higher education with youth

Date/time: Friday, May 20, 2022 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenters: Le'Shay Webb, MA, LPC
Caren Putzu, PhD, MSW, MPA



Beginning skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the relevant policies that can provide support to youth in foster care to attend a post-secondary institution.
- Explore the barriers that youth in foster care experience while attending a post-secondary institution.
- Understand the resources available in post-secondary institutions for youth with a history of foster care.

Description: Navigating college is challenging for many students, particularly those who are first generation. Add on top of that a student who has experienced foster care, and the challenges can seem daunting. Those working in the foster care system are seen as having a responsibility for providing resources and support for the youth on your caseload, but sometimes you are not even sure how you made it through college never mind mentor someone else in the process! This training will explore the relevant policies that can support youth in foster care to access higher education as well as provide concrete resources you can provide to the youth you serve. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Who Am I: visit <https://forms.gle/p3EUV9mMYKRfLgEt5>

How to register: Geez, Wish Someone Had Told Me: visit <https://forms.gle/ung7YsQPopt9g2b79>

Phone: 734-487-4429

Email: emu_socialworkce@emich.edu

Intervention with Youth in Mental Health Crisis

Curriculum: Trauma and crisis management

Date/time: **Thursday, March 17, 2022 • 9:00 AM – 12:15 PM (ET)**

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: **Kathryn Malone, PhD, LMSW**



Intermediate skill level

Target audience:

- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**
- ✓ **Family Preservation Workers**

Training objectives: As a result of this training, participants will be prepared to:

- Apply the ABC Model to working with youth in crisis.
- Identify effective de-escalation skills when working with escalated youth.
- Learn red flags and protective factors for suicide risk.

Description: This training will use the ABC Model of Crisis Intervention (Kanel, 2018) to identify effective strategies for working with youth in crisis. The instructor will engage participants in role-playing and small and large group discussion to identify intervention strategies and de-escalation skills. This training will also use evidence-based strategies for identifying risk and protective factors for danger to self. This training will utilize role playing, exercises, small and large group discussion, and visual displays.

Becoming Culturally Competent and Practicing Cultural Humility to Work Effectively with Diverse Populations

Curriculum: Cultural humility/cultural competence

Date/time: **Friday, March 18, 2022 • 9:00 AM – 12:15 PM (ET)**

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: **Rita Walters, PhD, LMSW**



Intermediate skill level

Target audience:

- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**
- ✓ **Family Preservation Workers**

Training objectives: As a result of this training, participants will be prepared to:

- Define cultural humility and cultural competence and explain how they are related.
- Examine how their personal values, beliefs, and attitudes impact their ability to work with culturally diverse populations in negative and positive ways.
- Implement strategies for building positive relationships with culturally diverse populations.

Description: Using a cultural lens, this training will define cultural competence and cultural humility and examine their unique meanings as well as how they are related. This interactive training will discuss the critical role of use of self in working with culturally diverse populations. Particular attention will be given to the significance of understanding how one's own values, beliefs, and attitudes affect relationships in both positive and negative ways. Participants will be invited to share their own experiences and stories of interactions with clients and co-workers of different cultural backgrounds. Strategies of best practices in developing and sustaining culturally sensitive working relationships will be presented. Participants will develop personal goals to become more culturally competent and practice cultural humility. This training will utilize exercises and large group discussion.

Self-compassionate Social Work

Curriculum: Secondary trauma: Self-care for workers

Date/time: Friday, September 16, 2022 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Carolyn Sutherby, PhD, LMSW, ACSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the concepts of mindful self-compassion.
- Understand how self-compassion is used for self-care.
- Describe how the three components of self-compassion relate to social work.

Description: In this training, participants will learn about mindful self-compassion (MSC), including the theory and empirical evidence supporting this practice. The three components of self-compassion will be discussed in relation to self-care for social workers. Participants will practice self-compassion during the training and learn resources for utilizing MSC with clients. This training will utilize exercises and small and large group discussions.

How to register: Contact Kristina VanSyckle

Phone: 231-591-2737

Email: socialwork@ferris.edu

Website: www.ferris.edu/socialwork

Navigating the Special Education System for Children with Disabilities

Curriculum: Education issues: Navigating the special education system for children with disabilities

Date/time: Friday, May 6, 2022 • 8:45 AM – 12:00 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Julia Snider, PhD



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify what the law says about individualized education programs (IEPs).
- Understand their role in the IEP process.
- Identify two or three resources and/or strategies they can use to advocate for their student during an IEP meeting.

Description: This training will focus on one of the most important parts of the special education process: the individualized education program (IEP) meeting. Attendees will learn about the purpose of an IEP meeting, their role as a member of the IEP team, and the legal process of receiving special education services. Additionally, attendees will have the opportunity to explore resources they can use to advocate for children with disabilities at their IEP meeting. This training will utilize small and large group discussions and visual displays.

Trauma: How to Support the Healing

Curriculum: Trauma and crisis management: Trauma, grief, and loss

Date/time: Friday, September 16, 2022 • 8:45 AM – 12:00 PM (ET)

Location: GVSU Pew Campus, BIK 230, Bicycle Factory

201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Jacqueline Scherer, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Discuss how experiencing a trauma impacts a child's emotional, mental, and physical health.
- Identify strategies to support a child who has witnessed or been a part of a traumatic event and/or who has a mental health diagnosis due to a traumatic event such as PTSD.
- Understand how systemic racism impacts children and the trauma they face.

Description: Children often hold a traumatic experience differently than an adult. The impact a trauma may have on a child's growing brain may impact their thought patterns, behaviors, emotional regulation, relationships, learning, and sleep hygiene. This training will provide attendees with strategies to support a child who has witnessed or been a part of a traumatic event and/or who has a mental health diagnosis due to a traumatic event such as PTSD. It will also discuss how systemic racism may impact one's trauma. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Visit www.gvsu.edu/swce

Contact: Lucas Treadwell

Phone: 616-331-7180

Email: learn@gvsu.edu

Addressing Youth Mental Health and Well-being

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth

Date/time: **Tuesday, April 26, 2022** • Program 9:00 AM – 12:15 PM (ET)
Location: **Madonna University**, 36600 Schoolcraft Road, Livonia, MI 48150, Room #TBD
Social Work CECHs: 3 hours • Approval pending
Cost: Free to all MDHHS and private agency child welfare workers;
 \$15 students; \$45 all others
Presenter: **Irena Glover, PhD, MSW, LCSW**



Beginning and intermediate skill levels

Target audience:

- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Family Preservation Workers**

Training objectives: As a result of this training, you will be prepared to:

- Discuss the mental health issues youth in care might face.
- Assess mental health and well-being of youth.
- Describe the levels of care to address youth mental well-being.

Description: Child welfare workers encounter youth who deal with the impact of family history, past trauma, and daily life stress which leads to mental health problems. This mental health issue can often be attributed to negative response to placement, typical adolescent behaviors, or personality trait. The first step is recognizing the mental health issues; a simple assessment can help a worker gain better understanding of the child's mental well-being. The next step is to determine if the youth needs a referral for mental health services or just more mental well-being supports in the placement setting. This training provides some basic understanding of youth mental health issues, basic skills to assess those mental health issues, and understanding of levels of care youth mental health practice: development of self-awareness, self-regulation, and self-efficacy. This training will utilize exercises and visual displays.

Preventing the Impact of Compassion Fatigue

Curriculum: Secondary trauma: Prevent burnout and manage stress

Date/time: **Friday, August 12, 2022** • Program 9:00 AM – 12:15 PM (ET)
Location: **Live synchronous training via Zoom**
Social Work CECHs: 3 hours • Approval pending
Cost: Free to all MDHHS and private agency child welfare workers;
 \$15 students; \$45 all others
Presenter: **Janice King, LMSW**



Beginning skill level

Target audience:

- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**
- ✓ **Family Preservation Workers**

Training objectives: As a result of this training, you will be prepared to:

- Identify the psychological symptoms associated with abuse and neglect.
- Describe common diagnoses found in children experiencing abuse and neglect.
- Discuss the role evidence-based interventions play in alleviating the effects of abuse and neglect.

Description: Child welfare workers encounter compassion fatigue due to heavy caseloads, vicarious trauma, and other job stressors. Child welfare workers are at high risk for compassion fatigue, which can be prevented. It is vital that a child care worker understand the signs and symptoms of compassion fatigue. Further, a strong self-care plan is necessary for preventing compassion fatigue. This training will provide a basic understanding of the symptoms of compassion fatigue, how to complete regular self-assessment for compassion fatigue, and how to prevent compassion fatigue through a good self-care plan. This training will utilize exercises and visual displays.

How to register for: "Addressing Youth Mental Health and Well-being - Dr. Irena Glover"
<https://www.eventbrite.com/e/251161249057>

How to register for: "Preventing the Impact of Compassion Fatigue - Janice King"
<https://www.eventbrite.com/e/261376493127>



Human Trafficking for Child Welfare Professionals #206-22

Curriculum: Trauma and crisis management

Date/time: **Wednesday, March 16, 2022** • Program 9:00 AM – 12:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: **Danielle Kalil, JD**



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Define human trafficking and deconstruct myths regarding human trafficking.
- Assess for human trafficking and better understand risk factors for youth.
- Identify Michigan laws as well as DHHS policy and procedures related to child victims of trafficking.
- Connect youth with important resources and understand legal remedies.

Description: Human trafficking involves exploiting an individual to obtain labor or services, often through the use of force, fraud, or coercion. In this training, you will learn precisely what human trafficking is (and what it is not) and how to identify it. In particular, you will learn how human trafficking impacts youth as well as specific considerations when working with minors who have experienced exploitation. The discussion will include how to assess for human trafficking, MDHHS policies and procedures regarding child victims of human trafficking, specific Michigan laws related to trafficking of minors, and important immigration considerations. This training will utilize small and large group discussions and visual displays.

Advancing Understanding of Black Americans from Contemporary Urban Communities #210-22

Curriculum: Cultural humility/cultural competence

Date/time: **Wednesday, June 1, 2022** • Program 9:00 AM – 12:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: **Christopher C. Harris, LPC**



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Discover the four dominant subcultures within the Black American culture and community and identify and distinguish the different narratives, strengths, and challenges of each.
- Apply best practices to demonstrate effective interpersonal communication and relational health strategies to produce positive working relationships with Black Americans from contemporary urban communities.
- Identify and develop solutions that address the root causes of health inequity problems which continue to act as a barrier for Black Americans from contemporary urban communities.

Description: Advancing Understanding of Black Americans from Contemporary Urban Communities is a cultural competency training that is designed to support the cultural humility of professionals who work with individuals and families from the community. This training is intended to help attendees increase mindful awareness, psychoeducational understanding, and interpersonal effectiveness in communicating and building professional relationships with Black Americans from contemporary urban communities. This training will utilize exercises, small and large group discussions, and visual displays.

How to register for online training: <https://socialwork.msu.edu/ceu/catalog.php>

Contact: Gina Tremonti Gembel, MSW

Phone: 517-353-3060

Email: swkce@msu.edu



The Interaction of ABCs (Attachment, Brain, and Child Development) and ACEs (Adverse Childhood Experiences) in the Treatment of Trauma #211-22

Curriculum: Mental and behavioral health

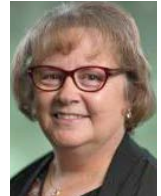
Date/time: Thursday, June 2, 2022 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Victoria Fitton, PhD



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Describe in detail the contributions attachment, brain development, and child development make to the treatment process of trauma related to adverse childhood experiences.
- Explain how ABCs protective factors can be utilized to ameliorate the negative symptoms of high numbers of ACEs.
- Identify and develop solutions that address the root causes of physical and mental health inequity problems that exacerbate the issues behind ACEs.

Description: This training will begin with descriptive definitions of the ABCs (Attachment, Brain, and Child Development) and the ACEs (Adverse Childhood Experiences). We will then discuss the protective and risk factors on both sides of the paradigm. It is critical for clinicians to have a working understanding of the ABCs to address the concomitant issues triggered by ACEs. This rich, fundamental knowledge guides the clinician to appropriate treatment that takes into consideration all levels of human functioning. Case examples will be used to highlight the information presented.

Ethics in Child Treatment #212-22

Curriculum: Cultural humility/cultural competence

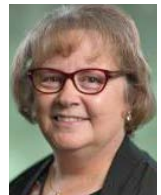
Date/time: Thursday, June 9, 2022 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Victoria Fitton, PhD



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Describe the rationale for thinking ethically and critically about treating children.
- Illustrate the role of aspirational ethics related to difference.
- Distinguish personal values and expectations about children and how that impacts treatment and personal ethics.
- Give examples of three to five potential ethical considerations when working with children.

Description: Working with children brings with it a number of ethical considerations. In this training, you will learn about the importance of a clear ethical framework when working with children, a very vulnerable population. The vulnerability of children demands that providers think ethically and critically about their work with children and families. We will discuss the role of our personal values and personal expectations about child behavior and how those might influence treatment. Case examples will be studied to enhance the ethical issues discussed. We will also touch on different ethical decision-making models.

Trauma, Grief, and Loss

Curriculum: Trauma and crisis management

- Date/time:** Saturday, April 2, 2022 • Program 10:00 AM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approval MICEC-0044
Cost: Free to all MDHHS and private agency child welfare workers; \$15 for students; \$45 all others
Presenters: **Caroline Cheng, PhD, MSW**
Kimberly Kruhlik, MSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand the importance of trauma-informed care in the child welfare system.
- Identify the relationship between trauma, grief, and loss with children and families.
- Discuss and explore recovery tools and interventions for clients who experience trauma, grief, and loss.

Description: This training will focus on the importance of “trauma informed care” and explore the intertwined relationship between trauma, grief, and loss to better inform service providers and practitioners. The training will also introduce innovative and interactive activities to help meet therapeutic goals related to resolution of the impact of grief and loss. The trainer will employ a participatory approach and utilize practical and effective tools and strategies specific to the needs of the child welfare system. Using creative, engaging, and effective interventions, participants will develop and strengthen their skills to work with children and families, who experienced trauma, grief, and loss. This training will utilize exercises, small and large group discussions, and visual displays.

Cultural Humility: Working with Diverse Families

Curriculum: Cultural humility/cultural competence

- Date/time:** Saturday, July 23, 2022 • Program 10:00 AM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approval MICEC-0044
Cost: Free to all MDHHS and private agency child welfare workers; \$15 for students; \$45 all others
Presenter: **Caroline Cheng, PhD, MSW**



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand ethnic identity and cultural knowledge of minority children and families.
- Increase self-awareness of prejudice/biases when working with minority children and families.
- Identify strategies to curb micro aggression and systemic racism in the child welfare system.

Description: Our country is becoming more diverse than ever; chances for social workers working with clients of a different ethnic background are also increasing dramatically. It is crucial for frontline workers to understand clients' ethnic identity and cultural background in order to foster a positive work relationship. This training will discuss ethnic identity and racial microaggression and the impact of racism on ethnic-minority children and families in the child welfare system. Real-life examples, evidence-based practice as well as relevant case studies will be employed to explore the topic of cultural humility when working with diverse individuals and families. This training will utilize role plays, exercises, large and small group discussions, as well as visual displays to maximize the learning and engagement of participants.

How to register: Online at <https://nmu.edu/continuingeducation/>

Contact: Megan Nowicki, Program Specialist Phone: 906-227-2144 Email: mewales@nmu.edu

Website: <https://www.socialworkceec.com/face-to-face-courses/2022/04/02/child-welfare-workshop-series>

Self-care for Workers

Curriculum: Secondary Trauma

Date/time: **Saturday, August 20, 2022** • Program 10:00 AM – 1:15 PM (ET)
Location: **Live synchronous training via Zoom**
Social Work CECHs: 3 hours • Approval MICEC-0044
Cost: Free to all MDHHS and private agency child welfare workers;
 \$15 for students; \$45 all others
Presenter: **Caroline Cheng, PhD, MSW**



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand secondary trauma and recognize signs of compassion fatigue.
- Unpack some of the symptoms of secondary trauma associated with working in the child welfare system.
- Explore and apply tools and interventions to manage stress, prevent burnout, and improve individual well-being.

Description: Social workers and other professionals working in the child welfare system experience a high level of stress. It is crucial for workers to recognize the early signs of toxic stress and prevent it from building up. This training will focus on understanding what secondary trauma is and how it impacts our overall well-being and normal functioning. The trainer will guide participants to reflect and assess the impact of secondary trauma and recognize the signs of compassion fatigue. The second part of the training will employ interactive and engaging activities to explore various tools and interventions. Participants will have the opportunity to try different tools that are effective and relevant to reducing stress and enhancing individual well-being. This training will utilize exercises, games, small and large group discussions, and visual displays.

Domestic Violence: Assessment and Safety Planning

Curriculum: Domestic violence

Date/time: **Saturday, September 3, 2022**
 Program 10:00 AM – 1:15 PM (ET)
Location: **Live synchronous training via Zoom**
Social Work CECHs: 3 hours • Approval MICEC-0044
Cost: Free to all MDHHS and private agency child welfare workers;
 \$15 for students; \$45 all others
Presenters: **Kimberly Kruhlik, MSW**
Caroline Cheng, PhD, MSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand the importance of knowledge of domestic violence in the child welfare system.
- Recognize the signs of domestic violence when working with children and families.
- Discuss and explore tools and intervention for clients who experience domestic violence to prevent domestic violence issues from happening.

Description: This training will focus on the delivery of knowledge pertaining to domestic violence and safety protocols for children and their families. Some child protection workers/caseworkers might experience uncertainties when working with children and families, who experience domestic violence issues. It is hoped that the partnership between the child welfare system and agencies, such as women's centers/local shelters, will be strengthened. This training will help participants to recognize signs of domestic violence with the help of advocates working in this field, as well as evidence-based practice from ongoing research. Finally, participants will be able to practice effective tools and interventions such as safety planning through role play and small group discussion.

Stress and Resiliency: Foundation, Facts, and Forming a Plan

Curriculum: Secondary trauma

Date/time: Monday, March 21, 2022 • Program 8:45 AM – 12:00 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: Denise E. Dedman, PhD



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Define and differentiate grief, trauma, burnout, and vicarious trauma.
- List and apply coping strategies for stressors.
- Implement a stress fitness plan.

Description: Knowledge is power. Participant understanding of the causes/differences between types of job stressors resulting in secondary trauma will be used to refine self-care and team-care strategies. Resiliency strategies will be emphasized and symptom recognition for referral will be discussed. This training will utilize exercises, small and large group discussions, and visual displays.

Self of the Therapist: Best Practices for Supervision

Curriculum: MiTEAM principles: Effective supervision and mentoring

Date/time: Friday, April 8, 2022 • Program 8:30 AM – 11:45 AM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: Teresa J. Barabe, PhD, LMFT, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand Self of the Therapist theory and its application to the MiTEAM Practice Model.
- Identify the fundamental aspects Self of the Therapist application to the supervisor/supervisee relationship.
- Utilize strategies to improve supervision specifically related to engagement, teaming, and assessment.

Description: This training will provide an overview of Self of the Therapist theory with an emphasis on knowledge needed for supervisors and clinicians using the MiTEAM Practice Model. Participants will explore how resiliencies and hinderances originate from Self of the Therapist work, and how application of this work within the supervisory relationship can improve engagement, teaming, and assessment strategies. Participants will also learn the isomorphic dynamic relationship between supervisor, clinician, and client and how Self of the Therapist can assist in that process. This training will utilize small and large group discussions and visual displays.

How to register: Email Diane Knights at djknight@svsu.edu with training title, your name, email address, and license number if you want to receive CEs.

What Is Fostering? Techniques for Supporting Foster Parents of Children Who Have Experienced Trauma

Curriculum: Preservation: Family-centered practice and engagement with families; supporting and preserving families; using evidence-based services in the home (motivational interviewing, multisystemic therapy, parent-child interaction therapy, etc.)

Date/time: **Tuesday, August 30, 2022** • Program 9:00 AM – 12:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Nich Pollak, LMSW**



Advanced skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand how to educate foster families on trauma-related behaviors.
- Identify biological parent strengths.
- Develop goals with foster families to incorporate bio-parent strengths into their homes.

Description: This training is geared toward foster care workers working with foster children with trauma. The training will help participants learn techniques to teach trauma, create collaboration between the biological and foster family, and utilize the natural parenting strengths of the biological parent. Nich Pollak is a licensed clinical social worker with 18 years of experience working with children in foster care with mental health and trauma related challenges. This training will utilize exercises and small and large group discussions.

Why Don't They Just Quit? How Our Personal Experience with Substance Use Influences Our Perceptions

Curriculum: Substance abuse: Providing support to families struggling with addiction; how to advocate for families and services to facilitate recovery

Date/time: **Friday, June 3, 2022** • Program 9:00 AM – 12:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: **Melissa Tinervia, LMSW, CAADC, CCS**



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify any personal bias related to working with biological parents with substance use disorder.
- Understand the connection between substance use disorders and mental health.
- Understand various treatment and recovery options available for clients working toward recovery.

Description: Substance use disorders (SUD) are increasingly visible in our society. Our experiences with substances, including our use and the use of those around us, influence our belief systems about someone's ability to get help and recover; these perceptions can impact our ability to work effectively with clients toward recovery. Substances, by themselves, are not the problem. The problem comes when someone uses the substance and then neglects major life areas such as work and parenting. This training will help child welfare workers examine their own perceptions of substance use and how that may impact work with biological parents toward reunification. Gaining a greater understanding of the disease of addiction will help workers better advocate for services and team with parents to work toward recovery. Evidence-based treatment methods will also be discussed. This training will utilize small and large group discussions and visual displays.

How to register: <https://www.eventbrite.com/e/what-is-fostering-tickets-264877033337>
<https://www.eventbrite.com/e/why-dont-they-just-quit-tickets-264886341177>

Questions: Contact Emily Dixon, LMSW

Phone: 616-558-9618

Email: edixon@arbor.edu

Building Blocks of Resilience in Maltreated Children

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth



Date/time: Wednesday, April 6, 2022 • Program 9:00 AM – 12:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approved
Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others
Presenter: Todd Herrenkohl, PhD, MSW

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the correlates and consequences of child maltreatment.
- Describe how adversity and trauma in maltreated children manifest in social interaction and behavior.
- Describe the concept of resilience and strategies that support recovery and healthy development in vulnerable children.

Description: This training will examine the developmental underpinnings of resilience and positive coping in maltreated children. Content will combine current findings from research with policy and practice implications and strategies. This training will utilize small and large group discussions and visual displays.

Clinical and Ethical Issues with Transgender and Gender Diverse Youth: A Deeper Dive

Curriculum: Cultural humility/cultural competence: Supporting LGBTQ youth



Date/time: Thursday, May 12, 2021 • Program 2:00 PM – 5:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approved
Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others
Presenter: Susan Radzilowski, LMSW

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify and apply relevant values, ethical principles, and ethical standards to clinical decision making when working with TGBC adolescents and youth. This will include the values of service, social injustice, competence, and cultural awareness.
- Identify three risk factors and three protective factors that may adversely impact TGNC children and adolescents youth and will explore possible interventions from an ethical lens.
- Apply ethical decision-making principles to one or two complex cases.

Description: This training will offer a working definition of terms, including Transgender, Gender Identity, Gender Expression, Intersex, Gender Nonconforming, Non-Binary, Intersex, Gender Transition, and Ally. Language and terminology will be examined with emphasis on using affirming language and avoiding offensive terminology. This training will examine mental health risk factors that impact transgender youth from an ethical lens. These risk factors include a 40-percent rate of attempted suicide, increased incidence of anxiety and depression, bullying, and social and familial rejection, all of which can exacerbate mental health issues. This training will focus on clinical interventions with an emphasis on delivering these interventions from an ethical and evidence-based lens. We will focus on two complex cases: Luna, a case involving parental disagreement with regard to permitting a transgender 7-year-old girl to commence a social transition, and the second case, Patrick, will focus on complications that arise when a transgender adolescent is permitted (by the parent) to access hormones to initiate a medical transition without medical supervision and absent mental health consultation. This training will utilize small and large group discussions and visual displays.

How to register: Visit ssw.umich.edu/r/CEcatalog

Contact: Alia Wesala, LMSW

Email: ssw.conted@umich.edu

Phone: 734-763-5723

Suicide Assessment in the Child Welfare Setting: Identifying Risk in a Sea of Risk

Curriculum: Mental and behavioral: Suicide prevention, how to coach foster parents on prevention strategies

Date/time: Thursday, March 10, 2022 • Program 1:30 PM – 4:45 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0058

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: Scott James Smith, PhD, LMSW



Intermediate and advanced skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Improve understanding of risk factors for suicide, especially among high-risk populations.
- Discover changes in suicidal behavior over the past 20 years to inform assessment of risk.
- Apply evidence-based approaches to assessing suicide and determining a plan of action.

Description: This training will cover current best practices in suicide assessment and prevention, with an emphasis on the unique presentation of risk within the child welfare setting. Participants will gain a better understanding of the range of suicidal behavior, current trends in suicide across all age groups, and techniques to improve their identification and response to individuals with suicidal ideation. Further, participants will learn strategies to determine the most appropriate intervention as well as pragmatic steps they can take to help reduce suicide risk. This training will utilize large group discussion and visual displays.

Child Safety and Family Preservation

Curriculum: Preservation: Family-centered practice and engagement with families; supporting and preserving families; advocating for clients; using evidence-based services in the home

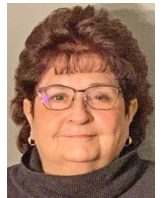
Date/time: Thursday, April 7, 2022 • Program 1:00 PM – 4:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval MICEC #0058

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: Nancy Keller-MacKinnon, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, you will be prepared to:

- Recognize the importance of family-centered practice.
- Plan for improved practice related to family preservation.
- Nurture the ability to advocate for families from a strengths perspective.
- Develop an awareness of personal bias when examining the importance of keeping families together.

Description: This training will explore the importance of family preservation while ensuring the child's safety. Children have a right to be with their own parents whenever possible, and CPS can work to protect children by stabilizing and strengthening families through services. We will examine the importance of viewing family members as collaborative partners in developing appropriate service delivery. Basic concepts of strengths perspective will be reviewed to focus on the unnecessary separation of children from their families. Motivational interviewing will also be discussed to provide helpful techniques even with involuntary clients. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: <https://rsvp.wayne.edu/suicide-assessment-in-the-child-welfare-setting-identifying-risk-in-a-sea>
<https://rsvp.wayne.edu/child-safety-and-family-preservation>

Contact: Shantalea Johns, EdD, LMSW

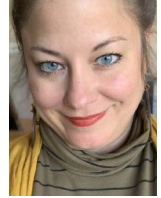
Phone: 313-577-4463

Email: shantalea@wayne.edu

Website: <https://socialwork.wayne.edu/ce>

Raising Resilient Children: Healing After Domestic Violence

Curriculum: Placement: Helping children to prepare for transition in placement



Date/time: Friday, March 25, 2022 • Program 9:00 AM – 12:30 PM (ET)
Location: Live synchronous training via WebEx
Social Work CECHs: 3 hours • Approval #MICEC-0060
Cost: Free to all MDHHS and private agency child welfare workers; \$45 all others
Presenter: Rebecca Stout, LMSW

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify one or two ways that trauma and domestic violence impact the brain and development of children.
- Identify one or two trauma symptoms/neurological (behavioral) issues in children due to witnessing domestic violence.
- Identify one or two trauma-informed strategies to support children.
- Identify one or two ways embracing an intersectional and trauma-informed lens can promote healing.

Description: One in four women and one in nine men will survive some form of domestic violence in their lifetime (<https://www.ncadv.org/statistics>), which amounts to 3.3-10 million children each year who have endured witnessing domestic violence in some form (physical, emotional, psychological, and/or verbal) (rcdvcpc.org). Children who have survived witnessing domestic violence have been negatively impacted in several ways, including the way their brain is wired to now survive what their brain perceives as a dangerous world. These neurological impacts show up in behaviors that many times are misdiagnosed for their trauma responses. The goal of this training is to help providers see our children through a trauma-informed, intersectional lens. It will explore neurobiology and impact of trauma with domestic violence techniques to help the caregiver or provider rethink traditional discipline, and how generational violence/trauma, race, economic status, culture, experience, and environment impact healing from trauma. This training will utilize visual displays.

Secondary Trauma: Self-care for Child Welfare Workers

Curriculum: Secondary trauma



Date/time: Friday, May 17, 2022 • Program 8:00 AM – 11:30 AM (ET)
Location: Live synchronous training via WebEx
Social Work CECHs: 3 hours • Approval #MICEC-0060
Cost: Free to all MDHHS and private agency child welfare workers; \$45 all others
Presenter: Lilita Matison, LMSW

Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Training objectives: As a result of this training, participants will be prepared to:

- Summarize and define secondary trauma and its impact on workers.
- Describe an overview of self-care practices and mind-body skills.
- Appraise the core biology/science of mind-body medicine, as well as the benefits of mind-body skills for self-care.
- Understand how intersecting personal and social identities impact secondary trauma.

Description: This training is intended for workers who experience secondary workplace trauma. This training will increase participants' skills of self-care practices, focused in mind-body medicine. Evidence-based research will be shared about the science of mind-body medicine and an appraisal of the biological underpinnings of mind-body medicine will be provided. Benefits of mind-body skills for self-care will be shared. Participants will engage in experiential learning about self-care practices, which will include creative and expressive exercises. Participants will be provided a toolbox of skills to integrate in their work and life in order to expand and strengthen self-care. This training will utilize role playing, exercises, small and large group discussion, and visual displays.

How to register: Visit <https://wmich.edu/hhs/ce>

Contact: Jennifer Klauth

Phone: 269-387-3200

Email: jennifer.klauth@wmich.edu

Webinars

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be able to download and print a certificate! Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers
- ✓ Family Preservation Workers

Becoming and Being Competent in Providing Trauma-specific Treatment

#209-22

Date/time: Monday, March 21, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: Yvonne A. Unrau, PhD, LMSW
Professor, Western Michigan University School of Social Work,
and Director, Center for Fostering Success

Host: Michigan State University • See page 12 for registration instructions.



Beginning skill level

Description: The NASW Code of Ethics addresses competence as a general standard for practice throughout the Code of Ethics. Increasingly, social workers are encountering individuals and families who live with active traumatic stressors, irrespective of their professional training. At the same time, the term “trauma” is used ubiquitously to refer to a wide range of stress responses. In this webinar, we will examine a developmental model of competency to aid practitioners in understanding the difference between generalist practice social work, trauma-informed practice, and trauma-specific treatment. This developmental model will aid practitioners in developing a plan of action that is designed to support professional growth toward being a competent provider of trauma-specific treatment as guided by the Code of Ethics. This webinar will utilize large group discussion and visual displays.

Mindfulness, Wellness, and Creative Self-care for the Helping Professional #208-22

Date/time: Friday, April 8, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: Stephanie McCann, LMSW, Academic Recruitment Specialist and Clinical
Instructor, Michigan State University School of Social Work

Michigan State University • See page 12 for registration instructions.



Beginning and intermediate skill levels

Description: This webinar will prepare participants to understand secondary traumatic stress exposure in the workplace and the conditions that may expose helping professionals to secondary traumatic stress and allow participants the space to assess their exposure to workplace conditions that may impact their mental health, wellness, and self-care practices with mindful awareness. Participants will be able to identify supports and resources to improve their holistic functioning as well as utilize self-assessment tools for reflection. This webinar will impact the awareness of and need for stress management and focus on self-care. The practice of mindfulness will be explored as a tool to increase the helping professional's awareness and peace during times of stress. This webinar will utilize exercises, small and large group discussion, and visual displays.

Webinars

Navigating the Special Education System for Children with Disabilities

Date/time: Wednesday, April 27, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval pending

Presenter: **Karen S. Weiner, LMSW, ACSW, C-SSWS**
Associate Professor, Wayne State University School of Social Work

Host: **Wayne State University** • Register at this link:

<https://rsvp.wayne.edu/navigating-the-special-education-system-for-children-with-disabilities>



Beginning skill level

Description: This webinar will explore best practices for working with school personnel to ensure the unique educational needs of children in care are being met in the school setting. Information about school support services will be shared, including an overview of the Special Education and 504 processes.

Screening for Domestic Abuse: Exploration of Tools and the Role of Ethics #213-22

Date/time: Monday, May 2, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001

Presenter: **Ellen M. Craine, JD, LMSW**, Craine Counseling and Consulting Group, LLC, and Instructor at Eastern Michigan University School of Social Work

Host: **Michigan State University** • See page 12 for registration instructions.



Beginning skill level

Description: This webinar will explore screening tools for domestic abuse. We will take an in-depth look at screening tools and identify what makes a good tool and what makes a tool too short or too long. The presenter will share a tool she has prepared. In addition, participants will look at the NASW Code of Ethics and how it guides social workers in this area. This webinar will utilize large group discussion and visual displays.

Fostering Human Relationships: Techniques to Promote Positive Attachment and Bonding

Date/time: Saturday, May 7, 2022 • Program 11:00 AM – 12:15 PM (ET)
Social Work CECHs: 1 hour • Approval pending

Presenter: **Caroline Cheng, PhD, MSW**
Assistant Professor, Northern Michigan University Social Work Department

Northern Michigan University • See page 14 for registration instructions.



Beginning skill level

Description: Human connection is crucial to the work of social workers in different settings. Skills to promote positive attachment go a long way toward achieving this goal. Healthy relationships are important throughout life because they help build trust and bonds, which lead to increased resilience. Early attachment patterns impact how children grow to engage with others and form adult relationships. It is important for social workers to understand the role of attachment and bonds and recognize signs of health/concerns in relationships among the families they work with. In addition, the skills of building a healthy work relationship will be discussed as it is crucial for workers' overall well-being. This interactive and experiential workshop will explore attachment theory, social connections such as bonding relationship, as well as techniques to help individuals and families cultivate positive attachment and bonds. This webinar will utilize exercises, small and large group discussions, and visual displays.

Webinars

A Guide to Caring for Muslim Children in Foster Care #214-22



Date/time: Monday, May 9, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Shereen Abunada**
Director of Operations of the Muslim Foster Care Association
Host: **Michigan State University** • See page 12 for registration instructions.

Beginning skill level

Description: Every foster child has the right to be cared for with cultural and religious sensitivity. This webinar will provide a basic introduction to Islam, discuss challenges for Muslim children in foster care, and offer suggestions for accommodations. This webinar will serve as a brief guide to understanding the diverse identity, religion, and culture of Muslim children as it pertains to caring for them. This webinar will utilize large group discussion and visual displays.

Trauma, Crisis Management, and Working with Kids in Care



Date/time: Wednesday, May 18, 2022 • Program 9:00 AM – 10:15 AM (ET)
Social Work CECHs: 1 hour • Approval pending
Presenter: **Joanie Hazelton, LMSW**
Certified Clinical Trauma Professional, Associate Professor of Social Work, and Field Director, Ferris State University
Host: **Ferris State University** • See page 9 for registration instructions

Intermediate skill level

Description: This webinar will provide participants with generalized information regarding trauma. The webinar will also provide information related to the effects of abuse and neglect and will demonstrate how experiencing abuse and neglect is often traumatic. The webinar will incorporate discussion related to the importance of acknowledging trauma for children during the removal and placement process and will offer tools that can assist in the minimization of such trauma. Finally, the webinar will recognize the necessity of safety planning for children and families while in a state of crisis. The webinar will utilize lecture, discussion, examples, and handouts to provide this information to participants.

Safety Planning for Domestic Abuse Cases: Exploration of Tools and the Role of Ethics #215-22



Date/time: Friday, June 3, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Ellen M. Craine, JD, LMSW**
Craine Counseling and Consulting Group, LLC, and Instructor at Eastern Michigan University School of Social Work
Host: **Michigan State University** • See page 12 for registration instructions.

Beginning skill level

Description: This webinar will explore safety planning for clients and for social workers in domestic abuse cases. Safety planning guidelines and tools will be explored and provided by the instructor. In addition, participants will look at how the NASW Code of Ethics guides social workers around safety planning. This webinar will utilize large group discussion and visual displays.

Webinars

Human Trafficking: Awareness, Assessment, and Response

Date/time: Friday, June 3, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0060
Presenter: **Jennifer Klauth, LMSW-Macro**
Manager of Recruitment and Outreach at Western Michigan University
School of Social Work
Rosemary Andrews, LMSW-Clinical
Counselor, Western Michigan University Counseling Center
Host: **Western Michigan University** • See page 20 for registration instructions.



Beginning skill level

Description: Awareness of and ability to assess for and intervene in cases of suspected human trafficking is an essential and required skill base for social work practitioners. This webinar will provide social workers with an understanding of the scope of labor and sex human trafficking internationally, nationally, and in Michigan. In addition, assessment strategies for people being trafficked, and ways to get those at risk to intervention resources, will be discussed. At a macro level, policies and practices which can make Michigan an unsafe place for trafficking, and the role of the social work field to design an advocacy for those human rights policies, will be reviewed. Discussions about intersectional identity, historical trauma, and other concerns regarding the trafficking of historically marginalized groups will also be addressed. This webinar will utilize visual displays.

Accessing Special Education Supports for Children in Foster Care #220-22

Date/time: Monday, June 6, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Kim Battjes, LMSW**
Chance at Childhood Program Coordinator and School Social Work Approval
Coordinator, Michigan State University
Host: **Michigan State University** • See page 12 for registration instructions.



Beginning skill level

Description: This webinar will explore the unique circumstances children in foster care face in the educational system. This webinar will explore the process, ramifications, and prevalence of children in foster care who qualify for special education. This webinar will utilize large group discussion and visual displays.

Social Worker Support Circle #216-22

Date/time: Friday, June 10, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Christopher C. Harris, LPC**
Owner, CCHARRIS Professional Counseling Services; Contractual
Clinical Therapist at Great Lakes Psychology Group; Adjunct Professor in
Psychology at Lawrence Technological University
Host: **Michigan State University** • See page 12 for registration instructions.



Beginning skill level

Description: This approach offers support circles for practitioners, educators, and administrators working within health and human services. Support Circles integrates the structure and goals of group therapy, support groups, and psychoeducational seminars. Attendees are offered the opportunity to process sensitive content in a safe environment of peers, while adhering to the outcomes of the Support Circle Approach to increase their optimum wellness through brief solution-focused goals and lifespan development plans. This webinar will utilize large group discussion and visual displays.

Webinars

Surviving the Moments: Suicide Awareness and Prevention #217-22

Date/time: Friday, June 17, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Christopher C. Harris, LPC**
Owner, CCHARRIS Professional Counseling Services; Contractual Clinical Therapist at Great Lakes Psychology Group; Adjunct Professor in Psychology at Lawrence Technological University
Host: **Michigan State University** • See page 12 for registration instructions.



Beginning skill level

Description: In this webinar the instructor will support attendees' increased understanding and awareness of the origin and impact of suicidology in contemporary America. Attendees will also learn and apply an empirical-based suicide risk assessment scale to support diagnosis and best practices for person-centered interventions for individuals and families impacted by the reality of suicide. This webinar will utilize large group discussion and visual displays.

Trauma Rectification and Crisis Management in Health and Human Services #218-22

Date/time: Friday, June 24, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Christopher C. Harris, LPC**
Owner, CCHARRIS Professional Counseling Services; Contractual Clinical Therapist at Great Lakes Psychology Group; Adjunct Professor in Psychology at Lawrence Technological University
Host: **Michigan State University** • See page 12 for registration instructions.



Beginning skill level

Description: This webinar will focus on providing insight into the origin and impact of trauma across the lifespan of human development. Attendees will also learn assessments and interventions to support reduction of duration and intensity of crisis states. This webinar will utilize large group discussion and visual displays.

Developmental Scaffolding Essential for Youth Aging Out of Care

Date/time: Saturday, June 25, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval pending
Presenter: **Bart W. Miles, PhD, MSW**
Sociology Chair, Madonna University Department of Social Work
Host: **Madonna University** • See page 11 for registration instructions.



Intermediate skill level

Description: Emerging adulthood characterizes the developmental stage in which youth acquire skills and experiences to take on adult roles and responsibilities. Often this transition stage to adulthood is easier for some, more than others. Youth aging out of the foster care system are particularly vulnerable for a difficult transition to adulthood. A poor transition to adulthood can often lead to higher risk of substance use, mental health problems, criminal justice involvement, and poverty. In this webinar essential elements for emerging adulthood success and vital supports for those youth aging out of care will be addressed. This webinar will utilize exercises and visual displays.

Webinars

Using an Equity Framework in Child Welfare #219-22



Date/time: Friday, September 2, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Gina Tremonti Gembel, MSW**
Director of Continuing Education, Michigan State University School of Social Work
Host: **Michigan State University** • See page 12 for registration instructions.

Beginning skill level

Description: This webinar will outline strategies for using equity as a framework in child welfare. Using an equity framework leads to just outcomes in which everyone has access to opportunities. This beginner workshop will build a shared vocabulary, introduce action steps, and use a case study to move participants through a framework for “doing” equity work. This webinar will utilize exercises, small and large group discussion, and visual displays.

Kinship Care, Challenges and Legal Options: Understanding the Intersection of Child Welfare and Skipped Generation Family Support #221-22

Date/time: Friday, September 16, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Beth A. Lindley, LMSW**
Director MSU Kinship Care Resource Center
Joe Kozakiewicz, JD, LMSW
Director, Michigan State University Chance at Childhood Program,
Michigan State University Law Clinic
Host: **Michigan State University** • See page 12 for registration instructions.



Beginning skill level

Description: Kinship families have sometimes been referred to as the “hidden foster care” for children. Their part in a child’s life can provide many benefits in the long-term outcomes for a child, yet they are often missing out on important information to maximize supports available to them. Staff of the Kinship Care Resource Center and Chance at Childhood, both Community Programs within the MSU School of Social Work, will discuss the challenges that kinship caregivers face when caring for children. They will review the legal options that can either cause barriers for kinship families or provide supports, depending on the choices they make. This webinar will utilize large group discussion and visual displays.

Webinars

Building Internal Resources for Youth Aging Out of Foster Care to Promote Post-traumatic Growth #224-22

Date/time: Friday, September 23, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Yvonne A. Unrau, PhD, LMSW**
Professor, Western Michigan University School of Social Work,
and Director, Center for Fostering Success
Host: **Michigan State University** • See page 12 for registration instructions.



Beginning skill level

Description: This webinar will focus on pragmatic strategies to aid professionals who are working with adolescents and young adults aging out of foster care. Research-supported mindfulness-centered and body sensory practices to promote self-inquiry will be presented and demonstrated. You will learn to differentiate cognitive and somatic interventions for helping young people to both cope with and transform difficult emotions stemming from traumatic stress. An introduction to practical knowledge and skills to aid young people with stress recognition, emotional processing, and post-traumatic growth will be covered.

Becoming and Being Competent in Providing Trauma-specific Treatment #223-22

Date/time: Friday, September 30, 2022 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval MICEC #0001
Presenter: **Yvonne A. Unrau, PhD, LMSW**
Professor, Western Michigan University School of Social Work,
and Director, Center for Fostering Success
Host: **Michigan State University** • See page 12 for registration instructions.



Beginning skill level

Description: The NASW Code of Ethics addresses competence as a general standard for practice throughout the Code of Ethics. Increasingly, social workers are encountering individuals and families who live with active traumatic stressors, irrespective of their professional training. At the same time, the term “trauma” is used ubiquitously to refer to a wide range of stress responses. In this webinar, we will examine a developmental model of competency to aid practitioners in understanding the difference between generalist practice social work, trauma-informed practice, and trauma-specific treatment. This developmental model will aid practitioners in developing a plan of action that is designed to support professional growth toward being a competent provider of trauma-specific treatment as guided by the Code of Ethics. This webinar will utilize large group discussion and visual displays.

On-Demand Training Courses

Now offering FREE online courses! No registration required!

Online courses are recordings of live webinars and can be watched from the convenience of your home, office, or on the go! For each course, you will complete a pre-training evaluation and post-training evaluation. NO CONTINUING EDUCATION CLOCK HOURS (CECHs) are offered for the online courses, which are listed on pages 28–30. To improve your experience, we have created training categories including topics related to caregiving, children and families, substance abuse, supervision, trauma, and more. We offer trainings specific to caregivers, supervisors, and child welfare workers.

To view all course offerings, visit
<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>

A few highlighted courses!

Connecting Brain and Behavior

This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

Dissociative Coping in Traumatized Children

This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

When Addiction Trumps Relationships: Working with Mothers and Addiction

This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	336	Caregiver: Advocating for My Child in the School System
Caregiver	354	Caregiver: Understanding the Role of Life Books for Youth in Care
Caregiver	372	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	381	Intergenerational Trauma and Our Work with Birth Parents: Understanding the Bridge to Success
Caregiver	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
Caregiver	204-18	Trauma-informed Caregiving (Part 3): Practical Parenting Strategies
Caregiver	208-18	Support Services for Transgender and Gender Non-Conforming Children and Families
Caregiver	217-18	Locating the Past and Building the Future
Caregiver	213-19	Doing the Difficult Work (Part 1): How to Develop Effective Relationships with Birth Families
Caregiver	214-19	Doing the Difficult Work (Part 2): How to Develop Effective Relationships with Birth Families
Caregiver	218-19	When Behaviors Prevent School Success: Advocating for Your Child with Emotional or Behavior Problems
Caregiver	224-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 1: Trauma and the Brain)
Caregiver	226-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 2: Creating Connections)
Caregiver	228-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 3: Solutions to Challenging Behavior)
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312	Suicide Assessment, Management, and Intervention
General/MDHHS	313	Safety Planning
General/MDHHS	314	Effective Courtroom Advocacy
General/MDHHS	315	Children of Parents with a Mental Illness
General/MDHHS	322	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	323	Supervision in Child Welfare: Strategies to Engage and Support Workers
General/MDHHS	324	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325	Working with Immigrant Children and Their Families
General/MDHHS	327	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328	Creating Safety for Children
General/MDHHS	329	The Kinship Conundrum (and Ways to Address)

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	337	Supporting and Strengthening Early Relationships for Children in the Child Welfare System
General/MDHHS	340	Positive Parenting with Very Young Children
General/MDHHS	341	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	346	When Addiction Trumps Relationship: Working with Mothers and Addiction
General/MDHHS	347	Working with Families Affected by Substance Abuse
General/MDHHS	348	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350	Adoption as an Option for Older Youth
General/MDHHS	352	CBT for Social Anxiety in Children
General/MDHHS	355	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358	Through a Baby's Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	359	The Healing Breath: Practicing Meditation and Self-care as a Child Welfare Professional
General/MDHHS	362	Your Role in Making Medicaid Happen
General/MDHHS	363	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365	Dissociative Coping in Traumatized Children
General/MDHHS	371	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374	Father Involvement in Functional Family Formulations
General/MDHHS	376	Promoting Health and Wellness for Foster Youth
General/MDHHS	378	Teen Parents in Foster Care
General/MDHHS	382	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383	Youth Transitioning Out of Foster Care
General/MDHHS	384	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/Dissolution
General/MDHHS	385	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386	Understanding and Supporting Adoptive Families
General/MDHHS	387	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388	Psychological and Emotional Trauma in Children and Its Impact on Adoption/Foster Care and Family Development

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	390	Honoring and Empowering Adolescents
General/MDHHS	392	Having the Tough Conversations About Race with Your Clients
General/MDHHS	397	Beyond Breathing: Tools for Teaching Relaxation in Trauma Work
General/MDHHS	398	Rethinking Retention: A More Holistic Approach to Supporting Foster Parents
General/MDHHS	399	Changing Outcomes Through Resiliency
General/MDHHS	700	The Crossroads of Child Welfare and Human Trafficking
General/MDHHS	701	Preventing Further Harm: A Brief Overview of Trauma for the Child Welfare Profession
General/MDHHS	702	"I Love My Job": Supervision as a Tool for Preventing Burnout and Vicarious Trauma with Workers
General/MDHHS	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
General/MDHHS	201-18	Connecting Brain and Behavior
General/MDHHS	202-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
General/MDHHS	203-18	"Who Am I?" Fostering Identity Development With Foster and Adopted Youth
General/MDHHS	205-18	Why It's Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy
General/MDHHS	206-18	Youth Aging Out of Foster Care: Body-based Practices to Promote Post-traumatic Growth
General/MDHHS	209-18	A Guide to Caring for Muslim Children in Foster Care
General/MDHHS	210-18	The Opioid Crisis in America: Identification and Treatment Strategies for Social Workers
General/MDHHS	212-18	Engaging Older Youth in Permanency Planning: To be Adopted or Not to be Adopted?
General/MDHHS	213-18	Ending Zero Tolerance: What Child Welfare Workers Should Know
General/MDHHS	214-18	The Impact of Racial Bias on Traumatized Clients in Child Welfare
General/MDHHS	211-18	Integrating Mindfulness and Wellness for Stress Reduction
General/MDHHS	215-18	Trauma and Substance Use
General/MDHHS	201-19	Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth
General/MDHHS	202-19	Making Trauma-Informed Placement Decisions
General/MDHHS	203-19	Stress and Burnout in Foster Families
General/MDHHS	204-19	Mindfulness, Wellness, and Creative Self-care for Helping Professionals
General/MDHHS	205-19	Advocating for Homeless Youth
General/MDHHS	206-19	Opportunity in Crisis: Managing Crises of Traumatized Youth
General/MDHHS	213-19	The Matter of Motivation
General/MDHHS	215-19	Beyond "No Means No": Teaching Families About Body Safety and Consent

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	220-19	When They Are All Survivors: Child Maltreatment in the Context of Domestic Violence
General/MDHHS	221-19	Understanding Transracial Adoption
General/MDHHS	222-19	Making the Case for Retention-Focused Management
General/MDHHS	223-19	Beauty and the Beast: Understanding Transitional Planning When Working with Youth in Residential
General/MDHHS	225-19	Perinatal Mood and Anxiety Disorders: What Every Care Provider Must Know
General/MDHHS	227-19	Special Education: Considerations for Child Welfare
General/MDHHS	230-19	Understanding Children's Grief
General/MDHHS	231-19	Trauma-Informed Foster Care
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	339	Principles of a Mobile Workforce
Leadership	361	Making the Case for Retention-focused Management
Leadership	216-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
Leadership	218-18	Principles of Staff Engagement
Leadership	220-18	Challenges in School (Part 1): Barriers for Children in Foster Care
Leadership	221-18	Challenges in School (Part 2): Strategies for Success
Leadership	200-19	The Matter of Motivation



School of Social Work
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Registration for child welfare online courses is no longer required!

All child welfare online courses are available here:

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>.

Click on "Begin this course" under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon!

Stay tuned, and check the website often!

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
March 2022	Suicide Assessment in the Child Welfare Setting: Identifying Risk in a Sea of Risk	Thursday, March 10 1:30 PM - 4:45 PM (ET)	Live synchronous training via Zoom	Wayne State University	19
	Human Trafficking for Child Welfare Professionals	Wednesday, March 16 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	12
	Intervention with Youth in Mental Health Crisis	Thursday, March 17 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Ferris State University	8
	Becoming Culturally Competent and Practicing Cultural Humility to Work Effectively with Diverse Populations	Friday, March 18 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Ferris State University	8
	Stress and Resiliency: Foundation, Facts, and Forming a Plan	Monday, March 21 8:45 AM - 12:00 PM (ET)	Live synchronous training via Zoom	Saginaw Valley State University	16
	Becoming and Being Competent in Providing Trauma-specific Treatment	Monday, March 21 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	21
	Raising Resilient Children: Healing After Domestic Violence	Friday, March 25 9:00 AM - 12:30 PM (ET)	Live synchronous training via WebEx	Western Michigan University	20
April 2022	Trauma, Grief, and Loss	Saturday, April 2 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	14
	Building Blocks of Resilience in Maltreated Children	Wednesday, April 6 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	18
	Child Safety and Family Preservation	Thursday, April 7 1:00 PM - 4:15 PM (ET)	Live synchronous training via Zoom	Wayne State University	19
	Self of the Therapist: Best Practices for Supervision	Friday, April 8 8:30 AM - 11:45 AM (ET)	Live synchronous training via Zoom	Saginaw Valley State University	16
	Human Trafficking in My Neighborhood?	Friday, April 8 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5
	Mindfulness, Wellness, and Creative Self-care for the Helping Professional	Friday, April 8 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	21
	Addressing Youth Mental Health and Well-being	Tuesday, April 26 9:00 AM - 12:15 PM (ET)	Madonna University 36600 Schoolcraft Livonia, MI 48150	Madonna University	11
	Navigating the Special Education System for Children with Disabilities	Wednesday, April 27 12:00 PM - 1:15 PM (ET)	Webinar	Wayne State University	22
May 2022	Screening for Domestic Abuse: Exploration of Tools and the Role of Ethics	Monday, May 2 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	22
	Navigating the Special Education System for Children with Disabilities	Friday, May 6 8:45 AM - 12:00 PM (ET)	Live synchronous training via Zoom	Grand Valley State University	10
	Fostering Human Relationships: Techniques to Promote Positive Attachment and Bonding	Saturday, May 7 11:00 AM - 12:15 PM (ET)	Webinar	Northern Michigan University	22
	A Guide to Caring for Muslim Children in Foster Care	Monday, May 9 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	23
	Clinical and Ethical Issues with Transgender and Gender Diverse Youth: A Deeper Dive	Thursday, May 12 2:00 PM - 5:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	18
	Who Am I: Fostering Identity Development and Resilience in Foster and Adopted Youth	Friday, May 13 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	7
	Secondary Trauma: Self-care for Child Welfare Workers	Friday, May 17 8:00 AM - 11:30 AM (ET)	Live synchronous training via WebEx	Western Michigan University	20

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
May 2022 continued	Trauma, Crisis Management, and Working with Kids in Care	Wednesday, May 18 9:00 AM - 10:15 AM (ET)	Webinar	Ferris State University	23
	Geez, Wish Someone Had Told Me: Supporting Foster Youth to be Successful in College	Friday, May 20 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	7
June 2022	Advancing Understanding of Black Americans from Contemporary Urban Communities	Wednesday, June 1 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	12
	The Interaction of ABCs (Attachment, Brain, and Child Development) and ACEs (Adverse Childhood Experiences) in the Treatment of Trauma	Thursday, June 2 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	13
	Child Sexual Abuse Awareness, Prevention, Investigation, and Treatment Education	Friday, June 3 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5
	Why Don't They Just Quit? How Our Personal Experience with Substance Use Influences Our Perceptions	Friday, June 3 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	17
	Safety Planning for Domestic Abuse Cases: Exploration of Tools and the Role of Ethics	Friday, June 3 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	23
	Human Trafficking: Awareness, Assessment, and Response	Friday, June 3 12:00 PM - 1:15 PM (ET)	Webinar	Western Michigan University	24
	Accessing Special Education Supports for Children in Foster Care	Monday, June 6 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	24
	Ethics in Child Treatment	Thursday, June 9 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	13
	Social Worker Support Circle	Friday, June 10 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	24
	Surviving the Moments: Suicide Awareness and Prevention	Friday, June 17 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	25
	Trauma Rectification and Crisis Management in Health and Human Services	Friday, June 24 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	25
	Developmental Scaffolding Essential for Youth Aging Out of Care	Saturday, June 25 12:00 PM - 1:15 PM (ET)	Webinar	Madonna University	25
	July 2022	Cultural Humility: Working with Diverse Families	Saturday, July 23 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University
August 2022	Child Welfare Safety Planning: The Why, the When, and the How	Friday, August 5 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	6
	Preventing the Impact of Compassion Fatigue	Friday, August 12 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Madonna University	11
	Self-care for Workers	Saturday, August 20 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	15
	What Is Fostering? Techniques for Supporting Foster Parents of Children Who Have Experienced Trauma	Tuesday, August 30 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	17

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
September 2022	Using an Equity Framework in Child Welfare	Friday, September 2 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	26
	Domestic Violence: Assessment and Safety Planning	Saturday, September 3 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	15
	Trauma: How to Support the Healing	Friday, September 16 8:45 AM - 12:00 PM (ET)	GVSU Pew Campus 201 Front Ave SW Grand Rapids	Grand Valley State University	10
	Self-compassionate Social Work	Friday, September 16 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Ferris State University	9
	Kinship Care, Challenges and Legal Options: Understanding the Intersection of Child Welfare and Skipped Generation Family Support	Friday, September 16 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	26
	Building Internal Resources for Youth Aging Out of Foster Care to Promote Post-traumatic Growth	Friday, September 23 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	27
	Becoming and Being Competent in Providing Trauma-specific Treatment	Friday, September 30 12:00 PM - 1:15 PM (ET)	Webinar	Michigan State University	27

Additional trainings
and exciting new
topics coming
in fall 2022!



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