



SCHOOL WELLNESS PROGRAM STANDING ORDER ESSENTIAL ELEMENTS: CHECKPOINTS FOR OBTAINING VITAL SIGNS, BMI AND OTHER MEASUREMENTS

THIS DOCUMENT IS TO BE USED AS A GUIDANCE TOOL IN DEVELOPING STANDING ORDERS FOR VITAL SIGNS, BMI AND OTHER MEASUREMENTS.

DEFINITIONS:

Vital signs: Measurements of the body's most basic functions such as temperature, pulse rate, respiration rate and blood pressure.

BMI: BMI is a person's *weight* in kilograms divided by the square of *height* in meters.

Screening Checkpoints: A schedule for obtaining vital signs and BMI for children/adolescents in SWPs.

Other Screening Measurements to Consider specifically for the Client Population Served:

Smoking/vaping, pain, emotional health status.

Procedures Include:

- Developing a standing order(s) indicating screening checkpoints for children/adolescents with the general understanding of the client population and community health demographics.
- Description of the vital signs that are completed and documented annually in the client's medical record. For example, blood pressure.

- Description of vital signs to be completed to fit the clinical situation and/or the standing order approved by the SWP medical director. For example, sick visits, asthma, emergency situations.
- Description of the checkpoint for obtaining and documenting in the client record the client's height, weight and BMI (minimum annually).
- Description of other measurements to be assessed depending on the client population, such as, pain, emotional screening, vaping/smoking.

REFERENCES:

American Academy of Pediatrics (2020). Recommendations for Preventive Pediatric Health Care Bright Futures/American Academy of Pediatrics. Retrieved from:
https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf