

APR - 5 2019

Administrator
Washington, DC 20201

Robert Gordon Director Michigan Department of Health and Human Services 100 South Capitol Avenue Lansing, MI 48909

Dear Mr. Gordon:

Under section 1115 of the Social Security Act (the Act), the Secretary of Health and Human Services (HHS) may approve any experimental, pilot or demonstration project that, in the judgment of the Secretary, is likely to assist in promoting the objectives of certain Act programs including Medicaid. Congress enacted section 1115 of the Act to ensure that federal requirements did not "stand in the way of experimental projects designed to test out new ideas and ways of dealing with the problems of public welfare recipients." S. Rep. No. 87-1589, at 19 (1962), as reprinted in 1962 U.S.C.C.A.N. 1943, 1961. As relevant here, section 1115 of the Act allows the Secretary to waive compliance with the Medicaid program requirements of section 1902 of the Act, to the extent and for the period he finds necessary to carry out the demonstration project. In addition, section 1115 of the Act allows the Secretary to provide federal financial participation for demonstration costs that would not otherwise be considered as federally matchable expenditures under section 1903 of the Act, to the extent and for the period prescribed by the Secretary.

For the reasons discussed below, the Centers for Medicare & Medicaid Services (CMS) is approving Michigan's (the "state") request for a new section 1115(a) demonstration titled, "Pathway to Integration" (Project Number 11-W-00305/5) (the "demonstration"), in accordance with section 1115(a) of the Act. With this approval, the Pathway to Integration demonstration will become effective from April 5, 2019 through September 30, 2024.

CMS's approval of this section 1115(a) demonstration is subject to the limitations specified in the attached expenditure authority, Special Terms and Conditions (STCs), and any supplemental attachments defining the nature, character, and extent of federal involvement in this project. The state may deviate from the Medicaid state plan requirements only to the extent those requirements have been specifically listed as not applicable to expenditures or individuals covered by expenditure authority.

#### Objectives of the Medicaid Program

As noted above, the Secretary may approve a demonstration project under section 1115 of the Act if, in his judgment, the demonstration is likely to assist in promoting the objectives of title XIX. The purposes of Medicaid include an authorization of appropriation of funds to "enabl[e] each state, as far as practicable under the conditions in such state, to furnish (1) medical assistance on behalf of families with dependent children and of aged, blind, or disabled individuals, whose income and resources are insufficient to meet the costs of necessary medical

services, and (2) rehabilitation and other services to help such families and individuals attain or retain capability for independence or self-care." Act § 1901. This provision makes clear that an important objective of the Medicaid program is to furnish medical assistance and other services to vulnerable populations. But, there is little intrinsic value in paying for services if those services are not advancing the health and wellness of the individual receiving them, or otherwise helping the individual attain independence. Therefore, we believe an objective of the Medicaid program, in addition to furnishing services, is to advance the health and wellness needs of its beneficiaries, and that it is appropriate for the state to structure its demonstration project in a manner that prioritizes meeting those needs.

Section 1115 demonstration projects present an opportunity for states to experiment with reforms that go beyond just routine medical care and focus on interventions that drive better health outcomes and quality of life improvements, and that may increase beneficiaries' financial independence. Such policies may include those designed to address certain health determinants and those that encourage beneficiaries to engage in health-promoting behaviors and to strengthen engagement by beneficiaries in their personal health care plans. These tests will necessarily mean a change to the status quo. They may have associated administrative costs, particularly at the initial stage, and section 1115 acknowledges that demonstrations may "result in an impact on eligibility, enrollment, benefits, cost-sharing, or financing." Act § 1115(d)(1). But in the long term, they may create incentives and opportunities that help enable many beneficiaries to enjoy the numerous personal benefits that come with improved health and financial independence.

Section 1115 demonstration projects also provide an opportunity for states to test policies that ensure the fiscal sustainability of the Medicaid program, better "enabling each [s]tate, as far as practicable under the conditions in such [s]tate" to furnish medical assistance, Act § 1901, while making it more practicable for states to furnish medical assistance to a broader range of persons in need. For instance, measures designed to improve health and wellness may reduce the volume of services consumed, as healthier, more engaged beneficiaries tend to consume fewer medical services and are generally less costly to cover. Further, measures that have the effect of helping individuals secure employer-sponsored or other commercial coverage or otherwise transition from Medicaid eligibility may decrease the number of individuals who need financial assistance, including medical assistance, from the state. Such measures may enable states to stretch their resources further and enhance their ability to provide medical assistance to a broader range of persons in need, including by expanding the services and populations they cover. By the same

<sup>&</sup>lt;sup>1</sup> States have considerable flexibility in the design of their Medicaid programs, within federal guidelines. Certain benefits are mandatory under federal law, but many benefits may be provided at state option, such as prescription drug benefits, vision benefits, and dental benefits. Similarly, states have considerable latitude to determine whom their Medicaid programs will cover. Certain eligibility groups must be covered under a state's program, but many states opt to cover additional eligibility groups that are optional under the Medicaid statute. The optional groups include a new, non-elderly adult population (ACA expansion population) that was added to the Act at section 1902(a)(10)(A)(i)(VIII) by the Patient Protection and Affordable Care Act (ACA). Coverage of the ACA expansion population became optional as a result of the Supreme Court's decision in *NFIB v. Sebelius*, 567 U.S. 519 (2012). Accordingly, several months after the *NFIB* decision was issued, CMS informed the states that they "have flexibility to start or stop the expansion." CMS, *Frequently Asked Questions on Exchanges, Market Reforms, and Medicaid* at 11 (Dec. 10, 2012). In addition to expanding Medicaid coverage by covering optional eligibility groups and benefits beyond what the Medicaid statute requires, many states also choose to cover benefits beyond what is authorized by statute by using expenditure authority under section 1115(a)(2) of the Act. For example, recently, many states have

token, such measures may also preserve states' ability to continue to provide the optional services and coverage they already have in place.

Our demonstration authority under section 1115 of the Act allows us to offer states more flexibility to experiment with different ways of improving health outcomes and strengthening the financial independence of beneficiaries. Demonstration projects that seek to improve beneficiary health and financial independence improve the well-being of Medicaid beneficiaries and, at the same time, allow states to maintain the long-term fiscal sustainability of their Medicaid programs and to provide more medical services to more Medicaid beneficiaries. Accordingly, such demonstration projects advance the objectives of the Medicaid program.

#### Background on Medicaid Coverage in Michigan

Michigan's Medicaid and CHIP programs provide health coverage to over 2.3 million individuals. The Medicaid program in Michigan includes non-mandatory populations, such as the medically needy and optional targeted low income children, in addition to the mandatory eligibility groups. The state also covers several categories of non-mandatory services, including prescription drugs, dental services, and vision benefits, in addition to mandatory services. In addition, on April 1, 2014, Michigan expanded its Medicaid program to include the ACA expansion population (adults with income up to and including 133 percent of the federal poverty level).

#### **Extent and Scope of Demonstration**

Approval of this demonstration will allow Michigan to broaden the crucial component of residential substance use disorder (SUD) services in the state's current SUD benefits to create a full continuum of care for beneficiaries with substance use disorders. This approval authorizes Michigan to receive federal financial participation (FFP) for the provision of all Medicaid state plan services, including a continuum of services to treat substance use disorder for Medicaid beneficiaries primarily diagnosed with opioid use disorder (OUD) and/or other SUD who are short-term residents in residential and inpatient treatment facilities that meet the definition of an Institution for Mental Diseases (IMD). Additionally, any beneficiary with a SUD who meets certain clinical guidelines will be able to access the enhanced SUD services.

This demonstration also will establish an integrated behavioral health delivery system that includes a flexible and comprehensive SUD benefit and the Michigan continuum of care, enhance provider competency related to the use of ASAM criteria or other nationally recognized criteria, SUD-specific program standards for patient assessment and placement in treatment, and within treatment programs, expand the treatment continuum of residential care including medically necessary use of qualified residential treatment facilities regardless of the size of the facility, expand withdrawal management programming and medication assisted treatment and recovery, expand the use of recovery coach delivered support services, and establish coordination of care models between SUD providers, primary care and other behavioral health providers.

been relying on this authority to expand the scope of services they offer to address SUD beyond what the statute explicitly authorizes.

In addition, Michigan submitted its SUD Implementation Plan Protocol as required by the STCs. CMS has completed its review of the SUD Implementation Plan Protocol and determined that it is consistent with the requirements set forth in the STCs and is, therefore, concurrently approving the SUD Implementation Plan Protocol and incorporating it as Attachment D of the STCs. With this approval, the state may begin receiving FFP under the terms of the demonstration, effective as of the date of this letter. As set forth in the STCs, the SUD Health Information Technology (Health IT) Plan must be submitted within 90 calendar days of this letter. If the state fails to submit the SUD Health IT Plan within this timeframe, CMS will issue a funding deferral, as specified in STC 28. Once approved by CMS, the SUD Health IT Plan will be incorporated as an attachment to the STCs. CMS is available to provide technical assistance, if needed.

CMS intends to continue working with Michigan on the state's goals for expanded access to services, use of needs-based eligibility criteria, and streamlined program financing and management through use of appropriate authorities.

# <u>Determination that the Demonstration Project is likely to Assist in Promoting Medicaid's Objectives</u>

For the reasons discussed below, the Secretary has determined that the Pathway to Integration demonstration is likely to assist in promoting the objectives of the Medicaid program. CMS has determined this because it gives the state expenditure authority to offer the SUD program. Under this initiative, all Medicaid beneficiaries will continue to have access to all current mental health and SUD benefits. In addition, all beneficiaries ages 21 through 64 will have access to covered services, authorized under section 1115(a)(2) of the Act, including SUD treatment services provided to individuals with SUD who are short-term residents in residential treatment facilities that meet the definition of an IMD. These services would otherwise be excluded from federal reimbursement.

CMS also expects that implementation of this demonstration in Michigan is likely to assist in promoting the objectives of the Medicaid program as it is expected to improve health outcomes for Medicaid beneficiaries by increasing access to high quality OUD/SUD care and expand the OUD/SUD provider networks available to serve Medicaid populations.

#### **Consideration of Public Comments**

To increase the transparency of demonstration projects, sections 1115(d)(1) and (2) of the Act direct the Secretary to issue regulations providing for two periods of public comment on a state's application for a section 1115 demonstration that would result in an impact on eligibility, enrollment, benefits, cost-sharing, or financing. The first comment period occurs at the state level before submission of the section 1115 application, and the second comment period occurs at the federal level after the application is received by the Secretary.

Section 1115(d)(2)(A) & (C) of the Act further specify that comment periods should be "sufficient to ensure a meaningful level of public input," but the statute imposes no additional requirement on the states or the Secretary to address those comments, as might otherwise be

required under a general rulemaking. Accordingly, the implementing regulations issued in 2012 provide that CMS will review and consider all comments received by the deadline, but will not provide written responses to public comments.<sup>2</sup>

CMS did not receive any comments regarding the SUD component of the Pathways to Integration application.

The approval is also subject to your written acknowledgement of the award and acceptance of the enclosed STCs within 30 calendar days of the date of this letter-please send your written acceptance to your project officer, Mr. Ed Francell. Mr. Francell is available to answer any questions concerning your section 1115(a) demonstration and may be contacted as follows:

> Centers for Medicare & Medicaid Services Center for Medicaid and CHIP Services Mail Stop: S2-25-26 7500 Security Boulevard Baltimore, MD 21244-1850 Telephone: (410) 786-1342 E-mail: ed.francell@cms.hhs.gov

Official communication regarding official matters should be simultaneously sent to Mr. Francell and Mr. James Scott, Director, Division of Medicaid Field Operations North, Mr. Scott's contact information is as follows:

> Mr. James Scott - Director, Division of Medicaid Field Operations North Centers for Medicare & Medicaid Services Richard Bolling Federal Building 601 East 12th Street, Room 355 Kansas City, MO 64106-2808 Telephone: (816)426-6417

E-mail: James.Scottl/d.cms.hhs.gov

If you have any questions regarding this approval, please contact Ms. Judith Cash, Director, State Demonstrations Group, Center for Medicaid and CHIP Services at (410) 786-9686.

Seema Verma

Enclosures

<sup>&</sup>lt;sup>2</sup> 42 CFR § 431.416(d)(2); see also Medicaid Program; Review and Approval Process for Section 1115 Demonstrations, Application, Review, and Reporting Process for Waivers for State Innovation; Final Rules, 77 Fed. Reg. 11678, 11685 (Feb. 27, 2012) (final rule).

## CENTERS FOR MEDICARE AND MEDICAID SERVICES EXPENDITURE AUTHORITY

NUMBER: 11-W-00305/5

**TITLE:** Pathway to Integration Section 1115 Demonstration

**AWARDEE: Michigan Department of Health and Human Services (MDHHS)** 

Under the authority of section 1115(a)(2) of the Social Security Act (the Act), expenditures made by Michigan (the state) for the items identified below (which would not otherwise be included as matchable expenditures under section 1903 of the Act) shall, for the period April 5, 2019 through September 30, 2024 unless otherwise specified, be regarded as matchable expenditures under the state's Medicaid state plan.

#### 1. Residential Treatment for Individuals with Substance Use Disorder (SUD).

Expenditures for otherwise covered services furnished to otherwise eligible individuals who are primarily receiving treatment and withdrawal management services for substance use disorder (SUD) who are short-term residents in facilities that meet the definition of an institution for mental diseases (IMD).

## CENTERS FOR MEDICARE AND MEDICAID SERVICES SPECIAL TERMS AND CONDITIONS

NUMBER: 11-W-00305/5

**TITLE:** Pathway to Integration

**AWARDEE: Michigan Department of Health and Human Services (MDHHS)** 

#### I. PREFACE

The following are the special terms and conditions (STCs) for the "Pathway to Integration" section 1115(a) Medicaid demonstration (the "demonstration") to enable the Michigan (the "state") to operate this demonstration. The Centers for Medicare & Medicaid Services (CMS) has granted expenditure authorities authorizing federal matching of demonstration costs not otherwise matchable under section 1903 of the Social Security Act (the "Act"), which are separately enumerated. These STCs set forth conditions and limitations on those waivers and expenditure authorities, and describe in detail the nature, character, and extent of federal involvement in the demonstration and the state's obligations to CMS related to this demonstration. These STCs neither grant additional waivers or expenditure authorities, nor expand upon those separately granted. The STCs are effective as of April 5, 2019 through September 30, 2024 unless otherwise specified. The state expects to begin implementation October 1, 2019.

The STCs have been arranged into the following subject areas:

- I. Preface
- II. Program Description and Objectives
- III. General Program Requirements
- IV. Eligibility and Enrollment
- V. Demonstration Programs and Benefits
- VI. Cost Sharing
- VII. Delivery System
- VIII. General Reporting Requirements
  - IX. Monitoring
  - X. Evaluation of the Demonstration
  - XI. General Financial Requirements Under Title XIX
- XII. Monitoring Budget Neutrality for the Demonstration
- XIII. Schedule of Deliverables for the Demonstration

Additional attachments have been included to provide supplementary information and guidance for specific STCs.

Attachment A: Developing the Evaluation Design

Attachment B: Preparing the Interim and Summative Evaluation Reports

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Demonstration Approval Period: April 5, 2019 through September 30, 2024

Attachment C: Reserved for Evaluation Design

Attachment D: SUD Implementation Plan

Attachment E: Reserved for SUD Monitoring Protocol

#### II. PROGRAM DESCRIPTION AND OBJECTIVES

This demonstration will allow Michigan to broaden the crucial component of residential substance disorder services in the state's existing network of SUD providers and SUD benefits to provide a broader continuum of care for beneficiaries seeking help with a SUD, including withdrawal management services in residential treatment facilities that meet the definition of an IMD. The benefits will continue to be provided through a managed care delivery system. The state and CMS expect that offering a full continuum of SUD treatment and recovery supports based on American Society of Addiction Medicine (ASAM) criteria or other nationally recognized, SUD-specific program standards, will result in improved health outcomes and sustained recovery for this population.

This demonstration seeks to accomplish these efforts by:

- Establishing an integrated behavioral health delivery system that includes a flexible and comprehensive SUD benefit and the Michigan continuum of care;
- Enhancing provider competency related to the use of ASAM criteria or other nationally recognized, SUD-specific program standards, for patient assessment and treatment;
- Expanding the treatment continuum of residential care including medically necessary use of qualified residential treatment facilities regardless of the size of the facility, withdrawal management programming and medication assisted treatment and recovery;
- Expanding the use of recovery coach delivered support services; and
- Establishing coordination of care models between SUD providers, primary care and other behavioral health providers.

#### III. GENERAL PROGRAM REQUIREMENTS

- 1. Compliance with Federal Non-Discrimination Laws. The state must comply with applicable federal civil rights laws relating to non-discrimination in services and benefits in its programs and activities. These include, but are not limited to, the Americans with Disabilities Act of 1990 (ADA), Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973 (Section 504), the Age Discrimination Act of 1975, and Section 1557 of the Affordable Care Act (Section 1557). Such compliance includes providing reasonable modifications to individuals with disabilities under the ADA, Section 504, and Section 1557 in eligibility and documentation requirements, to ensure they understand program rules and notices, in establishing eligibility for an exemption from community engagement requirements on the basis of disability, and to enable them to meet and document community engagement requirements, as well as meeting other program requirements necessary to obtain and maintain benefits.
- 2. Compliance with Medicaid Law, Regulation, and Policy. All requirements of the Medicaid program, expressed in federal law, regulation, and written policy, not expressly

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waived or identified as not applicable in the waiver and expenditure authority documents (of which these terms and conditions are part), apply to the demonstration.

3. Changes in Medicaid Law, Regulation, and Policy. The state must, within the timeframes specified in federal law, regulation, or written policy, come into compliance with any changes in federal law, regulation, or policy affecting the Medicaid program that occur during this demonstration approval period, unless the provision being changed is expressly waived or identified as not applicable. In addition, CMS reserves the right to amend the STCs to reflect such changes and/or changes of an operational nature without requiring the state to submit an amendment to the demonstration under STC 7. CMS will notify the state 30 calendar days in advance of the expected approval date of the amended STCs to allow the state to provide comment.

#### 4. Impact on Demonstration of Changes in Federal Law, Regulation, and Policy.

- a. To the extent that a change in federal law, regulation, or policy requires either a reduction or an increase in federal financial participation (FFP) for expenditures made under this demonstration, the state must adopt, subject to CMS approval, a modified budget neutrality agreement for the demonstration as necessary to comply with such change. Further, the state may seek an amendment to the demonstration (as per STC 7 of this section) as a result of the change in FFP.
- b. If mandated changes in the federal law require state legislation, unless otherwise prescribed by the terms of the federal law, the changes must take effect on the day such state legislation becomes effective, or on the last day such legislation was required to be in effect under federal law, whichever is sooner.
- 5. State Plan Amendments. The state will not be required to submit title XIX state plan amendments (SPAs) for changes affecting any populations made eligible solely through the demonstration. If a population eligible through the Medicaid state plan is affected by a change to the demonstration, a conforming amendment to the appropriate state plan may be required, except as otherwise noted in these STCs. In all such instances, the Medicaid state plan governs.
- **6.** Changes Subject to the Amendment Process. If not otherwise specified in these STCs, changes related to eligibility, enrollment, benefits, beneficiary rights, delivery systems, cost sharing, sources of non-federal share of funding, budget neutrality, and other comparable program elements must be submitted to CMS as amendments to the demonstration. All amendment requests are subject to approval at the discretion of the Secretary in accordance with section 1115 of the Act. The state must not implement changes to these elements without prior approval by CMS either through an approved amendment to the Medicaid state plan or amendment to the demonstration. Amendments to the demonstration are not retroactive and no FFP of any kind, including for administrative or medical assistance expenditures, will be available under changes to the demonstration that have not been approved through the amendment process set forth in STC 7, except as provided in STC 3.

- 7. Amendment Process. Requests to amend the demonstration must be submitted to CMS for approval no later than 120 calendar days prior to the planned date of implementation of the change and may not be implemented until approved. CMS reserves the right to deny or delay approval of a demonstration amendment based on non-compliance with these STCs, including but not limited to failure by the state to submit required elements of a complete amendment request as described in this STC, and failure by the state to submit reports required in the approved STCs and other deliverables in a timely fashion according to the deadlines specified herein. Amendment requests must include, but are not limited to, the following:
  - a. A detailed description of the amendment, including impact on beneficiaries, with sufficient supporting documentation;
  - b. A data analysis worksheet which identifies the specific "with waiver" impact of the proposed amendment on the current budget neutrality agreement. Such analysis shall include total computable "with waiver" and "without waiver" status on both a summary and detailed level through the current approval period using the most recent actual expenditures, as well as summary and detail projections of the change in the "with waiver" expenditure total as a result of the proposed amendment, which isolates (by Eligibility Group) the impact of the amendment;
  - c. An explanation of the public process used by the state consistent with the requirements of STC 13; and,
  - d. If applicable, a description of how the evaluation design will be modified to incorporate the amendment provisions.
- **8. Extension of the Demonstration.** States that intend to request a demonstration extension under sections 1115(e) or 1115(f) of the Act must submit extension applications in accordance with the timelines contained in statute. Otherwise, no later than twelve (12) months prior to the expiration date of the demonstration, the Governor or Chief Executive Officer of the state must submit to CMS either a demonstration extension request that meets federal requirements at 42 CFR 431.412(c) or a transition and phase-out plan consistent with the requirements of STC 9.
- **9. Demonstration Phase Out.** The state may only suspend or terminate this demonstration in whole, or in part, consistent with the following requirements:
  - a. Notification of Suspension or Termination. The state must promptly notify CMS in writing of the reason(s) for the suspension or termination, together with the effective date and a transition and phase-out plan. The state must submit a notification letter and a draft transition and phase-out plan to CMS no less than six (6) months before the effective date of the demonstration's suspension or termination. Prior to submitting the draft transition and phase-out plan to CMS, the state must publish on its website the draft transition and phase-out plan for a 30-day public comment period. In addition, the state must conduct tribal consultation in accordance with STC 13, if applicable. Once

- the 30-day public comment period has ended, the state must provide a summary of the issues raised by the public during the comment period and how the state considered the comments received when developing the revised transition and phase-out plan.
- b. <u>Transition and Phase-out Plan Requirements</u>. The state must include, at a minimum, in its transition and phase-out plan the process by which it will notify affected beneficiaries, the content of said notices (including information on the beneficiary's appeal rights), the process by which the state will conduct administrative reviews of Medicaid eligibility prior to the termination of the demonstration for the affected beneficiaries, and ensure ongoing coverage for eligible beneficiaries, as well as any community outreach activities the state will undertake to notify affected beneficiaries, including community resources that are available.
- c. <u>Transition and Phase-out Plan Approval</u>. The state must obtain CMS approval of the transition and phase-out plan prior to the implementation of transition and phase-out activities. Implementation of transition and phase-out activities must be no sooner than 14 calendar days after CMS approval of the transition and phase-out plan.
- d. Transition and Phase-out Procedures. The state must comply with all applicable notice requirements found in 42 CFR, part 431 subpart E, including sections 431.206, 431.210, 431.211, and 431.213. In addition, the state must assure all applicable appeal and hearing rights are afforded to beneficiaries in the demonstration as outlined in 42 CFR, part 431 subpart E, including sections 431.220 and 431.221. If a beneficiary in the demonstration requests a hearing before the date of action, the state must maintain benefits as required in 42 CFR 431.230. In addition, the state must conduct administrative renewals for all affected beneficiaries in order to determine if they qualify for Medicaid eligibility under a different eligibility category prior to termination as discussed in October 1, 2010, State Health Official Letter #10-008 and as required under 42 C.F.R. 435.916(f)(1). For individuals determined ineligible for Medicaid, the state must determine potential eligibility for other insurance affordability programs and comply with the procedures set forth in 42 CFR 435.1200(e).
- e. Exemption from Public Notice Procedures 42 CFR Section 431.416(g). CMS may expedite the federal and state public notice requirements under circumstances described in 42 CFR 431.416(g).
- f. Enrollment Limitation during Demonstration Phase-Out. If the state elects to suspend, terminate, or not extend this demonstration, during the last six months of the demonstration, enrollment of new individuals into the demonstration must be suspended. The limitation of enrollment into the demonstration does not impact the state's obligation to determine Medicaid eligibility in accordance with the approved Medicaid state plan.
- g. <u>Federal Financial Participation (FFP).</u> FFP will be limited to normal closeout costs associated with the termination or expiration of the demonstration including services,

continued benefits as a result of beneficiaries' appeals, and administrative costs of disenrolling beneficiaries.

- **10. Expiring Demonstration Authority.** For demonstration authority that expires prior to the demonstration's expiration date, the state must submit a demonstration authority expiration plan to CMS no later than six (6) months prior to the applicable demonstration authority's expiration date, consistent with the following requirements:
  - a. Expiration Requirements. The state must include, at a minimum, in its demonstration authority expiration plan the process by which it will notify affected beneficiaries, the content of said notices (including information on the beneficiary's appeal rights), the process by which the state will conduct administrative reviews of Medicaid eligibility prior to the termination of the demonstration authority for the affected beneficiaries, and ensure ongoing coverage for eligible beneficiaries, as well as any community outreach activities.
  - b. Expiration Procedures. The state must comply with all applicable notice requirements found in 42 CFR, part 431 subpart E, including sections 431.206, 431.210, 431.211, and 431.213. In addition, the state must assure all applicable appeal and hearing rights are afforded to beneficiaries in the demonstration as outlined in 42 CFR, part 431 subpart E, including sections 431.220 and 431.221. If a beneficiary in the demonstration requests a hearing before the date of action, the state must maintain benefits as required in 42 CFR 431.230. In addition, the state must conduct administrative renewals for all affected beneficiaries in order to determine if they qualify for Medicaid eligibility under a different eligibility category prior to termination as discussed in October 1, 2010, State Health Official Letter #10-008 and as required under 42 CFR 435.916(f)(1). For individuals determined ineligible for Medicaid, the state must determine potential eligibility for other insurance affordability programs and comply with the procedures set forth in 42 CFR 435.1200(e).
  - c. Federal Public Notice. CMS will conduct a 30-day federal public comment period consistent with the process outlined in 42 CFR 431.416 in order to solicit public input on the state's demonstration authority expiration plan. CMS will consider comments received during the 30-day period during its review of the state's demonstration authority expiration plan. The state must obtain CMS approval of the demonstration authority expiration plan prior to the implementation of the expiration activities. Implementation of expiration activities must be no sooner than fourteen (14) calendar days after CMS approval of the demonstration authority expiration plan.
  - d. <u>Federal Financial Participation (FFP)</u>. FFP will be limited to normal closeout costs associated with the expiration of the demonstration authority including services, continued benefits as a result of beneficiaries' appeals, and administrative costs of disenrolling beneficiaries.
- 11. Withdrawal of Waiver or Expenditure Authority. CMS reserves the right to withdraw waivers and/or expenditure authorities at any time it determines that continuing the waivers

or expenditure authorities would no longer be in the public interest or promote the objectives of title XIX. CMS must promptly notify the state in writing of the determination and the reasons for the withdrawal, together with the effective date, and afford the state an opportunity to request a hearing to challenge CMS' determination prior to the effective date. If a waiver or expenditure authority is withdrawn, FFP is limited to normal closeout costs associated with terminating the waiver or expenditure authority, including services, continued benefits as a result of beneficiary appeals, and administrative costs of disenrolling beneficiaries.

- **12. Adequacy of Infrastructure.** The state must ensure the availability of adequate resources for implementation and monitoring of the demonstration, including education, outreach, and enrollment; maintaining eligibility systems; compliance with cost sharing requirements; and reporting on financial and other demonstration components.
- **13. Public Notice, Tribal Consultation, and Consultation with Interested Parties.** The state must comply with the state notice procedures as required in 42 CFR 431.408 prior to submitting an application to extend the demonstration. For applications to amend the demonstration, the state must comply with the state notice procedures set forth in 59 Fed. Reg. 49249 (September 27, 1994) prior to submitting such request.

The state must also comply with tribal and Indian Health Program/Urban Indian Health Organization consultation requirements at section 1902(a)(73) of the Act, 42 CFR 431.408(b), State Medicaid Director Letter #01-024, or as contained in the state's approved Medicaid State Plan, when any program changes to the demonstration, either through amendment as set out in STC 7 or extension, are proposed by the state.

The state must also comply with the Public Notice Procedures set forth in 42 CFR 447.205 for changes in statewide methods and standards for setting payment rates.

- **14. Federal Financial Participation (FFP).** No federal matching for state expenditures under this demonstration, including for administrative and medical assistance expenditures, will be available until the effective date identified in the demonstration approval letter, or if later, as expressly stated within these STCs.
- 15. Common Rule Exemption. The state shall ensure that the only involvement of human subjects in research activities that may be authorized and/or required by this demonstration is for projects which are conducted by or subject to the approval of CMS, and that are designed to study, evaluate, or otherwise examine the Medicaid program including procedures for obtaining Medicaid benefits or services, possible changes in or alternatives to Medicaid programs and procedures, or possible changes in methods or levels of payment for Medicaid benefits or services. The Secretary has determined that this demonstration as represented in these approved STCs meets the requirements for exemption from the human subject research provisions of the Common Rule set forth in 45 CFR 46.101(b)(5).

#### IV. ELIGIBILITY AND ENROLLMENT

16. Eligibility Groups Affected by the Demonstration. Under the demonstration, there is no change to Medicaid eligibility. Standards for eligibility remain set forth under the state plan. The demonstration will allow Michigan Medicaid recipients ages 21-64 to receive opioid use disorder (OUD)/SUD treatment services in residential and inpatient treatment settings that qualify as an Institution for Mental Diseases (IMD), which are not otherwise matchable expenditures under section 1903 of the Act. All affected groups derive their eligibility through the Medicaid state plan, and are subject to all applicable Medicaid laws and regulations in accordance with the Medicaid state plan. All Medicaid eligibility standards and methodologies for these eligibility groups remain applicable.

#### V. DEMONSTRATION PROGRAMS AND BENEFITS

17. Opioid Use Disorder/Substance Use Disorder Program. Effective upon CMS' approval of the OUD/SUD Implementation Plan, the demonstration benefit package for Michigan Medicaid recipients must include OUD/SUD treatment services, including short term residential services provided in residential and inpatient treatment settings that qualify as an Institution for Mental Diseases (IMD), which are not otherwise matchable expenditures under section 1903 of the Act. The state will be eligible to receive FFP for Michigan Medicaid recipients who are short-term residents in IMDs under the terms of this demonstration for coverage of medical assistance, including OUD/SUD benefits that would otherwise be matchable if the beneficiary were not residing in an IMD. Michigan must aim for a statewide average length of stay of 30 days in residential treatment settings, to be monitored pursuant to the SUD Monitoring Plan as outlined in STC 19 below, to ensure short-term residential treatment stays. Under this demonstration, beneficiaries will have access to high quality, evidence-based OUD and other SUD treatment services ranging from medically supervised withdrawal management to on-going chronic care for these conditions in cost-effective settings while also improving care coordination and care for comorbid physical and mental health conditions. Such services will be delivered through the prepaid inpatient health plan (PIHP) delivery system.

The coverage of OUD/SUD treatment services and withdrawal management services during short-term residential and inpatient stays in IMDs will expand Michigan's current SUD benefit package available to all Michigan Medicaid recipients as outlined in Table 1. OUD/SUD treatment services and withdrawal management services approved through the state plan as well as expenditure authority to cover and provide FFP for such services for individuals residing in an IMD approved through this demonstration will be available to all Michigan Medicaid recipients who meet medical necessity criteria for services. Room and board costs are not considered allowable costs for residential treatment service providers unless they qualify as inpatient facilities under section 1905(a) of the Act.

Table 1: Michigan OUD/SUD Benefits Coverage with Expenditure Authority

SUD Benefit	Medicaid Authority	Expenditure Authority
Early Intervention Services	State plan (Individual services covered)	
Ambulatory Withdrawal Management	State plan	
Outpatient Services	State plan (Individual services covered)	
Intensive Outpatient Services	State plan (Individual services covered)	
Opioid Treatment Program Services	State Plan	Services provided to individuals in IMDs
Office Based Opioid Treatment Services	State Plan	Services provided to individuals in IMDs
Residential Treatment	State plan (Individual services covered)	Services provided to individuals in IMDs
Medically Supervised Withdrawal Management	State plan	Services provided to individuals in IMDs
Inpatient Services	State plan (Individual Services covered)	Services provided to individuals in IMDs
SUD Support Services	State plan (Individual services covered)	Services provided to individuals in IMDs

The state attests that the services indicated in Table 1 above, as being covered under Medicaid state plan authority are currently covered in the Michigan Medicaid state plan.

**18. SUD Implementation Plan.** The state must submit a OUD/SUD Implementation Plan within 90 calendar days after approval of the SUD program under this demonstration. The state may not claim FFP for services provided in IMDs until CMS has approved the SUD Implementation Plan. CMS is approving the SUD Implementation Plan.

concurrently with this demonstration. The approved SUD Implementation Plan appears as <a href="Attachment D">Attachment D</a> and may be altered only with CMS approval. After approval of the SUD Implementation Plan, FFP will be available prospectively, not retrospectively. Failure to progress in meeting the milestone goals agreed upon by the state and CMS will result in a funding deferral.

At a minimum, the SUD Implementation Plan will describe the strategic approach and detailed project implementation plan, including timetables and programmatic content where applicable, for meeting the following milestones which reflect the key goals and objectives of the SUD component of this demonstration program:

- a. Access to Critical Levels of Care for OUD and other SUDs: Service delivery for new benefits, including residential treatment and withdrawal management, within 12-24 months of OUD/SUD program demonstration approval;
- b. Use of Evidence-based SUD-specific Patient Placement Criteria: Establishment of a requirement that providers assess treatment needs based on SUD-specific, multidimensional assessment tools, such as the American Society of Addiction Medicine (ASAM) Criteria or other patient placement assessment and placement tools that reflect evidence-based clinical treatment guidelines within 12-24 months of OUD/SUD program demonstration approval;
- c. **Patient Placement:** Establishment of a utilization management approach such that beneficiaries have access to SUD services at the appropriate level of care and that the interventions are appropriate for the diagnosis and level of care, including an independent process for reviewing placement in residential treatment settings within 12-24 months of SUD program demonstration approval;
- d. Use of Nationally Recognized SUD-specific Program Standards to set Provider Qualifications for Residential Treatment Facilities: Currently, residential treatment service providers must be a licensed organization, pursuant to the residential service provider qualifications described in the *State Administrative Rules for the Licensure of Substance Use Disorder Programs*. The state will establish residential treatment provider qualifications in licensure, policy or provider manuals, managed care contracts or credentialing, or other requirements or guidance that meet program standards in the ASAM Criteria or other nationally recognized, SUD-specific program standards regarding in particular the types of services, hours of clinical care, and credentials of staff for residential treatment settings within 12-24 months of OUD/SUD program demonstration approval;
- e. **Standards of Care:** Establishment of a provider review process to ensure that residential treatment providers deliver care consistent with the specifications in the ASAM Criteria or other nationally recognized SUD program standards based on evidence-based clinical treatment guidelines for types of services, hours of clinical care, and credentials of staff for residential treatment settings within 12-24 months of SUD program demonstration approval;
- f. **Standards of Care:** Establishment of a requirement that residential treatment providers offer MAT on-site or facilitate access to MAT off-site within 12-24 months of SUD program demonstration approval;

- g. Sufficient Provider Capacity at each Level of Care including Medication Assisted Treatment for OUD: An assessment of the availability of providers in the key levels of care throughout the state, or in the regions of the state participating under this demonstration, including those that offer MAT within 12 months of SUD program demonstration approval;
- h. Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Abuse and OUD: Implementation of opioid prescribing guidelines along with other interventions to prevent prescription drug abuse and expand coverage of and access to naloxone for overdose reversal as well as implementation of strategies to increase utilization and improve functionality of prescription drug monitoring programs;
- i. **Improved Care Coordination and Transitions between levels of care:** Establishment and implementation of policies to ensure residential and inpatient facilities link beneficiaries with community-based services and supports following stays in these facilities within 24 months of SUD program demonstration approval.
- 19. SUD Monitoring Protocol. The state must submit a SUD Monitoring Protocol within 150 calendar days after approval of the SUD Demonstration. The SUD Monitoring Protocol must be developed in cooperation with CMS and is subject to CMS approval. Once approved, the SUD Monitoring Protocol will be incorporated into the STCs, as Attachment E. At a minimum, the SUD Monitoring Plan Protocol must include reporting relevant to each of the program implementation areas listed in STC 18. The SUD Monitoring Protocol must specify the methods of data collection and timeframes for reporting on the state's progress on required measures as part of the general reporting requirements described in Section VIII of the demonstration. In addition, the SUD Monitoring Protocol must identify a baseline, and a target to be achieved by the end of the demonstration. Where possible, baselines must be informed by state data, and targets will be benchmarked against performance in best practice settings. CMS will closely monitor demonstration spending on services in IMDs to ensure adherence to budget neutrality requirements. Progress on the performance measures identified in the Monitoring Protocol must be reported via the quarterly and annual monitoring reports.
- 20. Mid-Point Assessment. The state must conduct an independent mid-point assessment by December 31, 2022. The state must require that the assessor must collaborate with key stakeholders, including representatives of MCOs, SUD treatment providers, beneficiaries, and other key partners in the design, planning and conducting of the mid-point assessment. The state must require that the assessment will include an examination of progress toward meeting each milestone and timeframe approved in the SUD Implementation Plan, and toward meeting the targets for performance measures as approved in the SUD Monitoring Protocol. The state must require that the assessment include a determination of factors that affected achievement on the milestones and performance measure gap closure percentage points to date, and a determination of selected factors likely to affect future performance in meeting milestones and targets not yet met and about the risk of possibly missing those milestones and performance targets. The state must require that the mid-point assessment also provide a status update of budget neutrality requirements. For each milestone or measure target at medium to high risk of not being met, the state must require that the assessor provide, for consideration

by the state, recommendations for adjustments in the state's implementation plan or to pertinent factors that the state can influence that will support improvement. The state must require that the assessor provide a report to the state that includes the methodologies used for examining progress and assessing risk, the limitations of the methodologies, its determinations and any recommendations. The state must provide a copy of the report to CMS. The state must brief CMS on the report.

For milestones and measure targets at medium to high risk of not being achieved, the state will submit to CMS modifications to the SUD Implementation Plan and SUD Monitoring Plan for ameliorating these risks subject to CMS approval.

- 21. Deferral for Insufficient Progress Towards Milestones and Failure to Report Measurement Data. If the state does not demonstrate sufficient progress on milestones, as specified in the Implementation Protocol, as determined by CMS, or fails to report data as approved in the Monitoring Protocol Monitoring Protocol, CMS will defer funds in the amounts specified in STC 27 and STC 28 for each incident of insufficient progress or failure to report in each reporting quarter.
- 22. SUD Evaluation Design. The draft Evaluation Design must be developed in accordance with Attachment A (Developing the Evaluation Design) of these STCs. The state must submit, for CMS comment and approval, the Evaluation Design to including the SUD program with implementation timeline, no later than one hundred eighty (180) days after the effective date of these STCs. Any modifications to an existing approved Evaluation Design will not affect previously established requirements and timelines for report submission for the demonstration, if applicable. The state must use an independent evaluator to develop the draft Evaluation Design.
  - a. Evaluation Design Approval and Updates. The state must submit a revised draft Evaluation Design within sixty (60) days after receipt of CMS' comments. Upon CMS approval of the draft Evaluation Design, the document will be included as an attachment to these STCs. Per 42 CFR 431.424(c), the state will publish the approved Evaluation Design within thirty (30) days of CMS approval. The state must implement the evaluation design and submit a description of its evaluation implementation progress in each of the Quarterly and Annual Reports, including any required Rapid Cycle Assessments specified in these STCs. Once CMS approves the evaluation design, if the state wishes to make changes, the state must submit a revised evaluation design to CMS for approval.
  - b. Evaluation Questions and Hypotheses Specific to the OUD/SUD Program. Consistent with Attachments A and B (Developing the Evaluation Design and Preparing the Evaluation Report) of these STCs, the evaluation documents must include a discussion of the evaluation questions and hypotheses that the state intends to test. Each demonstration component must have at least one evaluation question and hypothesis. The hypothesis testing must include, where possible, assessment of both process and outcome measures. Proposed measures must be selected from nationally-recognized sources and national measures sets, where possible. Measures sets could include CMS's Core Set of Health Care Quality Measures for Children in Medicaid and CHIP, Consumer Assessment of Health Care Providers and Systems (CAHPS),

the Initial Core Set of Health Care Quality Measures for Medicaid-Eligible Adults and/or measures endorsed by National Quality Forum (NQF).

- 23. SUD Health Information Technology (Health IT). The state must provide CMS with an assurance that it has a sufficient health IT infrastructure/"ecosystem" at every appropriate level (i.e. state, delivery system, health plan/MCO and individual provider) to achieve the goals of the demonstration—or it must submit to CMS a plan to develop the infrastructure/capabilities. This SUD Health IT Plan must be submitted to CMS within 90 days of the approval of the SUD program within this demonstration. The state's failure to submit the SUD Health IT Plan by this deadline may result in a funding deferral as provided by STC 28. The SUD Health IT Plan must detail the necessary health IT capabilities in place to support beneficiary health outcomes to address the SUD goals of the demonstration. The SUD Health IT Plan must also be used to identify areas of SUD health IT ecosystem improvement.
  - a. The SUD Health IT section of the SUD Implementation Plan must include implementation milestones and dates for achieving them (see Attachment [D]).
  - b. The SUD Health IT Plan must be aligned with the state's broader State Medicaid Health IT Plan (SMHP) and, if applicable, the state's Behavioral Health (BH) "Health IT" Plan.
  - c. The SUD Health IT Plan must describe the state's goals, each DY, to enhance the state's prescription drug monitoring program's (PDMP)<sup>1</sup>
  - d. The SUD Health IT Plan must address how the state's PDMP will enhance ease of use for prescribers and other state and federal stakeholders.<sup>2</sup> The SUD Health IT Plan must also include plans to include PDMP interoperability with a statewide, regional or local Health Information Exchange. Additionally, the SUD Health IT Plan must describe ways in which the state will support clinicians in consulting the PDMP prior to prescribing a controlled substance—and reviewing the patients' history of controlled substance prescriptions—prior to the issuance of a Controlled Substance Schedule II (CSII) opioid prescription.
  - e. The SUD Health IT Plan must, as applicable, describe the state's capabilities to leverage a master patient index (or master data management service, etc.) in support of SUD care delivery. Additionally, the SUD Health IT Plan must describe current and future capabilities regarding PDMP queries—and the state's ability to properly match patients receiving opioid prescriptions with patients in the PDMP. The state must also indicate current efforts or plans to develop and/or utilize current patient index capability that supports the programmatic objectives of the demonstration.

<sup>&</sup>lt;sup>1</sup> Prescription drug monitoring programs (PDMP) are electronic databases that track controlled substance prescriptions in states. PDMPs can provide health authorities timely information about prescribing and patient behaviors that contribute to the "opioid" epidemic and facilitate a nimble and targeted response.
<sup>2</sup> Ibid.

- f. The SUD Health IT Plan will describe how the activities described in (a) through (e) above will support broader state and federal efforts to diminish the likelihood of long-term opioid use directly correlated to clinician prescribing patterns.<sup>3</sup>
- g. In developing the SUD Health IT Plan, the state may use the following resources:
  - i. The state may use resources at Health IT.Gov (https://www.healthit.gov/playbook/opioid-epidemic-and-health-it/) in "Section 4: Opioid Epidemic and Health IT."
  - ii. The state may also use the CMS 1115 Health IT resources available on "Medicaid Program Alignment with State Systems to Advance HIT, HIE and Interoperability" at https://www.medicaid.gov/medicaid/data-and-systems/hie/index.html. The state must review the "1115 Health IT Toolkit" for health IT considerations in conducting an assessment and developing its SUD Health IT Plan.
  - iii. The state may request from CMS technical assistance to conduct an assessment and develop plans to ensure it has the specific health IT infrastructure with regards to PDMP plans and, more generally, to meet the goals of the demonstration.
- h. The state must include in its SUD Monitoring Protocol (STC 19) an approach to monitoring its SUD Health IT Plan which will include performance metrics provided by CMS or State defined metrics to be approved in advance by CMS.
- i. The state must monitor progress, each DY, on the implementation of its SUD Health IT Plan in relationship to its milestones and timelines—and report on its progress to CMS in in an addendum to its Annual Reports (STC 31).
- j. As applicable, the state must advance the standards identified in the 'Interoperability Standards Advisory—Best Available Standards and Implementation Specifications' (ISA) in developing and implementing the state's SUD Health IT policies and in all related applicable State procurements (e.g., including managed care contracts) that are associated with this demonstration.
  - i. Where there are opportunities at the state- and provider-level (up to and including usage in MCO or ACO participation agreements) to leverage federal funds associated with a standard referenced in 45 CFR 170 Subpart B, the state must use the federally-recognized standards, barring another compelling state interest.
  - ii. Where there are opportunities at the state- and provider-level to leverage federal funds associated with a standard not already referenced in 45 CFR 170 but included in the ISA, the state must use the federally-recognized ISA standards, barring no other compelling state interest.

#### VII. COST SHARING

**24.** Cost Sharing. Cost sharing imposed upon individuals under the demonstration is consistent with the provisions of the approved state plan.

<sup>&</sup>lt;sup>3</sup> Shah, Anuj, Corey Hayes and Bradley Martin. *Characteristics of Initial Prescription Episodes and Likelihood of Long-Term Opioid Use* — *United States*, 2006–2015. MMWR Morb Mortal Wkly Rep 2017;66.

#### VII. DELIVERY SYSTEM

**25. Delivery System.** Beneficiaries who are eligible for the Michigan Pathway to Integration demonstration will receive services through the same managed care and feefor-service arrangements as currently authorized in the state.

#### VIII. GENERAL REPORTING REQUIREMENTS

- **26. Submission of Post-approval Deliverables.** The state must submit all deliverables as stipulated by CMS and within the timeframes outlined within these STCs.
- 27. Deferral for Failure to Submit Timely Demonstration Deliverables. CMS may issue deferrals in accordance with 42 CFR part 430 subpart C, in the amount of \$5,000,000 per deliverable (federal share) when items required by these STCs (e.g., required data elements, analyses, reports, design documents, presentations, and other items specified in these STCs) (hereafter singly or collectively referred to as "deliverable(s)") are not submitted timely to CMS or are found to not be consistent with the requirements approved by CMS. A deferral shall not exceed the value of the federal amount for the current demonstration period. The state does not relinquish its rights provided under 42 CFR part 430 subpart C to challenge any CMS finding that the state materially failed to comply with the terms of this agreement.

The following process will be used: 1) Thirty (30) days after the deliverable was due if the state has not submitted a written request to CMS for approval of an extension as described in subsection (b) below; or 2) Thirty days after CMS has notified the state in writing that the deliverable was not accepted for being inconsistent with the requirements of this agreement and the information needed to bring the deliverable into alignment with CMS requirements:

- a. CMS will issue a written notification to the state providing advance notification of a pending deferral for late or non-compliant submissions of required deliverable(s).
- b. For each deliverable, the state may submit to CMS a written request for an extension to submit the required deliverable that includes a supporting rationale for the cause(s) of the delay and the state's anticipated date of submission. Should CMS agree to the state's request, a corresponding extension of the deferral process can be provided. CMS may agree to a corrective action plan submitted by the state as an interim step before applying the deferral, if the state proposes a corrective action plan in the state's written extension request.
- c. If CMS agrees to an interim corrective plan in accordance with subsection (b), and the state fails to comply with the corrective action plan or, despite the corrective action plan, still fails to submit the overdue deliverable(s) with all required contents in satisfaction of the terms of this agreement, CMS may proceed with the issuance of a deferral against the next Quarterly Statement of Expenditures reported in Medicaid Budget and Expenditure System/State Children's Health Insurance Program Budget and Expenditure System (MBES/CBES) following a written deferral notification to the state.

- d. If the CMS deferral process has been initiated for state non-compliance with the terms of this agreement with respect to required deliverable(s), and the state submits the overdue deliverable(s), and such deliverable(s) are accepted by CMS as meeting the requirements specified in these STCs, the deferral(s) will be released.
- e. As the purpose of a section 1115 demonstration is to test new methods of operation or service delivery, a state's failure to submit all required reports, evaluations and other deliverables will be considered by CMS in reviewing any application for an extension, amendment, or for a new demonstration.
- 28. Deferral of Federal Financial Participation (FFP) from IMD claiming for Insufficient Progress toward Milestones. Up to \$5,000,000 in FFP for services in IMDs may be deferred if the state is not making adequate progress on meeting the milestones and goals as evidenced by reporting on the milestones in the Implementation Plan and the required performance measures in the Monitoring Protocol agreed upon by the state and CMS. Once CMS determines the state has not made adequate progress, up to \$5,000,000 will be deferred in the next calendar quarter and each calendar quarter thereafter until CMS has determined sufficient progress has been made. The state is expected to meet the milestones by the end of the first two years of the SMI demonstration.
- **29.** Compliance with Federal Systems Updates. As federal systems continue to evolve and incorporate additional 1115 demonstration reporting and analytics functions, the state will work with CMS to:
  - a. Revise the reporting templates and submission processes to accommodate timely compliance with the requirements of the new systems;
  - b. Ensure all 1115, T-MSIS, and other data elements that have been agreed to for reporting and analytics are provided by the state; and
  - c. Submit deliverables to the appropriate system as directed by CMS.
- **30.** Cooperation with Federal Evaluators. As required under 42 CFR 431.420(f), the state must cooperate fully and timely with CMS and its contractors' in any federal evaluation of the demonstration or any component of the demonstration. This includes, but is not limited to, commenting on design and other federal evaluation documents and providing data and analytic files to CMS, including entering into a data use agreement that explains how the data and data files will be exchanged, and providing a technical point of contact to support specification of the data and files to be disclosed, as well as relevant data dictionaries and record layouts. The state must include in its contracts with entities who collect, produce or maintain data and files for the demonstration, that they must make such data available for the federal evaluation as is required under 42 CFR 431.420(f) to support federal evaluation. The state may claim administrative match for these activities. Failure to comply with this STC may result in a deferral being issued as outlined in STC 27.

#### IX. MONITORING

- 31. Monitoring Reports. The state must submit three (3) Quarterly Reports and one (1) compiled Annual Report each DY. The information for the fourth quarter should be reported as distinct information within the Annual Report. The Quarterly Reports are due no later than sixty (60 calendar days) following the end of each demonstration quarter. The compiled Annual Report is due no later than ninety (90 calendar days) following the end of the DY. The reports will include all required elements as per 42 CFR 431.428, and should not direct readers to links outside the report. Additional links not referenced in the document may be listed in a Reference/Bibliography section. The Monitoring Reports must follow the framework provided by CMS, which is subject to change as monitoring systems are developed/evolve, and be provided in a structured manner that supports federal tracking and analysis.
  - a. Operational Updates Per 42 CFR 431.428, the Monitoring Reports must document any policy or administrative difficulties in operating the demonstration. The reports shall provide sufficient information to document key challenges, underlying causes of challenges, how challenges are being addressed, as well as key achievements and to what conditions and efforts successes can be attributed. The discussion should also include any issues or complaints identified by beneficiaries; lawsuits or legal actions; unusual or unanticipated trends; legislative updates; and descriptions of any public forums held. The Monitoring Report should also include a summary of all public comments received through post-award public forums regarding the progress of the demonstration.
  - b. <u>Performance Metrics</u> Per 42 CFR 431.428, the Monitoring Reports must document the impact of the demonstration in providing insurance coverage to beneficiaries and the uninsured population, as well as outcomes of care, quality and cost of care, and access to care. This may also include the results of beneficiary satisfaction surveys, if conducted, grievances and appeals. The required monitoring and performance metrics must be included in writing in the Monitoring Reports, and will follow the framework provided by CMS to support federal tracking and analysis.
  - c. <u>Budget Neutrality and Financial Reporting Requirements</u> Per 42 CFR 431.428, the Monitoring Reports must document the financial performance of the demonstration. The state must provide an updated budget neutrality workbook with every Monitoring Report that meets all the reporting requirements for monitoring budget neutrality set forth in the General Financial Requirements section of these STCs, including the submission of corrected budget neutrality data upon request. In addition, the state must report quarterly and annual expenditures associated with the populations affected by this demonstration on the Form CMS-64. Administrative costs should be reported separately.
  - d. <u>Evaluation Activities and Interim Findings Per 42 CFR 431.428</u>, the Monitoring Reports must document any results of the demonstration to date per the evaluation hypotheses. Additionally, the state shall include a summary of the progress of evaluation activities, including key milestones accomplished, as well as challenges encountered and how they were addressed.

- e. <u>SUD Health IT -</u> The state will include a summary of progress made in regards to SUD Health IT requirements outlined in STC 23.
- **32. Close-Out Report**. Within 120 calendar days after the expiration of the demonstration, the state must submit a Draft Close-Out Report to CMS for comments.
  - a. The draft close-out report must comply with the most current Guidance from CMS.
  - b. The state will present to and participate in a discussion with CMS on the close-out report.
  - c. The state must take into consideration CMS' comments for incorporation into the final close-out report.
  - d. The final close-out report is due to CMS no later than 30 calendar days after receipt of CMS' comments.
  - e. A delay in submitting the draft or final version of the close-out report may subject the state to penalties described in STC 27.
- **33. Monitoring Calls.** CMS will convene periodic conference calls with the state.
  - a. The purpose of these calls is to discuss any significant actual or anticipated developments affecting the demonstration. Examples include implementation activities, enrollment and access, budget neutrality, and progress on the evaluation.
  - b. CMS will provide updates on any amendments or concept papers under review, as well as federal policies and issues that may affect any aspect of the demonstration.
  - c. The state and CMS will jointly develop the agenda for the calls.
- **34. Post Award Forum.** Pursuant to 42 CFR 431.420(c), within six (6) months of the demonstration's implementation, and annually thereafter, the state must afford the public with an opportunity to provide meaningful comment on the progress of the demonstration. At least 30 calendar days prior to the date of the planned public forum, the state must publish the date, time and location of the forum in a prominent location on its website. The state must also post the most recent annual report on its website with the public forum announcement. Pursuant to 42 CFR 431.420(c), the state must include a summary of the comments in the Monitoring Report associated with the quarter in which the forum was held, as well as in its compiled Annual Report.

#### X. EVALUATION OF THE DEMONSTRATION

35. Independent Evaluator. Upon approval of the demonstration, the state must begin arrange with an independent party to conduct an evaluation of the demonstration to ensure that the necessary data is collected at the level of detail needed to research the approved hypotheses. The state must require the independent party to sign an agreement to conduct the demonstration evaluation in an independent manner in accord with the CMS-approved, Evaluation Design. When conducting analyses and developing the evaluation reports, every effort should be made to follow the approved methodology. However, the state may request, and CMS may agree to, changes in the methodology in appropriate circumstances.

- **36. Evaluation Budget.** A budget for the evaluation must be provided with the draft Evaluation Design. It will include the total estimated cost, as well as a breakdown of estimated staff, administrative and other costs for all aspects of the evaluation such as any survey and measurement development, quantitative and qualitative data collection and cleaning, analyses and report generation. A justification of the costs may be required by CMS if the estimates provided do not appear to sufficiently cover the costs of the design or if CMS finds that the design is not sufficiently developed, or if the estimates appear to be excessive.
- **37. Draft Evaluation Design.** The draft Evaluation Design must be developed in accordance with Attachment A (Developing the Evaluation Design) of these STCs. The state must submit, for CMS comment and approval, a draft Evaluation Design with implementation timeline, no later than one hundred eighty (180) days after the effective date of these STCs. Any modifications to an existing approved Evaluation Design will not affect previously established requirements and timelines for report submission for the demonstration, if applicable.
- 38. Evaluation Design Approval and Updates. The state must submit a revised draft Evaluation Design within sixty (60) days after receipt of CMS' comments. Upon CMS approval of the draft Evaluation Design, the document will be included as an attachment to these STCs. Per 42 CFR 431.424(c), the state will publish the approved Evaluation Design to the state's website within thirty (30) days of CMS approval. The state must implement the evaluation design and submit a description of its evaluation implementation progress in each of the Monitoring Reports, including any required Rapid Cycle Assessments specified in theses STCs. Once CMS approves the evaluation design, if the state wishes to make changes, the state must submit a revised evaluation design to CMS for approval.
- 39. Evaluation Questions and Hypotheses. Consistent with Attachments A and B (Developing the Evaluation Design and Preparing the Evaluation Report) of these STCs, the evaluation documents must include a discussion of the evaluation questions and hypotheses that the state intends to test. Each demonstration component should have at least one evaluation question and hypothesis. The hypothesis testing should include, where possible, assessment of both process and outcome measures. Proposed measures should be selected from nationally-recognized sources and national measures sets, where possible. Measures sets could include CMS's Core Set of Health Care Quality Measures for Children in Medicaid and CHIP, Consumer Assessment of Health Care Providers and Systems (CAHPS), the Initial Core Set of Health Care Quality Measures for Medicaid-Eligible Adults and/or measures endorsed by National Quality Forum (NQF).
- **40. Interim Evaluation Report.** The state must submit an Interim Evaluation Report for the completed years of the demonstration, and for each subsequent renewal or extension of the demonstration, as outlined in 42 CFR 431.412(c)(2)(vi). When submitting an application for renewal, the Evaluation Report should be posted to the state's website with the application for public comment.
  - a. The interim evaluation report will discuss evaluation progress and present findings to date as per the approved evaluation design.

- b. For demonstration authority that expires prior to the overall demonstration's expiration date, the Interim Evaluation Report must include an evaluation of the authority as approved by CMS.
- c. If the state is seeking to renew or extend the demonstration, the draft Interim Evaluation Report is due when the application for renewal is submitted. If the state made changes to the demonstration in its application for renewal, the research questions and hypotheses, and how the design was adapted should be included. If the state is not requesting a renewal for a demonstration, an Interim Evaluation report is due one (1) year prior to the end of the demonstration. For demonstration phase outs prior to the expiration of the approval period, the draft Interim Evaluation Report is due to CMS on the date that will be specified in the notice of termination or suspension.
- d. The state must submit the final Interim Evaluation Report 60 calendar days after receiving CMS comments on the draft Interim Evaluation Report and post the document to the state's website.
- e. The Interim Evaluation Report must comply with Attachment B of these STCs.
- **41. Summative Evaluation Report.** The draft Summative Evaluation Report must be developed in accordance with Attachment B of these STCs. The state must submit a draft Summative Evaluation Report for the demonstration's current approval period, April 5, 2019 to September 30, 2024, within 18 months of the end of the approval period represented by these STCs. The Summative Evaluation Report must include the information in the approved Evaluation Design.
  - a. Unless otherwise agreed upon in writing by CMS, the state must submit the final Summative Evaluation Report within 60 calendar days of receiving comments from CMS on the draft.
  - b. The final Summative Evaluation Report must be posted to the state's Medicaid website within 30 calendar days of approval by CMS.
- **42. State Presentations for CMS.** CMS reserves the right to request that the state present and participate in a discussion with CMS on the Evaluation Design, the interim evaluation, and/or the summative evaluation.
- **43. Public Access**. The state shall post the final documents (e.g., Monitoring Reports, Close Out Report, approved Evaluation Design, Interim Evaluation Report, and Summative Evaluation Report) on the state's Medicaid website within 30 days of approval by CMS.
- **44. Additional Publications and Presentations.** For a period of twelve (12) months following CMS approval of the final reports, CMS will be notified prior to presentation of these reports or their findings, including in related publications (including, for example, journal articles), by the state, contractor, or any other third party directly connected to the demonstration. Prior to release of these reports, articles or other publications, CMS will be provided a copy including any associated press materials. CMS will be given ten (10 business days to review and comment on publications before they are released. CMS may choose to decline to comment or review some or all of these

notifications and reviews. This requirement does not apply to the release or presentation of these materials to state or local government officials.

#### XI. GENERAL FINANCIAL REQUIREMENTS UNDER TITLE XIX

- **45. Reporting Expenditures under the Demonstration.** The following describes the reporting of expenditures subject to the Budget Neutrality agreement:
  - a. <u>Tracking Expenditures.</u> In order to track expenditures under this demonstration, the state must report demonstration expenditures through the Medicaid and Children's Health Insurance Program Budget and Expenditure System (MBES/CBES), following routine CMS-64 reporting instructions outlined in section 2500 of the State Medicaid Manual. All demonstration expenditures claimed under the authority of title XIX of the Act and subject to the BN expenditure limit must be reported each quarter on separate Forms CMS-64.9 Waiver and/or 64.9P Waiver, identified by the demonstration project number (11-W-00304/0) assigned by CMS, including the project number extension which indicates the Demonstration Year (DY) in which services were rendered.
  - b. <u>Cost Settlements</u>. For monitoring purposes, cost settlements attributable to the demonstration must be recorded on the appropriate prior period adjustment schedules (Form CMS-64.9P Waiver) for the Summary Sheet Line 10B, in lieu of Lines 9 or 10C. For any cost settlement not attributable to this demonstration, the adjustments should be reported as otherwise instructed in the State Medicaid Manual.
  - c. <u>Pharmacy Rebates.</u> Because pharmacy rebates are not reflected in the data used to determine the budget neutrality expenditure limit, the state will report pharmacy rebates on Form CMS-64.9 Base, and not allocate them to any Form 64.9 or 64.9P Waiver.
  - d. <u>Use of Waiver Forms.</u> For each demonstration year, separate Forms CMS-64.9 Waiver and/or 64.9P Waiver must be completed, using the waiver names listed below. Expenditures should be allocated to these forms based on the guidance which follows.
    - i. <u>SUD IMD-DAB:</u> All expenditures for costs of medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to individuals belonging to Disabled, Aged and Blind eligibility categories during a month in which the individual is a short-term resident in an IMD.
    - ii. **SUD IMD-HMP:** All expenditures for costs of medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to individuals belonging to Healthy Michigan Plan eligibility categories during a month in which the individual is a short-term resident in an IMD.
    - iii. **SUD IMD-TANF:** All expenditures for costs of medical assistance that could be covered, were it not for the IMD prohibition under the state plan, provided to individuals belonging to TANF eligibility categories during a month in which the individual is a short-term resident in an IMD.

- e. <u>Budget Neutrality Specifications Manual.</u> The state will create and maintain a Budget Neutrality Specifications Manual that describes in detail how the state will compile data on actual expenditures related to budget neutrality, including methods used to extract and compile data from the state's Medicaid Management Information System, eligibility system, and accounting systems for reporting on the CMS-64, consistent with the terms of the demonstration. The Budget Neutrality Specifications Manual will also describe how the state compiles counts of Medicaid member months. The Budget Neutrality Specifications Manual must be made available to CMS on request.
- f. Demonstration Years. The demonstration years are as follows:

Demonstration Year 1	October 1, 2019-	12 Months
	September 30, 2020	
Demonstration Year 2	October 1, 2020 –	12 Months
	September 30, 2021	
Demonstration Year 3	October 1, 2021 –	12 Months
	September 30, 2022	
Demonstration Year 4	October 1, 2022 –	12 Months
	September 30, 2023	
Demonstration Year 5	October 1 2023 –	12 Months
	September 30, 2024	

- **46. Budget Neutrality Monitoring Tool.** The state and CMS will jointly develop a BN monitoring tool (using a mutually agreeable spreadsheet program) for the state to use for quarterly BN status updates including established baseline and member months data and other in situations when an analysis of BN is required. The tool will incorporate the "C Report" for monitoring actual expenditures subject to BN. A working version of the monitoring tool will be available for the state's first Annual Report.
- **47. Quarterly Expenditure Reports.** The state must provide quarterly expenditure reports using the Form CMS-64 to report total expenditures for services provided through this under the Medicaid program, including those provided through the demonstration under section 1115 authority that are subject to budget neutrality. This project is approved for expenditures applicable to services rendered during the demonstration period. CMS will provide FFP for allowable demonstration expenditures only so long as they do not exceed the pre-defined limits as specified in these STCs.

FFP will be provided for expenditures net of collections in the form of pharmacy rebates, cost sharing, or third party liability.

**48. Expenditures Subject to the Budget Neutrality Agreement.** For the purpose of this section, the term "expenditures subject to the budget neutrality agreement" means expenditures for the EGs outlined in Section XII, Monitoring Budget Neutrality for the Demonstration, except where specifically exempted. All expenditures that are subject to the budget neutrality agreement are considered demonstration expenditures and must be reported on Forms CMS-64.9 Waiver and/or 64.9P Waiver.

- **49. Administrative Costs.** Administrative costs will not be included in the budget neutrality limit, but the state must separately track and report additional administrative costs that are directly attributable to the demonstration, using separate CMS-64.10 waiver and 64.10 waiver forms, with waiver name "ADM".
- **50. Claiming Period.** All claims for expenditures subject to the budget neutrality limit (including any cost settlements) must be made within two (2) years after the calendar quarter in which the state made the expenditures. Furthermore, all claims for services during the demonstration period (including any cost settlements) must be made within two (2) years after the conclusion or termination of the demonstration. During the latter 2-year period, the state must continue to identify separately net expenditures related to dates of service during the operation of the section 1115 demonstration on the Form CMS-64 in order to properly account for these expenditures in determining budget neutrality.
- **51. Reporting Member Months.** The following describes the reporting of member months for demonstration populations.
  - a. For the purpose of calculating the BN expenditure limit and for other purposes, the state must provide to CMS, as part of the BN Monitoring Tool required under STC 48, the actual number of eligible member months for each MEG described in subparagraph D below. The state must submit a statement accompanying the BN Monitoring Tool, which certifies the accuracy of this information. To permit full recognition of "in-process" eligibility, reported counts of member months may be subject to revision.
  - b. The term "eligible member/months" refers to the number of months in which persons are eligible to receive services. For example, a person who is eligible for 3 months contributes 3 eligible member months to the total. Two individuals who are eligible for 2 months each contribute 2 eligible member months to the total, for a total of 4 eligible member/months.
  - c. The state must report separate member month totals for individuals enrolled in the Pathway to Integration demonstration and the member months must be subtotaled according to the MEGs defined in STC 51 (d)(i).
  - d. The state must report member months according to following definitions:
    - i. <u>SUD IMD-DAB</u>: SUD IMD-DAB Member Months are months of Medicaid eligibility during which the individual belonging to the Disabled, Aged, and Blind MEG is an inpatient in an IMD under terms of the demonstration for any day during the month and must be reported separately for each SUD IMD-DAB MEG, as applicable. SUD IMD-DAB Member Months must not be duplicative of member months reported under any other Michigan section 1115 demonstration.
    - **ii.** SUD IMD-HMP: SUD IMD-HMP Member Months are months of Medicaid eligibility during which the individual belonging to the Healthy Michigan Plan MEG is an inpatient in an IMD under terms of the demonstration for any day during the month and must be reported separately for each SUD IMD-HMP MEG, as applicable. SUD IMD-HMP Member Months must not be duplicative of member months reported under any other Michigan section 1115 demonstration.

- **SUD IMD-TANF:** SUD IMD-TANF Member Months are months of Medicaid eligibility during which the individual belonging to the TANF MEG is an inpatient in an IMD under terms of the demonstration for any day during the month and must be reported separately for each SUD IMD-TANF MEG, as applicable. SUD IMD-TANF Member Months must not be duplicative of member months reported under any other Michigan section 1115 demonstration.
- 52. Standard Medicaid Funding Process. The standard Medicaid funding process must be used during the demonstration. The state must estimate matchable Medicaid expenditures (total computable and federal share) subject to the budget neutrality expenditure limit and separately report those expenditures by quarter for each FFY on the Form CMS-37 (narrative section) for both Medical Assistance Payments (MAP) and state and Local Administrative Costs (ADM). As a supplement to the Form CMS-37, the state will provide updated estimates of expenditures subject to the budget neutrality limit. CMS will make federal funds available based upon the state's estimate, as approved by CMS. Within 30 calendar days after the end of each quarter, the state must submit the Form CMS-64 quarterly Medicaid expenditure report, showing Medicaid expenditures made in the quarter just ended. CMS will reconcile expenditures reported on the Form CMS-64 quarterly with federal funding previously made available to the state, and include the reconciling adjustment in the finalization of the grant award to the state.
- **53.** Extent of Federal Financial Participation for the Demonstration. Subject to CMS approval of the source(s) of the non-federal share of funding. CMS will provide FFP at the applicable federal matching rate for the demonstration as a whole for the following, subject to the limits described in Section XII:
  - a. Administrative costs, including those associated with the administration of the demonstration;
  - b. Net expenditures and prior period adjustments of the Medicaid program that are paid in accordance with the approved Medicaid state plan; and
  - c. Medical assistance expenditures and prior period adjustments made under section 1115 demonstration authority with dates of service during the demonstration extension period; including those made in conjunction with the demonstration, net of enrollment fees, cost sharing, pharmacy rebates, and all other types of third party liability.
- **54. Sources of Non-Federal Share.** The state certifies that the matching non-federal share of funds for the demonstration is state/local monies. The state further certifies that such funds must not be used as the match for any other federal grant or contract, except as permitted by law. All sources of non-federal funding must be compliant with section 1903(w) of the Act and applicable regulations. In addition, all sources of the non-federal share of funding are subject to CMS approval.

- a. CMS may review at any time the sources of the non-federal share of funding for the demonstration. The state agrees that all funding sources deemed unacceptable by CMS must be addressed within the time frames set by CMS.
- b. Any amendments that impact the financial status of the program must require the state to provide information to CMS regarding all sources of the non-federal share of funding.
- c. The state assures that all health care-related taxes comport with section 1903(w) of the Act and all other applicable federal statutory and regulatory provision, as well as the approved Medicaid state plan.
- **55. State Certification of Funding Conditions.** The state must certify that the following conditions for non-federal share of demonstration expenditures are met:
  - a. Units of government, including governmentally operated health care providers, may certify that state or local monies have been expended as the non-federal share of funds under the demonstration.
  - b. To the extent the state utilizes certified public expenditures (CPE) as the funding mechanism for the state share of title XIX payments, including expenditures authorized under a section 1115 demonstration, CMS must approve a cost reimbursement methodology. This methodology must include a detailed explanation of the process by which the state would identify those costs eligible under title XIX (or under section 1115 authority) for purposes of certifying public expenditures.
  - c. To the extent the state utilizes CPEs as the funding mechanism to claim federal match for expenditures under the demonstration, governmental entities to which general revenue funds are appropriated must certify to the state the amount of such state or local monies that are allowable under 42 CFR 433.51 to satisfy demonstration expenditures. If the CPE is claimed under a Medicaid authority, the federal matching funds received cannot then be used as the state share needed to receive other federal matching funds under 42 CFR 433.51(c). The entities that incurred the cost must also provide cost documentation to support the state's claim for federal match;
  - d. The state may use intergovernmental transfers (IGT) to the extent that such funds are derived from state or local monies and are transferred by units of government within the state.
  - e. Under all circumstances, health care providers must retain 100 percent of the reimbursement for claimed expenditures. Moreover, consistent with 42 CFR 447.10, no pre-arranged agreements (contractual, voluntary, or otherwise) may exist between health care providers and state and/or local government to return and/or redirect to the State any portion of the Medicaid payments. This confirmation of Medicaid payment retention is made with the understanding that payments that are the normal operating expenses of conducting business, such as payments related to taxes, including health care provider-related taxes, fees, business relationships with governments that are unrelated to Medicaid and in which there is no connection to Medicaid payments, are not considered returning and/or redirecting a Medicaid payment.
- **56. Program Integrity.** The state must have a process in place to ensure that there is no duplication of federal funding for any aspect of the demonstration.

#### XII.MONITORING BUDGET NEUTRALITY FOR THE DEMONSTRATION

- 57. Limit on Title XIX Funding. The state will be subject to a limit on the amount of federal title XIX funding that the state may receive on selected Medicaid expenditures during the period of approval of the demonstration. The limit is determined by using the per capita cost method described in STCs 59 and 61, and budget neutrality expenditure limits are set on a yearly basis with a cumulative budget neutrality expenditure limit for the length of the entire demonstration. Actual expenditures subject to the budget neutrality expenditure limit must be reported by the state using the procedures described in section XI. The data supplied by the state to CMS to set the annual caps is subject to review and audit, and if found to be inaccurate, will result in a modified budget neutrality expenditure limit. CMS' assessment of the state's compliance with these annual limits will be done using the Schedule C report from the CMS-64.
- **58. Risk.** The state will be at risk for the per capita cost (as determined by the method described below) for state plan and hypothetical populations, but not at risk for the number of participants in the demonstration population. By providing FFP without regard to enrollment in the for all demonstration populations, CMS will not place the state at risk for changing economic conditions. However, by placing the state at risk for the per capita costs of the demonstration populations, CMS assures that the demonstration expenditures do not exceed the levels that would have been realized had there been no demonstration.
- 59. Calculation of the Budget Neutrality Limit and How It Is Applied. For the purpose of calculating the overall budget neutrality limit for the demonstration, separate annual budget limits will be calculated for each DY on a total computable basis, by multiplying the predetermined PMPM cost for each MEG (shown on the table in STC 61) by the corresponding actual member months total, and summing the results of those calculations. The PMPM reflects all expenditures from the entire month in which a member received a service of any length of stay in an SUD IMD. The expenditures reflect managed care capitation payments for members enrolled in managed care programs and fee-for-service (FFS) claims for services or members carved out of MDHHS' managed care programs. The annual limits will then be added together to obtain a budget neutrality limit for the entire demonstration period. The federal share of this limit will represent the maximum amount of FFP that the state may receive during the demonstration period for the types of demonstration expenditures described below. The federal share will be calculated by multiplying the total computable budget neutrality limit by Composite Federal Share, which is defined in STC 63 below. The demonstration expenditures subject to the budget neutrality limit are those reported under the following Waiver Names: SUD IMD-DAB, SUD IMD-HMP, and SUD IMD-TANF.
- **60. Impermissible DSH, Taxes, or Donations.** CMS reserves the right to adjust the budget neutrality ceiling to be consistent with enforcement of laws and policy statements, including regulations and letters regarding impermissible provider payments, health care related taxes, or other payments (if necessary adjustments must be made). CMS reserves the right to make adjustments to the budget neutrality limit if any health care related tax that was in effect during the base year, or provider-related donation that occurred during

the base year, is determined by CMS to be in violation of the provider donation and health care related tax provisions of section 1903(w) of the Social Security Act. Adjustments to annual budget targets will reflect the phase out of impermissible provider payments by law or regulation, where applicable.

**61. Main Budget Neutrality Test: Substance Use Disorder Expenditures.** The trend rates and per capita cost estimates for the MEG for each year of the demonstration are listed in the table below.

MEG	TREND	DY1 -	DY2 -	DY3 -	DY4 –	DY5 -
		PMPM	PMPM	PMPM	PMPM	<i>PMPM</i>
SUD-IMD-DAB	4.4%	\$1,657.57	\$1,730.50	\$1,806.64	\$1,886.14	\$1,969.13
SUD-IMD-HMP	4.8%	\$842.81	\$883.27	\$925.66	\$970.09	\$1,016.66
SUD-IMD-TANF	4.9%	\$729.30	\$765.03	\$802.52	\$841.84	\$883.09

- **62. Hypothetical Model.** As part of the SUD initiative, the state may receive FFP for the continuum of services to treat OUD and other SUDs, provided to Medicaid enrollees in an IMD. These are state plan services that would be eligible for reimbursement if not for the IMD exclusion. Therefore, they are being treated as hypothetical for the purposes of budget neutrality. Hypothetical services can be treated in budget neutrality in a way that is similar to how Medicaid state plan services are treated, by including them as a "pass through" in both the without-waiver and with-waiver calculations. However, the state will not be allowed to obtain budget neutrality "savings" from these services.
- **63. Composite Federal Share Ratios.** The Composite Federal Share is the ratio that will be used to convert the total computable budget neutrality limit to federal share. The Composite Federal Share is the ratio calculated by dividing the sum total of FFP received by the state on actual demonstration expenditures during the approval period by total computable demonstration expenditures for the same period, as reported through MBES/CBES and summarized on Schedule C. Since the actual final Composite Federal Share will not be known until the end of the demonstration's approval period, for the purpose of interim monitoring of budget neutrality, a reasonable estimate of Composite Federal Share may be developed and used through the same process or through an alternative mutually agreed to method.
- **64. Exceeding Budget Neutrality.** The budget neutrality limits calculated in STCs 59 and 61 will apply to actual expenditures for demonstration services as reported by the state under section XI of these STCs. Actual expenditures are from a state and federal basis, including managed care capitation payments for members enrolled in managed care programs and fee-for-service (FFS) claims for services or members carved out of MDHHS' managed care programs. If at the end of the demonstration period the budget neutrality limit has been exceeded, the excess federal funds will be returned to CMS. If the demonstration is terminated prior to the end of the demonstration period, the budget neutrality test will be based on the time period through the termination date.
- **65. Enforcement of Budget Neutrality.** CMS will enforce the budget neutrality agreement over the life of the demonstration, rather than on an annual basis. However, if the state exceeds the calculated cumulative target limit by the percentage identified below for any of the DYs, the state must submit a corrective action plan to CMS for approval.

Demonstration	Cumulative Target	Percentage
Year		
DY 1	Cumulative budget neutrality cap plus:	0.25 percent
DY 2	Cumulative budget neutrality cap plus:	0.25 percent
DY 3,4, and 5	Cumulative budget neutrality cap plus:	0 percent

### XIII. SCHEDULE OF STATE DELIVERABLES DURING THE DEMONSTRATION

Date	Deliverable	STC
30 days after approval date	State acceptance of demonstration Waivers, STCs, and Expenditure Authorities	Approval letter
150 days after approval date	SUD Monitoring Plan	STC 19
90 days after SUD program approval	SUD Implementation Plan	STC 18
90 days after SUD program approval	SUD Health IT Plan	STC 23
180 days after approval date	Draft Evaluation Design	STC 37
60 days after receipt of CMS comments	Revised Draft Evaluation Design	STC 38
30 days after CMS Approval	Approved Evaluation Design published to state's website	STC 38
December 31, 2022	Mid-Point Assessment	STC 20
One year prior to the end of the demonstration, or with renewal application	Draft Interim Evaluation Report	STC 40(c)
60 days after receipt of CMS comments	Final Interim Evaluation Report	STC 40(d)
18 months after the end of the demonstration	Draft Summative Evaluation Report	STC 41
60 calendar days after receipt of CMS comments	Final Summative Evaluation Report	STC 41

30 calendar days after approval of CMS comments	Approved Final Summative Evaluation Report published to state's website	STC 41
Monthly Deliverables	Monitoring Calls	STC 33
Quarterly Deliverables  Due 60 days after end of each quarter, except 4 <sup>th</sup> quarter	Quarterly Monitoring Reports	STC 31
Annual Deliverables -Due 90 days after end of each 4 <sup>th</sup> quarter	Annual Reports	STC 31
Within 120 calendar days after the expiration of the demonstration	Draft Close-out Operational Report	STC 32
30 calendar days after receipt of CMS comments	Final Close-out Operational Report	STC 32
60 calendar days after receipt of CMS comments	Final SUD Mid-point assessment	STC 20

# ATTACHMENT A Developing the Evaluation Design

#### Introduction

For states that are testing new approaches and flexibilities in their Medicaid programs through section 1115 demonstrations, evaluations are crucial to understand and disseminate what is or is not working and why. The evaluations of new initiatives seek to produce new knowledge and direction for programs and inform both Congress and CMS about Medicaid policy for the future. While a narrative about what happened during a demonstration provides important information, the principal focus of the evaluation of a section 1115 demonstration should be obtaining and analyzing data on the process (e.g., whether the demonstration is being implemented as intended), outcomes (e.g., whether the demonstration is having the intended effects on the target population), and impacts of the demonstration (e.g., whether the outcomes observed in the targeted population differ from outcomes in similar populations not affected by the demonstration). Both state and federal governments could benefit from improved quantitative and qualitative evidence to inform policy decisions.

#### **Expectations for Evaluation Designs**

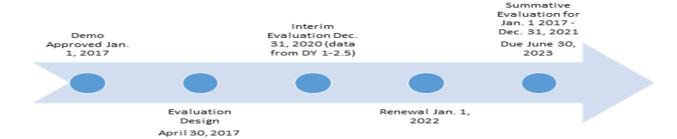
All states with Medicaid section 1115 demonstrations are required to conduct an evaluation, and the Evaluation Design is the roadmap for conducting the evaluation. The roadmap begins with the stated goals for the demonstration followed by the measurable evaluation questions and quantifiable hypotheses, all to support a determination of the extent to which the demonstration has achieved its goals.

#### The format for the Evaluation Design is as follows:

General Background Information; Evaluation Questions and Hypotheses; Methodology; Methodological Limitations; Attachments.

#### **Submission Timelines**

There is a specified timeline for the state's submission of Evaluation Design and Reports. (The graphic below depicts an example of this timeline). In addition, the state should be aware that section 1115 evaluation documents are public records. The state is required to publish the Evaluation Design to the state's website within thirty (30) days of CMS approval, as per 42 CFR 431.424(e). CMS will also publish a copy to the Medicaid.gov website.



### **Required Core Components of All Evaluation Designs**

The Evaluation Design sets the stage for the Interim and Summative Evaluation Reports. It is important that the Evaluation Design explain the goals and objectives of the demonstration, the hypotheses related to the demonstration, and the methodology (and limitations) for the evaluation. A copy of the state's Driver Diagram (described in more detail in paragraph B2 below) should be included with an explanation of the depicted information.

- **A. General Background Information** In this section, the state should include basic information about the demonstration, such as:
  - 1) The issue/s that the state is trying to address with its section 1115 demonstration and/or expenditure authorities, the potential magnitude of the issue/s, and why the state selected this course of action to address the issue/s (e.g., a narrative on why the state submitted an 1115 demonstration proposal).
  - 2) The name of the demonstration, approval date of the demonstration, and period of time covered by the evaluation;
  - 3) A brief description of the demonstration and history of the implementation, and whether the draft Evaluation Design applies to an amendment, extension, renewal, or expansion of, the demonstration;
  - 4) For renewals, amendments, and major operational changes: A description of any changes to the demonstration during the approval period; the primary reason or reasons for the change; and how the Evaluation Design was altered or augmented to address these changes.
  - 5) Describe the population groups impacted by the demonstration.
- **B.** Evaluation Questions and Hypotheses In this section, the state should:
  - 1) Describe how the state's demonstration goals are translated into quantifiable targets for improvement, so that the performance of the demonstration in achieving these targets could be measured.

- 2) Include a Driver Diagram to visually aid readers in understanding the rationale behind the cause and effect of the variants behind the demonstration features and intended outcomes. A driver diagram is a particularly effective modeling tool when working to improve health and health care through specific interventions. The diagram includes information about the goal of the demonstration, and the features of the demonstration. A driver diagram depicts the relationship between the aim, the primary drivers that contribute directly to achieving the aim, and the secondary drivers that are necessary to achieve the primary drivers for the demonstration. For an example and more information on driver diagrams: <a href="https://innovation.cms.gov/files/x/hciatwoaimsdrvrs.pdf">https://innovation.cms.gov/files/x/hciatwoaimsdrvrs.pdf</a>
- 3) Identify the state's hypotheses about the outcomes of the demonstration:
- 4) Discuss how the evaluation questions align with the hypotheses and the goals of the demonstration;
- 5) Address how the research questions / hypotheses of this demonstration promote the objectives of Titles XIX and/or XXI.
- **C. Methodology** In this section, the state is to describe in detail the proposed research methodology.

The focus is on showing that the evaluation meets the prevailing standards of scientific and academic rigor, and the results are statistically valid and reliable, and that where appropriate it builds upon other published research (use references).

This section provides the evidence that the demonstration evaluation will use the best available data; reports on, controls for, and makes appropriate adjustments for the limitations of the data and their effects on results; and discusses the generalizability of results. This section should provide enough transparency to explain what will be measured and how. Specifically, this section establishes:

- 1) *Evaluation Design* Provide information on how the evaluation will be designed. For example, will the evaluation utilize a pre/post comparison? A post-only assessment? Will a comparison group be included?
- 2) Target and Comparison Populations Describe the characteristics of the target and comparison populations, to include the inclusion and exclusion criteria. Include information about the level of analysis (beneficiary, provider, or program level), and if populations will be stratified into subgroups. Additionally discuss the sampling methodology for the populations, as well as support that a statistically reliable sample size is available.
- 3) Evaluation Period Describe the time periods for which data will be included.

- 4) Evaluation Measures List all measures that will be calculated to evaluate the demonstration. Include the measure stewards (i.e., the organization(s) responsible for the evaluation data elements/sets by "owning", defining, validating; securing; and submitting for endorsement, etc.) Include numerator and denominator information. Additional items to ensure:
  - a. The measures contain assessments of both process and outcomes to evaluate the effects of the demonstration during the period of approval.
  - b. Qualitative analysis methods may be used, and must be described in detail.
  - c. Benchmarking and comparisons to national and state standards, should be used, where appropriate.
  - d. Proposed health measures could include CMS's Core Set of Health Care Quality Measures for Children in Medicaid and CHIP, Consumer Assessment of Health Care Providers and Systems (CAHPS), the Initial Core Set of Health Care Quality Measures for Medicaid-Eligible Adults and/or measures endorsed by National Quality Forum (NQF).
  - f. Proposed performance metrics can be selected from nationally recognized metrics, for example from sets developed by the Center for Medicare and Medicaid Innovation or for meaningful use under Health Information Technology (HIT).
  - g. Among considerations in selecting the metrics shall be opportunities identified by the state for improving quality of care and health outcomes, and controlling cost of care.
- 5) *Data Sources* Explain where the data will be obtained, and efforts to validate and clean the data. Discuss the quality and limitations of the data sources.
  - If primary data (data collected specifically for the evaluation) The methods by which the data will be collected, the source of the proposed question/responses, the frequency and timing of data collection, and the method of data collection. (Copies of any proposed surveys must be reviewed with CMS for approval before implementation).
- 6) Analytic Methods This section includes the details of the selected quantitative and/or qualitative measures to adequately assess the effectiveness of the demonstration. This section should:
  - a. Identify the specific statistical testing which will be undertaken for each measure (e.g., t-tests, chi-square, odds ratio, ANOVA, regression). Table A is an example of how the state might want to articulate the analytic methods for each research question and measure.
  - b. Explain how the state will isolate the effects of the demonstration (from other initiatives occurring in the state at the same time) through the use of comparison groups.

- c. A discussion of how propensity score matching and difference in differences design may be used to adjust for differences in comparison populations over time (if applicable).
- d. The application of sensitivity analyses, as appropriate, should be considered.
- 7) *Other Additions* The state may provide any other information pertinent to the Evaluation Design of the demonstration.

Table A. Example Design Table for the Evaluation of the Demonstration

Research Question Hypothesis 1	Outcome measures used to address the research question	Sample or population subgroups to be compared	Data Sources	Analytic Methods
Research question 1a	-Measure 1 -Measure 2 -Measure 3	-Sample e.g. All attributed Medicaid beneficiaries -Beneficiaries with diabetes diagnosis	-Medicaid fee-for- service and encounter claims records	-Interrupted time series
Research question 1b	-Measure 1 -Measure 2 -Measure 3 -Measure 4	-sample, e.g., PPS patients who meet survey selection requirements (used services within the last 6 months)	-Patient survey	Descriptive statistics
Hypothesis 2 Research question 2a	-Measure 1 -Measure 2	-Sample, e.g., PPS administrators	-Key informants	Qualitative analysis of interview material

- **D. Methodological Limitations** This section provides detailed information on the limitations of the evaluation. This could include the design, the data sources or collection process, or analytic methods. The state should also identify any efforts to minimize the limitations. Additionally, this section should include any information about features of the demonstration that effectively present methodological constraints that the state would like CMS to take into consideration in its review. For example:
  - 1) When the state demonstration is:
    - a. Long-standing, non-complex, unchanged, or
    - b. Has previously been rigorously evaluated and found to be successful, or
    - c. Could now be considered standard Medicaid policy (CMS published regulations or guidance)
  - 2) When the demonstration is also considered successful without issues or concerns that would require more regular reporting, such as:
    - a. Operating smoothly without administrative changes; and
    - b. No or minimal appeals and grievances; and

- c. No state issues with CMS-64 reporting or budget neutrality; and
- d. No Corrective Action Plans (CAP) for the demonstration.

### E. Attachments

- 1) **Independent Evaluator.** This includes a discussion of the state's process for obtaining an independent entity to conduct the evaluation, including a description of the qualifications that the selected entity must possess, and how the state will assure no conflict of interest. Explain how the state will assure that the Independent Evaluator will conduct a fair and impartial evaluation, prepare an objective Evaluation Report, and that there would be no conflict of interest. The evaluation design should include "No Conflict of Interest" signed by the independent evaluator.
- 2) **Evaluation Budget.** A budget for implementing the evaluation shall be provided with the draft Evaluation Design. It will include the total estimated cost, as well as a breakdown of estimated staff, administrative, and other costs for all aspects of the evaluation. Examples include, but are not limited to: the development of all survey and measurement instruments; quantitative and qualitative data collection; data cleaning and analyses; and reports generation. A justification of the costs may be required by CMS if the estimates provided do not appear to sufficiently cover the costs of the draft Evaluation Design or if CMS finds that the draft Evaluation Design is not sufficiently developed.
- 3) **Timeline and Major Milestones.** Describe the timeline for conducting the various evaluation activities, including dates for evaluation-related milestones, including those related to procurement of an outside contractor, if applicable, and deliverables. The Final Evaluation Design shall incorporate an Interim and Summative Evaluation. Pursuant to 42 CFR 431.424(c)(v), this timeline should also include the date by which the Final Summative Evaluation report is due.

# ATTACHMENT B Preparing the Interim and Summative Evaluation Reports

### Introduction

For states that are testing new approaches and flexibilities in their Medicaid programs through section 1115 demonstrations, evaluations are crucial to understand and disseminate what is or is not working and why. The evaluations of new initiatives seek to produce new knowledge and direction for programs and inform Medicaid policy for the future. While a narrative about what happened during a demonstration provide important information, the principal focus of the evaluation of a section 1115 demonstration should be obtaining and analyzing data on the process (e.g., whether the demonstration is being implemented as intended), outcomes (e.g., whether the demonstration is having the intended effects on the target population), and impacts of the demonstration (e.g., whether the outcomes observed in the targeted population differ from outcomes in similar populations not affected by the demonstration). Both state and federal governments could benefit from improved quantitative and qualitative evidence to inform policy decisions.

### **Expectations for Evaluation Reports**

Medicaid section 1115 demonstrations are required to conduct an evaluation that is valid (the extent to which the evaluation measures what it is intended to measure), and reliable (the extent to which the evaluation could produce the same results when used repeatedly). To this end, the already approved Evaluation Design is a map that begins with the demonstration goals, then transitions to the evaluation questions, and to the specific hypotheses, which will be used to investigate whether the demonstration has achieved its goals. States should have a well-structured analysis plan for their evaluation. As these valid analyses multiply (by a single state or by multiple states with similar demonstrations) and the data sources improve, the reliability of evaluation findings will be able to shape Medicaid policy in order to improve the health and welfare of Medicaid beneficiaries for decades to come. When submitting an application for renewal, the interim evaluation report should be posted on the state's website with the application for public comment. Additionally, the interim evaluation report must be included in its entirety with the application submitted to CMS.

### **Intent of this Guidance**

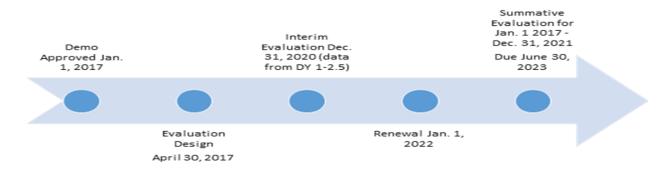
The Social Security Act (the Act) requires an evaluation of every section 1115 demonstration. In order to fulfill this requirement, the state's submission must provide a comprehensive written presentation of all key components of the demonstration, and include all required elements specified in the approved Evaluation Design. This Guidance is intended to assist states with organizing the required information in a standardized format and understanding the criteria that CMS will use in reviewing the submitted Interim and Summative Evaluation Reports.

The format for the Interim and Summative Evaluation reports is as follows:

- A. Executive Summary;
- B. General Background Information;
- C. Evaluation Questions and Hypotheses;
- D. Methodology;
- E. Methodological Limitations;
- F. Results:
- G. Conclusions:
- H. Interpretations, and Policy Implications and Interactions with Other State Initiatives;
- I. Lessons Learned and Recommendations; and
- J. Attachment(s).

### **Submission Timelines**

There is a specified timeline for the state's submission of Evaluation Designs and Evaluation Reports. These dates are specified in the demonstration Special Terms and Conditions (STCs). (The graphic below depicts an example of this timeline). In addition, the state should be aware that section 1115 evaluation documents are public records. In order to assure the dissemination of the evaluation findings, lessons learned, and recommendations, the state is required to publish to the state's website the evaluation design within thirty (30) days of CMS approval, and publish reports within thirty (30) days of submission to CMS, pursuant to 42 CFR 431.424. CMS will also publish a copy to Medicaid.gov.



### **Required Core Components of Interim and Summative Evaluation Reports**

The section 1115 Evaluation Report presents the research about the section 1115 Demonstration. It is important that the report incorporate a discussion about the structure of the Evaluation Design to explain the goals and objectives of the demonstration, the hypotheses related to the demonstration, and the methodology for the evaluation. A copy of the state's Driver Diagram (described in the Evaluation Design guidance) must be included with an explanation of the depicted information. The Evaluation Report should present the relevant data and an interpretation of the findings; assess the outcomes (what worked and what did not work); explain the limitations of the design, data, and analyses; offer recommendations regarding what (in hindsight) the state would further advance, or do differently, and why; and discuss the implications on future Medicaid policy. Therefore, the state's submission must include:

- **A.** Executive Summary A summary of the demonstration, the principal results, interpretations, and recommendations of the evaluation.
- **B.** General Background Information about the Demonstration In this section, the state should include basic information about the demonstration, such as:
  - 1) The issues that the state is trying to address with its section 1115 demonstration and/or expenditure authorities, how the state became aware of the issue, the potential magnitude of the issue, and why the state selected this course of action to address the issues.
  - 2) The name of the demonstration, approval date of the demonstration, and period of time covered by the evaluation;
  - 3) A brief description of the demonstration and history of the implementation, and if the evaluation is for an amendment, extension, renewal, or expansion of, the demonstration;
  - 4) For renewals, amendments, and major operational changes: A description of any changes to the demonstration during the approval period; whether the motivation for change was due to political, economic, and fiscal factors at the state and/or federal level; whether the programmatic changes were implemented to improve beneficiary health, provider/health plan performance, or administrative efficiency; and how the Evaluation Design was altered or augmented to address these changes.
  - 5) Describe the population groups impacted by the demonstration.
- **C.** Evaluation Questions and Hypotheses In this section, the state should:
  - 1) Describe how the state's demonstration goals were translated into quantifiable targets for improvement, so that the performance of the demonstration in achieving these targets could be measured. The inclusion of a Driver Diagram in the Evaluation Report is highly encouraged, as the visual can aid readers in understanding the rationale behind the demonstration features and intended outcomes.
  - 2) Identify the state's hypotheses about the outcomes of the demonstration;
    - a. Discuss how the goals of the demonstration align with the evaluation questions

- and hypotheses;
- b. Explain how this Evaluation Report builds upon and expands earlier demonstration evaluation findings (if applicable); and
- c. Address how the research questions / hypotheses of this demonstration promote the objectives of Titles XIX and XXI.
- **D. Methodology** In this section, the state is to provide an overview of the research that was conducted to evaluate the section 1115 demonstration consistent with the approved Evaluation Design.

The evaluation design should also be included as an attachment to the report. The focus is on showing that the evaluation builds upon other published research (use references), and meets the prevailing standards of scientific and academic rigor, and the results are statistically valid and reliable.

An interim report should provide any available data to date, including both quantitative and qualitative assessments. The Evaluation Design should assure there is appropriate data development and collection in a timely manner to support developing an interim evaluation.

This section provides the evidence that the demonstration evaluation used the best available data and describes why potential alternative data sources were not used; reported on, controlled for, and made appropriate adjustments for the limitations of the data and their effects on results; and discusses the generalizability of results. This section should provide enough transparency to explain what was measured and how. Specifically, this section establishes that the approved Evaluation Design was followed by describing:

- 1. *Evaluation Design* Will the evaluation be an assessment of: pre/post, post-only, with or without comparison groups, etc.?
- 2. *Target and Comparison Populations* Describe the target and comparison populations; include inclusion and exclusion criteria.
- 3. Evaluation Period Describe the time periods for which data will be collected
- 4. *Evaluation Measures* What measures are used to evaluate the demonstration, and who are the measure stewards?
- 5. *Data Sources* Explain where the data will be obtained, and efforts to validate and clean the data.
- 6. *Analytic methods* Identify specific statistical testing which will be undertaken for each measure (t-tests, chi-square, odds ratio, ANOVA, regression, etc.).
- 7. *Other Additions* The state may provide any other information pertinent to the evaluation of the demonstration.
  - **A. Methodological Limitations** This section provides sufficient information for discerning the strengths and weaknesses of the study design, data sources/collection, and analyses.

- **B. Results** In this section, the state presents and uses the quantitative and qualitative data to show to whether and to what degree the evaluation questions and hypotheses of the demonstration were achieved. The findings should visually depict the demonstration results (tables, charts, graphs). This section should include information on the statistical tests conducted.
- **C. Conclusions** In this section, the state will present the conclusions about the evaluation results.
- 1) In general, did the results show that the demonstration was/was not effective in achieving the goals and objectives established at the beginning of the demonstration?
- 2) Based on the findings, discuss the outcomes and impacts of the demonstration and identify the opportunities for improvements. Specifically:
  - a. If the state did not fully achieve its intended goals, why not? What could be done in the future that would better enable such an effort to more fully achieve those purposes, aims, objectives, and goals?
    - **D.** Interpretations, Policy Implications and Interactions with Other State Initiatives In this section, the state will discuss the section 1115 demonstration within an overall Medicaid context and long range planning. This should include interrelations of the demonstration with other aspects of the state's Medicaid program, interactions with other Medicaid demonstrations, and other federal awards affecting service delivery, health outcomes and the cost of care under Medicaid. This section provides the state with an opportunity to provide interpretation of the data using evaluative reasoning to make judgments about the demonstration. This section should also include a discussion of the implications of the findings at both the state and national levels.
    - **E. Lessons Learned and Recommendations** This section of the Evaluation Report involves the transfer of knowledge. Specifically, the "opportunities" for future or revised demonstrations to inform Medicaid policymakers, advocates, and stakeholders is just as significant as identifying current successful strategies. Based on the evaluation results:
      - 1. What lessons were learned as a result of the demonstration?
      - 2. What would you recommend to other states which may be interested in implementing a similar approach?
    - **F. Attachment -** Evaluation Design: Provide the CMS-approved Evaluation Design

# **ATTACHMENT C:** Reserved for Evaluation Design

# **ATTACHMENT D: 2019 SUD Implementation Plan**

# State of Michigan 1115 Demonstration Waiver Opioid Use Disorder/Substance Use Disorder Implementation Plan

May 2019

### Access to Critical Levels of Care for Opioid Use Disorder (OUD) and other Substance Use Disorders (SUD)

While Michigan has historically maintained a robust network of SUD providers and services spanning from early intervention through inpatient withdrawal management services, the 1115 waiver authority will permit the state to broaden the array of treatment services available and provide Medicaid coverage for the full American Society of Addiction Medicine (ASAM) care continuum, including residential and withdrawal management services in an IMD setting for adults age 21-64.

In acknowledgement of the need to develop a strong SUD network capable of delivering a comprehensive benefit consistent with ASAM Level of Care requirements, MDHHS is embarking on a process intended to enable the state to generate comprehensive and refreshable reports for future planning and decision-making. Through this work, the Michigan Department of Health and Human Services (MDHHS) intends to develop a strategy to effectively utilize existing state-specific and other publicly available data to help with the following:

- 1. Ensure a Comprehensive Evidence-Based Benefit SUD Benefit
  - To guarantee a full continuum of evidence-based practices
  - To ensure use of evidence-based practices including Screening, Brief Intervention, and Referral to Treatment (SBIRT), withdrawal management, medication assisted treatment, care coordination, long-term recovery supports and services
  - To confirm service availability and use of services (e.g., short-term inpatient and short-term residential), including in IMDs
- 2. Ensure that SUD providers meet ASAM Program and Service Requirements
  - By establishing standards of care using ASAM criteria
  - By using ASAM standards to develop residential, withdrawal management, outpatient, early intervention and opioid treatment programs
  - By requiring all providers to meet ASAM level of care standards prior to participating in Medicaid
- 3. Ensure the Presence and Maintenance of a Strong SUD Provider Network
  - By developing and implementing a plan and strategy to ensure a sufficient network of providers across all ASAM levels
  - By ensuring that providers have the ability to deliver services consistent with ASAM criteria and provide evidence-based SUD practices
  - By ensuring that the provider network is robust in the event providers stop participating in Medicaid, are suspended or terminated

Michigan provides coverage for an extensive array of SUD treatment and recovery support services. Below we list all of the SUD services available under the waiver, including those newly covered under the 1115 waiver. SUD treatment services are arrayed by the ASAM Level of Care. Recovery Support Services are available to individuals regardless of ASAM care level. Unless otherwise noted, all services are available to adults and children/adolescents. For each service we also provide definitions and components for each service.

Table: 1

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
SUD TREATI	MENT				
0.5 - Early In	ntervention				
	Screening, Brief Intervention, and Referral to Treatment (SBIRT)	Assessment and education for at-risk individuals. A face-to-face service for the purpose of identifying functional, treatment, and recovery needs and a basis for formulating the Individualized Treatment Plan.	Primary care providers payable under the state's managed care/ fee for service physical health care system.	NA.	Currently Available
	Early intervention services	Includes stage-based interventions for individuals with substance use disorders and individuals who may not meet the threshold of abuse or dependence but are experiencing functional/social impairment as a result of use.	Provider agency licensed and accredited as substance abuse treatment program. State approval for ASAM level of care.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.	Services are not subdivided by the number of hours received during a week. The amount and type of services provided are based on individual needs based on the beneficiary's motivation to change and other risk factors that may be present.	Currently Available

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability				
Level 1 - Op	evel 1 - Opioid Treatment Program (OTP)								
	Approved pharmacological support services	Oral medication administration, direct observation, physician evaluations, individual and person centered assessments, nursing assessments, counseling and laboratory testing and access to primary care (approved for use of Methadone and/or Buprenorphine).	Services must be provided under the supervision of a physician licensed to practice medicine in Michigan. Programs must meet applicable state licensure, CSAT certification, DEA licensure and accreditation requirements.  State approval for ASAM level of care.	Service limitations as indicated by state and federal requirements (e.g., physical examination, laboratory tests, etc.).	Currently Available				
Level 1 - Ou	tpatient Services								
	Psychiatric evaluation	Physician evaluation/exam	Psychiatrist or psychiatric mental health nurse practitioner.	Services provided as medically necessary.	Currently Available				
	Assessment	A face-to-face service for the purpose of identifying functional, treatment, and recovery needs and a basis for formulating the Individualized Treatment Plan.	Provider agency licensed and accredited as substance abuse treatment program. State approval for ASAM level of care.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.	ASAM level 1 Services from one to eight hours during a week. Less than 9 hours of service/week (adults); less than 6 hours/week (adolescents) for recovery or motivational enhancement therapies/strategies.	Currently Available				
	Treatment planning	Activities associated with the development and periodic review of the plan of service, including all aspects of the person-centered	Provider agency licensed and accredited as substance abuse treatment program. State approval for ASAM level of care.	Services provided as medically necessary.	Currently Available				

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
Care		planning process, such as premeeting activities, and external facilitation of person-centered planning.  This includes writing goals, objectives, and outcomes; designing strategies to achieve outcomes (identifying amount, scope, and duration) and ways to measure achievement relative to the outcome methodologies; attending personcentered planning meetings per invitation; and documentation.	Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.		
		Monitoring of the individual plan of service including specific services, when not performed by the case manager or supports coordinator, is included in this coverage.			
	Therapy (Individual, Group, Family)	Individual - Face to face counseling services with the beneficiary; Group - Face-to-face counseling with three or more beneficiaries, and can include didactic lectures, therapeutic interventions/counseling, and other group activities; Family - Face-to-face counseling with the beneficiary and the significant other and/or traditional or nontraditional family members.	Provider agency licensed and accredited as substance abuse treatment program. State approval for ASAM level of care. Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.	Services provided as medically necessary.	Currently Available

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
	Counseling (Individual, Group)	An interpersonal helping relationship that begins with the client exploring the way they think, how they feel, and what they do, for the purpose of enhancing their life. The counselor helps the client set the goals that pave the way for positive change to occur.	Provider agency licensed and accredited as substance abuse treatment program. State approval for ASAM level of care. Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS. Services can be provided by appropriately trained staff when working under the supervision of a SATS or SATP. A recovery coach or SUD peer specialist must be certified through an MDHHS-approved training program.	Services provided as medically necessary.	Currently Available
	Didactics and education	Services that are designed or intended to teach information about addiction and/or recovery skills.	Provider agency licensed and accredited as substance abuse treatment program. State approval for ASAM level of care.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS. Services can be provided by appropriately trained staff when working under the supervision of a SATS or SATP. A recovery coach or SUD peer specialist must be certified through an MDHHS-approved training program.	Services provided as medically necessary.	Currently Available

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
	Crisis Intervention	A service for the purpose of addressing problems/issues that may arise during treatment and could result in the beneficiary requiring a higher level of care if intervention is not provided.	Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS. Services can be provided by appropriately trained staff when working under the supervision of a SATS or SATP. A recovery coach or SUD peer specialist must be certified through an MDHHS-approved training program.	Services provided as medically necessary.	Currently Available
	Medication review	Evaluating and monitoring medications, their effects, and the need for continuing or changing the medication regimen. Medication review includes the administration of screening tools for the presence of extra pyramidal symptoms and tardive dyskinesia secondary to untoward effects of neuroactive medications.	A physician, physician assistant, nurse practitioner, registered nurse, licensed pharmacist, or a licensed practical nurse assisting the physician may perform medication reviews. Only an MD or DO, or a licensed physician's assistant or nurse practitioner under the supervision of a physician may prescribe medications.	Services provided as medically necessary.	Currently Available
	Laboratory Tests	Laboratory analysis of specimens to detect presence of alcohol or drugs.	Medicaid eligible and enrolled laboratory services providers.	Services provided as medically necessary.	Currently Available

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
Level 2.1 – I	ntensive Outpatient	Services			
	Intensive Outpatient Services (IOP)	Includes assessment, counseling, crisis intervention, and activity therapies or education.  Outpatient services can include any variety of the covered services and are dependent on the individual needs of the beneficiary. The assessment, treatment plan and recovery support preparations are the only components that are consistent throughout the outpatient levels of care as each beneficiary must have these as part of the authorized treatment services.	Provider agency licensed and accredited as substance abuse treatment program. State approval for ASAM level of care.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.	Provided as 9 to 19 hours of structured programming per week based on an individualized treatment plan. As a beneficiary's needs increase, more services and/or frequency/duration of services may be utilized if these are medically necessary.	Currently Available
Level 2.5 – F	Partial Hospitalizatio	n Services			
	Partial hospitalization (Expanded Intensive Outpatient)	20 or more hours of service/week for multidimensional instability not requiring 24-hour care.	Provider agency licensed and accredited as substance abuse treatment program. State approval for ASAM level of care.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.	Authorization for the partial hospitalization admission and continued stay includes authorization for all services related to that admission/stay, including laboratory, pharmacy, and radiology services.	Currently Available

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability				
Level 3.1 – 0	Level 3.1 – Clinically Managed Low-intensity Residential Services								
	Clinically Managed Low- Intensity Residential Services	The services are directed toward applying recovery skills, preventing relapse, improving emotional functioning, promoting personal responsibility, and reintegrating the individual in work, education, and family life. Treatment services are similar to low intensity outpatient services focused on improving the individual's functioning and coping skills in Dimension 5 and 6.  Functional deficits found in this population may include problems in applying recovery skills to their everyday lives, lack of personal responsibility, or lack of connection to employment, education, or family life. The setting allows clients opportunity to develop and practice skills while reintegrating into the community.  Services are inclusive of structured supervision within the 24-hour program, provided by available trained personnel; at least 5 hours of clinical service/week in which services are preparing individual for outpatient treatment.	Provider agency licensed and accredited as substance abuse treatment program.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  Providers assessed by the state or its designee and confirmed to meet ASAM program level requirements for this level of care.	At least 5 hours per week of clinical services (Assessment; Episode of Care Planaddressing treatment, recovery, discharge and transition across episode; interaction/ teaching to process skills and information adapted to the individual needs; includes alternative therapies, individual, group and family counseling, anger management, coping skills, recovery skills, relapse triggers, and crisis intervention); coordination and referral; medical evaluation and linkage to services; connection to next provider and medical services; preparation for next step.	Currently Available				

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
				At least 5 hours of life skills and self-care per week.	
Level 3.3 – 0	Clinically Managed Po	opulation-specific High-Intensity Residenti	ial Services		
	Clinically Managed Population- specific High- Intensity Residential Services (Adult only)	The program provides a structured recovery environment in combination with medium-intensity clinical services to support recovery. Services may be provided in a deliberately repetitive fashion to address the special needs of individuals who are often elderly, cognitively impaired, or developmentally delayed. Typically, they need a slower pace of treatment because of mental health problems or reduced cognitive functioning. Treatment services are directed to provision of simple interventions to increase awareness and understanding of dangerous consequences of behavior and improving functioning and coping in Dimensions 4 and 5.  The deficits for clients at this level are primarily cognitive, either temporary or permanent. Clients in this LOC have needs that are more intensive and to benefit effectively from services, they must be provided at a slower pace and over a longer period	Provider agency licensed and accredited as substance abuse treatment program.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  Providers assessed by the state or its designee and confirmed to meet ASAM program level requirements for this level of care.	Not less than 13 hours per week of core services (Assessment; Episode of Care Planaddressing treatment, recovery, discharge and transition across episode; interaction/teaching to process skills and information adapted to the individual needs; includes alternative therapies, individual, group and family counseling, anger management, coping skills, recovery skills, relapse triggers, and crisis intervention); coordination and referral; medical evaluation and linkage to services; connection to next	Currently Available

impairment is more severe at this level, requiring services be provided differently in order for maximum benefit to be received.  services; preparation for next step.	SAM vel of S Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
level, requiring services be provided differently in order for maximum benefit to be received.  Not less than 13 hours per week of lift skills and self-care supervision 24/7, provided by trained counselors to stabilize the multidimensional aspects of imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			of time. The client's level of		provider and medical	
differently in order for maximum benefit to be received.  Services are inclusive of structured supervision 24/7, provided by trained counselors to stabilize the multidimensional aspects of imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			impairment is more severe at this		services; preparation	
benefit to be received.  Services are inclusive of structured supervision 24/7, provided by trained counselors to stabilize the multidimensional aspects of imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			level, requiring services be provided		for next step.	
hours per week of lit skills and self-care supervision 24/7, provided by trained counselors to stabilize the multidimensional aspects of imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			differently in order for maximum			
Services are inclusive of structured supervision 24/7, provided by trained counselors to stabilize the multidimensional aspects of imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			benefit to be received.		Not less than 13	
supervision 24/7, provided by trained counselors to stabilize the multidimensional aspects of imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they					hours per week of life	
counselors to stabilize the multidimensional aspects of imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			Services are inclusive of structured		skills and self-care	
multidimensional aspects of imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			supervision 24/7, provided by trained		services.	
imminent danger. Services are offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			counselors to stabilize the			
offered within the less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			multidimensional aspects of			
and group treatment for those with cognitive or other impairments unable to use full active milieu or the therapeutic community as they			imminent danger. Services are			
cognitive or other impairments unable to use full active milieu or the therapeutic community as they			offered within the less intense milieu			
unable to use full active milieu or the therapeutic community as they			and group treatment for those with			
therapeutic community as they			cognitive or other impairments			
			unable to use full active milieu or the			
prepare for outpatient treatment.			therapeutic community as they			
			prepare for outpatient treatment.			

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability				
Level 3.5 –	evel 3.5 — Clinically Managed High-Intensity Residential Services								
	Clinically Managed High- Intensity Residential Services	Services are inclusive of structured supervision within the 24-hour /7 day a week program, provided by available trained counselors who intervene to stabilize multidimensional aspects of imminent danger and other behaviors that are based in dysfunctional actions and require habilitation.  Staff provide targeted interventions to rebuild social, psychological, educational/ vocational and employment limitations and support preparation and development for outpatient treatment.  Clients must be able to tolerate and use full milieu or therapeutic community and began to address and make progress and improvements as they master life skills.	Provider agency licensed and accredited as substance abuse treatment program.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  Providers assessed by the state or its designee and confirmed to meet ASAM program level requirements for this level of care.	Not less than 20 hours per week of core services (services (Assessment; Episode of Care Planaddressing treatment, recovery, discharge and transition across episode); coordination and referral; medical evaluation and linkage to services; connection to next provider and medical services; preparation for next step.  Not less than 20 hours per week of life skills and self-care services.	Currently Available				

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability					
Level 3.7 – I	Level 3.7 – Medically Monitored High-Intensity Inpatient Services									
	Medically Monitored High-Intensity Inpatient Services	Services are inclusive of structured supervision within the 24-hour/7 day a week program, provided by available trained counselors who intervene to stabilize multidimensional aspects of imminent danger and other behaviors that are based in dysfunctional actions and require habilitation. Programs provide a planned and structured regimen of 24-hour professionally directed evaluation, observation, medical monitoring and addiction treatment.  The service, when clinically indicated, is an alternative to acute medical care provided by licensed health care professionals in a hospital setting.  The skills of the interdisciplinary team and the availability of support services can accommodate withdrawal management	Provider agency licensed and accredited as substance abuse treatment program.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  Providers assessed by the state or its designee and confirmed to meet ASAM program level requirements for this level of care.  These services must be staffed 24-hours-perday, seven-days-per-week by a licensed physician or by the designated representative of a licensed physician.	Not less than 20 hours per week of core services (services (Assessment; Episode of Care Planaddressing treatment, recovery, discharge and transition across episode); coordination and referral; medical evaluation and linkage to services; connection to next provider and medical services; preparation for next step.  Not less than 20 hours per week of life skills and self-care services.	Currently Available					

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability			
4 – Medicall	4 – Medically Managed Intensive Inpatient Services							
	Medically Managed Intensive Inpatient Services	Organized service delivered in an acute care inpatient setting. It is for patients whose acute biomedical, emotional, behavioral and cognitive problems are so severe that they require primary medical and nursing care.	A hospital providing medically managed intensive inpatient services is accredited and licensed and staffed 24/7 to provide licensed nursing and physician services to patients requiring access to a range of services including ancillary such as laboratory, x-ray, nutrition services) and specialty physician services.  The staff are licensed and credentialed by the hospital and meet the accreditation standards related to practice within their licensures.	Service provided as medically indicated and through established medical protocols.	Currently Available			
Level 1-WM	– Ambulatory Withd	rawal Management without Extended Or	n-site Monitoring (Outpatient Withdrawal Manag	ement)				
	Ambulatory Withdrawal Management without Extended On-site Monitoring (Outpatient Withdrawal Management)	Ambulatory sub-acute detoxification without extended on-site monitoring for patients expected to demonstrate mild withdrawal with daily or less than daily outpatient supervision.  Supervised monitoring of withdrawal occurs by personnel trained in SUD and withdrawal management during identified hours.  Services must have arrangements for access to licensed medical personnel as needed.	Provider agency licensed and accredited as substance abuse treatment program.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  Providers assessed by the state or its designee and confirmed to meet ASAM program level requirements for this level of care.	Initial length-of-stay authorizations may be for up to three days, with additional days authorized if there is clinical evidence that detoxification is not successful or complete and authorization requirements continue to be met.	Currently Available			

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability				
Level 2-WM	evel 2-WM — Ambulatory Withdrawal Management with Extended On-site Monitoring (Outpatient Withdrawal Management)								
	Ambulatory Withdrawal Management with Extended On-site Monitoring (Outpatient Withdrawal Management)	Ambulatory sub-acute detoxification with extended on-site monitoring for patients expected to demonstrate moderate withdrawal with all day withdrawal management and support and supervision.  Services must have arrangements for access to licensed medical personnel as needed.  Patient has a supportive family or living situation at night.	Provider agency licensed and accredited as substance abuse treatment program.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  Ambulatory detoxification services must be monitored by appropriately credentialed and licensed nurses.  Providers assessed by the state or its designee and confirmed to meet ASAM program level requirements for this level of care.	Initial length-of-stay authorizations may be for up to three days, with additional days authorized if there is clinical evidence that detoxification is not successful or complete and authorization requirements continue to be met.	Currently Available				
Level 3.2-W	M – Clinically Manag	ed Residential Withdrawal Management	(Residential Withdrawal Management)						
	Clinically Managed Residential Withdrawal Management (Residential Withdrawal Management)	Detoxification management and monitoring of services to client determined to need moderate withdrawal, and 24-hour support to complete withdrawal supervision and increase likelihood of continuing treatment or recovery. This residential setting for detoxification emphasizes peer and social support for persons who warrant 24-hour support.	Provider agency licensed and accredited as substance abuse treatment program. Licensure as a sub-acute detoxification program is required.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  Providers assessed by the state or its designee and confirmed to meet ASAM	Initial length-of-stay authorizations may be for up to three days, with additional days authorized if there is clinical evidence that detoxification is not successful or complete and authorization	Currently Available				

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
		Sub-acute detoxification provides supervised care to manage the effects of withdrawal from alcohol and/or other drugs as part of a planned sequence of addiction treatment. Detoxification is limited to stabilization of the medical effects of withdrawal and referral to ongoing treatment and/or support services. Services must have arrangements for access to licensed medical personnel as needed.	program level requirements for this level of care.	requirements continue to be met.	
Level 3.7 WI	M – Medically Monit	ored Inpatient Withdrawal Management			
	Medically Monitored Inpatient Withdrawal Management	Services are inclusive of structured supervision within the 24-hour /7 day a week program, provided by available trained counselors who intervene to stabilize multidimensional aspects of imminent danger and other behaviors that are based in dysfunctional actions and require habilitation.  The service is limited to stabilization of the medical effects of the withdrawal, and referral to necessary ongoing treatment and/or support services.	Provider agency licensed and accredited as substance abuse treatment program.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  These services must be staffed 24-hours-perday, seven-days-per-week by a licensed physician or by the designated representative of a licensed physician.  Providers assessed by the state or its designee and confirmed to meet ASAM program level requirements for this level of care.	Initial length-of-stay authorizations may be for up to three days, with additional days authorized if there is clinical evidence that detoxification is not successful or complete and authorization requirements continue to be met.	Currently Available

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
		The service, when clinically indicated, is an alternative to acute medical care provided by licensed health care professionals in a hospital setting.			
Level 4 WM	– Medically Manage	d Intensive Inpatient			
	Medically Monitored Inpatient Withdrawal Management	Severe, unstable withdrawal requiring 24-hour nursing care and daily physician visits.  Inpatient medical acute detoxification services provided in a hospital setting must meet one of the following criteria as documented in the physician's orders and patient care plan: Vital signs, extreme and unstable; uncontrolled hypertension, extreme and unstable; delirium tremens, e.g., confusion, hallucinations, seizures or a documented history of delirium tremens requiring treatment; convulsions or multiple convulsions within the last 72 hours; unconsciousness; occurrence of SUD; with pregnancy, monitoring the fetus is vital to the continued health of the fetus; severe/complex medical conditions including insulindependent diabetes complicated by diabetic ketoacidosis; suspected	A hospital providing medically managed intensive inpatient services is accredited and licensed and staffed 24/7 to provide licensed nursing and physician services to patients requiring access to a range of services including ancillary such as laboratory, x-ray, nutrition services) and specialty physician services.  The staff are licensed and credentialed by the hospital and meet the accreditation standards related to practice within their licensures.  The inpatient unit must be staffed by a physician and nursing personnel.	Service provided as medically indicated and through established medical protocols.	Currently Available

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
		diagnosis of closed head injury based on trauma injury; congestive heart disease, ischemic heart disease, or significant arrhythmia as examples of active symptomatic heart disease; suicidal ideation and gestures necessitating suicidal precautions as part of treatment; blood alcohol level 350 mg/dl with a diagnosis of alcohol abuse; blood alcohol level 400 mg/dl with diagnosis of alcohol dependence; active presentation of psychotic symptoms reflecting an urgent/emergent condition.			
SUD SUPPOI	RT SERVICES	1			
	Recovery Supports	To support and promote recovery and prevent relapse through supportive services that result in the knowledge and skills necessary for an individual's recovery. Recovery programs are designed and delivered to and offer social, emotional, and/or educational supportive services to help prevent relapse and promote recovery.	Services can be provided by appropriately trained staff when working under the supervision of a SATS or SATP. A recovery coach or SUD peer specialist must be certified through an MDHHS-approved training program.	Available as medically necessary and appropriate (i.e., one to eight hours during a week; 9 to 19 hours in a week; 20 or more hours in a week.	Currently Available
	Peer Supports	To support and promote recovery and prevent relapse through supportive services that result in the knowledge and skills necessary for an	Services can be provided by appropriately trained staff when working under the supervision of a SATS or SATP. A recovery coach or SUD peer specialist must be	Available as medically necessary and appropriate (i.e., one to eight hours during	Currently Available

ASAM Level of Care	Service Title	Service Description	Provider / Practitioner Qualifications	Limits	Availability
		individual's recovery. Peer recovery support programs are designed and delivered primarily by individuals in recovery (Recovery Coach) and offer social, emotional, and/or educational supportive services to help prevent relapse and promote recovery.	certified through an MDHHS-approved training program.	a week; 9 to 19 hours in a week; 20 or more hours in a week.	
	Case Management	Referral/linking/coordinating/manag ement of services - For the purpose of ensuring follow-through with identified providers, providing additional support in the community if primary services are to be provided in an office setting, addressing other needs identified as part of the assessment and/or establishing the beneficiary with another provider and/or level of care. This service may be provided individually or in conjunction with other services based on the need of the beneficiary.	Provider agency licensed and accredited as substance abuse treatment program.  Clinical service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS. Services can be provided by appropriately trained staff when working under the supervision of a SATS or SATP. A recovery coach or SUD peer specialist must be certified through an MDHHS-approved training program.	Available as medically necessary.	Currently Available

### Use of Evidence-Based SUD Specific Patient Placement Criteria

One of the critical expectations that CMS set forth for 1115 demonstration waivers is a requirement that States use established standards of care in their design of the SUD benefit package, incorporating industry-standard benchmarks for defining medical necessity criteria, covered services, and provider qualifications. As previously indicated, Michigan has developed the continuum of SUD services using the treatment and recovery services for adolescents and adults recommended by the American Society of Addiction Medicine (ASAM).

To support the use of the ASAM criteria and aid in matching individuals with the appropriate level of care, Michigan is requiring the use of a standardized assessment tool that utilizes the ASAM criteria. Michigan is adopting the use of the Global Appraisal of Individual Needs Initial (GAIN-I) Core assessment that will be used statewide. The GAIN-I Core is a comprehensive assessment that supports clinical diagnosis, level of care placement and treatment planning. It collects necessary information to provide a Diagnostic and Statistical Manual based diagnosis and the recommended ASAM placement needs.

Michigan began statewide training with the Pre-paid Inpatient Health Plans (PIHP) SUD provider network on the GAIN-I Core in October 2017. The state has contracted with the GAIN Coordinating Center, through Chestnut Health Systems to train state providers and establish the necessary licensing agreements with the state to ensure full access to this instrument. Michigan is planning to require full use of the GAIN assessment by the provider system by October 1, 2020 to allow adequate time for training and system changes.

The PIHPs will continue to make authorization decisions for all treatment services regarding length of stay (including continued stay), change in level of care and discharge based on the ASAM criteria and the results of the GAIN-I Core assessments. The PIHP will apply these decisions for both adolescents and adults. No predetermined limits of care will be established for these services. Access and continued involvement in a level of care will be based on individual need as determined through established medical necessity criteria.

For residential and withdrawal management services, PIHPs, with the support of the GAIN-I Core assessment recommendations, will use the six ASAM dimensions as a component of decision making for needed level of care as follows:

Table 2:

Level of Care	Level 3.1	Level 3.3	Level 3.5	Level 3.7
<b>Dimension 1</b> Withdrawal Potential	No withdrawal risk, or minimal/stable withdrawal; concurrently receiving Level 1-WM or Level 2-WM	Not at risk of severe withdrawal, or moderate withdrawal is manageable at Level 3.2-WM	At minimal risk of severe withdrawal. If withdrawal is present, manageable at Level 3.2-WM	At high risk of withdrawal, but manageable at level 3.7 WM and does not require the full resources of a licensed hospital
Dimension 2 Medical conditions and complications	None or very stable; or receiving concurrent medical monitoring	None or stable; or receiving concurrent medical monitoring	None or stable; or receiving concurrent medical monitoring	Requires 24-hour medical monitoring but

Level of Care	Level 3.1	Level 3.3	Level 3.5	Level 3.7
				not intensive treatment
Dimension 3 Emotional, behavioral, or cognitive conditions and complications	None or minimal; not distracting to recovery. If stable, a dual diagnosis capable program is appropriate. If not, a dual diagnosisenhanced program is required	Mild to moderate severity; needs structure to focus on recovery. If stable, a dual diagnosis capable program is appropriate. If not, a dual diagnosis-enhanced program is required. Treatment should be designed to respond to any cognitive deficits	Demonstrates repeated inability to control impulses, or a personality disorder that requires structure to shape behavior. Other functional deficits require a 24- hour setting to teach coping skills. A dual diagnosis enhanced setting is required for the seriously mentally ill client	Moderate severity, needs a 24-hour structured setting. If co-occurring mental health disorder present, requires concurrent mental health services in a medically monitored setting
Dimension 4 Readiness to change	Open to recovery but needs a structured environment to maintain therapeutic gains	Has little awareness and needs interventions available only at Level 3.3 to engage and stay in treatment; or there is high severity in this dimension but not in others. The client needs a Level I motivational enhancement program (Early Intervention)	Has marked difficulty engaging in treatment, with dangerous consequences; or there is high severity in this dimension but not in others. The client needs a Level I motivational enhancement program (Early Intervention)	Low interest in treatment and impulse control is poor, despite negative consequences; needs motivating strategies only safely available in a 24-hour structured setting
Dimension 5 Relapse, continued use, or continued problem potential	Understands relapse but needs structure to maintain therapeutic gains	Has little awareness and needs intervention only available at Level 3.3 to prevent continued use, with imminent dangerous consequences because of cognitive deficits or comparable dysfunction	Has no recognition of skills needed to prevent continued use, with imminently dangerous consequences	Unable to control use, with imminently dangerous consequences, despite active participation at less intensive levels of care
<b>Dimension 6</b> Recovery/living environment	Environment is dangerous, but recovery achievable if Level 3.1 24-hour structure is available	Environment is dangerous and client needs 24-hour structure to cope	Environment is dangerous and client lacks skills to cope outside of a highly structured 24-hour setting	Environment is dangerous and the patient lacks skills to cope outside of a highly

Level of Care	Level 3.1	Level 3.3	Level 3.5	Level 3.7
				structured 24-
				hour setting

The use of the GAIN-I Core will allow the appropriate review and application of the ASAM dimensions and assist in matching the individual with a residential program that has been approved to provide the identified level of care. The PIHPs will also use the ASAM dimensions and the GAIN-I Core for establishing the appropriate level of care for withdrawal management, outpatient and opioid treatment programs. This approach will solidify ASAM as the foundation of the entire SUD service system in Michigan.

### <u>Use of Nationally Recognized SUD-Specific Program Standards to Set</u> Provider Qualifications for Residential Treatment Facilities

An expectation for this waiver is that the state implement a process to assess and demonstrate that residential providers meet ASAM criteria prior to participating in the Medicaid program. The State of Michigan ensures that providers meet key program requirements set forth by ASAM for each of the residential levels of care. Approximately 75 organizations provide the residential level of SUD treatment services in Michigan.

Currently, the State's laws and regulations that apply to organizations and practitioners rendering SUD services align with some of the ASAM program expectations. Michigan will maintain its robust process for ensuring the initial and ongoing qualification standards for individual providers of SUD treatment services. It utilizes state licensing, to ensure quality and competency of the provider network for publicly funded services based on educational and legal requirements for providing services as the initial standard. State licensure for programs has four general categories that apply to:

- 1. Outpatient
- 2. Residential
- 3. Withdrawal Management (called sub-acute detoxification)
- 4. Opioid Treatment Programs (Methadone)

Additionally, any organization that provides SUD services for Medicaid beneficiaries must also be accredited by a national body. The following accreditation bodies are recognized in Michigan:

- The Joint Commission;
- Commission on Accreditation of Rehabilitation Facilities (CARF);
- American Osteopathic Association (AOA);
- Council on Accreditation of Services for Families and Children (COA);
- National Committee on Quality Assurance (NCQA); or
- Accreditation Association for Ambulatory Health Care (AAAHC).

The next level of standards is the credentialing of the individual clinical providers of services within each program. This includes the counselors, psychologists, social workers and medical staff along with their identified supervisors. In addition to having to meet professional licensing standards for education and experience to practice in the state, Michigan further delineates that an individual SUD provider must also be certified through the state board for the International Certification and Reciprocity Consortium

(IC&RC). This certification ensures that individuals providing services in the publicly funded SUD service system have received additional experience and education in SUD treatment. The ongoing educational requirements that must be met in order to maintain that credential keeps knowledge current.

Michigan has set forth various treatment policies that establish additional guidance to providers and PIHPs regarding expectations for the structure of specific services and qualifications of providers. The policies on outpatient, residential, withdrawal management and opioid treatment programs are reflective of the ASAM requirements and delineate the criteria for levels of care within each respective area. These policies were effective for the fiscal year 18 contract the state has with the PIHPs for providing Medicaid services.

While the combination of licensing and policy guidance provides a firm foundation for providers to meet the program requirements set forth by ASAM, the State has taken an additional step to review providers against those requirements. After licensure and accreditation are established, each organization that is seeking to provide SUD treatment services (for adults and adolescents) must apply to the state to have an ASAM level assigned to their program. An application, in which the provider describes their program and submits policy evidence of compliance with ASAM, must be submitted for review. Based on the information submitted, the state will assign the appropriate ASAM level or reject the application. An organization is only able to join a PIHP network after a level has been assigned. The state has initiated and completed the initial ASAM designation enrollment process for early intervention, outpatient, residential, withdrawal management and opioid treatment programs. All PIHP contracted SUD treatment providers currently have an established ASAM level of care. A copy of the residential, withdrawal management application instruments are in Attachment A.

The ASAM designation application process is always open which allows new programs to apply so they may join a PIHP network. An online application process is being developed by the state to manage the assignment procedure. It is targeted to be available for use by the end of demonstration year two and moving forward. Until then, it will continue to be a manual, paper process.

Michigan is working directly with national experts, to provide training on the use of ASAM criteria. The training is targeted to providers to assist in overall education and program development. These trainings began in fiscal year 17 and will continue through fiscal year 19 and then as needed.

### **Standards of Care**

The PIHPs are required to ensure that their providers and/or the intake agencies within their networks are all appropriately trained/educated in the application and use of ASAM. The frequency and duration of treatment services are expected to be guided by the ASAM criteria and individual need, not the designation of the provider program that may be conducting an assessment. PIHPs will provide evidence of initial training and ongoing training of providers during site reviews conducted by the state. Additionally, as part of quality monitoring during site reviews, clinical records will be reviewed to determine appropriate application and fidelity to the GAIN-I Core assessment and ASAM processes. This quality monitoring will address the expectations that the assessment for all SUD services, level of care and length of stay recommendations has an independent third party reviewing and determining if the provider has the necessary competencies on the use of ASAM in the assessment process and determining

an appropriate level of care. If the PIHP, or the state, determines during this monitoring that the provider is not using ASAM to make the appropriate level of care and length of stay decisions and recommendations, the state and PIHP will take the necessary corrective action.

The PIHP, through its contract with the state, is required to ensure an ongoing validation and revalidation processes for credentials of all providers in their network. Records must be maintained that show that any applicable licensure and certification are being maintained in good standing, the person is not excluded from Medicaid or Medicare participation and that criminal background checks are being made every other year. In addition to this, the PIHP also has to ensure that any state licensing requirements surrounding scope of practice and supervision are being followed.

The contracts with the State require PIHPs to comply with the federal regulations to obtain, maintain, disclose, and furnish required information about ownership and control interests, business transactions, and criminal convictions as specified in 42 C.F.R. §455.104-106. In addition, the contract requires all PIHP ensure that any and all contracts, agreements, purchase orders, or leases to obtain space, supplies, equipment or services provided under the Medicaid agreement require compliance with 42 C.F.R. §455.104-106.

At the time of provider enrollment or re-enrollment in the PIHP's provider network, the PIHP is required to search the Office of Inspector General's (OIG) exclusions database to ensure that the provider entity, and any individuals with ownership or control interests in the provider entity (direct or indirect ownership of five percent or more or a managing employee), have not been excluded from participating in federal health care programs. Because these search activities must include determining whether any individuals with ownership or control interests in the provider entity appear on the OIG's exclusions database, the PIHP mandates provider entity disclosure of ownership and control information at the time of provider enrollment, re-enrollment, or whenever a change in provider entity ownership or control takes place. The PIHP must notify the Division of Program Development, Consultation and Contracts, Behavioral Health and Developmental Disabilities Administration in MDHHS immediately if search results indicate that any of their network's provider entities, or individuals or entities with ownership or control interests in a provider entity are on the OIG exclusions database.

The MDHHS has responsibility and authority to make fraud and/or abuse referrals to the Office of the Attorney General, Health Care Fraud Division. Contractors who have any suspicion or knowledge of fraud and/or abuse within any of the MDHHS's programs must report directly to the MDHHS.

# <u>Sufficient Provider Capacity at Each Level of Care Including Medication</u> Assisted Treatment for OUD

The ASAM enrollment work already completed by the state has established the initial provider capacity in the publicly funded system. The regional PIHPs are able to provide access to each ASAM Level of Care and the support services identified in Table 1. Residential treatment is available in all areas of the state. However, even with the use of IMD's, access to the more intensive level (3.7) has some limitations due to the geographic location of the program which may result in having to travel several hours to access this

service from the rural areas of the state. Likewise, level 3.7-WM for withdrawal management, is in the same situation. There is access to this service however, getting to the program from a rural area may result in a significant amount of travel. The medically managed residential (4.0) and withdrawal management (4-WM) levels of care, which are not a component of this 1115 Waiver, are more readily available due to these services being provided in a medical hospital setting. These services ae being identified to demonstrate that the full ASAM Level of Care continuum is available in the state.

Opioid Use Disorder treatment has accessibility beyond just the Opioid Treatment Programs due to the availability of the Office Based Opioid Treatment services through primary care and other private practice physicians. Many contracted providers work with these physicians to provide the required treatment and support services that are not typically available in a primary care or other practice setting. Additionally, the state recognizes the importance of having medication assisted treatment available to address opioid abuse (and other substances when appropriate) in any level of care. PIHPs are required to ensure that their network providers support all avenues to an individual's recovery by providing access to medication assisted treatment when it is requested. This access can be provided directly by a program or through an arrangement with another provider. In addition to providing access during treatment in a program, there must be appropriate arrangements for continuing treatment as part of the discharge and recovery plan for each beneficiary.

The state has a commitment to ensure the SUD treatment needs of children and adolescents are met. Statewide, an estimated 127,000 (14%) youth aged 16-21 have a substance use disorder. Thirty-seven percent of those youth also had identified mental health concerns. 4% of adolescents (12-16) used pain relievers for nonmedical reasons. In 2018, a total of 2,591 substance abuse treatment admissions for youth were reported by publicly funded SUD programs.

Adolescents require different models of service than adults. As indicated in Table 1, adolescents that are enrolled in the Medicaid program and have or are at risk of an SUD will have access to early intervention, treatment and recovery services. Specifically, adolescents will have access to the following services:

- Early Intervention Services, including, but not limited to Screening, Brief Intervention, and Referral to Treatment (SBIRT).
- Outpatient Services including initiation services (assessment and treatment planning), individual, group and family therapy, crisis intervention services
- Intensive Outpatient Program and Partial Hospitalization
- Residential Services (3.1, 3.5 and 3.7)
- Inpatient Services (4.0)

Adolescents will also have access to the various Withdrawal Management Services set forth in the Continuum of Care Sections. When appropriate, older adolescents will also have access to SUD medications as part of the State's Medication Assisted Treatment approach.

While the current continuum reflects services that can be effective for treating adolescents with SUD, the state is aware that the current system of care reflects poor penetration rates for the treatment of

adolescents and transitional youth age. Only approximately 8% of those with an identified need are receiving SUD treatment services.

In response, the state has developed the Michigan Youth Treatment Improvement and Enhancement (MYTIE) initiative. This began with a two-year Planning project (SYT-P grant October 2015), and has extended an extra four years (SYT-I grant ending September 2021). MYTIE is guiding the state through the development and implementation of an effective continuum of care for transitional aged youth 16-21 years of age and their caregivers, with the goal of increased access to and improved quality of treatment and recovery support services. MYTIE has several goals, including:

- Establish state infrastructure that will increase service access, treatment and recovery support service use and quality for transitional youth aged 16-21;
- Establish partnerships with key stakeholders for the purpose of developing policies, expanding workforce capacity, disseminating age and developmentally appropriate evidence-based practices, and implementing financial mechanisms;
- Implementation of a statewide assessment tool to increase ease of transfer of services within the continuum of care and to reduce trauma caused by the recounting of historical traumatic events by the client;
- Identify issues and barriers that affect access and treatment of SUD and co-occurring disorders;
- Identify disparities that effect access to treatment;
- Promote the development of statewide family and youth support organizations;
- Develop a strategic plan to guide needed changes to the service delivery system.

Information regarding the MYTIE program and a description of current activities regarding the needs assessment and workforce development can be found at: <a href="http://www.michigan.gov/mdhhs/0,5885,7-339-71550">http://www.michigan.gov/mdhhs/0,5885,7-339-71550</a> 2941 4871 4877 77211---,00.html. Information from the gaps analysis in the MYTIE program will assist the State and PIHPs in their network development strategies, including ageappropriate recovery support services for adolescents.

### <u>Implementation of Comprehensive Treatment and Prevention Strategies</u> <u>to Address Opioid Abuse and OUD</u>

Former Governor Rick Snyder created a Prescription Drug and Opioid Task Force in 2015 to address the growing prescription drug and opioid problem in Michigan. The task force reported the following information on the escalation of Michigan's problem.

According to published raw data from the Michigan Automated Prescription System (MAPS), more than 11 million prescriptions for controlled substances were written in 2016. This is roughly one million more prescriptions than were written in 2011, despite the fact that Michigan's population slightly decreased over the same time period.

Of the 11 million controlled substance prescriptions written in 2016, 10 million were for schedule II drugs. Schedule II drugs are classified by the U.S. Drug Enforcement Agency (DEA) as having a high potential for abuse and dependence. This compares with just four million schedule II prescriptions in 2011. This acute increase in schedule II prescriptions was due to the addition of Hydrocodone to the list of schedule II drugs in 2014.

The task force made recommendations under five areas: Prevention, Treatment, Regulation, Policy and Outcomes, and Enforcement. Many of the recommendations addressed the three critical areas set forth by the Secretary of Health and Human Services: provider education, increased access to Naloxone and strategies to increase Medication Assisted Treatment (MAT).

#### Prevention

- 1. Require additional training for all professionals who will be prescribing controlled substances, including training on the new CDC prescribing guidelines.
  - a. STR grant funds a project through the University of Michigan that has been offering training on the CDC prescribing guidelines.
  - b. Medicaid is also tracking prescribing outliers and offering technical assistance and guidance to reducing the prescribing appropriately. (State Opioid Response {SOR} grant funded)
- 2. Development and maintenance of relationships among state and local agencies to provide necessary information regarding prescription drug abuse, prevention and treatment.
  - a. Partnership for Success (PFS) funding provides resources to establish State and Community level infrastructure for Prevention Prepared Communities that includes the capacity to develop and implement data guided programming. PFS funds State and Community level Epidemiological Outcomes Workgroups charged with collecting, analyzing and reporting on morbidity, mortality, prevalence, incidence, trend and social indicator data need to identify the extent of prescription drug abuse and the need for prevention and treatment services at the State and Community levels.
- 3. Collaboration among local coalitions, pharmacies, health profession boards, state agencies and the DEA to increase the availability of prescription drop off bins.
  - a. Collaboration among coalitions, pharmacies, DEA State and local law enforcement continues to occur in various Prepaid Inpatient Health Plan target communities funded by the PFS and other federal, state and local resources.
- 4. Review programs and parameters established within the Medicaid system as well as actions taken by other states to determine the best route forward to eliminate doctor and pharmacy shopping. Recommend looking at programs already in use in Tennessee and Washington.
  - a. MDHHS employs a Benefits Monitoring System that flags Medicaid Beneficiaries that are pharmacy shopping and doctor shopping to acquire additional opioid prescriptions than legally prescribed. Beneficiaries that are flagged are contacted and limited to one pharmacy and one prescriber for opioid prescriptions.

5. Public awareness campaign to inform the public of the dangers of abuse, how to safeguard and properly dispose of medicines, publicize improper prescribing practices, and reduce the stigma of addiction. (www.michigan.gov/opioids)

#### Treatment

- 1. Pursue increased public awareness regarding the laws that limit civil and criminal liabilities for administering Naloxone.
  - a. While Michigan has laws that limit civil and criminal liabilities for administering Naloxone, there has not been any major public campaigns to publicize the laws.
     Children's Services Agency staff are not allowed to carry it or be trained because of potential liability issues.
- 2. Explore the possibility of limited statutory immunity for low-level offenses involved in reporting an overdose and seeking medical assistance.
  - a. Michigan has a Good Samarian Law which prevents drug possession charges against those that seek medical assistance in certain circumstances.
- 3. Explore ways for the State to increase access to care, including wraparound services and MAT, as indicated by national and state guidelines for treatment. In addition, the Task Force recommends that insurance companies consider providing health plans that cover the costs of MAT with reasonable quantity limits on medication used.
  - a. The State Targeted Response (STR) and SOR grant both increase access to care, increase access to case management and peer services, and increase access to MAT through DATA 2000 waiver training and development of a SUD specific curriculum for medical schools.
  - b. Initiation of an Opioid Health Home in a PIHP region to make treatment more assessible for Medicaid beneficiaries with an OUD. Look alike model being developed for Michigan's Upper Peninsula using SOR funding.
- 4. Explore ways to increase the number of addiction specialists practicing in Michigan.
  - a. SOR project promoting the development of a curriculum specific to substance use disorders to be used in medical schools to prepare physicians entering the field.
- 5. Additional training for law enforcement in the area of recognizing and dealing with addiction for those officers who do not deal directly with narcotics regularly. The Task Force also recommends expansion of treatment courts as called for by former Governor Rick Snyder in his 2015 Criminal Justice Message, as well as expanding the courts' ability to create pilot programs for the use of MAT.
  - a. There has been a significant increase in the number of Drug Courts implementing MAT programming. MDHHS has provided several trainings on the efficacy of MAT to Michigan Drug Court Professionals including judges.

- 6. Require a bona-fide physician-patient relationship as defined in Michigan law prior to prescribing controlled substances.
- 7. The State should review current best practice guidelines for reducing the development of neonatal abstinence syndrome (NAS) and consider pilot programs for the development of testing of pregnant women to reduce the risk of NAS caused by prescription drug and opioid abuse.
  - a. The state and other entities are piloting several initiatives to identify pregnant women who are using opioids and connect them to any services needed including treatment and other supports.

#### Regulation

- 1. Consider legislation to better define and identify pain management practice for the purposes of licensing.
- 2. Update regulations to delineate licensing for clinics (methadone) based on the population being treated. The State should consider a tiered system of licensing that regulates the functions and prescription capabilities of the clinics and their staff.
- 3. Recommend the establishment of an exemption from civil liability when a pharmacist is acting in good faith and has reasonable doubt regarding the authenticity of the prescription or believes the prescription is being filled for non-medical purposes.
- 4. Review the Michigan College of Emergency Physicians policy and then endorse a best practices policy that hospitals and doctors could use as a model.
- 5. Review the limitation of the sale of pseudoephedrine by pharmacies only.

#### Policy and Outcomes

- 1. Create an ongoing Prescription Drug and Opioid Task Force or Commission to evaluate the efficacy of current proposals and continually develop new solutions to address societal changes.
- 2. Add outcomes to the State Dashboard to track the success of efforts.
- 3. The State should consider mechanisms to ensure patient continuity of care during an abrupt closure of a medical practice to ensure that necessary treatments can continue without interruption.
- 4. Document law enforcement efforts with local coalitions and focus groups that have resulted in a reduction of prescription overdose deaths to determine if replication and expansion are possible and warranted.

#### Enforcement

1. Review the budgetary requirements for updating or replacing the Michigan Automated Prescription System (MAPS.) There should be mandatory registration in MAPS by all licensed prescribers to ensure all are registered when the updated or new system is brought online.

- a. The MAPS upgrades were completed with the new Appriss software. STR grant funds were used to help support the additional NarxCare portion of the Appriss program.
- 2. Allow broader access to MAPS for law enforcement purposes when investigating questionable business practices by prescribers.
  - a. Requires legislation with is being reviewed.
- 3. Require enhanced licensing sanctions for health professionals that violate proper prescribing and dispensing practices.

The Department of Licensing and Regulatory Affairs which oversees all healthcare professional and healthcare organization licensure is actively involved in providing education about the use of opiate medications and pain management. Information regarding the activities, groups and educational materials can be found at the following website: <a href="http://www.michigan.gov/lara/0,4601,7-154-72600">http://www.michigan.gov/lara/0,4601,7-154-72600</a> 72603 45947---,00.html .

To compliment and implement the recommendations of the Task Force, the former Governor, in June 2016, established the Prescription Drug and Opioid Abuse Commission (PDOAC). Consequently, the former Governor and a bi-partisan group of legislators announced a package of bills to combat opioid and prescription drug misuse which were signed into law in December of 2017. The legislation included:

- Prescribers documenting a bona-fide patient relationship prior to prescribing opioids;
- A seven-day prescribing limit for acute pain;
- The development of a prescription drug education curriculum in schools; and
- Mandated greater patient education requirements including a new consent form effective 2018

MDHHS is actively involved in statewide efforts to address the increasing use of both illegal and prescription opiates in conjunction with recommendations made by the Task Force and the implementation strategies provided by the PDOAC. In addition to ensuring that a variety of treatment and recovery support services are available, MDHHS, under the direction of the Single State Authority, is actively involved in supporting prevention activities around the state that are aimed at decreasing opiate use and providing education on the impacts of use. Some of these efforts include:

- Increase multi-system collaboration at state and community levels
  - Assure and monitor PIHPs to develop and implement action plans for the prevention of prescription and over-the-counter drugs to prevent unintentional deaths from drug overdoses.
  - o Provide training to strengthen infrastructure to enhance substance use disorder prevention and mental health promotion at the community/coalition level.
  - o Promote to develop leadership structure combining MDHHS, Licensing and Regulatory Affairs, Law Enforcement and other stakeholders to oversee surveillance, intervention, education and enforcement to prevent illegal distribution and use of controlled substances.

- o Secure federal discretionary funding to implement the activity listed above.
- Broaden statewide media messages
  - o Promote the use of statewide media campaigns entitled: Stop Overdoses (<a href="www.michgan.gov/stopverdoses">www.michgan.gov/stopverdoses</a>) and Do Your Part: Be the Solution to Prevent Prescription Drug Abuse (<a href="www.michigan.gov/doyourpart">www.michigan.gov/doyourpart</a>), that include information portals for parents, physicians, youth, educators and the general public interested in learning about prescription drug and opioid abuse.
- Broaden Rx/OTC drug abuse education and use of brief screenings in behavioral and primary health care settings
  - o Ensure that public health approached to the delivery of early intervention such as SBIRT are implemented in behavioral and primary health care settings by providing funding and training
  - o Ensure on-going surveillance to monitor data relevant to drug overdoses and deaths from drug overdoses

Michigan published Medication Assisted Treatment guidelines that are consistent with the federal guidelines and contain detailed guidance for treating people addicted to heroin and other opiates. The guidelines define mild, moderate and severe levels of addiction and then recommend appropriate medication and behavioral therapy that research has shown to be most effective for that level of addiction. These guidelines are considered best practice and have led efforts on changing how treatment should be delivered and viewed in Michigan during the implementation of the waiver.

Recent legislation has allowed Naloxone to be made available to first responders and law enforcement and it is being used in communities around the state. Additional legislation was passed to allow family members of those with opioid prescriptions to receive Naloxone as an additional way to prevent death from overdose.

### SUD Health IT Plan

The state of Michigan assures CMS that is has sufficient health IT infrastructure at every appropriate level (i.e. state, delivery system, PIHP and individual provider) to achieve the goals of this demonstration.

The primary tool available at the state level is the MDHHS data warehouse. The warehouse supports the use of data sets related to SUD services for utilization monitoring, quality measurement, treatment outcome and other purposes. Data sets can be used independently or linked and include: capitation payments, claims/encounters, eligibility and benefit plan enrollment, demographics, vital records, level of need assessments, treatment outcome, MMIS provider enrollment, etc. MDHHS uses a quality measurement tool to generate rates on a quarterly basis, for all Medicaid beneficiaries. Rates are available state-wide and by PIHP on HEDIS measures, including:

- Follow-Up After Emergency Department Visit for Alcohol and Other Drug Dependence (FUA)
- Initiation and Engagement of Alcohol and other Drug Dependence Treatment (IET) within 14 days and 30 days.

Michigan makes two important resources available to enable PIHPs and behavioral health providers to improve care coordination through use of health information: (1) The Michigan Health Information Network (MiHIN) is the state authority for electronic health information exchange. MiHIN is currently being used by providers of mental health, SUD and intellectual and developmental disability (IDD) services to facilitate and initiate electronic exchange with physical health providers. PIHPs are also eligible to participate as data sharing organizations in the MiHIN network; (2) Data analytics and population health management have been aided by the state's creation of a web portal, CareConnect 360 (CC360), which was created and launched as a care coordination tool. CC360 provides a comprehensive view of a beneficiary's health, or the overall health of a population, based on information pulled from the MDHHS data warehouse. Claims and encounters are the main data set available, including from behavioral and physical health providers. Medicaid Health Plans, PIHPs and CMHSPs use CC360 for a) alerts on admissions, discharges, deaths, b) joint care plans, c) self-review on performance measure rates, etc. These resources assist PIHPs and providers to identify a range of health conditions in individual beneficiaries and support both PIHP and provider-level care coordination activities.

### Improved Care Coordination and Transitions Between Levels of Care

Benefit management for SUD services has been the responsibility of the PIHPs since 2014. The PIHP will employ its established utilization management system for prior authorization and continued stay reviews which will include applying the ASAM criteria to identify the more appropriate individual treatment and support needs. Eligibility to receive services is based on medical necessity criteria that are outlined through currently established guidelines. These criteria were created for both behavioral health and developmental disabilities services and read as follows:

#### **Medical Necessity Criteria**

Mental health, developmental disabilities, and substance use disorder services are supports, services, and treatment:

- Necessary for screening and assessing the presence of a mental illness, developmental disability or substance use disorder; and/or
- Required to identify and evaluate a mental illness, developmental disability or substance use disorder; and/or
- Intended to treat, ameliorate, diminish or stabilize the symptoms of mental illness, developmental disability or substance use disorder; and/or
- Expected to arrest or delay the progression of a mental illness, developmental disability, or substance use disorder; and/or
- Designed to assist the beneficiary to attain or maintain a sufficient level of functioning in order to achieve his goals of community inclusion and participation, independence, recovery, or productivity.

The policy then further delineates how the medical necessity criteria are to be applied when determining the needs of an individual:

#### **Determination Criteria**

The determination of a medically necessary support, service or treatment must be:

- Based on information provided by the beneficiary, beneficiary's family, and/or other individuals (e.g., friends, personal assistants/aides) who know the beneficiary;
- Based on clinical information from the beneficiary's primary care physician or health care professionals with relevant qualifications who have evaluated the beneficiary;
- For beneficiaries with mental illness or developmental disabilities, based on person-centered planning, and for beneficiaries with substance use disorders, individualized treatment planning;
- Made by appropriately trained mental health, developmental disabilities, or substance abuse professionals with sufficient clinical experience;
- Made within federal and state standards for timeliness;
- Sufficient in amount, scope and duration of the service(s) to reasonably achieve its/their purpose; and
- Documented in the individual plan of service.

Consistent with federal statutes and regulations that apply parity to the Medicaid program, the benefits available in this demonstration will not have preset limits placed on them. There will be individual determination of medical and clinical necessity by qualified providers for each beneficiary for initial and ongoing care needs. The frequency and duration of treatment services are expected to be guided by the ASAM criteria, which is a standardized process based on significant research evidence and application. As set forth in the Standards of Care discussion, PIHPs make authorization decisions (initial and continuing stay) regarding residential length of stay, change in LOC and discharge based on the ASAM criteria. PIHPs will continue to apply the ASAM criteria to both outpatient and residential services for adolescents and adults. In addition, PIHPs will make information regarding medical necessity and information regarding denials or changes in lengths of stay for residential services available to the client or the provider. The PIHP must disseminate all practice guidelines it uses to all affected providers and upon request to beneficiaries.

MDHHS is committed to integrating physical and behavioral health care services for beneficiaries with behavioral health conditions and has been implementing several solutions to improve care coordination and care transitions to ensure warm hand-offs and successful engagement in treatment and transitions across levels of care, particularly for high-risk cohorts with complex care needs. Michigan will work with stakeholders to develop a framework to evaluate successful care transitions to outpatient care, including hand-offs between levels of care within the SUD care continuum as well as linkages with primary care upon discharge.

A description of selected activities intended to ensure improved coordination of care among individuals with SUD are below. Michigan continues to explore and plan for an increasing number of care coordination and care integration strategies as part of the state's ongoing Medicaid system transformation:

# Medicaid Health Plan (MHP) and Prepaid Inpatient Health Plan Coordination Agreement Requirements

In contracts with managed care entities, Michigan requires Medicaid Health Plans (MHP) and PIHPs to establish and implement coordination agreements with each other to better integrate services covered by MHPs and the PIHPs as well as provide incentives to support behavioral health integration. Managed care entities are also contractually required to collaborate and develop shared metrics to measure the quality of care provided to beneficiaries jointly served by MHPs and PIHPs.

In carrying out this requirement, MHPs and PIHPs have collaborated to work with MDHHS to establish a uniform process for identifying high-risk individuals and stratify populations as required under the MHP contract, which state in part that MHPs must work collaboratively with PIHPs to:

- <u>Identify and coordinate the provision of services</u> to shared members who have significant behavioral health issues and complex physical co-morbidities.
- Jointly create and implement a <u>method for stratifying</u> shared members who have significant behavioral health issues and complex physical co-morbidities.
- Jointly <u>develop care management standards</u> for providing care management services to shared members with significant behavioral health issues and complex physical co-morbidities based on patient needs and goals.
- Jointly develop and implement <u>processes for providing coordinated complex care management services</u> for shared members with significant behavioral health issues and complex physical comorbidities.
- Jointly <u>create a care management tool</u> used by staff from each organization to document a jointly created care plan and to track contacts, issues, and services regarding shared members with significant behavioral health issues and complex physical co-morbidities.
- <u>Hold case reviews at least monthly</u> during which the care managers and other team members, including community health workers, pharmacists, medical directors and behavioral health providers, must discuss shared members with significant behavioral health issues and complex physical co-morbidities, and develop shared care management interventions.
- Work collaboratively with PIHPs, primary care providers, and MDHHS to develop and <u>implement performance improvement projects</u> involving shared metrics and incentives for performance.
- Report to MDHHS the results of shared metric performance incentive programs in a manner determined by MDHHS.

### Quality measures

#### Reporting of Quality Measures

Michigan intends to develop a rigorous evaluation design that will utilize valid and reliable data, standardized measures and specifications, and robust methodology.

#### Measures

Michigan will use the following measures to assess quality and access to care throughout the demonstration. Where nationally-recognized specifications for these measures exist, they will be utilized.

Measure	Steward	Data Source	Notes
Initiation and Engagement of	NQF #0004	Data Warehouse	Admin data only
Alcohol and Other Drug		(encounter data)	(have baseline data)
Dependence Treatment			
SUB-3 Alcohol and Other Drug	NQF # 1664	To be determined	Admin and medical records
Use Disorder Treatment			
Provided or Offered at			
Discharge and SUB-3a Alcohol			
and Other Drug Use Disorder			
Treatment at Discharge			
Follow-up after Discharge	NQF # 2605	Data warehouse	Admin data only
from the Emergency		(encounter data)	(have baseline data)
Department for Mental Health			
or Alcohol or Other Drug			
Dependence			
Readmission rates (Plan All	NQF # 1768	Data Warehouse	May currently be available in
Cause Readmission)		(encounter data)	Symmetry
Emergency Department	Need to determine a	Data Warehouse	Admin data only
Utilization	specific measure	(encounter data)	
Inpatient Utilization (IPU)	NCQA	Data Warehouse	May currently be available in
		(encounter data)	Symmetry
Number of People Engaged in	State-specific	Data Warehouse	Need to determine exactly what
Recovery Support		(encounter data)	they're asking
Length of Time in Formal	State-specific	Data Warehouse	Need to determine exactly what
Treatment		(encounter data)	they're asking
Improvement in Overall	State-specific	Survey	Need to determine exactly what
Health			they're asking
Adult Access to	NCQA	Data Warehouse	May currently be available in
Preventive/Ambulatory		(encounter data)	Symmetry
Services			
Rate of completed follow up	State-specific	Data Warehouse	Need to determine the best way
appointments with Specialty		(encounter data)	to measure
Service System providers			

#### Methodology

Baselines for two of the measures (Initiation and Engagement of Alcohol and Other Drug Dependence Treatment and Follow-up after Discharge from the Emergency Department for Mental Health or Alcohol or Other Drug Dependence) have already been established and the state will continue to report on these data at least annually. For the remaining measures, we expect to establish baselines by the end of demonstration year 1. Data will be extracted for these measures for each PIHP and Michigan will allow the opportunity for stakeholder review and feedback on the methodology and results. Performance standards will be set using baseline data. Payment of bonus dollars will be contingent upon meeting quality thresholds. Reports will be published at intervals to be determined. Michigan's complete pay-for-performance strategy is outlined in Section 8.4.2 (Contract Withholds) and Section 8.4.2.1 (2016 2016 Performance Bonus Integration of Behavioral Health and Physical Health Services) of the Medicaid

Managed Specialty Supports and Services FY 16 Contract, Amendment #1, available at <a href="http://www.midstatehealthnetwork.org/docs/AmendmentNo-1ToFY16MSHN-MDHHSContract.pdf">http://www.midstatehealthnetwork.org/docs/AmendmentNo-1ToFY16MSHN-MDHHSContract.pdf</a>.

#### *Improving partnerships*

Building on work already done in Michigan, the demonstration will enhance the ability of Specialty Service System payers and providers to work with Medicaid Health Plans to improve service delivery by jointly developing processes, procedures, and methods for population identification and intervention.

#### Addressing Social Determinants of Health

The demonstration will afford Michigan the opportunity to develop meaningful linkages to community-based resources that can assist providers in address social determinants (including housing) to their patients.

#### Evaluation

The goal of the evaluation is to determine whether the waiver program impacts services utilization, cost, and health outcomes of SUD treatment. Michigan will work with an independent evaluator to ensure the highest rigor and adherence to evaluation methodology.

Because the demonstration is statewide, encompassing all patients who are eligible for the program Michigan will employ a time trend analysis evaluation design to validate the following hypotheses:

- 1. The demonstration increases access to services for patients in the intervention group.
- 2. The demonstration increases quality of care and enhances health outcomes for patients in the intervention versus the control group.
  - a. There are no differences in quality or outcomes by region, race/ethnicity, or other demographic factors.
- 3. The demonstration reduces overall utilization of emergency department visits, inpatient stays, and inpatient readmissions for patients in the intervention versus control group.
- 4. The demonstration reduces costs associated with utilization of emergency department visits, inpatient stays, and inpatient readmissions for patients in the intervention vs. control group.

Michigan will implement a formative evaluation design. In addition to the required mid-point evaluation report, the evaluator will develop interim reports on demonstration progress at intervals to be determined. The reports may be used to drive discussion, stakeholder engagement, and program/policy change at the state or provider level. A final evaluation report will be submitted as required.

### Single State Agency

The Single State Agency for SUD is the Michigan Department of Health and Human Services, Behavioral Health and Developmental Disabilities Administration.

#### Attachment A

Document #1: MDHHS ASAM Residential Level of Care Designation Questionnaire

Document #2: MDHHS ASAM Outpatient Level of Care Designation Application

Document #3: MDHHS ASAM Withdrawal Management Level of Care Designation Application

The Michigan Department of Health and Human Services (MDHHS) is required to designate the ASAM level of care for all licensed <b>residential treatment</b> facilities. In order to make this determination, the following questionnaire is required to be filled out for each licensed facility seeking to provide publicly funded services. The information provided and submitted with this questionnaire will allow MDHHS to assign an ASAM level for the program.
Program/Facility Name:
Facility Address:
City/State/Zip:
License Number:
Treatment Capacity:
Please indicate the ASAM Level being applied for:
<ul> <li>□ 3.1 Clinically Managed Low Intensity</li> <li>□ 3.3 Clinically Managed Population Specific High Intensity</li> <li>□ 3.5 Clinically Managed High Intensity</li> <li>□ 3.7 Medically Monitored Intensive Inpatient Services</li> <li>Please indicate the population served by the program:</li> <li>□ Adolescent</li> <li>□ Adult</li> </ul>
Please indicate which Pre-paid Inpatient Health Plan(s) the program is currently contracted with or planning to contract with to provide services: (check all that apply)
Community Mental Health Partnership of Southeast Michigan
Detroit Wayne Mental Health Authority
Lakeshore Regional Entity
☐ Macomb County Community Mental Health Services
☐ Mid-State Health Network
□ Northcare Network
☐ Northern Michigan Regional Entity
Oakland County Community Mental Health Authority
Region 10 Pre-paid Inpatient Health Plan
Southwest Michigan Behavioral Health

SERVICE DELIVERY and SETTING
Please indicate the type of setting where services are provided.  1)   Freestanding community setting.
2) Unit within a licensed health care facility.
<ul> <li>3)           Secure community setting in the criminal justice system.     </li> <li>4) On average, over the past 90 days, what percentage of residents were treated for moderate or severe substance use disorders: (Total must equal 100%)         <ul> <li>a. Without a co-occurring mental health disorder – %</li> </ul> </li> </ul>
b. Combined with a co-occurring mental health disorder – %
c. Combined with functional limitations that were primarily cognitive in
nature? (For example: Traumatic Brain Injury, Dementia, Memory Problems) – %
SUPPORT SYSTEMS
Please select "yes" or "no" for each of the following questions:
<ol> <li>Telephone or in-person consultation with physician and emergency services available 24/7?  ☐Yes ☐No</li> </ol>
<ol> <li>Direct affiliations with other levels of care and/or close coordination for referrals to other services?</li></ol>
<ol> <li>Ability to conduct and/or arrange for laboratory/toxicology tests or other needed procedures.</li></ol>
<ol> <li>Ability to arrange for pharmacotherapy for psychiatric or anti-addiction medications.           □Yes □No</li> </ol>
5) Psychiatric/psychological consultation available as needed.  ☐Yes ☐No
STAFF
Please select "yes" or "no" for each of the following questions:

1) Professional ☐Yes	staff available ☐No	e on-site 24 ho	ours a day.			
2) Treatment te ☐Yes	eam consists o ☐No	of medical, add	diction and men	ital health profe	essionals.	
3) One or more ☐Yes	e clinicians ava □No	ailable on site	or by telephone	e 24 hours a da	y.	
Please indicate     Check all that		taff conducting following tabl				
License or	Individual		Didactic/	COD	Medical	
Certification/	Counseling	Group Counseling	Educational	Treatment	RX	
Registration	Sessions	Sessions	Sessions	Services	Services	
MD/DO						
LP/LLP/TLLP						
LMFT/LLMFT						
LPC/LLPC						
RN,NP,LPN						
PA						
LMSW/LLMSW						
LBSW/LLBSW						
CADC-M/CADC						
CAADC						
CCJP-R						
CCDP						
CCDP-D						
CCS-M						
CCS-R						
DP-S						
DP-C						
		THERA	APIES			
Please describe the	e therapy serv	ices that are a	vailable:			
1) Planned clin	1) Planned clinical program activities (professionally directed) hours per week:					
2) Focus of cou	unseling and c	linical progran	n activities:			
3) Recovery su	pport services	available:				
4) Involvement of family members and significant others?						

service hours listed above. Please attach other programmatic documenta will support the ASAM Level for which approval is being sought.  ASSESSMENT/ TREATMENT PLAN REVIEW	health)?						
8) Please attach a weekly schedule of services with the individual, group, educational and/or other treatment services labeled, in order to validate to service hours listed above. Please attach other programmatic documenta will support the ASAM Level for which approval is being sought.  ASSESSMENT/ TREATMENT PLAN REVIEW							
educational and/or other treatment services labeled, in order to validate to service hours listed above. Please attach other programmatic documenta will support the ASAM Level for which approval is being sought.  ASSESSMENT/ TREATMENT PLAN REVIEW	,						
	educational and/or other treatment services labeled, in order to validate the service hours listed above. Please attach other programmatic documentation that						
	ASSESSMENT/ TREATMENT PLAN REVIEW						
Does the program's assessment & treatment plan review include:	Does the program's assessment & treatment plan review include:						
<ol> <li>Individualized, comprehensive bio-psychosocial assessment utilized?</li> <li>☐Yes</li> <li>☐No</li> </ol>							
<ul> <li>Individualized treatment plan, developed in collaboration with client and reflects client's personal goals?</li> <li>☐Yes</li> <li>☐No</li> </ul>							
<ul><li>3) Daily assessment of progress and treatment changes?</li><li>☐Yes ☐No</li></ul>							
<ul> <li>4) Physical examination by (MD/DO, PA, NP) performed as part of initial assessment/admission process?</li> <li>☐Yes</li> <li>☐No</li> </ul>							
assessment/admission process?							
assessment/admission process?	I CERTIFY THAT THE INFORMATION PROVIDED REGARDING THE OPERATION OF THIS PROGRAM IS ACCURATE, TRUE, AND COMPLETE IN ALL MATERIAL ASPECTS. (Electronic signatures are acceptable)						
assessment/admission process?  Yes No  Ongoing transition/continuing care planning?  Yes No  I CERTIFY THAT THE INFORMATION PROVIDED REGARDING THE OPERATION OF THIS PROGRAM IS ACCURATE, TRUE, AND COMPLETE	E						

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# ENTER THE CONTACT INFORMATION OF THE PERSON THAT CAN BE REACHED FOR FOLLOW-UP IF NEEDED.

NAME	TITLE	EMAIL	TELEPHONE

The Michigan Department of Health and Human Services (MDHHS) is required to designate the ASAM level of care for all licensed <b>outpatient treatment</b> programs. In order to make this determination, the following questionnaire is required to be filled out for each licensed program seeking to provide publicly funded services. The information provided and submitted with this questionnaire will allow MDHHS to assign an ASAM level for the program.
Program/Facility Name:
Facility Address:
City/State/Zip:
License Number:
Treatment Capacity: (If Applicable)
Please indicate the ASAM Level being applied for (select only one):
<ul> <li>0.5 Early Intervention</li> <li>1 Outpatient Services</li> <li>2.1 Intensive Outpatient Services</li> <li>2.5 Partial Hospitalization Services</li> </ul>
Please indicate the population served by the program:
☐ Adolescent ☐ Adult
Please indicate which Pre-paid Inpatient Health Plan(s) the program is currently contracted with (or planning to contract with for new programs)to provide services: (check all that apply)  Community Mental Health Partnership of Southeast Michigan  Detroit Wayne Mental Health Authority  Lakeshore Regional Entity  Macomb County Community Mental Health Services  Mid-State Health Network  Northcare Network  Northern Michigan Regional Entity  Oakland County Community Mental Health Authority  Region 10 Pre-paid Inpatient Health Plan
Oakland County Community Mental Health Authority

#### **SERVICE DELIVERY and SETTING**

Please indicate the type of setting where services are provided.
Behavioral health clinic/office based program
☐ Primary care office/clinic
☐ Integrated care clinic (combined physical and behavioral health)
☐ Work sites
☐ School
☐ Community based
☐ Individuals home
On average, over the past 90 days, what percentage of clients with a substance use disorder were served (Level 0.5 programs can skip this): (Total must equal 100%)
d. Without a co-occurring mental health disorder – %
e. Combined with a co-occurring mental health disorder – %
SUPPORT SYSTEMS
Please select "yes" or "no" for each of the following questions:
6) Does your program provide referral and linking to ongoing treatment? ☐Yes ☐No
7) Does your program provide referral for community social services? ☐Yes ☐No
8) Are emergency services available 24/7 outside normal program hours? ☐Yes ☐No

close coordination for referrals to other services?
10)Does your program have the ability to conduct and/or arrange for laboratory/toxicology tests or other needed procedures?  ☐Yes ☐No
11)Does your program have the ability to arrange for pharmacotherapy for psychiatric or anti-addiction medications?  ☐Yes ☐No
12)Are psychiatric and medical consultation available within 24 hours by phone and in person based on severity of condition (Level 1)?  ☐Yes ☐No
13)Are psychiatric and medical consultation available within 24 hours by phone and 72 hours in person (Level 2.1)?  ☐Yes ☐No
14)Are psychiatric and medical consultation available within 8 hours by phone and 48 hours in person (Level 2.5)?  ☐Yes ☐No
STAFF
STAFF  Please select "yes" or "no" for each of the following questions:
Please select "yes" or "no" for each of the following questions:  4) Do you employ trained personnel who are knowledgeable about substance use
Please select "yes" or "no" for each of the following questions:  4) Do you employ trained personnel who are knowledgeable about substance use and addiction?
Please select "yes" or "no" for each of the following questions:  4) Do you employ trained personnel who are knowledgeable about substance use and addiction?
Please select "yes" or "no" for each of the following questions:  4) Do you employ trained personnel who are knowledgeable about substance use and addiction?
Please select "yes" or "no" for each of the following questions:  4) Do you employ trained personnel who are knowledgeable about substance use and addiction?

,	cross-trained intimed intime substance	es?	alth, psychotro ∃No	opic medicatio	ns and inte	ractions
7) Please in	ndicate prograi	m staff cond	ucting each se	ervice.		
Check a	ll that apply on	the following	g table:			
License or	Screening	Individual	Group	Didactic/	COD	Medical

License or Certification	Screening and/or	Individual Counselin	Group Counselin	Didactic/ Educationa	COD Medical
/	Assessment	g Sessions	g Sessions	I Sessions	t Services
MD/DO					
LP/LLP/TLLP					
LMFT/LLMFT					
LPC/LLPC					
RN,NP,LPN					
PA					
LMSW/LLMS					
LBSW/LLBSW					
Occupational					
Therapist				Ш	
Recreational					
Therapist					
CADC-					
CAADC					
CCJP-R					
CCDP					
CCDP-D					
CCS-M					
CCS-R					
DP-S					
DP-C					
Recovery					
Specifically					
trained staff					

Specifically trained staff explanation:

Please describe the following in reference to the program:
9) Focus of program activities for the level of care requested in this application:
10)Recovery support services:
Please select "yes" or "no" for each of the following questions:
11)Individual therapy/counseling/psychotherapy provided? ☐Yes ☐No
12)Group therapy provided?  ☐Yes ☐No
13)Family therapy provided?  ☐Yes ☐No  a. If provided is there involvement of family members, guardians and significant others in the assessment, treatment and continuing care of the client?  ☐Yes ☐No
14)Educational/didactic services provided?  ☐Yes ☐No
15)Occupational therapy? □Yes □No
16)Recreational therapy available? ☐Yes ☐No
17)Medication management (SUD) available? □Yes □No
18)Medication management (mental health) available? ☐Yes ☐No
19)Monitoring of medication adherence (for behavioral health and physical health)? ☐Yes ☐No
20)Use of laboratory and toxicology services (on-site/consultation/referral)?

	□Yes	□No
21	individual, group, educational an	submit a weekly schedule of services with the ad/or other treatment services labeled to verify f skilled treatment services for the level are
	ASSESSMENT/	TREATMENT PLAN REVIEW
Indica follow	. •	treatment plan review processes include the
6)	Screening to rule in or out substa ☐Yes	ance related addictive disorders? □No
7)	Assessment of ASAM dimension and throughout the process of de	nal risk and severity of need performed prior to elivering services?
8)	_	io-psychosocial assessment utilized? □No
9)	Physical examination by (MD/D0 based on physician approved pro  ☐Yes	D, PA, NP) available for conditions as warranted otocols?  ☐No
10	n) Individualized treatment plan, de client's personal goals? ☐Yes	eveloped in collaboration with client and reflects
11	•	ducted at specified times, as noted in the plan or by appropriately credentialed staff?
12	2)Documentation of mental health disorder?	problems and relationship to substance use □No
13	B)Documentation of progress and ☐Yes	
14	4)Ongoing recovery/continuing car ☐Yes	re planning? □No

# I CERTIFY THAT THE INFORMATION PROVIDED REGARDING THE OPERATION OF THIS PROGRAM IS ACCURATE, TRUE, AND COMPLETE IN ALL MATERIAL ASPECTS. (Electronic signatures are acceptable)

AUTHORIZED INDIVIDUAL	TITLE	SIGNATURE	DATE

# ENTER THE CONTACT INFORMATION OF THE PERSON THAT CAN BE REACHED FOR FOLLOW-UP IF NEEDED.

NAME	TITLE	EMAIL	TELEPHONE

designate the ASAM level of car facilities. In order to make this d be filled out for each licensed fa	ealth and Human Services (MDHHS) is required to re for all licensed withdrawal management treatment etermination, the following questionnaire is required to cility seeking to provide publicly funded services. The tted with this questionnaire will allow MDHHS to assign
Program/Facility Name:	
Facility Address:	
City/State/Zip:	
License Number:	
Treatment Capacity:	
Please indicate the ASAM Leve	I being applied for: (Select Only One)
Monitoring (Outpatient W Level 2-WM – Ambul Monitoring (Outpatient W Level 3.2-WM – Clinic (Residential Withdrawal N	atory Withdrawal Management with Extended On-site lithdrawal Management) cally Managed Residential Withdrawal Management Management) ically Monitored Inpatient Withdrawal Management
Please indicate the population s  Adolescent	served by the program:
contracted with or planning to co  Community Mental He Detroit Wayne Mental Lakeshore Regional E Macomb County Com Mid-State Health Netv Northcare Network Northern Michigan Re	Entity Imunity Mental Health Services Vork  egional Entity munity Mental Health Authority

Southwest Michigan Behavioral Health	
SERVICE DELIVERY and SETTING	
Please indicate the type of setting where services are provided:	
<ol> <li>Client Home</li> <li>Office or agency setting</li> <li>Healthcare facility</li> <li>Day hospital or residential type setting</li> <li>Freestanding withdrawal management facility</li> </ol>	
Please indicate how services are provided in the program:	
<ul><li>Regularly scheduled services.</li><li>Services delivered under physician approved policies and procedures or clinical protocols.</li></ul>	
SUPPORT SYSTEMS	
Please select "yes" or "no" for each of the following questions:	
Available specialized psychological and psychiatric/clinical consultation and supervision.       □Yes □No	
<ol> <li>Comprehensive medical history and physical examination completed as part of admission. ☐Yes ☐No</li> </ol>	
<ol> <li>Affiliation with other levels of care, including other specialty substance use disorder treatment. ☐Yes ☐No</li> </ol>	
4) Ability to conduct and or arrange for laboratory/toxicology tests.  ☐Yes ☐No	
5) 24 hour access to emergency medical consultation services.  ☐Yes ☐No	
6) Ability to provide/assist with access to safe transportation services.  ☐Yes ☐No	

STAFF	
Please select "yes" or "no" for each of the following questions:	
1) Physicians and/or nurses present as needed. ☐Yes ☐No	
2) Physicians and/or nurses readily available.  Yes No	
3) Physicians and/or nurses present at all times. ☐Yes ☐No	
4) Counseling staff available or accessed through affiliation relationships.	
□Yes □No	
<ol> <li>Recovery coach/peer support staff available or accessed through affiliation relationships. ☐Yes ☐No</li> </ol>	
6) Please indicate program staff conducting each service. Check all that apply:	

,		`	3		,
License or Certification/ Registration	Individual Counseling Sessions	Group Counseling Sessions	Didactic/ Educational Sessions	COD Treatment Services	Medical RX Services
MD/DO					
LP/LLP/TLLP					
LMFT/LLMFT					
LPC/LLPC					
RN,NP,LPN					
PA					
LMSW/LLMSW					
LBSW/LLBSW					
CADC-M/CADC					
CAADC					
CCJP-R					
CCDP					
CCDP-D					
CCS-M					
CCS-R					
DP-S					
DP-C					
Recovery Coach					

THERAPIES	
Please describe the therapy services that are available:	
1) Medication supported withdrawal management.  Tyes  No	
2) Self-administered withdrawal management medications.	
3) Supervised self-administered withdrawal management medications.  ☐Yes ☐No	
4) Non-medication supported withdrawal management.  ☐Yes ☐No	
5) Education/didactics.	
6) Involvement of family members and significant others.  ☐Yes ☐No	
7) Discharge/transfer planning. ☐Yes ☐No	
8) Physician/nurse monitoring/management of intoxication and/or withdrawal.  ☐Yes ☐No	
<ol> <li>Range of therapies available in group and/or individual format (cognitive, behavioral, medical).</li> </ol>	
☐Yes ☐No  10) Please submit a weekly schedule of services with the individual, group, educational and/or other treatment services labeled to verify what is reported above and attach other programmatic documentation that will support the ASAM Level being sought.	
ASSESSMENT/TREATMENT PLAN REVIEW	
Does the program's assessment and treatment plan review include:  1) Addiction focused history part of initial assessment and conducted or reviewed by physician.  ☐Yes ☐No	
<ul><li>2) Physical examination (by MD/DO, PA, NP) performed as part of initial assessment.</li><li>Yes</li><li>No</li></ul>	
3) Biopsychosocial screening assessments used to determine level of care and to	

				N BE TELEPHONE		
			HE PERSON THAT CA	N BE		
L	ENTER THE CONTACT INFORMATION OF THE PERSON THAT CAN BE REACHED FOR FOLLOW-UP IF NEEDED.					
	ORIZED	TITLE	SIGNATURE	DATE		
OPER	I CERTIFY THAT THE INFORMATION PROVIDED REGARDING THE OPERATION OF THIS PROGRAM IS ACCURATE, TRUE, AND COMPLETE IN ALL MATERIAL ASPECTS. (Electronic signatures are acceptable)					
9)	9) Medical assessments, using appropriate measures of withdrawal. YesNo					
8)	8) Referral and linking arrangements for continuing care.  ☐Yes ☐No					
7) Transfer/discharge planning beginning at point of admission.  ☐Yes ☐No						
6) Daily assessment of progress and treatment changes.  ☐Yes ☐No						
5)		ent plan, with problem identification for ASAM dimensions 2-6, oals and measureable objectives.				
4)	• •	eam available to participate in treatment and to obtain and on regarding client needs.				
	□Yes	ress treatment priorities in ASAM dimensions 2-6. YesNo				

#### ATTACHMENT E: Reserved for SUD Monitoring Protocol



Michigan Department of Health & Human Services

### Michigan's §1115 Waiver Proposal for to the Centers for Medicare and Medicaid Services US Department of Health and Human Services

# State of Michigan Rick Snyder Governor

Nick Lyon, Director Michigan Department of Health and Human Services

#### I. Introduction

Michigan has a long-standing commitment to community supports and inclusion. The state continues to focus on enhancing systems capacity to further improve the functioning, capabilities, and recovery/resiliency for persons with Severe Mental Illness (SMI), Substance Use Disorders (SUD), Intellectual/Developmental Disabilities (I/DD), and Children with Serious Emotional Disturbances (SED)<sup>1</sup>. With this commitment and focus in mind, the State of Michigan is seeking approval from the Centers for Medicare and Medicaid Services (CMS) for a §1115 Demonstration Waiver that will allow Michigan to establish a full continuum of Substance Use Disorder treatment services, based on the American Society of Addiction Medicine standards, and utilize residential treatment services in programs that meet the definition of an Institution for Mental Disease

Since 1998, Michigan has operated a behavioral health carve-out for the Specialty Service Populations using county-sponsored Prepaid Inpatient Health Plans (PIHPs). Physical healthcare, including a benefit for persons with mild and/or moderate behavioral health disorders, is operated through profit and not-for-profit Medicaid Health Plans (MHPs). Funding for SUD services was traditionally managed by regional Coordinating Agencies (CAs), which contracted for the delivery of SUD services. In 2013, to better integrate behavioral health and SUD services, CAs were dissolved and incorporated into the PIHP management and governance structures. Currently, the PIHPs are responsible for all SUD service and supports (except for certain medically monitored supports) regardless of severity of condition.

### II. Program Description

1) Provide a summary of the proposed Demonstration program, and how it will further the objectives of title XIX and/or title XXI of the Social Security Act (the Act).

In 2013, to better integrate behavioral health and SUD, MDHHS combined the former SUD CAs funding and service responsibility within ten (10) PIHPs. This multi-year effort has improved the effectiveness of the benefit design as well as the treatment and support services provided to individuals who have SUD. To further **those** efforts, MDHHS engaged the Centers for Medicare and Medicaid Services (CMS) Innovation Accelerator Program (IAP) for SUD to **assist in** further develop**ing** and improv**ing** on the state's comprehensive array of effective treatment and supports for persons with co-occurring disorders, and to ensure more consistent use of industry-standard benchmarks for refining medical necessity criteria, promoting the use of evidence-based services and strengthening provider qualifications and state oversight. The flexibilities permitted under a §1115 Waiver will also give the state expenditure authority for coverage of a broader array of residential services (regardless of facility size).

4

Building upon the strong foundation of covered benefits, evidence based practices (EBPs) and service delivery infrastructure, the state believes that offering a full continuum of SUD treatment and recovery supports based on American Society of Addiction Medicine (ASAM) criteria, will result in improved outcomes and sustained recovery for this Specialty Services population.

The state of Michigan seeks to accomplish these efforts by:

- Enhancing provider competency related to the use of ASAM criteria through access to care procedures and within treatment programs;
- Expanding the treatment continuum of residential care including medically necessary
  use of qualified residential treatment facilities regardless of the size of the facility,
  withdrawal management programming and medication assisted treatment and
  recovery;
- Establishing the use of a statewide, standardized assessment for SUD treatment services;
- Expanding the use of recovery coach delivered support services; and
- Establishing coordination of care models between SUD providers, primary care and other behavioral health providers.

#### 2) Include the rationale for the §1115 Demonstration.

Michigan seeks to enhance the effectiveness of its SUD treatment and recovery system. The benefit design, service access, and quality enhancements proposed as part of this demonstration are intended to support **this effort**.

Through participation in the CMS IAP, the state has received technical assistance and exposure to national experts on a number of topics relevant to Michigan's goals to strengthen the continuum of SUD services throughout the state. While Michigan has historically maintained a robust network of SUD providers and services, the prohibition against Medicaid reimbursement for services provided to certain adults in an Institution for Mental Disease (IMD) setting has resulted in a disjointed benefit package and the inability to ensure access to needed services.

This waiver application seeks to remove treatment gaps through coverage of residential services, ensuring capacity to **all residential** ASAM levels **of care** and expanding statewide capacity for higher-end ASAM levels (i.e., **3.5 and** 3.7).

3) Describe the hypotheses that will be tested/evaluated during the Demonstration's approval period and the plan by which the State will use to test them.

This proposal is not solely focused on cost savings, but rather on improving upon Michigan's robust coverage and service array, including the expanded use of peer recovery supports for persons with SUD, and SUD delivery reforms. The goal of this demonstration is to **establish a publicly funded SUD treatment system with a standardized access system that utilizes nationally recognized standards and evidenced based practices.** 

Michigan will evaluate the impact of this new continuum by measuring the change in the number of people engaged in in recovery support services, the length of time in formal treatment, and improvement in overall physical health.

Michigan will incorporate several quality measures related to the effectiveness of SUD treatment services including those required by CMS as described in SMD # 15-003 Regarding New Service Delivery Opportunities for Individuals with Substance Use Disorder.

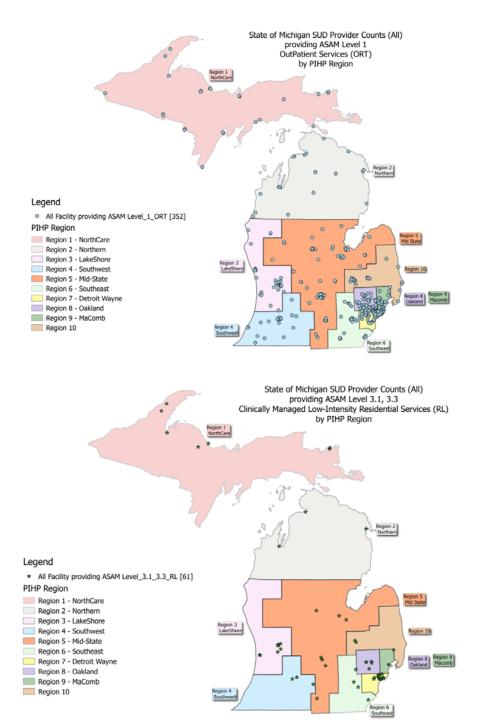
4. Describe where the 1115 Demonstration will operate, i.e., statewide, or in specific regions within the State. If the 1115 Demonstration will not operate statewide, please indicate the geographic areas/regions of the State where the 1115 Demonstration will operate.

The Demonstration will operate statewide.

#### 5. Include the proposed timeframe for the §1115 Demonstration

Michigan proposes to implement this §1115 Waiver on October 1, 2019. Demonstration Year (DY) 1, will focus on ensuring statewide capacity for ASAM level 3.1 and developing an approach for expanding provider and service capacity for ASAM levels up to and including **3.5** and 3.

Michigan's decision to focus DY1 on ASAM level 3.1 arose after a recent exercise conducted by the state from CMS IAP SUD initiatives, which revealed an opportunity to increase SUD residential services capacity for this level of care. Using data from the most recently completed National Survey of Substance Abuse Treatment Services (N-SSATS) questionnaire, the state conducted an inventory of SUD services across ASAM levels to identify by PIHP region where services currently exist. The resulting maps (see an example below) reflect all of the Michigan providers that responded to the NSSATs survey in 2015 that identified as substance abuse facilities. Note that the inventory does not include facilities providing substance abuse services that identified as both mental health and substance abuse facilities, so the results are likely underrepresenting SUD capacity. 352 unduplicated facilities were associated with one of the 10 PIHP regions. Duplicates were identified through the same or similar latitude and longitude coordinates. Facilities with identical addresses were also considered duplicates.



NSSATs is an annual survey that is administered to government and privately-owned facilities that provide substance abuse treatment services by the Substance Abuse and Mental Health Services Administration (SAMHSA) and provides information on the location, characteristics, and use of alcohol and drug abuse treatment facilities and services throughout the 50 states. Included in NSSATs is a searchable database of facilities approved by state substance abuse agencies for the provision of substance abuse treatment, which is the source for the attached maps. (<a href="http://findtreatment.samhsa.gov">http://findtreatment.samhsa.gov</a>) One limitation of the survey is its voluntary nature. A

second limitation of the survey is that it represents a point-in-time look at each responding facility by asking the facility to report on their system and clients on a particular day.

DY 2 will build off of the expansion of the treatment continuum of residential care, outpatient withdrawal management, and medication assisted treatment for persons with SUD and increase the overall access to care.

6. Describe whether the 1115 Demonstration will affect and/or modify other components of the State's current Medicaid and CHIP programs outside of eligibility, benefits, cost sharing or delivery systems.

This Demonstration will not change or modify other components of the State's current Medicaid program and Children's Health Insurance Program (CHIP).

## III. Demonstration Eligibility

1) Include a chart identifying any populations whose eligibility will be affected by the 1115 Demonstration.

No eligibility changes will be affected by this demonstration.

2) Describe the standards and methodologies the state will use to determine eligibility for any populations whose eligibility is changed under the 1115 Demonstration, to the extent those standards or methodologies differ from the State plan.

No new eligibility changes will be affected by this demonstration.

3) Specify any enrollment limits that apply for expansion populations under the 1115 Demonstration.

There are no enrollment limits for expansion populations under this Demonstration.

4) Provide the projected number of individuals who would be eligible for the 1115 Demonstration, and indicate if the projections are based on current state programs (i.e., Medicaid State plan, or populations covered using other waiver authority, such as 1915(c)). If applicable, please specify the size of the populations currently served in those programs.

Michigan is serving about 60,000 Medicaid beneficiaries in the current SUD service system. It is anticipated that Michigan could serve up to 70,000 individuals in the system set up through this demonstration.

5) To the extent that long term services and supports are furnished (either in institutions or the community), describe how the §1115 Demonstration will address post-eligibility treatment of income, if applicable. In addition, indicate whether the §1115 Demonstration will utilize spousal impoverishment rules under section 1924, or will utilize regular post-eligibility rules under 42 CFR 435.726 (SSI State and section 1634) or under 42 CFR 435.735 (209b State) (if additional space is needed, please supplement your answer with a Word attachment).

#### **Not Applicable**

6) Describe any changes in eligibility procedures the State will use for populations under the §1115 Demonstration, including any eligibility simplifications that require §1115 authority (such as continuous eligibility or express lane eligibility for adults or express lane eligibility for children after 2013) (if additional space is needed, please supplement your answer with a Word attachment).

None.

7) If applicable, describe any eligibility changes that the state is seeking to undertake for the purposes of transitioning Medicaid or CHIP eligibility standards to the methodologies or standards applicable in 2014 (such as financial methodologies for determining eligibility based on modified adjusted gross income), or in light of other changes in 2014 (if additional space is needed, please supplement your answer with a Word attachment).

Not Applicable.

## IV. Demonstration Benefits and Cost Sharing Requirements

1) Indicate whether the benefits provided under the §1115 Demonstration differ from those provided under the Medicaid and/or CHIP State plan:
☐Yes ⊠No (if no, please skip questions 3-7)
2) Indicate whether the cost sharing requirements under the §1115 Demonstration differ from those provided under the Medicaid and/or CHIP State plan:
☐ Yes ⊠No (if no, please skip questions 8-11)
There are no cost sharing requirements under this Demonstration.
3) If changes are proposed, or if different benefit packages will apply to different eligibility groups affected by the §1115 Demonstration, please include a chart specifying the benefit package that each eligibility group will receive under the §1115 Demonstration:
Specialty Service and Supports Eligibility, Service Reforms and Service Array for Persons with Substance Use Disorders (SUD).
Any Medicaid beneficiary with SUD is eligible for services within the Specialty Service System. Eligibility to receive services is based on medical necessity criteria that are outlined below and described in the Medicaid established guidelines.

#### **Medical Necessity Criteria**

The medical necessity criteria are to be applied in the following manner when determining the needs of an individual:

- Necessary for screening and assessing the presence of substance use disorder; and/or
- Required to identify and evaluate substance use disorder; and/or
- Intended to treat, ameliorate, diminish or stabilize the symptoms of substance use disorder; and/or
- Expected to arrest or delay the progression of substance use disorder; and/or

 Designed to assist the beneficiary to attain or maintain a sufficient level of functioning in order to achieve his goals of community inclusion and participation, independence, recovery, or productivity.

#### **Determination Criteria**

The determination of a medically necessary support, service or treatment must be:

- Based on information provided by the beneficiary, beneficiary's family, and/or other individuals (e.g., friends, personal assistants/aides) who know the beneficiary;
- Based on clinical information from the beneficiary's primary care physician or health care professionals with relevant qualifications who have evaluated the beneficiary;
- For beneficiaries with mental illness or developmental disabilities, based on personcentered planning, and for beneficiaries with substance use disorders, individualized treatment planning;
- Made by appropriately trained mental health, developmental disabilities, or substance abuse professionals with sufficient clinical experience;
- Made within federal and state standards for timeliness;
- Sufficient in amount, scope and duration of the service(s) to reasonably achieve its/their purpose; and
- Documented in the individual plan of service.

#### **Additional Eligibility Reforms**

Regardless of severity, all Medicaid beneficiaries for SUD services will qualify for the reformed benefit package based upon their medical need for service. It is the intent that fidelity to the amount, scope, and duration of the continuum of services outlined below will be monitored and align with ASAM criteria. Modifications to SUD state plan services are outlined in Appendix A. Under this demonstration, Michigan's reformed SUD benefit will build on the state's current comprehensive, evidence-based approach to service design and will be modified to align with the array of SUD services under the HMP. The specific services that will be offered as part of the SUD service continuum include:

- Early Intervention
- Outpatient Therapy inclusive of ASAM Levels 1, 2.1 and 2.5
- Residential Treatment inclusive of ASAM Levels 3.1, 3.3, 3.5 and 3.7
- Withdrawal Management inclusive of ASAM Levels 1-WM, 2-WM, 3.2-WM and 3.7-WM
- Opioid Treatment Program (Level 1)

The Early Intervention level of care (0.5) is currently offered as a benefit and will continue to be included as part of this continuum with a more formal designation than it has now. The access systems are required to provide education and resource information as part of their programming already. This is consistent with ASAM expectations for individuals who are at risk

of developing a SUD yet there is not sufficient information to document a formal SUD diagnosis after an assessment has been completed. Similar to how SBIRT works, the individual will be able to return to the assessment center/component of a program for a set number of brief follow up visits for more education and information gathering to assist in determining if more intensive interventions are needed.

Outpatient Therapy and Residential Treatment are currently available and will continue to be offered. The descriptions will be delineated to reflect the areas as described by ASAM so the dimensions can be accurately utilized. Level 4 services are available through the physical health care system that all Medicaid beneficiaries receive. Medication assisted treatment, with methadone, through Opioid Treatment Programs will continue as a service in the continuum. Additionally, other medications that can be used to treat opioid addiction (Buprenorphine, Vivitrol, etc.) through office based settings will continue to be available through the established pharmacy benefit that is part of the overall Medicaid benefit. The following tables detail the medication and authorization requirements and the specific assessment guidelines and benefit descriptions for SUD services based on specific assessment guidelines. No predetermined limits of care will be established for these services.

Medication	Prior Authorization/Limit	Availability
Methadone	No	Opioid Treatment Program only
Buprenorphine	Yes, unless provided in OTP – 12 months initial	Pharmacy Benefit
Naltrexone long acting injection	No	Pharmacy Benefit, physician administered
Acamprosate	No	Pharmacy Benefit
Naloxone	No	Pharmacy Benefit

ASAM Level of Care	Title	Service Description	Treatment Methods and Supports	Provider
0.5	Early Intervention	Assessment and education for at-risk individuals.  Screening, Brief Intervention, and Referral to Treatment (SBIRT).	Assessment/screening Didactics/education  Medically managed care	Network access/assessment service.  Managed care/fee for service physical health care system.
1	Outpatient Services	Less than 9 hours of service/week (adults); less than 6 hours/week (adolescents) for recovery or motivational	Assessment Treatment planning Individual, group, family therapy Didactic/education	State licensed outpatient program; accredited by national organization; and state licensed and/or certified staff.

2.1	Intensive Outpatient Services	enhancement therapies/strategies.  9 or more hours of service/week (adults); 6 or more hours/week (adolescents) to treat multidimensional instability.	Psychiatric evaluation Medication review Peer supports Recovery supports Case management Crisis Intervention Assessment Treatment planning Individual, group, family therapy Didactic/education Psychiatric evaluation Medication review Peer supports Recovery supports Case management Crisis Intervention	State licensed outpatient program; accredited by national organization; and state licensed and/or certified staff.
2.5	Partial Hospitalization Services	20 or more hours of service/week for multidimensional instability not requiring 24-hour care.	Assessment Treatment planning Individual, group, family therapy Didactic/education Psychiatric evaluation Medication review Peer supports Recovery supports Case management Crisis Intervention	State licensed outpatient program; accredited by national organization; and state licensed and/or certified staff.
3.1	Clinically Managed Low- Intensity Residential Services	24-hour structure with available trained personnel; at least 5 hours of clinical service/week and prepare for outpatient treatment.	SUD/health/nursing assessment Treatment planning Individual, group, family therapy Didactic/education Psychiatric evaluation Medication review Peer supports Recovery supports Case management Crisis Intervention	State licensed residential program; accredited by national organization; and state licensed and/or certified staff. This may include settings regardless of bed size that are within the definition of IMDs at 42 CFR 435.1010.
3.3	Clinically Managed Population- Specific High- Intensity Residential Services	24-hour care with trained counselors to stabilize multidimensional imminent danger. Less intense milieu and group treatment for those with cognitive or other impairments unable to use full active milieu or therapeutic community	SUD/health/nursing assessment Treatment planning Individual, group, family therapy Didactic/education Psychiatric evaluation Medication review Peer supports Recovery supports Case management Crisis Intervention	State licensed residential program; accredited by national organization; and state licensed and/or certified staff. This may include settings regardless of bed size that are within the definition of IMDs at 42 CFR 435.1010.

		and prepare for outpatient treatment.		
3.5	Clinically Managed High-Intensity Residential Services	24-hour care with trained counselors to stabilize multidimensional imminent danger and prepare for outpatient treatment. Able to tolerate and use full milieu or therapeutic community.	SUD/health/nursing assessment Treatment planning Individual, group, family therapy Didactic/education Psychiatric evaluation Medication review Peer supports Recovery supports Case management Crisis Intervention	State licensed residential program; accredited by national organization; and state licensed and/or certified staff. This may include settings regardless of bed size that are within the definition of IMDs at 42 CFR 435.1010.
3.7	Medically Monitored Intensive Inpatient Services	24-hour nursing care with physician availability for significant problems in Dimensions 1, 2, or 3. 16 hour/day counselor availability.	SUD/health/nursing assessment Treatment planning Individual, group, family therapy Didactic/education Psychiatric evaluation Medication review Peer supports Recovery supports Case management Crisis Intervention	State licensed residential program; accredited by national organization; and state licensed and/or certified staff. This may include settings regardless of bed size that are within the definition of IMDs at 42 CFR 435.1010.
4	Medically Managed Intensive Inpatient Services*	24-hour nursing care and daily physician care for severe, unstable problems in Dimensions 1, 2, or 3. Counseling available to engage patient in treatment.	Medically managed care	Licensed inpatient hospital setting, managed care/fee for service physical health care system. This may include settings regardless of bed size that are within the definition of IMDs at 42 CFR 435.1010.
ОТР	Opioid Treatment Program	Daily or several times weekly opioid agonist medication and counseling available to maintain multidimensional stability for those with severe opioid use disorder.	SUD/health/nursing assessment Treatment planning Individual, group, family therapy Didactic/education Psychiatric evaluation Medication review Peer supports Recovery supports Case management Crisis Intervention	State licensed and federally certified Opioid Treatment Program (Methadone); and state licensed and/or certified staff.
1-WM	Ambulatory Withdrawal Management Without On- site Monitoring	Mild withdrawal with daily or less than daily outpatient supervision.	SUD/health/nursing assessment Treatment planning Didactic/education Psychiatric evaluation Peer supports	State licensed detoxification program; accredited by national organization; and state licensed and/or certified staff.

			Recovery supports	
			Case management	
2-WM	Ambulatory Withdrawal Management with Extended	Moderate withdrawal with all day withdrawal management and support and supervision;	SUD/health/nursing assessment Treatment planning Didactic/education	State licensed detoxification program; accredited by national organization; and state
	On-Site Monitoring	at night has supportive family or living situation.	Psychiatric evaluation Peer supports Recovery supports Case management	licensed and/or certified staff.
3.2-WM	Clinically Managed Residential Withdrawal Management	Moderate withdrawal, but needs 24-hour support to complete withdrawal management and increase likelihood of continuing treatment or recovery.	SUD/health/nursing assessment Treatment planning Didactic/education Psychiatric evaluation Peer supports Recovery supports Case management	State licensed detoxification program; accredited by national organization; and state licensed and/or certified staff. This may include settings regardless of bed size that are within the definition of IMDs at 42 CFR 435.1010.
3.7-WM	Medically Monitored Inpatient Withdrawal Management	Severe withdrawal, needs 24-hour nursing care & physician visits; unlikely to complete withdrawal management without medical monitoring.	SUD/health/nursing assessment Treatment planning Didactic/education Psychiatric evaluation Peer supports Recovery supports Case management	State licensed detoxification program; accredited by national organization; and state licensed and/or certified staff. This may include settings regardless of bed size that are within the definition of IMDs at 42 CFR 435.1010.
4-WM	Medically Managed Intensive Inpatient Withdrawal Management*	Severe, unstable withdrawal and needs 24-hour nursing care and daily physician visits to modify withdrawal management regimen and manage medical instability.	Medically managed care	Licensed inpatient hospital setting, managed care/fee for service physical health care system. This may include settings regardless of bed size that are within the definition of IMDs at 42 CFR 435.1010.

<sup>\*</sup>Benefit is available through the physical health care benefits of Medicaid coverage, not part of the specialty behavioral health system

The SUD service system will provide the necessary treatment and support services to office based opioid treatment provided through the primary care system. Withdrawal Management, currently referenced in our system as "sub-acute detoxification," will continue to be a service and will be expanded in scope to reference all levels. Level 4 services, like those for inpatient care, will continue to be available through the physical healthcare system regardless of the size of facility.

In addition, Michigan Medicaid will continue to provide a full array of primary and acute care treatment services as described under the state plan and elsewhere in this waiver, including inpatient hospital services, outpatient pharmacy services, and SBIRT.

To support the use of the established medical necessity criteria, and make them more representative of "clinical necessity" that is needed for SUD treatment, the Six Dimensions of Multidimensional Assessment, part of the ASAM Criteria, will be incorporated into the assessment process for any individual seeking SUD related services. These dimensions include a detailed review of the following areas:

- 1. Dimension 1 Acute Intoxication and/or Withdrawal Potential
- 2. Dimension 2 Biomedical Conditions and Complications
- 3. Dimension 3 Emotional, Behavioral, or Cognitive Conditions and Complications
- 4. Dimension 4 Readiness to Change
- 5. Dimension 5 Relapse, Continued Use, or Continued Problem Potential
- 6. Dimension 6 Recovery/Living Environment

There are numerous considerations that need to be addressed in each dimension. These considerations fit within the established framework of the assessment process and the required medical necessity criteria. The ASAM dimensions will be incorporated so that each area is a standard part of the assessment and level of care determination process. The assessment procedures that are required through accreditation and licensing standards do not conflict with the information that is needed to make a level of care determination based on ASAM, therefore no barriers exists for the system to make this change. This effort will be supported through the training process that was described in network development above.

The benefits available in this demonstration will not have preset limits or fee capitations placed on them. There will be individual determination of medical and clinical necessity for each beneficiary for initial and ongoing care needs. The PIHP will employ its established utilization management system for continued stay reviews which will also apply the ASAM criteria to support individual treatment and support needs.

The following treatment services must be provided to all eligible beneficiaries for the identified level of care in each managed care region of the state. Michigan's SUD benefits include a continuum of care that ensures that individuals can enter SUD treatment at a level appropriate to their needs and step up or down to a different intensity of treatment based on their responses. This list also reflects the various services and supports that are available within each level of care.

8) If different from the State Plan, provide the premium amounts by eligibility group and income level.

There are no premium amounts included in this Demonstration.

9) Include a table if the Demonstration will require copayments, coinsurance and/or deductibles that differ from the Medicaid State Plan (an example is provided).

The Demonstration will not require copayments, coinsurance and/or deductibles.

10) Indicate if there are any exemptions from the proposed cost sharing.

Cost sharing is not a component of this Demonstration.

## V. Delivery System and Payment Rates for Services

1) Indicate whether the delivery system used to provide benefits to Demonstration participants will differ from the Medicaid and/or CHIP State plan:
□Yes ☑ No
2) Describe the delivery system reforms that will occur as a result of the Demonstration, and if applicable, how they will support the broader goals for improving quality and value in the health care system. Specifically, include information on the proposed Demonstration's expected impact on quality, access, cost of care and potential to improve the health status of the populations covered by the Demonstration. Also include information on which populations and geographic areas will be affected by the reforms.
These changes will require PIHPs and their CMHSP providers to meet quality reporting requirements <b>and</b> develop and expand SUD provider systems. These linkages are intended to identify and provide education, prevention, and treatment of modifiable health risk factors, provide SBIRT for SUD at primary care settings, initiatives, provide incentives for increased access to primary care, and the coordinated tracking of "High Utilizers" of emergency department usage and hospital admissions/readmissions.
In order to <b>implement the</b> standardized SUD assessment process and level of care criteria, there will be ongoing training and education on the application of the ASAM at all levels of SUD care. <b>Michigan has committed to use the Global Appraisal of Individual Needs – Initial (GAIN-I) SUD assessment instrument throughout the entire system. The GAIN instrument is normed with the ASAM criteria and will complement that transition. The PIHPs will be required to ensure that their providers and/or the intake agencies within their networks are all appropriately trained/educated in the application and use <b>of the ASAM criteria and the GAIN-I</b>. PIHPs will provide evidence of initial training and ongoing training of providers during site reviews conducted by MDHHS. Additionally, as part of quality monitoring during MDHHS site reviews, records will be reviewed to determine appropriate application and fidelity to the established assessment and early intervention processes and to determine if the PIHP is appropriately monitoring providers and taking necessary corrective action.</b>
3) Indicate the delivery system that will be used in the Demonstration by checking one or more of the following boxes:
☐ Managed care
☐ Managed Care Organization (MCO)

$\boxtimes$	Prepaid Inpatient Health Plans (PIHP)
	Prepaid Ambulatory Health Plans (PAHP)
	Primary Care Case Management (PCCM)
	Health Homes
	Other (please describe)

4) If multiple delivery systems will be used, please include a table that depicts the delivery system that will be utilized in the Demonstration for each eligibility group that participates in the Demonstration (an example is provided). Please also include the appropriate authority if the Demonstration will use a delivery system (or is currently seeking one) that is currently authorized under the State plan, section 1915(a) option, section 1915(b) or section 1932 option

Multiple delivery systems are not being used for the delivery of the SUD benefit.

5) If the Demonstration will utilize a managed care delivery system:

The Demonstration will use Medicaid PIHPs

a) Indicate whether enrollment be voluntary or mandatory. If mandatory, is the state proposing to exempt and/or exclude populations (if additional space is needed, please supplement your answer with a Word attachment)?

Enrollment into the Michigan's Specialty Service System will continue to be mandatory based on the criteria described in Section II.

b) Indicate whether managed care will be statewide, or will operate in specific areas of the state (if additional space is needed, please supplement your answer with a Word attachment);

The managed care delivery system will be statewide

c) Indicate whether there will be a phased-in rollout of managed care (if managed care is not currently in operation or in specific geographic areas of the state. If additional space is needed, please supplement your answer with a Word attachment);

There will not be a phased in or rollout of managed care within this Demonstration. Michigan has operated its Specialty Service System using PIHPs since 1998.

d) <u>Describe how will the state assure choice of MCOs, access to care and provider</u> network adequacy (if additional space is needed, please supplement your answer with a Word attachment); and This §1115 Waiver will maintain the use of a managed care delivery structure using ten (10) PIHPs<sup>2</sup> who contract for service delivery with forty-six (46) CMHSP's and other nonfor profit providers. As outlined in the table below, seven (7) of the PIHPs are formed by multiple CMHSP's (aka. Regional Entities) and three (3) are stand-alone PIHPs/CMHSPs.

CMHSP's/County/City	Type of program	Name of Entity
Pathways CMH (Alger, Delta,	PIHP	Northcare Network
Luce, Marquette) Copper		
Country CMH (Baraga,		
Houghton, Keewanaw,		
Ontonagon)		
Hiawatha CMH (Chippewa,		
Mackinac, Schoolcraft)		
Northpointe CMH		
(Menominee, Dickinson,		
Iron) Gogebic CMH		
AuSable CMH (Oscoda,	PIHP	Northern Michigan Regional
Ogemaw, Iosco) Central		Entity
Wellness Network		
(Manistee, Benzie)		
North Country CMH (Antrim,		
Charlevoix, Cheboygan,		
Emmet, Kalkaska, Otsego)		
Northern Lakes CMH		
(Crawford, Grand Traverse,		
Leelanau, Missaukee,		
Roscommon, Wexford)		
Northeast CMH (Alcona,		
Alpena, Montmorency,		
Presque Isle)		
Allegan CMH	PIHP	Lake Shore Regional Entity
Muskegon CMH		
Network 180		
(Kent) Ottawa CMH West MI		
CMH (Lake, Mason, Oceana)		
Barry CMH	PIHP	Southwest Michigan
Berrien CMH		Behavioral Health
Kalamazoo CMH		

<sup>&</sup>lt;sup>2</sup> See 2013 Application for Participation for Specialty Prepaid Inpatient Health Plans

CMHSP's/County/City	Type of program	Name of Entity
Pines CMH (Branch)		
St. Joseph CMH		
Summit Pointe CMH		
(Calhoun) Van Buren CMH		
Woodlands CMH (Cass)		
Bay-Arenac CMH (Bay,	PIHP	Mid State Health Network
Arenac) CMH for Central MI		
(Clare, Gladwin, Isabella,		
Mecosta, Midland, Osceola)		
CEI CMH (Clinton, Eaton,		
Ingham) Gratiot CMH Huron		
CMH Ionia CMH		
LifeWays CMH (Jackson,		
Hillsdale)		
Montcalm CMH		
Newaygo CMH		
Saginaw CMH		
Shiawassee CMH		
Tuscola CMH		
Washtenaw CMH	PIHP	CMH Partnership of
<u>Lenawee CMH</u>		Southeast Michigan
<u>Livingston CMH</u>		
Monroe CMH		
<u>Detroit-Wayne CMH</u>	PIHP	Detroit-Wayne Mental
		Health Authority
Oakland CMH	PIHP	Oakland County CMH
		Authority
Macomb CMH	PIHP	Macomb County CMH
		Services
Genesee Health System	PIHP	Region 10 PIHP
Lapeer CMH		
Sanilac CMH		
St. Clair CMH		

Timeliness of access to services is monitored quarterly through Michigan's Mission Based Performance Indicator System (MMBPIS) and verified through the Quality Assessment and Performance Improvement Program via an External Quality Review (EQR). Adequacy of the provider network is monitored by the State Agency, EQR and by the PIHPs through comprehensive network capacity assessments.

Although freedom of choice will continue to be waived, PIHPs will be required (as non-provider entities) to arrange Medicaid service contracts to ensure the independent

evaluation of eligibility, assessment, and the development of the Individual Plan of Service. Although model configuration may be optional (based on state approval), the independent evaluation of eligibly and assessment does not include the provision of emergency services that may result in a preliminary plan of service. For PIHPs who contract with CMHSPs, the PIHP will be required to monitor the CMHSP's self-referral and utilization patterns related to consumer choice and best value criteria.

e) <u>Describe how the managed care providers will be selected/procured (if additional space is needed, please supplement your answer with a Word attachment).</u>

In April 2013, Michigan required its 18 PIHPs to consolidate to 10 through an Application for Participation of Specialty Prepaid Inpatient Health Plans. As outlined above, Michigan intends to continue the use of this managed care delivery system within this §1115 application but holds the ability to contract outside of the PIHP and CMHSP system if the managed care entity and/or providers cannot meet the service delivery, quality, financial and reporting requirements as determined by the state.

6) Indicate whether any services will not be included under the proposed delivery system and the rationale for the exclusion.

Only state plan SUD services are included in this demonstration.

 $\boxtimes$  No

7) If the Demonstration will provide personal care and/or long term services and supports, please
indicate whether self-direction opportunities are available under the Demonstration. If yes, please
describe the opportunities that will be available, and also provide additional information with
respect to the person-centered services in the Demonstration and any financial management
services that will be provided under the Demonstration
□ Yes

8) If fee-for-service payment will be made for any services, specify any deviation from State plan provider payment rates. If the services are not otherwise covered under the State plan, please specify the rate methodology.

There will be no fee-for-service payments made under this Demonstration.

9) If payment is being made through managed care entities on a capitated basis, specify the methodology for setting capitation rates, and any deviations from the payment and contracting requirements under 42 CFR Part 438.

The MDHHS has retained Milliman Inc. to develop actuarially sound rates using published guidance from the American Academy of Actuaries (AAA), the Actuarial Standards Board, CMS, and federal regulations to ensure compliance with 42 CFR §438.6(c). Capitation rates will include all State Plan, §1915(b) and §1915(c) Waivers as outlined in Exhibit 1. Capitation rate values will be developed using PIHP submitted encounter data and Medicaid Utilization Net Cost Reports (MUNC) and will vary by benefit type and program code. Program code categories include the TANF, and the Aged, Blind, and Disabled (DAB) populations. Rate adjustment factors will be developed to reflect age, gender and geographic region for each benefit category. As with the current §1915(b) and §1915(c) Waivers, PIHPs are responsible for all Medicaid beneficiaries within a geographic catchment area who meet criteria for the Specialty Service System. Because of this broad responsibility, the Per Member Per Month (PMPM) payments will be based on the entire Medicaid eligible population as opposed to enrolled beneficiaries.

10) If quality-based supplemental payments are being made to any providers or class of providers, please describe the methodologies, including the quality markers that will be measured and the data that will be collected.

Quality based payments are not being utilized.

## VI. Implementation of Demonstration

1) Describe the implementation schedule. If implementation is a phase-in approach, please specify the phases, including starting and completion dates by major component/milestone.

Upon submission and anticipated approval of October 1, 2019 Michigan proposes to implement the benefit and spending authority effective October 1, 2019. Phase 1 of the demonstration will include the development of the demonstration based on CMS's timeframe to submit final evaluation. The processes for the enhancement of provider competency related to the use of ASAM criteria and the GAIN-I assessment, the expanded use of recovery coaches and the use of residential treatment facilities regardless of the size of the facility are currently in place to prepare the system for the formal move to our proposed model.

Phase 2 will build off of the expanding treatment continuum of residential care, outpatient withdrawal management, medication assisted treatment for persons with SUD

2) Describe how potential participants will be notified/enrolled into the demonstration.

As done currently, new Medicaid beneficiaries will be notified of their Specialty Service System benefits upon enrollment.

3) If applicable describe how the state will contract with managed care organizations to provide demonstration benefits, including whether the state needs to conduct procurement action.

Michigan has contracted with PIHPs for the delivery of Specialty Services since 1998. This §1115 Waiver will maintain the use of a managed care delivery structure using ten (10) procured PIHPs who contract for service delivery with forty-six (46) CMHSP's and other non-for profit providers.

## VII. Demonstration Financing and Budget Neutrality

This section reflects Michigan's approach for showing budget neutrality, including the data and assumptions used in the development of the cost estimates supporting this §1115 Waiver application.

Required financing and budget neutrality documentation can be found in Appendix D.

## VIII. List of proposed Waivers and Expenditure Authorities

Michigan will seek additional CMS guidance to determine what if any other waiver authorities and/or expenditure authorities are needed to ensure the proper administration of the Demonstration.

#### 1) Provide a list of proposed waivers and expenditure authorities.

Proper and Efficient Administration

§1902(a)(4)

Rationale for Authority: Mandate beneficiaries into a single Prepaid Inpatient Health Plan

• Freedom of Choice

§1902(a)(23)(A)

To enable the State to restrict Demonstration participants to receive benefits through PIHPs and CMHSPs.

Rationale for Authority: beneficiaries enrolled in the program must receive services through a PIHP

Choice of Coverage

§1932(a)(3)

Rationale for Authority: To enable the State to assign Demonstration participants to PIHPs based on geography and to permit participant choice of provider, but not plan.

Reasonable Promptness Section

§1902(a)(8)

To enable the State to limit enrollment for Demonstration eligible population in order to remain under the annual budget neutrality limits under the Demonstration.

 Methods of Administration: Transportation §1902(a)(4), insofar as it incorporates 42 CFR 431.53 To enable the State to assure transportation to and from providers for the Demonstration participants.

# 2) Describe why the state is requesting the waiver or expenditure authority, and how it will be used.

#### • IMD Expenditure Authority

To support access to a full continuum of care to most effectively treat SUD and support recovery for individuals with SUD, Michigan is proposing to extend coverage for services in inpatient and/or residential settings that are within the definition of IMDs at 42 CFR 435.1010. Therefore, Michigan is proposing that CMS grant expenditure authority in qualified facilities for services provided to Medicaid-eligible individuals, regardless of the size of the facility providing SUD treatment.

#### IX. Demonstration Administration

Name and Title: Jacqueline Coleman

Telephone Number: (517) 284-1190

Email Address: ColemanJ@michigan.gov

## Appendix A

Substance Use Disorder Benefits and Service Array

The following Substance Use Disorder (SUD) benefits include the full array of state plan and §1915(b) benefits that are being modified to reflect their utilization within the ASAM criteria. The services that require substance use disorder licensure and/or the use of specific ASAM criteria include the service description, provider specifications and qualification for the benefit and service.

Notes: These notes apply to the entire document.

- Prior authorization is required at the PIHP level for all services therefore we have not specifically addressed prior authorizations for each service in the grid. Decisions regarding the authorization of SUD services the and the medical necessity criteria fall within the ASAM level of care criteria as also described in section III of the waiver titled Specialty Service and Supports Eligibility, Service Reforms and Service Array for persons with SUD.
- 2. Unless otherwise specified in the grid, the limit on the amount and duration of the service is guided by medical necessity and individual's IPOS.
- 3. Unless specified in the grid, individuals and agencies must meet the provider requirements and assure its employees are knowledgeable in the unique abilities, preferences and needs of the individual(s) being served.

#### **Individual Assessments**

**Service: Substance Use Disorder Individual Assessments** 

Scope/Description: Alcohol and/or Drug Service Assessments including: Psychiatric

**Evaluation, Psychological Testing, Other Assessments and Testing** 

Limitations on the amount of service	Limitations on the duration of the service	Provider Category(s):	The service may be provided by a:	Description of allowable providers:
Per  ☑ Day ☐Week ☐ Month ☐Year  Other: One per day	Day(s) Week(s) Month(s) Other: None	⊠ Individual	Legally Responsible Person  Relative/Legal Guardian: N/A	Provider agency licensed and accredited as substance abuse treatment program. Service provided by Substance Abuse Treatment Specialist (SATS) or Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.

### **Outpatient Care**

Service: Substance Use Disorder Outpatient Care (ASAM Levels 1 and 2)
Scope/Description: Behavioral Health Counseling & Therapy, Medication Administration and Review, Group & Family Counseling, Intensive Outpatient, Early Intervention, Crisis Intervention, Recovery Coach (Peer Supports), Brief Intervention & Care Coordination, Recovery Supports and Treatment Planning.

Limitations on the amount of service  Service  Limitations on the amount of duration of the service	Provider Category(s):	The service may be provided by a:	Description of allowable providers:
□ Per □ Day □ Week □ Month □ Year  ☑ Other, Describe: ASAM Levels 1 and 2  Other: None	⊠ Individual  ☑ Agency	Legally Responsible Person  Relative/Legal Guardian: N/A	Service provided by Substance Abuse Treatment Specialist (SATS) or Clinical Service provided by Substance Abuse Treatment Practitioner (SATP) when working under the supervision of a SATS.  Non-clinical services can be provided by appropriately trained staff when working under the supervision of a SATS or SATP  A recovery coach or SUD peer specialist must be certified through MDHHS- approved training program.

## Methadone Treatment

Service: Substance Use Disorder, Methadone Scope/Description: Methadone Administration

Limitations on the amount of service	Limitations on the duration of the service	Provider Category(s):	The service may be provided by a:	Description of allowable providers:
Per	Day(s)	Individual (list	Legally	Provider agency licensed
□Day		types):	Responsible	and accredited as a
□Week	Week(s)		Person	methadone clinic.
☐ Month				Supervision by licensed
□Year	Month(s)	☑ Agency (list	Relative/Legal	physician. Administration by
Other:	Other:	types of agencies):	Guardian: N/A	a MD, DO, licensed PA, RN, LPN or pharmacist.

Withdrawal Management (Medically Monitored)

Service: Substance Use Disorder, Withdrawal Management (ASAM 3.7 WM) Scope/Description: Alcohol and/or drug services; sub-acute withdrawal management; medically monitored residential withdrawal management

Limitations	Limitations		The service	
on the	on the	Provider	may be	Description of allowable providers:
amount of	duration of	Category(s):	provided by	Description of allowable providers.
service	the service		a:	
Per	Day(s)	Individual	Legally	Provider agency licensed and accredited as
□ Day		(list types):	Responsible	substance abuse residential withdrawal
□Week	Week(s)		Person	management program. Supervision by a
☐ Month		☑ Agency		licensed physician.
□Year	Month(s)	(list types of	_	
	_	agencies):	Relative/Legal	Staffed 24-hours-per-day, 7 days a week
☑ Other:	Other:	This may	Guardian:	by licensed physician or by a
ASAM 3.7-		include		representative of a licensed physician.
WM		Residential	N/A	
		settings		
		regardless of		
		size that are		
		within the		
		definition of		
		IMDs at 42 CFR		
		435.1010.		
		455.1010.		

Sub-Acute Withdrawal Management Detoxification (Clinically Monitored)

Service: Substance Use Disorder, Sub-Acute Withdrawal Management (ASAM 3.2-WM) Scope/Description: Alcohol and/or drug services; sub-acute withdrawal management; clinically monitored residential withdrawal management; non-medical or social setting.

Limitations	Limitations		The service	
on the	on the	Provider	may be	Description of allowable providers:
amount of	duration of	Category(s):	provided by	Description of allowable providers.
service	the service		a:	
Per	Day(s)	Individual	Legally	Provider agency licensed and accredited as
☐ Day		(list types):	Responsible	substance abuse residential withdrawal
□Week	Week(s)		Person	management program. Supervision by a
☐ Month		☑ Agency		licensed physician.
□Year	Month(s)	(list types of	_	
		agencies):	Relative/Legal	Provided under the supervision of a
☑ Other:	Other:	This may	Guardian:	substance abuse treatment specialist.
ASAM 3.2-		include		Must have access to licensed medical
WM		Residential	N/A	personal.
		settings		
		regardless of		
		size that are		
		within the		
		definition of		
		IMDs at 42 CFR		
		435.1010.		
		455.1010.		

Sub-Acute Withdrawal Management Detoxification (Ambulatory)

Service: Substance Use Disorder, Sub-Acute Withdrawal Management (Ambulatory) (ASAM 1-WM & ASAM 2-WM)

Scope/Description: Alcohol and/or drug services; ambulatory withdrawal management without and with extended on-site monitoring.

Limitations	Limitations		The service	
on the	on the	Provider	may be	Description of allowable providers
amount of	duration of	Category(s):	provided by	Description of allowable providers:
service	the service		a:	
Per	Day(s)	☑ Individual	Legally	Provided under the supervision of a
□ Day		(list types):	Responsible	Substance Abuse Treatment Specialist.
□Week	Week(s)		Person	Must have arrangements for access to
☐ Month		☑ Agency		licensed medical personnel as needed.
□Year	Month(s)	(list types of	_	Appropriately certified licensed nurses
	_	agencies):	Relative/Legal	must monitor ASAM level 2-WM
⊠ Other:	Other:	This may	Guardian:	ambulatory withdrawal management
ASAM 1-WM		include		services.
and 2-WM		Residential	N/A	
		settings		
		regardless of		
		size that are		
		within the		
		definition of		
		IMDs at 42		
		CFR		
		435.1010.		

#### **Residential Services**

Service: Substance Use Disorder, Residential Services (ASAM 3.1, 3.3, 3.5 & 3.7) Scope/Description: Alcohol and/or drug services; short term residential (non-hospital residential treatment program).

Limitations	Limitations		The service	
on the	on the	Provider	may be	Description of allowable providers:
amount of	duration of	Category(s):	provided by	Description of allowable providers.
service	the service		a:	
Per	Day(s)	Individual	Legally	Provider agency licensed and accredited as
☐ Day		(list types):	Responsible	substance abuse treatment program. The
□Week	Week(s)		Person	clinical program must be provided under
☐ Month		⊠Agency		the supervision of a SATS with licensure as
□Year	Month(s)	(list types of		a psychologist, master's level social
		agencies):	Relative/Legal	worker, licensed or limited-licensed
⊠ Other:	Other:	This may	Guardian:	marriage and family therapist.
ASAM 3.1,		include		
3.3, 3.5 and		Residential	N/A	
3.7		settings		
		regardless of		
		size that are		
		within the		
		definition of		
		IMDs at 42		
		CFR		
		435.1010.		

#### **Targeted Case Management**

**Service: Targeted Case Management** 

Scope/Description: Standalone program specific for SUD. Targeted case management is a covered service that assists beneficiaries to design and implement strategies for obtaining services and supports that are goal-oriented and individualized. Services include assessment, planning, linkage, advocacy, coordination and monitoring to assist beneficiaries in gaining access to needed health and dental services, financial assistance, housing, employment, education, social services, and other services and natural supports developed through the person-centered planning process.

Limitations on the amount of service	Limitations on the duration of the service	Provider Category(s):	The service may be provided by a:	Description of allowable providers:
Per	Day(s)	⊠	Legally	Service provided by Substance Abuse
□Day		Individual	Responsible	Treatment Specialist (SATS) or Clinical
□Week	Week(s)	(list types):	Person	Service provided by Substance Abuse
☐ Month				Treatment Practitioner (SATP) when
□Year	Month(s)	X Agency (list	Dalatina (Lanal	working under the supervision of a SATS.
	Other:	types of	Relative/Legal Guardian:	
Other:	Other.	agencies):	Guardian.	
			N/A	
			17/5	

## Appendix B

Long Term Service and Supports

Administration, Quality and Service Plan Development

Please complete this form if you indicated in Section III that the Demonstration will provide long term services and supports (LTSS).

Indicate the Population(s) that the following long-term services and support description applies to:

**Enter Populations Here:** 

Administration of the Long Term Services and Supports Program
Will the LTSS component of the Demonstration be operated by one or more State agencies
other than the Medicaid agency?
If yes, please provide the contact information of the key contacts at those agencies,
including name, title, name of agency, address, telephone number, email address and fax
number. Also describe the specific sub-population associated with the contact:
Do other State agencies, that are not part of the Single State Medicaid Agency, perform
Demonstration operational and administrative functions on behalf of the Medicaid agency?
☐ Yes ☐No
Do any contracted entities, including managed care organizations, perform
Demonstration operational and administrative functions on behalf of the Medicaid
agency or the waiver operating agency (if applicable)?
□Yes □No
Do any local or regional non-state entities perform Demonstration operational and
administrative functions?
☐ Yes ☐
No

If yes to any of the questions above, specify the types of State agencies, contracted entities and/or local/regional non-state entities and describe the specific functions that they perform. This includes individual enrollment, management of any enrollment or expenditure limits, level of care evaluation, review of service plans, prior authorization of services, utilization management, provider enrollment and agreements, rate methodologies, rules, policies and procedures, and quality assurance and improvement activities. Please describe how the Single State Agency oversees the performance of these non-State entities:

Are e consc Yes If yes	, identify the existing waiver(s) (1915(b),(c),(d),(e) or State Plan authorities (1915(a),
name	, (k), 1932) that are being consolidated into the 1115 Demonstration, including the ss of the waivers or programs and identifying waiver numbers. Also indicate the nt status of these waivers or authorities.
	ibe how individuals in these programs will be transitioned to the 1115 Demonstration am and assured a comparable level of services, quality and continuity of care.
	of Care to Qualify for the Program
the p	Demonstration is requested in order to provide LTSS to individuals who, but for rovision of such services, would require the following level(s) of care, the costs ich should be reimbursed under the approved Medicaid state plan:
and S hospi	ate and describe the level of care criteria for participants in the Long Term Services upports Demonstration program, such as hospital, nursing facility, ICF-MR, IMD-tal, IMD-nursing facility, or needs-based criteria. Identify which entity performs the and subsequent level of care evaluations and the frequency of such reevaluations:
Do in Demo	dual Cost Limits dividual cost limits apply when determining whether to deny LTSS or entrance to the enstration to an otherwise eligible individual Yes No indicate the type of cost limit that applies and describe any additional rements pertaining to the indicated limit:
	Cost Limit in Excess of Institutional Costs. The State refuses entrance to the Demonstration to any otherwise eligible individual when the State reasonably expects that the cost of the LTSS furnished to that individual would exceed the cost of a level of care specified for the Demonstration up to an amount specified by the State.
	Institutional Cost Limit. The State refuses entrance to the Demonstration to any otherwise eligible individual when the State reasonably expects that the cost of the LTSS furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver.
	Cost Limit Lower Than Institutional Costs. The State refuses entrance to the Demonstration to any otherwise qualified individual when the State reasonably expects that the cost of LTSS furnished to that individual would exceed an amount specified by the State that is less than the cost of a level of care specified for the

Demonstration. Specify the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of Demonstration individuals.

Long Term Services and Supports – Outreach, Education, Enrollment and Screening Describe the Demonstration program's approach to Outreach, Education, Enrollment and Screening, including any coordination with a Money Follows the Person program. Include a description of the roles of the State and other entities in the processes.

Indicate v	-		ting with the individual in develop e plan and for its final developmen	_
Case M	anager	Social Wor	ker	
Other (ple	ase describe, inclu	ude qualificatio	ns)	
Specify tl investiga	tions of individua	concerning the	estigations e conduct of criminal history and/ore Demonstration services: nvestigations required? X Yes	or background
If yes, inc	dicate the types of	f positions for	which such investigations must be	conducted:
XAdmini	strative Staff	X Transpo	ort Staff	
X Staff, p	providers and othe	ers who have d	irect contact with the individual	
	lease describe) the scope of such i	investigations:		
☐ Natio	onal (FBI) criminal	records check	X State criminal records check or	nly
· <del></del>	r (please describe)			
screening Yes	gistry Screening Do of individuals thro X		naintains an abuse registry and red	quires the
If yes, sp	ecify the entity (e	ntities) respon	sible for maintaining the abuse reg	gistry:
Indicate t	the types of positi	ions for which	abuse registry screenings must be	
conducte	ed:			
Admi	inistrative Staff	Transpoi	rt Staff	

Staff, providers and others who have direct contact with the individual
Others (please describe)
Allowable Settings  Are Demonstration services provided in facilities subject to §1616(e) of the Act?  Yes X No
If yes, indicate the types of facilities where Demonstration services may be provided, any capacity limits for such facilities, the home and community based services that may be provided in such facilities, and how a home and community character is maintained in these settings.
Individual Rights In addition to fair hearings, does the State operate other systems for dispute resolution, grievances or complaints concerning the operation of the Demonstration program's home and community-based services component?  Yes  X No

#### **Quality Improvement Strategies**

Provide a description of the quality improvement strategies to be employed in the operation of the Demonstration. In particular describe strategies to ensure the health and welfare of individuals to be served with Home and Community-Based Services, including the prevention of abuse, neglect and exploitation (e.g., critical incident management system, utilization review, case management visits, etc.), the single State Medicaid Agency oversight and involvement. Please also include the self-direction strategy if the Demonstration allows for self-direction.

The State requires that each specialty Prepaid Inpatient Health Plan (PIHP) to have a quality assessment and performance improvement program (QAPIP). The Guidelines for Internal Quality Assurance Programs as distributed by then Health Care Financing Administration's (HCFA) Medicaid Bureau in its guide to states in July of 1993; the Balanced Budget Act of 1997 (BBA), Public Law 105-33; and 42 Code of Federal Regulations (CFR) 438.358 of 2002. In addition to the QAPIP, the MDHHS, Quality Management and Planning (QMP) site review team completes on site reviews of PIHPs and their provider networks on a biennial basis assuring the service needs, including the health and welfare are met for the section 1115 population. A more detailed review of the QAPIP standards, critical incident management, the MDHHS site review process and an overview of Michigan's self-determinations strategy is outlined below.

#### **QAPIP Standards**

I. The PIHP must have a written description of its QAPIP which specifies 1) an adequate organizational structure which allows for clear and appropriate administration and evaluation of the QAPIP; 2) the components and activities of the QAPIP, including those as required below; 3) the role for recipients of service in the QAPIP; and 4) the

- mechanisms or procedures to be used for adopting and communicating process and outcome improvement.
- II. The QAPIP must be accountable to a Governing Body that is a Community Mental Health Services Program Board of Directors. Responsibilities of the Governing Body for monitoring, evaluating, and making improvements to care include:
  - A. Oversight of QAPIP There is documentation that the Governing Body has approved the overall QAPIP and an annual QI plan.
  - B. QAPIP progress reports The Governing Body routinely receives written reports from the QAPIP describing performance improvement projects undertaken, the actions taken and the results of those actions.
  - C. Annual QAPIP review The Governing Body formally reviews on a periodic basis (but no less frequently than annually) a written report on the operation of the QAPIP.
  - D. The Governing Body submits the written annual report to MDHHS following its review. The report will include a list of the members of the Governing Body.
- III. There is a designated senior official responsible for the QAPIP implementation.
- IV. There is active participation of providers and consumers in the QAPIP processes.
- V. The PIHP measures its performance using standardized indicators based upon the systematic, ongoing collection and analysis of valid and reliable data.
  - A. PIHP must utilize performance measures established by the department in the areas of access, efficiency and outcome and report data to the state as established in contract.
  - B. The PIHP may establish and monitor other performance indicators specific to its own program for the purpose of identifying process improvement projects.
- VI. The PIHP utilizes its QAPIP to assure that it achieves minimum performance levels on performance indicators as established by the department and defined in the contract and analyzes the causes of negative statistical outliers when they occur.
- VII. The PIHP's QAPIP includes affiliation-wide performance improvement projects that achieve through ongoing measurement and intervention, demonstrable and sustained improvement in significant aspects of clinical and non-clinical services that can be expected to have a beneficial effect on health outcomes and consumer satisfaction.

- A. Performance improvement projects must address clinical and non-clinical aspects of care.
  - 1.Clinical areas would include, but not be limited to, high-volume services, high-risk services, and continuity and coordination of care.
  - 2.Non-clinical areas would include, but not be limited to, appeals, grievances and trends and patterns of substantiated Recipient Rights complaints; and access to, and availability of, services.
- B. Project topics should be selected in a manner which takes into account the prevalence of a condition among, or need for a specific service by, the organization's consumers; consumer demographic characteristics and health risks; and the interest of consumers in the aspect of service to be addressed.
- C. Performance improvement projects may be directed at state or PIHPestablished aspects of care. Future state-directed projects will be selected by MDHHS with consultation from the Quality Improvement Council and will address performance issues identified through the external quality review, the Medicaid site reviews, or the performance indicator system.
- D. PIHPs may collaborate with other PIHPs on projects, subject to the approval of the department.
- E. The PIHP must engage in at least two projects during the waiver renewal period.
- VIII. The QAPIP describes, and the PIHP implements or delegates, the process of the review and follow-up of sentinel events and other critical incidents and events that put people at risk of harm.
  - A. At a minimum, sentinel events as defined in the department's contract must be reviewed and acted upon as appropriate. The PIHP or its delegate has three business days after a critical incident occurred to determine if it is a sentinel event. If the critical incident is classified as a sentinel event, the PIHP or its delegate has two subsequent business days to commence a root cause analyses of the event.
  - B. Persons involved in the review of sentinel events must have the appropriate credentials to review the scope of care. For example, sentinel events that involve client death, or other serious medical conditions, must involve a physician or nurse.
  - C. All unexpected\* deaths of Medicaid beneficiaries, who at the time of their

deaths were receiving specialty supports and services, must be reviewed and must include:

- 1. Screens of individual deaths with standard information (e.g., coroner's report, death certificate)
- 2.Involvement of medical personnel in the mortality reviews
- 3. Documentation of the mortality review process, findings, and recommendations
- 4. Use of mortality information to address quality of care
- 5. Aggregation of mortality data over time to identify possible trends.
  - \* "Unexpected deaths" include those that resulted from suicide, homicide, an undiagnosed condition, were accidental, or were suspicious for possible abuse or neglect.
- D. Following immediate event notification to MDHHS (See Section 6.1 of this contract) the PIHP will submit information on relevant events through the Critical Incident Reporting System described below.

#### E. Critical Incident Reporting System

The critical incident reporting system collects information on critical incidents that can be linked to specific service recipients.

This critical incident reporting system became fully operational and contractually required October 1, 2011 (see Attachment 7.7.1.1).

The Critical Incident Reporting System captures information on five specific reportable events: suicide, non-suicide death, emergency medical treatment due to injury or medication error, hospitalization due to injury or medication error, and arrest of consumer. The population on which these events must be reported differs slightly by type of event.

The QAPIP must describe how the PIHP will analyze at least quarterly the critical incidents, sentinel events, and risk events (see below) to determine what action needs to be taken to remediate the problem or situation and to prevent the occurrence of additional events and incidents. MDHHS will request documentation of this process when performing site visits. MDHHS has developed formal procedures for analyzing the event data submitted through this system. This includes criteria and processes for Department follow-up on individual events as well as processes for systemic data aggregation, analysis and follow-up with individual PIHPs.

#### F. Risk Events Management

The QAPIP has a process for analyzing additional critical events that put individuals (in the same population categories as the critical incidents above) at risk of harm. This analysis should be used to determine what action needs to be taken to remediate the problem or

situation and to prevent the occurrence of additional events and incidents. MDHHS will request documentation of this process when performing site visits.

These events minimally include:

- Actions taken by individuals who receive services that cause harm to themselves
- Actions taken by individuals who receive services that cause harm to others
- Two or more unscheduled admissions to a medical hospital (not due to planned surgery or the natural course of a chronic illness, such as when an individual has a terminal illness) within a 12-month period

Following immediate event notification to MDHHS the PIHP will submit to MDHHS, within 60 days after the month in which the death occurred, a written report of its review/analysis of the death of every Medicaid beneficiary whose death occurred within one year of the recipient's discharge from a state-operated service.

- IX. The QAPIP quarterly reviews analyses of data from the behavior treatment review committee where intrusive or restrictive techniques have been approved for use with beneficiaries and where physical management or 911 calls to law enforcement have (see F above) been used in an emergency behavioral crisis. Only the techniques permitted by the Technical Requirement for Behavior Treatment Plans and that have been approved during person-centered planning by the beneficiary or his/her guardian, may be used with beneficiaries. Data shall include numbers of interventions and length of time the interventions were used per person.
- X. The QAPIP includes periodic quantitative (e.g., surveys) and qualitative (e.g., focus groups) assessments of member experiences with its services. These assessments must be representative of the persons served and the services and supports offered.
  - A. The assessments must address the issues of the quality, availability, and accessibility of care.
  - B. As a result of the assessments, the organization:
    - 1. Takes specific action on individual cases as appropriate;
    - 2.Identifies and investigates sources of dissatisfaction;
    - 3. Outlines systemic action steps to follow-up on the findings; and
    - 4.Informs practitioners, providers, recipients of service and the governing body of assessment results.
  - C. The organization evaluates the effects of the above activities.
  - D. The organization insures the incorporation of consumers receiving long-term

supports or services (e.g., persons receiving case management or supports coordination) into the review and analysis of the information obtained from quantitative and qualitative methods.

- XI. The QAPIP describes the process for the adoption, development, implementation and continuous monitoring and evaluation of practice guidelines when there are nationally accepted, or mutually agreed-upon (by MDHHS and the PIHPs) clinical standards, evidence-based practices, practice-based evidence, best practices and promising practices that are relevant to the persons served.
- XII. The QAPIP contains written procedures to determine whether physicians and other health care professionals, who are licensed by the state and who are employees of the PIHP or under contract to the PIHP, are qualified to perform their services. The QAPIP also has written procedures to ensure that non-licensed providers of care or support are qualified to perform their jobs. The PIHP must have written policies and procedures for the credentialing process which are in compliance with MDHHS's Credentialing and Recredentialing Processes, Attachment P.7.1.1, and includes the organization's initial credentialing of practitioners, as well as its subsequent re-credentialing, recertifying and/or reappointment of practitioners. These procedures must describe how findings of the QAPIP are incorporated into this re-credentialing process.

The PIHP must also insure, regardless of funding mechanism (e.g., voucher):

- 1. Staff shall possess the appropriate qualifications as outlined in their job descriptions, including the qualifications for all the following:
  - a. Educational background
  - b. Relevant work experience
  - c. Cultural competence
  - d. Certification, registration, and licensure as required by law
- 2. A program shall train new personnel with regard to their responsibilities, program policy, and operating procedures.
- 3. A program shall identify staff training needs and provide in-service training, continuing education, and staff development activities.
- XIII. The written description of the PIHP's QAPIP must address how it will verify whether services reimbursed by Medicaid were actually furnished to enrollees by affiliates (as applicable), providers and subcontractors.
  - 1. The PIHP must submit to the state for approval its methodology for verification.
  - 2. The PIHP must annually submit its findings from this process and provide any follow up actions that were taken as a result of the findings.

- XIV. The organization operates a utilization management program.
  - A. Written Plan Written utilization management program description that includes, at a minimum, procedures to evaluate medical necessity, criteria used, information sources and the process used to review and approve the provision of medical services.
  - B. Scope The program has mechanisms to identify and correct under-utilization as well as over-utilization.
  - C. Procedures Prospective (preauthorization), concurrent and retrospective procedures are established and include:
    - 1. Review decisions are supervised by qualified medical professionals.

      Decisions to deny or reduce services are made by health care professionals who have the appropriate clinical expertise to treat the conditions.
    - 2. Efforts are made to obtain all necessary information, including pertinent clinical information, and consult with the treating physician as appropriate.
    - 3. The reasons for decisions are clearly documented and available to the member.
    - 4. There are well-publicized and readily-available appeals mechanisms for both providers and service recipients. Notification of denial is sent to both the beneficiary and the provider. Notification of a denial includes a description of how to file an appeal.
    - 5. Decisions and appeals are made in a timely manner as required by the exigencies of the situation.
    - 6. There are mechanisms to evaluate the effects of the program using data on member satisfaction, provider satisfaction or other appropriate measures.
    - 7. If the organization delegates responsibility for utilization management, it has mechanisms to ensure that these standards are met by the delegate.
- XV. The PIHP annually monitors its provider network(s), including any affiliates or subcontractors to which it has delegated managed care functions, including service and support provision. The PIHP shall review and follow-up on any provider network monitoring of its subcontractors.
- XVI. The PIHPs, shall continually evaluate its oversight of "vulnerable" people in order to determine opportunities for improving oversight of their care and their outcomes.

  MDHHS will continue to work with PIHP to develop uniform methods for targeted monitoring of vulnerable people.

The PIHP shall review and approve plans of correction that result from identified areas of non-compliance and follow up on the implementation of the plans of correction at the appropriate interval. Reports of the annual monitoring and plans of correction shall be subject to MDHHS review.

#### **MDHHS Quality Management and Planning Site Review Process**

The MDHHS Quality Management and Planning (QMP) Site Review team conducts comprehensive biennial reviews of the 10 PIHPs. This site visit strategy includes rigorous standards for assuring the needs, including health and welfare of the current waiver populations. The comprehensive reviews include: consistent, uniform, person-centered and medical necessity/needs assessments from clinical record reviews, administrative reviews, consumer/stakeholder meetings and consumer interviews.

In addition to the full biennial site review, the QMP Site Review Team members also conduct a follow-up review approximately 90 days after the issuance of the approved corrective action plan (CAP) to assess the status and effectiveness of the PIHPs implementation of their CAP.

A standard site review protocol is used at the time of each site visit. The protocol is used to record and document findings during the site review. The findings are sent to the PIHPs which are required to submit a CAP to MDHHS within 30 days. The CAP is reviewed and approved by MDHHS. The PIHP has 90 days after the CAP has been approved to provide evidence to MDHHS that all issues have been remediated. The remediation process continues until all concerns have been appropriately addressed.

If, during a QMP on-site visit, the site review team member identifies an issue that places a participant in imminent risk to health or welfare, the site review team would invoke an immediate review and response by the PIHP.

## Appendix E Public Notice Update with Attachments

The MDHHS developed multiple opportunities for public input and dialog during the waiver development process and prior to the submission of Michigan's §1115 Pathway to Integration Waiver application. The input and public notice process is consistent with the requirements outlined in 42 CFR Part 431 Subpart G.

#### **Public Notice of Waiver Application**

The MDHHS, BHDDA began discussions on the proposed §1115 waiver application to the Medical Care Advisory Council (MCAC) on 2/19/15. BHDDA staff, as regular members of the MCAC, continued to provide updates and receive input through their quarterly meetings in 2015 and 2016. BHDDA staff met with Tribal Health Centers as part of the Behavioral Health Communication Network on 4/15/15, 6-26-15, 7-16-15, 8-17-15, 10-14-15 and most recently 4-13-16. Although the §1115 Pathway to Integration Waiver application does not change the current relationship between the state and the Tribal Health Centers, as a result of these meetings the state has requested attendance from the regional PIHPs to assure proper service coordination and access to specialty services as needed. From September, 2015 through November, 2015, the BHDDA held four Sounding Board Workgroups with the Michigan Association of Community Mental Health Boards (MACMHB), the Michigan ARC and the Behavioral Health Advisory Council (BHAC). Membership included PIHPs, CMHSPs, invited advocates and family members. These sounding board workgroups allowed open discussion regarding Michigan's current behavioral health system and the planned initiatives to be included in Michigan's §1115 demonstration waiver application.

On 12-18-15, the MDHHS published the Pathway to Integration §1115 waiver proposal on its Behavioral Health and Developmental Disabilities Administrations (BHDDA) website <a href="http://www.michigan.gov/mdhhs/0,5885,7-339-71550">http://www.michigan.gov/mdhhs/0,5885,7-339-71550</a> 2941 4868---,00.html. The web page included a complete copy of the §1115 waiver proposal, a waiver summary, stakeholder notice, and an email address for questions and comments and where to receive a hard copy of the waiver proposal. The website also included the dates and locations of the two public hearings. MDHHS also began its formal public notice process on 12-18-16 including a 45 day comment period for all interested parties. Notice was published in select newspapers throughout the state on or around 12-18-15. This notice included a brief summary of the proposal, the dates and times of public hearings, instructions on how to submit comments and questions including the link to where the application could be requested in hard copy or downloaded. A copy of the web posting, stake holder letter, and the public hearing power point is included as Appendix E, Attachment 1.

Michigan held two public hearings on the waiver application, one by webinar on 1-13-16 and one in person on 1-28-16 in Lansing Michigan. Combined attendance included over 150 participants from trade associations, family members' advocates, consumers and other

interested individuals. Common themes and responses along with all written comments and responses received is included as Appendix E, Attachment 2.

## Attachment 1 Stakeholder Notice and Public Hearing

Dear Stakeholders and Interested Parties:

**RE:** Section 1115 Waiver - Pathway to Integration Proposal

The Michigan Department of Health and Human Services (MDHHS) is seeking approval from the Centers for Medicare and Medicaid Services (CMS) for a §1115 Demonstration Waiver to combine under a single waiver authority all services and eligible populations served through its §1915(b) and its multiple §1915(c) waivers for persons with Serious Mental Illness (SMI), Substance Use Disorders (SUD), Intellectual & Developmental Disabilities (IDD) and Children with Serious Emotional Disturbances (SED). Under this consolidated waiver authority, Michigan is seeking broad flexibility to develop quality, financing and integrated care (physical and behavioral health care) initiatives for all Specialty Service Populations on a statewide basis.

In addition to aligning and expanding MDHHS integrated care initiatives for all Specialty Service Populations, the services covered under this §1115 Waver include the full array of mandatory and optional State Plan services for persons who meet the eligibility criteria for the Specialty Services System. Michigan is NOT reducing for limiting any benefits outlined in this waiver application.

The anticipated effective date of this waiver is April 1, 2016.

A copy of the complete §1115 waiver, stakeholder notice and waiver summary is available online at <a href="http://www.michigan.gov/mdhhs/0,5885,7-339-71550">http://www.michigan.gov/mdhhs/0,5885,7-339-71550</a> 2941 4868---,00.html. You may request a hard copy of the complete §1115 waiver, stakeholder notice and waiver summary by contacting Teri Baker at the address below. You may also submit questions or comments regarding the waiver to the address below or by email at <a href="mailto:MDHHS-Pathway1115@Michigan.gov">MDHHS-Pathway1115@Michigan.gov</a>. All comments on this topic should include a "Section 1115 — Pathway to Integration reference somewhere in the written submission or the subject line if by email.

Michigan Department of Health and Human Services
Bureau of Community Health Behavioral Health and Developmental Disabilities Administration
320 S. Walnut Street, Lewis Cass Building, 5<sup>th</sup> Floor
Lansing MI 48913

Two public hearings have been scheduled for following dates, times and locations:

• January 13th, 2016 1-2:30 pm Webinar:

#### https://connectpro14871085.adobeconnect.com/dualel/

U.S. Toll-Free Access Number: (877) 366-0711

Participant Passcode: 39535358

 January 28<sup>th</sup> Lansing Center, 10-11:30am 333 Michigan Avenue Lansing MI 48933

Any questions regarding this letter should be directed to Provider Inquiry, Department of Health and Human Services, P.O. Box 30731, Lansing, Michigan 48909-8231, or e-mail at <a href="mailto:ProviderSupport@michigan.gov">ProviderSupport@michigan.gov</a>. When you submit an e-mail, be sure to include your name, affiliation, phone number so you may be contacted if necessary. Providers may phone toll-free at 1-800-292-2550.

We thank you in advance for your participation.

Sincerely,

Chris Priest, Acting Director
Medical Service Administration
Administration

Lynda Zeller, Director Behavioral Health and Developmental Disabilities

#### **Public Hearing PPT**

#### Slide 1



#### Slide 2

# Goals of Todays Webinar To provide an overview of the webinar process and where related material can be found. Outline the background information related to Michigan's decision to pursue a §1115 waiver for persons with behavioral health, substance use disorders and intellectual and/or developmental disabilities. To provide a sufficient level of detail by waiver proposal section to ensure meaningful input from the public.

## Webinar Overview This webinar is the first of two public hearings to be held on Michigan's Pathway to Integration §1115 waiver proposal. The second hearing will be on 1-28-16 at the Lansing Center, from 10-11:30am at 333 Michigan Avenue, Lansing Michigan. The webinar today will be muted by the host. Session participants will be able to type in questions on Adobe Connect. During three intervals, the host will respond to posted questions. While not all questions will be responded to today, all questions and answers will be posted on the MDHHS website after the comment period has ended. Hard copies of the comments, questions and answers will be made available upon request at the email or address provided on page 4 of this slide deck. The slide deck will also be available on the same site shortly after today's webinar.

#### Slide 4



#### Pathway to Integration Background

- Over the past the past 18 years, Michigan has operated under a Managed Specialty Service & Supports Waiver (MSS&SW) through a §1915(b) Managed Care Waiver.
- The MSS&SW has been the vehicle used to waive "Freedom of Choice" requirements and to mandate managed care enrollment (basically creating the structure of Prepaid Inpatient Health Plans).
- Connected to the MSS&SW are the §1915(b(4) Children's waiver Program (CWP), the §1915(b(4) waiver for Children with Severe Emotional Disturbances (SEDW) (both Fee for Service (FFS) programs) and the § 1915(c) Habilitation Supports Waiver (HSW) and all applicable State Plan services.

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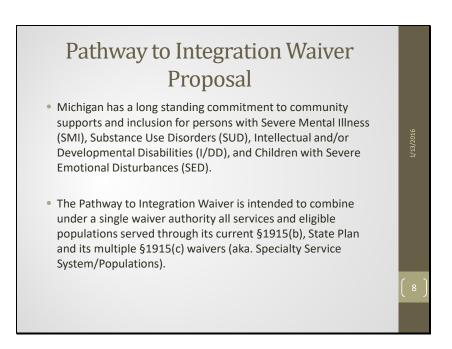
#### Slide 6

#### The Desire and Need for Change

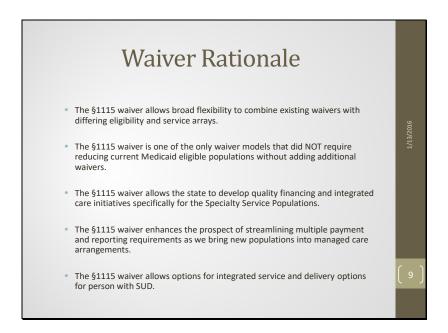
- With each §1915(b) waiver renewal and/or amendments over the past several years, Michigan has struggled to meet the cost effectiveness requirements of its §1915(b) waiver services.
- Cost effectiveness for the purposes of this proposal means the rate of increases in the costs of the §1915(b) waiver services cannot exceed the rate of increase in of other state plan services over the term of the waiver.
- Because Michigan provides one of the most robust set of community based supports in the country, the requirements for the §1915(b) waiver to be considered cost effective without limiting or moving benefit options has became difficult if not impossible
- Additionally, and building off of multiple statewide integrated physical and behavioral health care initiatives, Michigan desires to test integrated care initiatives specifically targeting the populations covered by this waiver proposal.

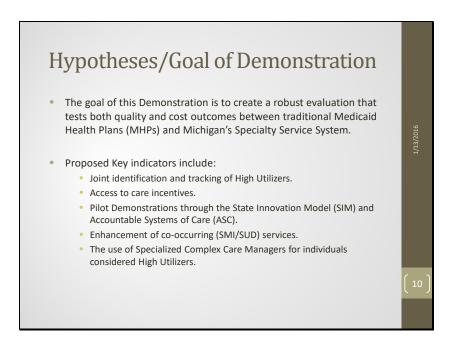
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Slide 9





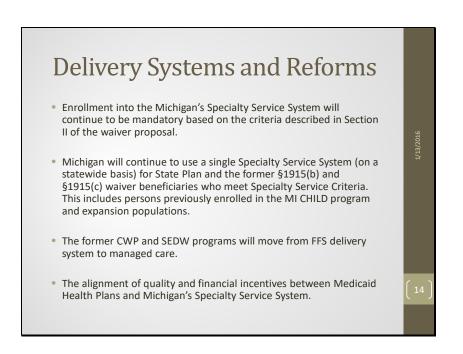
Slide 11

# Medicaid Eligibility There are no eligibility changes proposed under this waiver that do not currently exist. These also Include eligible MI CHILD and Healthy Michigan Plan beneficiaries. Michigan intends to maintain the current service array and, where possible and explore the expansion of enrollment caps for certain services previously provided through its §1915(c) CWP and SEDW programs (as legislatively approved). All current HSW enrollees and services (including HSW enhanced payments) will be covered under this \$1115 waiver authority. Anticipated beneficiaries served under this waiver and current enrolment caps are outlined below: \$1915(c) HSW = 8268 \$1915(c) SEDW = 969 \$1915(c) CWP = 469 Estimated Demonstration populations Including \$1915(b)/(c) Populations = 230,000

#### Slide 12







Slide 15

## Delivery Systems and Reforms (cont.)

- The proposed delivery system changes will require PIHPs and their CMHSP providers to meet quality reporting requirements, develop enhanced SUD provider systems and provide or partner with Medicaid Health plans to improve access for persons with mild and moderate behavioral health disorders.
- These linkages are intended to:
  - Identify and provide education, prevention and treatment of modifiable health risk factors.
  - Provide Screening Brief Intervention Referral and Treatment (SBIRT) services for persons with SUD.
  - Provide housing first initiatives/models through permanent supportive housing models.
  - Provide incentives for increased access to primary care and the coordinated tracking of High Utilizers of emergency department usage and hospital admissions/readmissions.

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#### Slide 16

### Long Term Service and Supports & Self Direction

- The Demonstration will provide personal care and Long Term Services and Supports (LTSS) including options for both selfdirection/determination models, including the use of fiscal intermediaries.
- Waiver participants will have opportunities for both employer and budget authority.
- Participants may elect to control their individual budget for all services or can direct a single service for which participant direction is an option.
- The participant may direct the budget and directly contract with chosen providers.

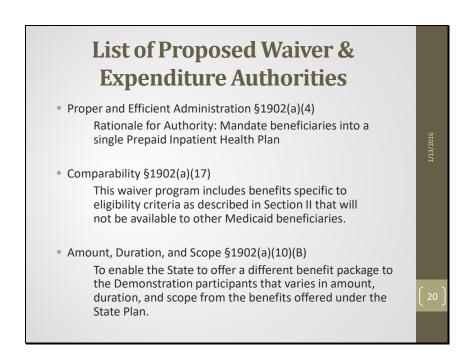
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# Payments to Managed Care Entities Capitation rates will include all State Plan, §1915(b) and §1915(c) waivers as outlined in Exhibit 1 of the proposal. Capitation rate values will be developed using PIHP submitted encounter data and Medicaid Utilization Net Cost Reports (MUNC) and will vary by benefit type and program code. Rate adjustment factors will be developed to reflect age, gender and geographic region for each benefit category. As with the current §1915(b) and §1915(c) waivers, PIHPs are responsible for all Medicaid beneficiaries within a geographic catchment area who meet criteria for the Specialty Service System. Questions regarding budget neutrality estimates outside of those outlined in Appendix C, will be answered and posted on the MDHHS website after the comment period has closed.



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## Implementation of the Demonstration Phase 1 (Upon submission and anticipated approval): The consolidation of the existing §1915(b) and §1915(c) Waivers. The development of the demonstration evaluation and collection of baseline data. The statewide evaluation and system readiness for a reformed SUD delivery system. Based on system readiness may be phased approach and include Demonstration years 2 and 3. Phase 2 (may span Demonstration years 2 and 3): The development of bundled funding and other quality incentives for Accountable Systems of Care. Medicaid Health Plans and PIHP will be contractually required to monitor certain quality and integrated care outcomes that lead toward the tracking and implementation of potential shared savings models



Slide 21

## List of Proposed Waiver & Expenditure Authorities

• Freedom of Choice §1902(a)(23)(A)

To enable the State to restrict Demonstration participants to receive benefits through PIHPs and CMHSPs.

Rationale for Authority – beneficiaries enrolled in the program must receive services through a PIHP.

• Choice of Coverage §1932(a)(3)

To enable the State to assign Demonstration participants to PIHPs based on geography and to permit participant choice of provider, but not plan.

• Reasonable Promptness Section §1902(a)(8)

To enable the State to limit enrollment for Demonstration eligible population in order to remain under the annual budget neutrality limits under the Demonstration.

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#### Slide 22

## List of Proposed Waiver & Expenditure Authorities

 Methods of Administration: Transportation §1902(a)(4), insofar as it incorporates 42 CFR 431.53

To enable the State to assure transportation to and from providers for the Demonstration participants.

Eligibility Standards §1902(a)(17)

To enable the State to apply different eligibility methodologies and standards to the Demonstration eligible population than are applied under the State Plan.

• Retroactive Eligibility Section §1902(a)(34)

To enable the State to not provide coverage for the Demonstration eligible population for any time prior to the first day of the month in which the application was received by the State.

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#### Appendix A LTSS

- As outlined in Section II, item 6, Michigan will be including LTSS that were previously provided through its §1915(b) and its multiple §1915(c) waivers.
- Appendix A outlines the MDHHS Quality Assessment and Performance Improvement Program (QAPIP) including the current risk management and critical incident reporting.
- Appendix A, also outlines MDHHS site review process and will include all §1115 waiver populations.

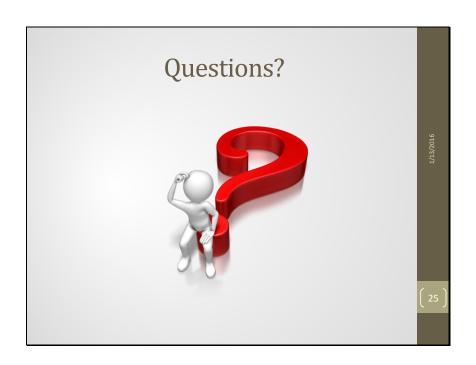
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#### Slide 24

#### Appendix B LTSS

- Appendix B provides a service description and provides a grid of all LTSS service descriptions and provider qualifications.
- Appendix B services mimic those included in the current §1915(b)/(c) and multiple 1915(c) waivers included in this proposal.

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## Attachment 2 Common Themes and Written Comments Received

#### **Common Themes and State Responses**

#### Implementation of Conflict Free Case Management (CFCSM).

Conflict Free Case Management (CFCSM) went into immediate effect with the HCBS final rule in January, 2014. Policy and procedures related to rural counties along with the state's overall policy considerations are being developed and promulgated as part of a state sponsored CFCSM workgroup including both consumer, advocates and key stakeholders.

#### Persons directed supports, medical necessity and provider networks.

As outlined in Appendix B, Michigan has a long history of person directed supports through the person centered planning process (PCP). The PCP process is outlined in the Michigan Mental Health Code, the managed specialty services and supports contracts as well as numerous PCP and self—determination guidelines. The interplay with published medical necessity guidelines and the use of independent facilitation for planning and fiscal intermediary services, does not change with the Pathway to Integration Waiver application. The balance between consumer choice and reasonableness of service request and location of service should always be balanced based on the individual consumer needs, provider ethics and medical necessity for the services delivered. This process should always take into consideration of the living arrangements the wellbeing of the consumer and ultimately the health and safety of the individual beneficiary.

#### Pathway to Integration Waiver, quality of services and current delivery system and the potential to contract with other entities based on quality of performance.

The Pathway to Integration Waiver does not intend to undue the current managed care delivery system. The potential to contract outside of the current PIHP and CMHSP managed care structure is only intended if the current managed care entity cannot meet the service delivery, quality, financial and reporting requirements to serve the beneficiaries within a given region. This waiver application acknowledges the current efforts to consolidate managed care functions and will continue to support the current managed care arrangements and efforts to meet the waiver requirements.

#### **Definition of Permanent Supportive Housing (PSH).**

Permanent supportive Housing (PSH) is a service MDHHS plans to add as an additional benefit during the waiver demonstration. PSH, is a set of service and supports provided by a team that combines housing development and the support services for individual with SMI, SUD, or I/DD that require assistance to maintain consistent and permanent housing. Individuals targeted for this service are often frequent or high users of hospital emergency departments and inpatient and/or chronic homelessness.

Services to support housing retention include: Case management, service planning, nurse care coordination (physical and behavioral health), peer supports, counseling and supported employment. Targeted supports should include dispute resolution between landlord and tenant, assistance with transportation, legal assistance and benefit management.

#### Removal of enrollment caps and separate rates by person with Intellectual/Developmental Disabilities (I/DD).

MDHHS received a number of questions related to the consolidation of the multiple section 1915(c) waivers and the continued use of enrollment caps for the former Habilitation Supports Waiver (HSW), the Waiver for Children with Serious Emotional Disturbances (SEDW) and the Children's Waiver Program (CWP). Although MDHHS is desirous to potentially remove enrollment caps in the future, the SEDW and the CWP both waive parental income for individuals who meet specific eligibility requirements and Michigan must also continue to meet budget neutrality under the proposed demonstration. MDHHS also received questions related to development of a separate rate category for adult individuals with I/DD, which could eliminate the need for HSW enrollment caps. This is something MDHHS may consider in the future.

#### Inclusion of services to person with mild and moderate behavioral health disorders within the specialty services system.

MDHHS received numerous questions related to moving the benefit for persons with mild and/or moderate behavioral health disorders from the Medicaid Health Plans (MHPs) to the Prepaid Inpatient Health Plans (PIHPs). Although the coordination of care and access to needed behavioral health services for this population has been an ongoing concern, licensing and mental health parity require MHPs to provide certain behavioral health services.

#### Increase use of peer supports, recovery coaches and peer crisis services.

MDHHS covers and encourages the expanded use of peer supports within its specialty service system. In addition to the current coverages, MDHHS intends to have peer supports as part of permanent supportive housing teams as well as their expanded use for persons with substance use disorders. Specific peer support crisis models may be considered in the future, but MDHHS does currently encourage the use of peer supports within existing crisis teams.

## Will the final waiver application reflect the New Service Delivery Opportunities for Individuals with Substance Use Disorder and the use of IMDs as outlined in the State Medicaid Director Letter # 15-003?

Yes, Michigan was one of the early states as part of the CMS Innovation Accelerator Program (IAP) and in conjunction with these ongoing efforts, the final application will include the goals of a transformed system including a comprehensive evidence based benefit design and the use of ASM to establish appropriate levels of care. Michigan will be specifically asking for expenditure authority for the use of IMDs.

#### Written Comments Received

(Please see separate PDF)