

# Navigating the Way Forward: Resources and Best Practices to Embed Virtual Resources in Clinical Education

Michelle Aebersold & Margaret Verkuyl



## **Learning Objectives**

- Differentiate between a range of different virtual clinical experiences.
- View a sample of varied virtual environments used in nursing education.
- Discuss benefits and challenges to using available technology enabled environments.
- Review the process for embedding virtual experiences in nursing education.
- Compare and contrast options available for using virtual experiences to optimize learning.
- Evaluate virtual experiences in relation to clinical practice.
- Share resources and publications related to virtual clinical education.



#### **Basic Information**

- Use of chat
- Question time
- Break time
- Presentation flow
- Microphone off
- Video optional





## **Learning Theories**

#### Levels of Learning- Miller's Pyramid



- Performance integrated into practice
- Demonstration of Learning
- Interpretation/Application
- Fact Gathering

Move Learner from Knows to Does...Novice to Expert



© 2014 SkillsYouNeed.com

Kolb D.A. (1984) 'Experiential Learning experience as a source of learning and development', New Jersey: Prentice Hall

Copyright © 2017 SSH





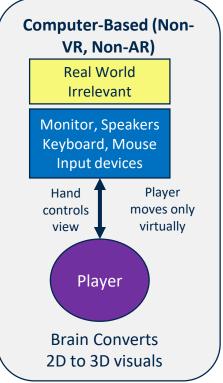
## **Terminology**

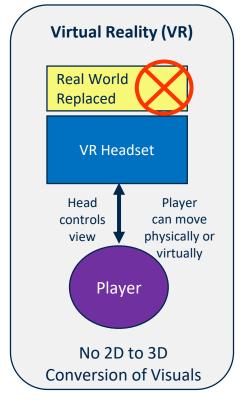
- XR-Extended Reality
  - VR-Virtual Reality
  - AR-Augmented Reality
  - MR-Mixed Reality
  - 360 Video

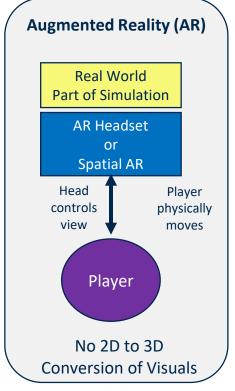


#### Range of Options

















Clinical Simulation in Nursing (2019) , 1-7



ELSEVIER

Clinical Simulation in Nursing

www.elsevier.com/locate/ecsn

**Short Communication** 

#### A Call to Unify Definitions of Virtual Reality

Suzan (Suzie) Kardong-Edgren, PhD, RN, ANEF, CHSE, FSSH, FAAN<sup>a,\*</sup>, Sharon L. Farra, PhD, RN, CNE, CHSE, NHDP-BC<sup>b</sup>, Guillaume Alinier, PhD, MPhys, PGCert, SFHEA<sup>c,d,e,f</sup>, H. Michael Young, MDiv, CHSE<sup>g</sup>

#### **KEYWORDS**

virtual reality; augmented reality; immersive technologies; **Abstract:** Virtual reality (VR) will be widely adopted by nursing within the next five years as a simulation method. The confusion generated by the various emerging definitions of VR led to the authors to review various definitions and to make a recommendation for the use of the concepts immersion and presence as a way to define VR.

... ... ...

<sup>&</sup>lt;sup>a</sup>Professor and RISE Center Director, School of Nursing and Health Sciences, Robert Morris University, Moon Township, PA 15108-1189

<sup>&</sup>lt;sup>b</sup>Associate Professor and Director of Research, College of Nursing and Health, Wright State University, Dayton, OH 45435 <sup>c</sup>Director of Research, Hamad Medical Corporation Ambulance Service, Doha, Qatar

<sup>&</sup>lt;sup>d</sup>Professor of Simulation in Healthcare Education, School of Health and Social Work, University of Hertfordshire, Hatfield, UK <sup>e</sup>Adjunct Professor of Education in Medicine, Weill Cornell Medicine - Qatar, Doha, Qatar

Visiting Fellow, Faculty of Health and Life Sciences, Northumbria University, Newcastle upon Tyne, UK

<sup>&</sup>lt;sup>8</sup>Operations Manager, Center for Interprofessional Experiential Learning and Observation (CIELO), University of the Incarnate Word, School of Osteopathic Medicine, San Antonio, TX 78235





# Immersive Technology Standards for accessibility, inclusion, ethics, and safety

cyberxr.org

# Computer based Virtual Clinical Experiences





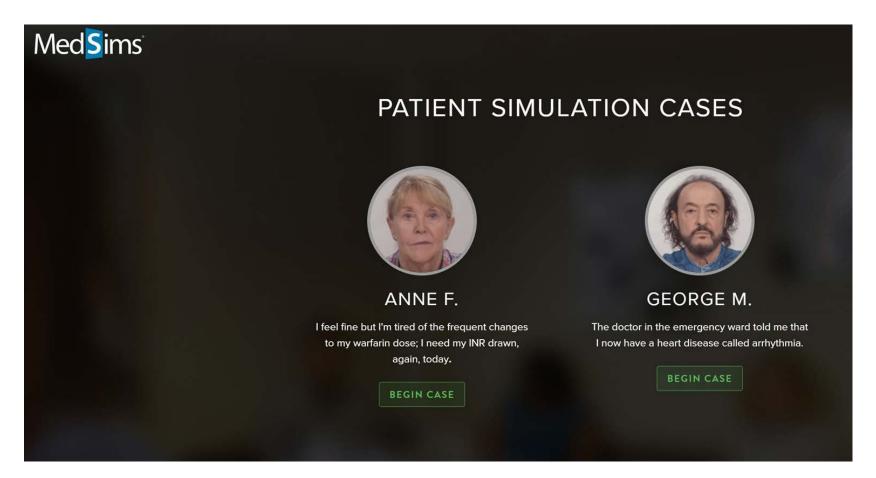








### **On-line Case Studies**





#### **Educator Resources**

#### Material Detail



#### Pediatric Jeopardy-style Game

An interactive Jeopardy-style game. Categories include developmental milestones, pediatric assessment, & immunizations and others. Up to 12 teams can play at one time.

Keywords: pediatrics, game, jeopardy, immunizations, interactive, developmental milestones, milestones, pediatric assessment

#### Disciplines:

Science and Technology / Health Sciences / Nursing

More...

#### Go to Material 🖸

- Bookmark / Add to Course ePortfolio
- Create a Learning Exercise
- Add Accessibility Information









Add a Comment

#### Quality

Editor Reviews \*\*\* User Rating Comments Learning Exercises (1) Bookmark Collections (17) Course ePortfolios

Report Broken Link Report as Inappropriate

Accessibility Info

http://www.merlot.org/merlot/index.htm



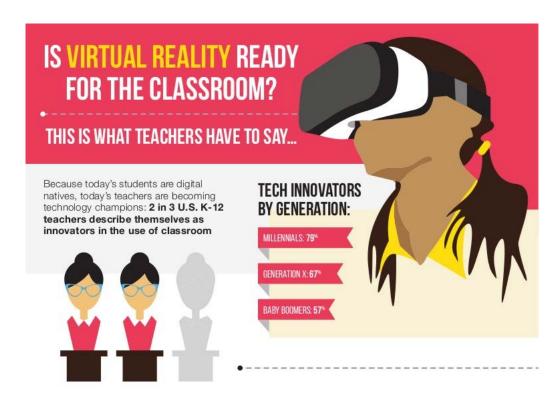
## **Immersive Virtual Experiences**













## What is currently available?

- http://oxfordmedicalsimulation.com/
- https://acadicus.com/
- http://oramavr.com/
- https://www.simxar.com/

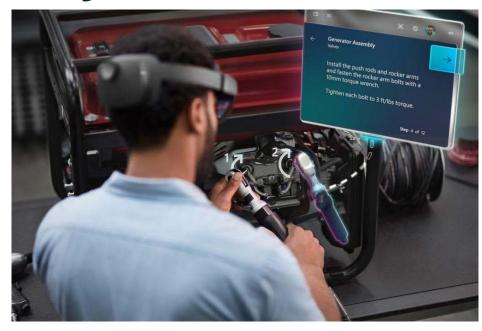
These are just a few that are out there!



## **Augmented Reality**



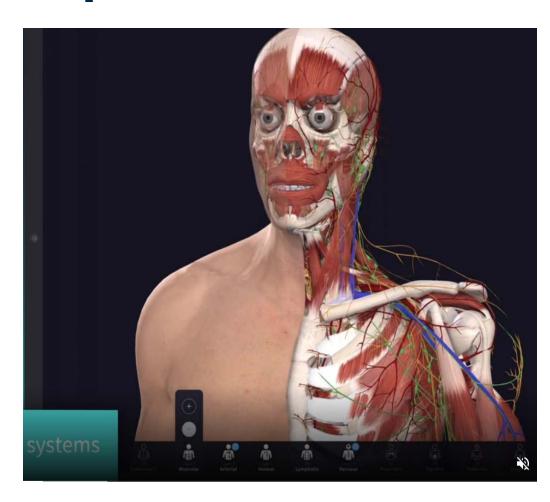








## What are the Options



https://3d4medical.com/



## 360 Videos-Opioid Training



https://www.youtube.com/watch?v= gl6G2ALlrM



## Handoff





## **Benefits of Virtual Experiences**

- Enhance learning motivation
- Help students understand
- Enhance positive attitude
- Apply clinical knowledge
- Support decision making activities

# Challenges of Virtual Experiences



- Technology difficult to use
- May not be suitable for large group teaching
- Expense technology
- Design difficulty
- Faculty ability to use
- Debriefing methods



## **Analytics**



| 00 | You should check the blood pressure as part of<br>checking the vital signs.   |
|----|---|
| 0  | You should have put the child in recovery position during setzures to avoid aspiration and retief airway obstruction. |
| 0  | You should have asked about allergies at this point.  |
| 0  | Consider providing education to relatives whenever possible.  |

| Basic view |      | Detailed view   |
|------------|------|---|
|            |      | You introduced yourself.  |
| 0          | 1:00 | You <u>washed your hands</u> . To maintain patient safety, it is important to wash your hands as soon as you enter the room.  |
| 0          | 2.41 | You identified the child. To maintain patient safety, it is important that you quickly identify the child.  |
| 0          | 2:52 | You identified the relatives. This is important, as the patient is below 18 years of age.   |
| 0          | 4:20 | You measured the temperature in the ear. The temperature was 98 F (36.7 C).   |
| 0          | 4:35 | You <u>checked the pulse</u> at the brachial artery. The pulse is strong, 100 per minute and regular, it is correct to assess the child's vital signs.  |
| 0          | 4:49 | You looked for normal breathing. He is breathing at 14 breaths per minute. The chest is moving equally.   |
| 0          | 5:50 | You assessed the child's IV. The site had no redness, swelling, inflitration, bleeding, or drainage. The dressing was dry and intact. This is correct. Assessing any IVs the child has is always important. |
| 0 0        |      | You should check the blood pressure as part of checking the vital signs.  |
| 0          |      | You should have asked about allergies at this point.  |
| 0          | 7:05 | The child had a seizure.  |
| 0          |      | You should have put the child in recovery position during seizures to avoid aspiration and relief airway obstruction.   |















## What does the Research Say

#### **RESEARCH ARTICLE**

**Open Access** 

#### A scoping review of augmented reality in nursing



Hanna Wüller D, Jonathan Behrens, Marcus Garthaus, Sara Marquard and Hartmut Remmers

#### Abstract

Background: Augmented reality (AR) has the potential to be utilized in various fields. Nursing fulfils the requirements of smart glass use cases, and technology may be one method of supporting nurses that face challenges such as demographic change. The development of AR to assist in nursing is now feasible. Attempts to develop applications have been made, but there has not been an overview regarding the existing research.

Objective: The aim of this scoping review is to provide an overview of the current research regarding AR in nursing to identify possible research gaps. This led to the following research question: "To date, what research has been performed regarding the use of AR in nursing?". A focus has been placed on the topics involving cases, evaluations, and devices used.

## school of nursing Dare

#### Review

Virtual Reality for Health Professions Education: Systematic Review and Meta-Analysis by the Digital Health Education Collaboration

#### **Abstract**

**Background:** Virtual reality (VR) is a technology that allows the user to explore and manipulate computer-generated real or artificial three-dimensional multimedia sensory environments in real time to gain practical knowledge that can be used in clinical practice.

**Objective:** The aim of this systematic review was to evaluate the effectiveness of VR for educating health professionals and improving their knowledge, cognitive skills, attitudes, and satisfaction.

**Methods:** We performed a systematic review of the effectiveness of VR in pre- and postregistration health professions education following the gold standard Cochrane methodology. We searched 7 databases from the year 1990 to August 2017. No language restrictions were applied. We included randomized controlled trials and cluster-randomized trials. We independently selected studies, extracted data, and assessed risk of bias, and then, we compared the information in pairs. We contacted authors of the studies for additional information if necessary. All pooled analyses were based on random-effects models. We used the Grading of Recommendations, Assessment, Development and Evaluations (GRADE) approach to rate the quality of the body of evidence.

**Results:** A total of 31 studies (2407 participants) were included. Meta-analysis of 8 studies found that VR slightly improves postintervention knowledge scores when compared with traditional learning (standardized mean difference [SMD]=0.44; 95% CI 0.18-0.69; I<sup>2</sup>=49%; 603 participants; moderate certainty evidence) or other types of digital education such as online or offline digital education (SMD=0.43; 95% CI 0.07-0.79; I<sup>2</sup>=78%; 608 participants [8 studies]; low certainty evidence). Another

# ARE WE MISSING OUT ON BENEFICIAL LEARNING APPLICATIONS? MOBILE APPS USED BY CONSUMERS THAT SHOULD BE USED BY NURSING EDUCATION

Posted on March 23, 2020 | by NLNTEQ | Leave a comment



By: Donna Guerra "There's an app for that!" More than ever before, mobile applications are powerful tools mainstreamed into the daily life of consumers. The most recent statistics indicate that 2.9 million mobile applications are available for android in the Google Play Store (Clement, 2020), with 1.8 million applications available for iOS in the Apple App Store (Costello, 2020). From



#### **XR Podcast**





#### **Oculus Quest**

https://uploadvr.com/how-to-cast-quest-to-tv/#:~:text=On%20PC%20VR%20and%20PlayStation,to%20any%20PC%20or%20console.



#### References-Review Articles

- Akçayır, M., & Akçayır, G. (2017). Advantages and challenges associated with augmented reality for education: A systematic review of the literature. *Educational Research Review*, 20, 1-11.
- Kyaw, B. M., Saxena, N., Posadzki, P., Vseteckova, J., Nikolaou, C. K., George, P. P., ... & Car, L. T. (2019). Virtual reality for health professions education: systematic review and meta-analysis by the digital health education collaboration. *Journal of medical Internet research*, 21(1), e12959.
- Wüller, H., Behrens, J., Garthaus, M., Marquard, S., & Remmers, H. (2019). A scoping review of augmented reality in nursing. *BMC nursing*, 18(1), 19.



## References-Virtual Experiences

- Oh, C., Herrera, F., & Bailenson, J.N. (2019) The Effects of Immersion and Real-World Distractions on Virtual Social Interactions, Cyberpsychology, Behavior, and Social Networking, 22 (6), 365-372. doi.org/10.3389/frobt.2018.00114
- van Loon, A., Bailenson, J.N., Zaki, J., Bostick, J. & Willer, R. (2018) Virtual reality perspective-taking increases cognitive empathy for specific others. *PLoS ONE* 13(8):e0202442. doi: 10.1371/journal.pone.0202442
- Kardong-Edgren, S. S., Farra, S. L., Alinier, G., & Young, H. M. (2019). A call to unify definitions of virtual reality. *Clinical Simulation in Nursing*, *31*, 28-34.
- Aebersold, M. Voepel-Lewis, T., Cherera, L., Weber, M., Khouri, C., Levine, R., & Tait, A. (2018). Interactive anatomy-augmented virtual reality simulation training. *Clinical Simulation in Nursing*, (15), 34-41. http://dx.doi.org/10.1016/j.ecns.2017.09.008
- Aebersold, M. (2018). Simulation-based learning: No longer a novelty in undergraduate education. OIJN: The Online Journal of Issues in Nursing, 23(2). DOI: 10.3912/OJIN.Vol23No02PPT39

## ENTENNIAL

#### References: Debriefing

- Boet, S., Bould, M. D., Bruppacher, H. R., Desjardins, F., Chandra, D. B., & Naik, V. N. (2011). Looking in the mirror: Self-debriefing versus instructor debriefing for simulated crises. Critical Care Medicine, 39(6), 1377–1381.
   <a href="https://doi.org/10.1097/CCM.0b013e31820eb8be">https://doi.org/10.1097/CCM.0b013e31820eb8be</a>
- Gordon, R.M. (2017). Debriefing virtual simulation using an on line conferencing platform: Lesson learned. Journal of Clinical Simulation in Nursing, 13(12), 668-674. doi: http://dx.doi.org/10.1016/j.ecns.2017.08.003
- Oikawa, S., Berg, B., Turban, J., Vincent, D., Mandai, Y., & Birkmire-Peters, D. (2016). Self-debriefing vs instructor debriefing in a pre-internship simulation curriculum: Night on call. Hawai'i Journal of Medicine & Public Health, 75(5), 127–132. Retrieved from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4872264/pdf/hjmph7505\_0127.pdf
- Verkuyl, M., Atack, L., McCulloch, T., Lui, L., Betts, L., Lapum, J.L., Hughes, M., Mastrilli, M. & Romaniuk, D. (2018). Comparison of Debriefing Methods Following a Virtual Simulation: An Experiment. Journal of Clinical Simulation in Nursing, 19, 1-7. Doi: 10.1016/j.ecns.2018.03.002
- Verkuyl, M., Hughes, M., Atack, L., McCulloch, T., Lapum, J.L., Romaniuk, D. & St-Amant, O., (2019). Comparison of self-debriefing alone or in combination with group debrief. Journal of Clinical Simulation in Nursing, 37(C), 32-39. https://doi.org/10.1016/j.ecns.2019.08.005
- Verkuyl, M., Lapum, J. L., Hughes, M., McCulloch, T., Liu, L., Mastrilli, P., Romaniuk, D. & Betts, L. (2018). Virtual Gaming Simulation: Exploring Self, Virtual and In-person Debriefing. Clinical Simulation in Nursing, 20, 7-14. <a href="https://doi.org/10.1016/j.ecns.2018.04.006">https://doi.org/10.1016/j.ecns.2018.04.006</a>
- Verkuyl, M., Lapum, J.L., St-Amant, O., Hughes, M., Romaniuk, D. & McCulloch, T. (2020). Exploring debriefing combinations after a virtual simulation Journal of Clinical Simulation in Nursing 40(C), 36—42. https://doi.org/10.1016/j.ecns.2019.12.002

#### References VGS Outcomes

- Duff, E., Miller, L., & Bruce, J. (2016, September). Online virtual simulation and diagnostic reasoning: A scoping review. Clinical Simulation in Nursing, 12(9), 377-384. http://dx.doi.org/10.1016/j.ecns.2016.04.001.
- Foronda, C., Fernandez-Burgos, M., Nadeau, C., Kelley, C.N., & Henry, M.N. (2020). Virtual simulation in nursing education: A systematic review spanning 1996 to 2018. Simulation in Healthcare, 15(1), 46-54.
- Peddle, M., Bearman, M., & Nestel, D. (2016, September). Virtual patients and nontechnical skills in undergraduate health professional education: An integrative review. *Clinical Simulation in Nursing*,12(9), 400-410. http://dx.doi.org/10.1016/j.ecns.2016.04.004.

#### **Contact Information**

Margaret Verkuyl NP PHC MN

Professor, Nursing Ryerson, Centennial, George Brown Collaborative Nursing Degree Program

mverkuyl@centennialcollege.ca

twitter: @VerkuylMargaret

Michelle Aebersold PhD, RN, CHSE, FAAN

Clinical Professor-University of Michigan School of Nursing

mabersol@umich.edu

Twitter: @mabersol

Website:

https://sites.google.com/a/umich.e

du/michelle-aebersold/