

Michigan Diabetes Prevention Program Beneficiary Eligibility Fact Sheet

Medicaid covers Michigan Diabetes Prevention Program (MiDPP) for beneficiaries who meet the following criteria:

- Current Medicaid or Healthy Michigan Plan eligibility and aged 18 years or older.
- A documented recommendation from a licensed health care provider.
- Overweight or obese as defined by Body Mass Index (BMI) and One of the following:
 - Fasting glucose of 100 to 125 mg/dl.
 - Plasma glucose of 140 to 199 mg/dl measured 2 hours after a 75 gm glucose load.
 - HbA1C of 5.7 to 6.4.
 - History of Gestational Diabetes Mellitus (GDM).
 - A positive screening for prediabetes based on the [prediabetes risk test](#).
- A beneficiary cannot have a previous diagnosis of type 1 or type 2 diabetes prior to enrollment. The beneficiary should be referred to their healthcare provider and is eligible for Medicaid Diabetes Self-Management Education Services (DSME).
 - Refer to the Billing & Reimbursement for Institutional Providers chapter of the [MDHHS Medicaid Provider Manual](#) DSME Training Program section for information on the DSME benefit.
- A beneficiary cannot be pregnant at time of enrollment and cannot continue the MiDPP if they become pregnant.

A beneficiary whose prediabetes diagnosis changes to diabetes during a MiDPP session may continue a series upon recommendation of their healthcare provider and if a referral to DSME is initiated.

If beneficiary meets eligibility criteria, MiDPP may be repeated.

Michigan.gov/Diabetes