

Guidance for Documenting a Recommendation for the Michigan Diabetes Prevention Program from a Licensed Health Care Provider

What is needed?

The recommendation requirement from a licensed health care provider is a Federal Medicaid regulation found at 42 CFR 440.130(c) for coverage as a preventive service in the Medicaid program and does not impact reimbursement when a claim is submitted. Documentation of the recommendation may be reviewed in the event of a Federal Medicaid audit.

The Michigan Diabetes Prevention Program (MiDPP) provider can determine how a recommendation for an eligible beneficiary is determined. The MiDPP provider must assure recommendation documentation is in the beneficiary program notes and may use a format and communication style that works for that MiDPP. Having documentation of a clear process for securing and filing a recommendation from a licensed health care provider is strongly encouraged.

How is this different from a referral?

Referrals are issued by an individual's primary care physician to see a specialist. However, a recommendation can come from any licensed health care provider who suggests that the MiDPP would be beneficial to the individual. This could include licensed health care providers associated to or with their MiDPP.

What are some examples of a recommendation?

- Electronic medical records shared with an MiDPP provider noting prediabetes/high risk of developing type 2 diabetes.
- Brochure/flyer with the MiDPP provider contact information and licensed health care provider "checks" that the individual meets MiDPP criteria.
- Completed prediabetes risk assessment with acknowledgement from a licensed health care provider.
- A standing recommendation from a licensed health care provider(s) associated with the MiDPP.
- A standing recommendation from the Medical Director of the managed care organization that is incorporated into the MiDPP contract.
- Participant provides primary care provider's contact information to confirm they recommended MiDPP.

How can our MiDPP document a recommendation?

- Recommendation discussed with participant and noted in program record.
- Acknowledgement of standing recommendation incorporated into each program record.
- Acknowledgement that brochure/flyer “check” that individual meets MiDPP criteria was reviewed by MiDPP and noted in program record.
- Date of contact with a licensed health care provider including name/contact info added to program record.
- Having a clear process for securing and filing a recommendation is highly encouraged.

For more information, email MDHHS-Medicaid-DPP@Michigan.gov.

Michigan.gov/Diabetes

