

Michigan Diabetes Prevention Program: Opportunity for Eligible Organizations to Get Involved

What is the Michigan Diabetes Prevention Program?

The Michigan Diabetes Prevention Program (MiDPP) is an evidence-based program derived on the National Diabetes Prevention Program. It is a unique Medicaid preventive benefit that provides a formal behavioral modification approach to preventing or delaying type 2 diabetes. Roughly 38% of Michigan Medicaid beneficiaries over the age of 18 are at risk for developing type 2 diabetes. The MiDPP is a structured yearlong program and is provided by a trained lifestyle coach through one-hour, group-based sessions. The Centers for Disease Control and Prevention (CDC) approved curriculum uses healthy eating, physical activity, and behavior modifications for stress management and problem solving. Participants set goals for weight loss and are encouraged to work up to at least 150 minutes of physical activity per week.

Benefits of becoming an MiDPP provider.

- Payment, Savings, and Community Impact
 - Reduce risk of type 2 diabetes among Medicaid beneficiaries.
 - Receive a blend of attendance and performance-based payments for furnishing Medicaid-covered preventive services.
 - Achieve cost savings through value-based care and improved population health.
 - Reach a population that is likely unaware of their prediabetes status.
 - Empower high-risk individuals to take action by improving their health.
 - Create community impact by promoting healthier evidence-based behaviors.

Taking a deeper look. Benefits to your organization.

- Financial Revenue, Staff Growth, and Community Visibility
 - Creates an additional billable service that can be incorporated into current processes.
 - MiDPP becomes a referral source for other services (e.g., Medical Nutrition Therapy).
 - Existing staff can become lifestyle coaches with two days of CDC-approved training.
 - Adds training, credentials, and experience to staff portfolios.
 - Increases patient familiarity and comfort with services and staff.
 - Increases visibility to organization's administration.

- Increases opportunities to serve patients and potential patients.
- MiDPP is a service that can be taught from anywhere, not just from within the four walls of the organization.
- Increases your organization's presence within the community.
- May be a solution to address health issues identified in the Community Health Needs Assessment.

Want to get involved?

1. Educate patients and providers on prediabetes and available preventive services.

- Promote awareness of prediabetes and prevention. Encourage providers to educate at-risk patients about prediabetes and lifestyle changes to improve health and reduce their diabetes risk.
- Screen, test, and refer patients. Help determine eligibility by screening Medicaid patients for prediabetes. Refer eligible patients to a local MiDPP by visiting Michigan.gov/Diabetes to find a provider.

2. Become an MiDPP provider and/or partner with nearby organizations to grow MiDPP's reach and impact.

- Enroll as an MiDPP provider to furnish MiDPP services. Your organization must first obtain preliminary, full or full plus CDC Diabetes Prevention Recognition Program (DPRP) recognition before enrolling as a MiDPP provider. DPPs with pending recognition are not eligible to be MiDPP providers. For more information, visit Michigan.gov/Diabetes.
- Partner with an existing [CDC-recognized Diabetes Prevention Program](#) to explore interest in becoming an MiDPP provider.

Michigan.gov/Diabetes

