



## WHAT IS PARTNER SERVICES?

Partner Services is a free program that helps people with human immunodeficiency virus (HIV) and some sexually transmitted infections (STIs) contact their sex and needle-sharing partners to help them get tested.

Notifying your current and past sex and/or needle-sharing partners is an important step after being diagnosed with an STI or finding out that you are living with HIV. You don't have to do this alone, Partner Services can notify your partners in a way that protects your confidentiality.



For additional information on Partner Services, scan the QR code above or visit:  
**Michigan.gov/HIVSTI**  
**517-241-0870**

For general information on HIV/STIs call the Michigan statewide HIV/STI hotline:  
**misexualhealthinfo.com**  
**1-800-872-2437**

For additional information needed by health care professionals with questions regarding HIV disease management, contact:  
**Michigan HIV Consultation Program (Henry Ford Health System) 24/7 at 313-575-0332**



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*The images used in this brochure are for illustrative purposes only. The persons depicted in these images are models.*

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## PARTNER SERVICES

Helping keep you, your partners and your community healthy.





## REASONS TO NOTIFY SEX AND NEEDLE-SHARING PARTNERS

- Gives current and past partners a chance to get tested and start treatment if needed.
- If your partners test positive, Partner Services can connect them to care and treatment, counseling, prenatal care, mental health services, substance use services and housing assistance.
- Partners that test negative can get information from Partner Services on various HIV/STI prevention strategies like condoms and PrEP, the medication that prevents HIV.

**There are several options to help you notify your partners. Partner Services will help create a plan that works for you.**

## OPTIONS TO NOTIFY PARTNERS

### Partner Services will notify your partners.

Contact your local health department sexual health clinic and ask for the disease intervention specialist (DIS). Let them know how to reach your partners and the DIS will take it from there.

### Your medical provider can notify your partners.

Ask your medical provider if they can notify your sex and/or needle-sharing partners. Let them know how to reach your past and present partners.

### You notify your partners directly.

- Work with Partner Services, a case manager or medical provider to create a plan. Go over what you are going to say and prepare for any questions your partner(s) might ask.
- Prepare for possible negative reactions from those you tell.
- Practice by yourself first. Saying the words out loud alone may help.
- Pick a safe place and time to have the conversation.
- Remain calm and speak with confidence.
- Know that you are doing the right thing.



## WHY USE PARTNER SERVICES?

You probably have had many feelings since learning you have been diagnosed with HIV or an STI. That is normal. Give yourself space to process the news.

Partner Services can help notify your partners in a way that protects your privacy.

Thanks to advances in treatment, people with HIV are living long and healthy lives. Getting you and your partners into care early is important. When a person takes their HIV medicine as prescribed they can achieve viral suppression, meaning the virus is undetectable and cannot be transmitted to their sex partners.

If you have HIV or an STI, Partner Services is here for you now and in the future.