State of Michigan Guidelines for the Provision of Expedited Partner Therapy for Select Sexually Transmitted Infections

As required in Public Act 525 of 2014 (MCL 333.5110), the Michigan Department of Health and Human Services (MDHHS) reviews Expedited Partner Treatment (EPT) Guidance at least annually, adjusting based on changes to national guidelines, research and practice considerations. Below are MDHHS guidelines for EPT as of July 16, 2025. Complete sexually transmitted infection (STI) treatment guidelines are available on the CDC website and the MDHHS Bureau of HIV and STI Programs website.

Disease	Populations	Expedited Partner Therapy Treatment	General Considerations
Chlamydia- CT (C. Trachomatis)	Recommended for adults, adolescents, pregnant women and men who have sex with men (MSM) (not co-infected with HIV or other STIs).	Doxycycline 100 mg PO BID for seven days. Note: Azithromycin one gram orally in a single dose should be substituted for doxycycline if the partner is, or may be, pregnant; or if partner is unlikely to adhere to seven-day regimen.	EPT can be dispersed or prescribed to partners of a patient with laboratory confirmed or presumptively diagnosed GC or CT infection. If STI symptoms persist in patient and/or partner, follow up should be encouraged. Patients should be encouraged
Gonorrhea- GC (N. gonorrhoeae)	Recommended for adults, adolescents and pregnant women. Can be dispensed to MSM with uncomplicated gonorrhea.	Cefixime 800 mg orally in a single dose. In cases of concurrent CT infection, or when CT has not been ruled out: Cefixime 800 mg PO in a single dose PLUS doxycycline 100 mg orally BID x seven days. Note: Azithromycin one gram orally in a single dose should be substituted for doxycycline if the partner is, or may be, pregnant; or if the partner is unlikely to adhere to seven-day regimen.	to return for re-testing three months after treatment to identify cases of re-infection. EPT medication or prescriptions must be accompanied by informational materials and a clinic referral for follow up testing and counseling. Providers are encouraged to visit the MDHHS BHSP website for the most up to date guidelines, directives and patient education materials: Michigan.gov/HIVSTI.