

Applied Suicide Intervention Skills Training (ASIST)

LivingWorks ASIST is a two-day, **face-to-face** workshop featuring powerful audiovisuals, discussions, and simulations.

At a LivingWorks ASIST workshop, you'll learn how to prevent suicide by recognizing signs, providing a skilled intervention, and developing a safety plan to keep someone alive.

Two knowledgeable, supportive trainers will guide you through the course, ensuring your comfort and safety. ***Request ASIST workshop [here](#).***

REQUIREMENTS:

Facility Requirements:

Two-three (2-3) rooms required (additional room may be necessary for lunch, if not feasible in general session room).

- (1) General session room set for 30-45 people, depending on class size, theater style (chairs only).
- (2) Breakout rooms with space for up to 15 people with tables set in U shape for afternoon session.

Number of Days for Training

Two (2) full days with lunch provided; attendance is required for two (2) full days to be certified.

Participant Capacities

30 people maximum capacity for 2 trainers.

45 people maximum capacity for 3 trainers.

Minimum of 15 participants required to hold ASIST training.

The state sponsor reserves the right to open registration to other interested persons from around the state if courses have open seats

Requests and Registration

Requests for training need to be submitted by the Community Sponsoring Agency via the online portal with 60 days' notice.

****Please keep in mind that due to COVID-19, trainings may need to be postponed****

There will be a mandatory \$60 dollar credit card only payment captured in MPHl's online registration form when attendees register. There will be no on-site registration unless admitted from the waitlist.

Times

8:30 a.m. – 4:30 p.m. each day.*

Rooms need to be available by 7:00 a.m. for set up.

One-hour lunch included each day.

PLEASE NOTE: Participants MUST attend for the full time on BOTH Days.

*Once your training is approved you will be notified of exact times depending on the instructor provided and the needs of the organization. The training schedule will consist of 8 hours each day.

Continuing Education Opportunities Available (at no extra charge)

Nursing

Social Work

Michigan Substance Abuse Counselor (MCBAP)

Law Enforcement (MCOLES)

Facility, Room, and Equipment Requirements

- 1 Table at front for presenters
 - Screen, AV/projector, and laptop in each room*
 - 1 Flipchart and 3 markers per breakout room*
 - Internet connection capabilities
 - Audio capabilities are required for the general session room
 - A break station may be set up anywhere that it fits comfortably
 - Registration table outside of general session room is preferable
- *Some items may be provided by MPHI and can be coordinated closer to the training dates.

Food and Beverage Requirements

Water and coffee/tea need to be available throughout the day.

MPHI will handle ordering/coordinating lunch.

8:00 a.m. – 9:00 a.m. Beverages and light breakfast refreshments

12:30 p.m. – 1:30 p.m. Lunch

Afternoon Break Beverages and possible light snack

Cost and Logistical Support

The cost of training is \$60/person and includes trainer honorarium and expenses, training materials, facilities, catering, and continuing education opportunities for all TYSP sponsored trainings. Planning and logistical support will be provided by an event specialist from the Michigan Public Health Institute.

SPECIAL NOTES

Host from Community Sponsoring Agency is not required to be in attendance for the full training but should be there to assist in set up at the facility and available throughout both days.

Community Sponsoring Agency is responsible for participant recruitment to include a focus on caregivers for the youth/young adult population.

Minimum age for participation in an ASIST training is 16 years old.

If participants are under the age of 18, Community Host Organizer will be responsible for obtaining parental consents. Signed parental consents will be required prior to training

Funds for this training are provided by the Substance Abuse and Mental Health Services Administration (SAMHSA). All SAMHSA-funded trainings require participation in an evaluation survey before and after your training. Each survey takes less than 10 minutes to complete. Assessing the impact of suicide prevention trainings is important for measuring our grant activity and is critical to ensuring continued funding for suicide prevention efforts in Michigan.