

Adverse Childhood Experiences Questionnaire
 Adapted from BRFSS Screening Questionnaire (CDC)
To be completed by Clinician with Parent/Guardian or Child/Youth

Today's Date: _____

Child's Name: _____

Date of Birth: _____

Your Name: _____

Relationship to Child: _____

Stressful life events experienced by children and teens can have a profound affect on their physical and mental health. This questionnaire can assist your healthcare provider in assessing these stresses. Please read each statement below and indicate whether it applies to the you or your child/teen.

Item	1= Yes/0= No
A person in the household often or very often acted in a way that made the child/teen afraid that they would be hurt (e.g., sworn at, insulted, put down, humiliated)	
A person in the household often or very often hit, pushed, grabbed, or slapped the child/teen so hard that they had marks or were injured	
A person touched the child/teen's private parts or asked them to touch their private parts	
Child/teen often or very often felt that people they lived with did not love them, look out for each other, feel close to each other, or were a source of strength and support	
Child/teen often or very often did not have enough to eat or clean clothes to wear, and did not have someone to take care of and protect them	
Child/teen's parents or guardians were separated or divorced	
Child/teen witnessed a person in the household being pushed, grabbed, hit, or physically threatened	
Someone the child/teen lived with had a problem with drinking or used street drugs	
Someone the child/teen lived with was depressed, mentally ill or attempted suicide	
Someone the child/teen lived with served time in prison	
Total:	

Sources:

Centers for Disease Control and Prevention (2016). *Adverse Childhood Experiences (ACE)*. Retrieved from: <http://www.cdc.gov/violenceprevention/acestudy/>

Centre for Youth Wellness, ACE-Q questionnaire, Section 1: <https://centerforyouthwellness.org/cyw-aceq/>

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Felitti, V. J., Anda, R. F., Nordenberg, D., Williamson, D. F. Spitz, A. M. Edwards, V., Koss, M. P. Marks, J. S. (1998). Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: The Adverse Childhood Experiences (ACE) study. *American Journal of Preventative Medicine*, 14, 245-258.