



Links for Parents

Tips for Talking with Doctors and Other Providers

These state and national organizations offer resources that may help by providing information about health, mental health and development. They also help people connect to resources and services.

For more information or help accessing services, contact the organizations directly or ask your primary doctor.

National Organizations/Websites



American Academy of Pediatrics: www.healthychildren.org

Healthy Children: The American Academy of Pediatrics has information on child health, development and parenting support. The site has information about how children develop, tips for parenting and how to find a pediatrician near you, or to ask questions about specific health problems.



American Academy of Child and Adolescent Psychiatry: www.aacap.org

This website has information for children and families. Check out “Facts for Families,” for brief descriptions of common mental health issues or topics affecting mental health. Or, check the Resource Centers, which have more detailed information on mental health topics in children and adolescents.



National Center for Child Traumatic Stress: www.nctsn.org

This website focuses on recognizing trauma and helping children who have experienced traumatic events. There is information to help parents understand trauma.



Michigan Organizations/Websites

Michigan Department of Health and Human Services (MDHHS) website has information on a number of topics. Below are just a few useful links to get you started.

Fostering Mental Health: www.michigan.gov/fosteringmentalhealth

Children in foster care may be at greater risk for mental health problems, as most have experienced some form of abuse or neglect or suffer from being separated from their families. These children need access to the latest mental health information and resources, and so do their parents, guardians, foster parents and foster care and health care professionals. Here you will find answers to the top questions about physical health, mental health and psychotropic medications, with a particular focus on the needs of children in the foster care system.

Building Michigan's Trauma-Informed System for Children and their Families:
www.michigan.gov/traumatoxicstress

Here you will find information about trauma & toxic stress, the impact on health and development and ways to lessen negative outcomes - information from national and state experts that are working to build trauma-informed systems of care for children and their families in Michigan. The information is meant for human service professionals in all sectors as well as parents and caregivers.

Michigan Autism Program:
www.michigan.gov/autism

Links to resources geared toward supporting individuals and their families.

Independent Support/Advocacy Organizations

Association for Children's Mental Health: www.acmh-mi.org

ACMH, a family/peer-run organization, provides information, support, resources, referral and advocacy for children and youth with mental, emotional or behavioral disorders and their families.

National Alliance on Mental Illness: www.namimi.org

The largest grassroots mental health organization dedicated to improving the lives of persons living with serious mental illness and their families. Founded in 1979, NAMI has become the nation's voice on mental illness, a nationwide organization with affiliates in every state and in more than 1,100 local communities across the country.